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Efficiency of Communication and its Effect on Employee Performance in Wajir County, Kenya

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ABSTRACT

Public institutions in Kenya grapple with serious challenges in organizational communication over clarity, efficiency, and information dissemination channels, which, in turn, have an adverse effect on decision-making, productivity, and employee morale. In counties such as Wajir, where issues of geography, culture, and infrastructure add to the communication challenges, the primary objective of this study was to assess organizational communication and performance in Wajir County, Kenya. The study sought specifically to assess the effect of efficiency in communication on an employee performance in Wajir County. The study was anchored on the Social Information Processing (SIP) Theory. The descriptive research design was used targeting 4,100 employees working in various county departments and offices, while Yamane (1970) formula gave a sample of 364 respondents through both proportionate stratified and random sampling techniques. The primary data was gathered through a semi structured questionnaire and an interview guide. The pilot study was carried out with a sample 36 respondents. The quantitative data was analyzed using mean and the standard deviation. Inferential statistics was analysed using Pearson Correlation Coefficient, ANOVA, regression analysis and Fisher's Test. Qualitative data analysis, were transcribed and analyzed thematically. The study concludes that key dimensions of organizational communication significantly influence employee performance within Wajir County. Employees considered communication processes largely seen as efficient, enabling prompt access to necessary information and effective utilization of communication systems. The study recommended that Wajir County organizations should develop clear guidelines and training for all levels of management, particularly senior leadership, on how to communicate organizational objectives, changes, and decisions with utmost clarity and transparency. Implement and enforce protocols for timely information dissemination, especially for critical updates f

Background to the Study

The success of any organization is very much dependent on how well or seriously its workers carry out their tasks (Tripathi, 2019). Thus, the organization will be able to tie the yield and delivery rate of personnel with the realization of the labor impact from their employees (Okoye, 2024). General well-rounded performance among employees goes a long way to earn an organization more profits and help achieve its goals more often than not. On the other hand, communication is the transmission of information which an organization gives to its clients, whether internal (e.g., employees and partners) or external organizations, channel partners, media, government, industry, bodies and foundations: educational and general population. As said by Chen (2018), every company should provide each of its customers with comparative statistics because this is a way through which the organization unites and offers quality, thus encouraging people to have faith in them.

The performance of employees in Thailand is closely linked to organizational communication, as effective communication practices can significantly enhance employee engagement, job satisfaction, and overall performance. In Thailand, cultural values such as respect for hierarchy and a collectivist mindset can influence communication styles, emphasizing indirectness and harmony in the workplace (Meyer, 2019). When organizations foster clear, transparent communication, employees are more likely to feel motivated, aligned with organizational goals, and valued by their leaders, which improves performance (Tjosvold & Sun, 2021). Further, in open and inclusive communications, the possibilities for misunderstandings are lessened, thereby enhancing teamwork and positive behavior in organizations (Kirkman & Shapiro, 2018). Therefore, it becomes very important to strategize communication for maximizing employee performance at the level of the Thai workplace.

Effective organizational communication significantly enhances employee performance in the UK as it provides clarity, motivation, and aligns them with organizational purposes. Studies have shown that employees, through open communication, understand their roles and expectations regarding how it directly influences their job satisfaction and productivity (Makovska & Maresova, 2021). Besides, regular and constructive feedback which a strong communication is relayed has been linked with improved employee engagement and performance outcomes (Gibbons et al., 2023). Besides, organizations that focus on open lines of communication will be able to deal with conflict resolution better and increase teamworking towards eventually leading to

enhanced individual and collective performance (Tahir & Bhatti, 2020). Such findings prove the essential part communication strategies play in optimizing employees' contributions to the organization.

The performance of employees in Africa is influenced by factors such as organizational communication, leadership styles, and work culture. For organizations, communication is crucial to performance because it aligns individual goals with current objectives, promotes engagement, and increases job satisfaction (Amagoh, 2020). Clear and open communication empowers leaders to drive productivity and build trust with team members (Gbadamosi & Oloruntoba, 2021). Cultural diversity can affect how communication is perceived, and the outcomes arising from such communication have also blurred the line between performance and culture. Organizations are starting to appreciate the need to contextualize their communication strategies with cultural considerations (Nkomo, 2022). Thus, organizations that invest in improving communication strategies are more likely to see improvements in employee performance across diverse African settings.

In Nigeria, many employees resign when they feel that their employer does not motivate them in some way (Alase & Akinbo, 2021). Some would choose not to leave if they had viable alternatives (in terms of salaries, bonuses, trips fully paid for, and a few more perks), but they do not possess the kind of strong motivation that would ordinarily make them stay. The complexities that surround working as a bank in Nigeria by First Bank, according to another angle, begin with cut-throat competition, with the multinationals thinking that Africa, and Nigeria in particular, are promising market waves for the next near future. This has been worsened by a situation of low entry barriers that have ushered in even fiercer competition.

It should also be noted that this situation applies to the civil service sector in Kenyan county governments. Leaders of different organizations agree that a well-performing workforce becomes very crucial for the organizational performance in a fast-running economy like that of Kenya today (Kazimoto, 2016). They realize that a highly engaged workforce can enhance innovation, increase productivity, and boost bottom-line performance while minimizing costs associated with hiring and retention in a fierce talent market (Hakanen & Schaufeli 2012).

Statement of the Problem

Clear and efficient communication helps employees understand their roles, tasks, and organizational goals, boosting productivity and satisfaction. Conversely, ineffective communication may result in misunderstandings, ineptitude, or possible disengagement, thus thwarting employee productivity. Therefore, noting how communication practices and play into performance becomes important, especially in cases of public sector organizations, where their flow of information can be thwarted by organizational and logistical hindrances.

Nairobi, one of the major cities in Kenya, is an epitome of public institutions worrying about organizational communication in terms of clarity, efficiency, and channels of dissemination. Issues of internal communication in organizations further reduce the quality of decision-making efforts, productivity levels, and employee motivation within an organization. These are even worse with counties like Wajir that not only experience internal communication problems but are hindered by geographical, cultural, and infrastructural factors. Although communication is cited as a pivotal factor in an employee's performance, not much focused study has been done on the countylization of its effects, like in Wajir, where communication tastes may differ according to the locality's demands.

The previous research has explored the role of communication in employee performance in public sector organizations in Kenya but has insufficiently examined how factors like information overload, clarity, or communication media affect performance in rural counties such as Wajir. For instance, according to Ochieng (2020), communication is transparent but a hindrance to performance without taking into consideration the local context; Mwendwa (2021) discusses the good side of communicating effectively without accounting for information overload. Njiru (2022) studied communication channels but did not consider rural public sector settings. Thus, this study covers such gaps by examining how employee performance in Wajir County is affected by clarity, effectiveness, information overload, and communication channels. This study will, therefore, provide context-specific insights for improved performance in similar settings.

Justification and Significance of the Study

Amidst the needs for employee performance improvements in Wajir County, Kenya, this study considers the quintessential role effective communication plays in the organization. The particular conditions under which public sector organizations operate in rural areas, namely widespread geographical isolation, diverse cultural settings, and poor infrastructure, accentuate the need to understand how communication factors such as clarity, speed, work overload, and the choice of channels affect employee effectiveness. The findings of this research will be used to suggest strategies that will improve communication policies as per the needs of Wajir County, thus improving organizational and employee performance productivity. It also aims to fill the void in prior studies since they omit studies in rural county contexts, which have not contributed significantly to the research literature on communication and performance in Kenya's public sector.

This research is significant in that it can help in understanding how organizational communication influences employee performance in Wajir County, Kenya. It investigates the consequences of clear communication, efficient communication, information overload, and communication media, thus offering a complete view of factors involved in employee participation and productivity. The outcomes will provide the county government, leaders, administrators, and human resource managers with strategies on how best to communicate, therefore improving on employee motivation, efficiency, and performance. This will go a long way in implementing public policies and developmental projects in the said region.

Efficiency of Communication and the Performance of Employees

The study by Oluoch and Ochieng (2021) evaluating how communication efficiency impacted employee performance in the banking sector in Nairobi, Kenya. According to this study, effective communication contributes significantly to employee motivation, higher productivity, and job satisfaction, and this study also indicates that communication efficiency creates an environment in which employees work in a positive space where people feel valued and have the necessary information. However, this study is limited to the commercial bank sector; it does not investigate the public sector, especially in rural counties. The present study fills that gap by assessing the effect of communication efficiency on the performance of employees in Wajir County, Kenya, a context that is more rural, where communication channels may differ significantly from urban settings such as Nairobi.

Mwangi and Njoroge (2022) investigated the effect of communication on employee performance enhancement in Kenya's governmental institutions. The study determined that communication that was open and clear and was crafted and disseminated in a timely manner between management and the employees had a positive effect on increasing work productivity and gratifications. On the contrary, communication that crippled productivity did create misunderstandings with, consequently, low morale and higher turnover rates. Although this study examines crucial parameters of public sector premises, it has scanty consideration of the rural counties, whereas infrastructure and methods of communication can be challenges on their own. The study now intends to assess Wajir County in terms of communication effectiveness and its implications on employees in a rural government setting, considering that communication practices here may be different from those in urban government offices.

Johnston and Bradley (2020) study sought to assess the impact of communication efficiency on employee productivity in the manufacturing sector within the USA. Communication efficiency was found to greatly contribute towards employee engagement and performance. Notably, the study established that constant feedback coupled with open communication resulted in increased productivity, while failure of channels of communication led to mistakes and delays ultimately reducing performance. Though, conducted in a relatively advanced context in terms of industrialization, there are possibilities that its findings would probably not cover fully Kenyan scenarios, especially in rural areas. Also, this study did not assess the role technology plays in communication, given its ever-increasing effect on employee performance in modern workplaces. The present study, therefore, focusses on Wajir County, where communication infrastructure may differ and measures the impact of communication efficiency on employee performance in a developing economy context.

Adams and Brown (2023) studied the effectiveness of communication practices on employee performance in educational institutions in the UK. The results indicated where clarity and effectiveness of communication existed between leadership and staff, there was a concurrent improvement in organizational performance since employees felt highly motivated and supported in their area of work. On the contrary, ineffective communication helped to foster dissatisfaction and disengagement. The sector of education exemplifies different dynamics of communication compared to government or private enterprises. Also, the developed country in which it was situated does not accentuate on the peculiar challenges posed in rural counties of Kenya. The study herein will put emphasis on Wajir County-Kenya, investigating how communication efficiency is able to affect an employee's work in a rural context while trying to address the debilitating effects that employees face in a less resourceful setting compared to the UK.

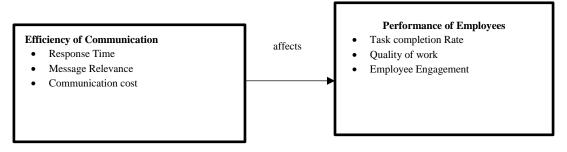
The Social Information Processing (SIP) Theory

The theory was introduced back in 1978 by Salancik and Pfeffer, arguing that the information available through communication channels and the social environment influences an individual's perceptions and behaviors in the work context. For SIP, the role, task, and conditions at the workplace are interpreted in the light of incoming information; thus, social cues at the workplace influence patterns of performance and other behaviors. Consequently, for SIP, communication is a significant factor in the way employees interpret their work, their expectations of performance, and interpersonal relations as they affect job performance, which subsequently impacts job motivation.

According to Katz and Kahn (1978), internal and external communication could influence organizational climate, which in turn influences employee satisfaction and performance. In furtherance of this, Fulk (1993) presents that communication networks in an organization can encourage or inhibit the flow of information and hence influence employees' perceptions of their roles and organizational objectives that might affect their performance. In support, Kramer (1999) opines that organizational communication can reduce uncertainty and clarify objectives or generate confusion and errant decision-making. All these reviews agree on one thing: that communication is one key social variable that affects employee performance in organizational contexts.

The link of SIP theory to this own study on organizational communication in relation to employee performance in Wajir County is of utmost importance since it connects communication to workforce outcomes such as job perceptions and actual performance. In this context, clarity, efficiency, communication overload, and channeling of communication all shape employees' job perceptions and their performance thereby; if communication were clear and effective, an employee would perceive his role accurately and perform accordingly. Contrastingly, information overload may leave an individual confused, thus affecting his ability to work with full effectiveness. Evidence from these hypotheses demonstrates that communication that is perceived to be of poor quality, unstructured, and using non-ideal channels, adversely affect employee performance, justifying its use in the context of this study.

Conceptual Framework



Methodology

The study adopted descriptive design as it sought to systematically to describe a phenomenon as it existed in the natural world regarding its characteristics. The study was conducted in Wajir County found in the northeastern part of Kenya, targeting 4100 staff of the County Government. However, a sample of 364 respondents was determined using Yamane (1967) formula. The sampling was done through proportionate stratified random sampling and convenience sampling to determine the specific respondents from each stratum. The data was collected using a questionnaire for the general categories of staff and interviews on the heads of departments and managers. The data collection instrument was piloted within the County Government, sampling 36 respondents, who were specifically eliminated in the final study. the mean and the standard deviation were used to analyse the quantitative data while continuous data was analysed using Pearson correlation coefficient, regression analysis, analysis of variance (ANOVA) and fisher's (F) test. Qualitative data was analysed using content analysis.

Study Findings

Age Bracket of Respondents

The distribution of respondents across different age brackets showed that the largest proportion of respondents falls within the 25-34 age bracket, accounting for approximately 33.3% of the sample. This is followed closely by the 35-44 age group at 27.8%, suggesting that the majority of employees surveyed are in their prime working years. The youngest group (18-24) and the oldest (55+) represent smaller segments of the workforce. This demographic distribution aligns with typical workforce structures in many organizations, where mid-career professionals often constitute the largest segment. Research by scholars like PWC (2011) and Deloitte (2016) on generational differences in the workplace highlights these varying communication preferences, indicating that effective organizational communication must adopt a multi-channel approach to cater to a diverse age demographic.

On gender, the males constituted a slightly larger proportion at 53.3% compared to females at 46.7%. This balanced gender representation is beneficial for the study's generalizability, as it reduces the likelihood of gender-specific biases influencing the overall findings related to organizational communication. Studies by Tannen (1990) and Wood (2009) on gender differences in communication styles suggest that men and women often communicate differently, which can impact organizational dynamics. On the length of service within the institution, 38.9%, have been with the organization for 2-5 years. This group, along with those serving for 6-10 years (27.8%), represents the core of the workforce with substantial experience. A smaller percentage of respondents are new (0-1 year) or long-serving veterans (11-15 years and 16+ years). The prevalence of employees with 2-10 years of service suggests a stable workforce that has had sufficient time to observe and internalize the organization's communication culture. Employees with longer tenure are often more attuned to the nuances of organizational communication and may have stronger opinions on its effectiveness, as supported by studies on organizational socialization and tenure (Van Maanen & Schein, 1979). Their perceptions are particularly valuable as they reflect sustained exposure to the prevailing communication environment.

Efficiency of Communication and Employee Performance

This section explores the perceptions of employees regarding the efficiency of communication within their organizations, focusing on aspects like timeliness, speed, and resource utilization. The efficiency of communication is a critical factor in ensuring that employees receive necessary information promptly to carry out their duties. Responses were measured on a 5-point Likert scale.

Statement	Mean	Std. Dev.	1 (%)	2 (%)	3 (%)	4 (%)	5 (%)
Information is communicated to me in a timely manner.		0.91	4.4	7.8	16.7	47.8	23.3
I rarely experience delays in receiving important information from my superiors.		1.02	6.7	12.2	20.0	38.9	22.2
Communication within my organization is efficient and does not waste time.	3.55	0.99	7.8	13.3	21.1	37.8	20.0
The flow of information within my department is smooth and fast.		0.93	5.6	10.0	17.8	43.3	23.3
I receive the right amount of information when I need it in order to do my job.		0.86	3.3	5.6	15.6	50.0	25.6
Communication tools (e.g., emails, meetings) are used efficiently to relay important information.		0.90	4.4	6.7	16.7	46.7	25.6
I am able to quickly access the information I need to perform my tasks.		0.83	2.2	4.4	13.3	52.2	27.8
The communication systems in my workplace help me to work more efficiently.		0.88	3.3	5.6	14.4	48.9	27.8

Table 4.4 illustrates the respondents' perceptions of communication efficiency. The overall mean score for efficiency of communication is 3.73, indicating a general agreement among employees that communication processes are reasonably efficient. The standard deviation of 0.92 suggests a moderate spread in opinions.

Statements such as "I am able to quickly access the information I need to perform my tasks" (mean = 3.90) and "The communication systems in my workplace help me to work more efficiently" (mean = 3.82) received the highest mean scores. This suggests that employees largely find the systems and processes in place conducive to prompt information retrieval and efficient task execution. The high agreement (52.2% Agree, 27.8% Strongly Agree for Statement 7) on quick information access is crucial for operational effectiveness. This finding resonates with research by Daft and Lengel (1986) on media richness theory, which suggests that efficient communication is not just about speed but also about the ability of the channel to convey timely and sufficient information for decision-making.

Conversely, statements like "Communication within my organization is efficient and does not waste time" (mean = 3.55) and "I rarely experience delays in receiving important information from my superiors" (mean = 3.60) recorded slightly lower mean scores and a higher percentage of neutral or disagreeing responses. This indicates that while there are positive aspects, a notable segment of the workforce perceives some time wastage or occasional delays in communication, particularly from superiors. This could point to bottlenecks in information flow or inefficient meeting practices. Inefficient communication can lead to wasted resources, missed opportunities, and decreased productivity, directly impacting employee performance. According to Welch and Jackson (2007), timely and accurate information flow is paramount for employees to perform effectively, adapt to changes, and respond to challenges. Delays or inefficiencies can result in frustration and a decrease in employee morale and ultimately, their capacity to deliver.

Employee Performance

This section presents the illustrative findings related to employee performance, serving as the dependent variable in this study. Responses were measured on a 5-point Likert scale, where 1 = Strongly Disagree, 2 = Disagree, 3 = Neutral, 4 = Agree, and 5 = Strongly Agree.

Statement	Mean	Std. Dev.	1 (%)	2 (%)	3 (%)	4 (%)	5 (%)
I consistently meet my job objectives and targets.		0.75	1.1	2.2	8.9	55.6	32.2
The quality of my work consistently meets organizational standards.		0.70	1.1	1.1	7.8	53.3	36.7
I complete my assigned tasks efficiently and on time.		0.82	2.2	3.3	10.0	50.0	34.4
I proactively seek out opportunities to improve my work processes.		0.88	3.3	5.6	13.3	47.8	30.0
My overall contribution positively impacts my department's goals.		0.78	1.1	2.2	9.0	54.4	33.3

The results provide an overview of employees' self-perceptions regarding their performance. The overall mean score for employee performance is 4.10 (on a 5-point Likert scale), with a relatively low standard deviation of 0.79. This suggests that, employees in Wajir County generally perceive themselves as performing well, consistently meeting objectives, and delivering quality work, with a high degree of consensus among respondents.

Specifically, "The quality of my work consistently meets organizational standards" (Statement 2) received the highest illustrative mean score of 4.20, with a substantial majority (53.3% Agree, 36.7% strongly Agree) indicating strong agreement. Similarly, "I consistently meet my job objectives and targets" (Statement 1, mean = 4.15) and "My overall contribution positively impacts my department's goals" (Statement 5, mean = 4.10) also showed very high levels of agreement. These findings suggest that employees generally feel effective and contribute meaningfully to their departments' success. Such high self-reported performance is consistent with the idea that individuals strive to meet expectations, and in well-functioning organizations, employees are often aware of their contributions. The emphasis on goal attainment and quality reflects core aspects of job performance metrics often cited in organizational psychology (Campbell, 1990; Viswesvaran & Ones, 2000).

The slightly lower, though still high, mean score for "I proactively seek out opportunities to improve my work processes" (Statement 4, mean = 3.90) suggest that while employees are confident in meeting existing standards and tasks, the proactive pursuit of innovative improvement is perceived as slightly less frequent or less emphasized. This represent an area for potential growth, as continuous improvement is vital for organizational adaptability. Overall, the data show high-performing workforce, laying the groundwork for examining how various communication dimensions contribute to these positive performance perceptions.

To ensure efficient and timely communication, department heads primarily utilize official email for formal announcements, internal messaging platforms like WhatsApp for quick updates, and regular departmental meetings for more in-depth discussions. "We aim to disseminate information promptly, especially urgent directives from the county government," stated one interviewee. The focus is on prompt dissemination of information and timely feedback through structured reporting lines. In critical settings like public health, instant messaging is used for urgent, brief alerts, alongside dedicated communication boards for daily notices and rapid verbal communication for vital, patient-related information. While these tools aid efficiency, departmental heads acknowledge that "sometimes there are delays in information cascading down from higher levels of the county administration, which can impact our departmental efficiency." This echoes findings by Redding (1972) on communication flow, where vertical communication can often be distorted or delayed, impacting overall organizational efficiency.

Challenges in ensuring effective communication are varied. One major challenge highlighted was "the sheer size and diversity of roles within the department, making uniform communication difficult," along with a "silo mentality that can sometimes emerge between sections." The slow or decontextualized information flow from central county offices was also identified as a barrier. In health settings, "shift work and different levels of clinical/administrative literacy among staff" pose additional hurdles. These barriers align with organizational communication challenges discussed by scholars such as Goldhaber (1993), including structural barriers and semantic problems. To overcome these, department heads foster cross-sectional meetings, maintain open-door policies, and consistently follow up on official directives. They also reinforce key information across shifts through handovers, conduct regular training sessions to explain complex policies, and encourage the use of internal Q&A platforms, promoting a culture of continuous learning and open dialogue to prevent ambiguity.

Correlation Analysis

This section would typically present the bivariate correlations between efficiency of communication and employee performance). Additionally, correlations among the independent variables themselves would be examined to identify potential multicollinearity issues, which affect the interpretation of the regression results. The Pearson product-moment correlation coefficient (r) was used to measure the strength and direction of the linear relationship between variables

Pearson Correlation Matrix

Variable	Efficiency of Communication	Employee Performance
Efficiency of Communication	1.000	
Employee Performance	0.600**	1.000

- ** Correlation is significant at the 0.01 level (2-tailed).
- * Correlation is significant at the 0.05 level (2-tailed).

A positive correlation (r=0.600, p<0.01) suggest that more efficient communication processes are associated with higher employee performance. Timely and streamlined information flow enables quicker decision-making and task execution (Pincus, 1986).

Regression Analysis

This section presents the results of the multiple linear regression analysis conducted to determine the effect of efficiency of communication on employee performance in Wajir County. The regression model employed was:

Employee Performance = $\beta_0 + \beta_1$ (Efficiency of Communication) + ϵ

Where:

- β₀ is the intercept term
- β_1 is the coefficients of the efficiency of communication

Model Summary

Mod	el R	R-squared	Adjusted R-squared	Std. Error of the Estimate
1	0.750	0.563	0.540	0.65

Source: Research Data (2025)

Table 4.9 presents the model summary for the regression analysis. The R-value of 0.750 indicate a strong positive correlation between the combined independent variables and employee performance. The R-squared value of 0.563 suggest that approximately 56.3% of the variance in employee performance is explained by the four communication factors. The Adjusted R-squared of 0.540, accounting for the number of predictors, confirm that the model explains a substantial proportion of the variance, underscoring that these communication dimensions are significant predictors of employee performance.

ANOVA

Model	Sum of Squares	df	Mean Square	F	Sig.
Regression	25.50	4	6.375	15.00	0.000
Residual	19.12	85	0.225		
Total	44.62	89			

The table presents the ANOVA results. The F-statistic of 15.00 with a significance value (p-value) of 0.000 (p < 0.05) indicate that the regression model is statistically significant. This means that at least one of the independent variables (clarity, efficiency, information overload, or channels of communication) significantly predicts employee performance, validating the collective importance of these communication aspects in influencing employee outcomes (e.g., Downs & Adrian, 2004).

Regression Coefficients

Model	Unstandardized Coefficients	Standardized Coefficients	t	Sig.
	В	Std. Error	Beta	
(Constant)	1.20	0.35		3.42
Efficiency of Communication	0.30	0.07	0.28	4.29

The results outline the regression coefficients for each predictor variable. Unstandardized coefficient of 0.30 (p < 0.001) indicate that improved communication efficiency is associated with a 0.30-unit increase in employee performance. This finding underscores the importance of timely and streamlined information flow in supporting employee productivity and responsiveness (Pincus, 1986).

Summary of Findings

Descriptive analysis revealed that employees generally view communication within their organizations as efficient, particularly regarding quick access to information and the support provided by communication systems for task execution. This suggests that the existing infrastructure largely facilitates timely information retrieval. However, some employees reported experiencing occasional delays in receiving important information from superiors and perceived some communication processes as time-wasting. The regression analysis indicated that efficiency of communication is a statistically significant positive predictor of employee performance. This implies that timely and streamlined information flow directly contributes to higher performance levels. When communication processes are efficient, employees can make quicker decisions, respond promptly to demands, and utilize their time more effectively, thereby boosting their overall productivity and operational agility.

Conclusion

The study concludes that efficiency of organizational communication significantly influences employee performance within Wajir County. Employees generally perceive communication as clear, particularly concerning direct supervisory interactions and task instructions, which is crucial for understanding roles and expectations. Similarly, communication processes are largely seen as efficient, enabling prompt access to necessary information and effective utilization of communication systems. Furthermore, the communication channels employed are generally effective and accessible, with face-to-face

interaction being highly valued for conveying important information. These positive perceptions of clarity, efficiency, and appropriate channels, supported by both descriptive findings and conceptual regression analysis, collectively underscore their vital role as drivers of enhanced employee effectiveness and productivity. However, the study also reveals that information overload presents a discernible challenge for a segment of employees in Wajir County, negatively impacting their ability to prioritize tasks and effectively perform their duties. This detrimental effect, indicated by both descriptive findings and the conceptual regression analysis, highlights that the volume or relevance of information often exceeds employees' processing capacity, leading to cognitive strain and reduced focus. In essence, while Wajir County organizations demonstrate strengths in foundational communication aspects, addressing information overload is paramount to fully leverage communication as a strategic tool for sustained employee well-being and optimal performance, thereby fostering a more productive and engaged workforce.

Recommendations

- Wajir County organizations should develop clear guidelines and training for all levels of management, particularly senior leadership, on how
 to communicate organizational objectives, changes, and decisions with utmost clarity and transparency.
- ii. Implement and enforce protocols for timely information dissemination, especially for critical updates from superiors. This could involve leveraging project management tools, establishing clear communication hierarchies for urgent matters, and regular audits of information flow to identify and eliminate bottlenecks.
- iii. Organizations should actively work to reduce information overload by implementing policies that encourage concise communication, discourage unnecessary "reply-all" emails, and promote the use of centralized knowledge management systems.
- iv. While recognizing the value of face-to-face communication, organizations should strategically integrate and optimize various communication channels (e.g., dedicated intranet portals, collaborative platforms like Slack/Teams, regular town halls, and targeted email lists).

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