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ICU PATIENT MONITORING SYSTEM USING IOT

Javeriya Attar^{*1}, Shreya Dahitule^{*2}, Apeksha Jadhav^{*3}, Trupti Sonawane^{*4}, Mayuri Dimbale^{*5}

*1,2,3,4 Student, Electronics and Telecommunication Engineering, Jaihind Polytechnic Kuran, Pune, Maharashtra, India.

^{*5}Professor, Electronics and Telecommunication Engineering, Jaihind Polytechnic Kuran, Pune, Maharashtra, India.

ABSTRACT:

The healthcare industry faces numerous challenges in Intensive Care Units (ICUs), where critically ill patients require constant monitoring of vital signs to ensure timely intervention. Traditional manual monitoring methods often suffer from delays, human errors, and inefficiencies in data management. To address these challenges, we propose an ICU Patient Monitoring System Using IoT, which leverages the power of Internet of Things (IoT) technologies to provide real-time, continuous monitoring of patient vitals and facilitate early detection of health abnormalities. This system integrates non-invasive IoT sensors to track vital parameters such as heart rate, blood pressure, oxygen saturation (SpO2), body temperature, and respiratory rate. Data from these sensors is transmitted wirelessly to a centralized server or cloud platform, where it is processed and stored for real-time analysis and historical reference. A user-friendly dashboard allows healthcare providers to visualize the patient's condition, while automated alert mechanisms notify medical staff of any critical changes in the patient's health. The IoT-based system ensures continuous monitoring with minimal human intervention, reduces the risk of errors, and enables quick decision-making through timely alerts and data-driven insights. Additionally, remote monitoring capabilities allow healthcare professionals to access patient data from any location, improving the efficiency and responsiveness of care. By incorporating advanced data analytics, machine learning models, and robust security measures, the system enhances the quality of care, ensures compliance with health regulations, and offers scalability for future healthcare advancements. This IoT-based monitoring solution has the potential to revolutionize patient management in ICUs, improving patient outcomes and operational efficiency in critical care environments.

Keywords: Node MCU, Arduino, Sensors, Heart rate monitoring, Vital signs tracking, Internet of Things (IoT)

I. INTRODUCTION

The ICU Patient Monitoring System is designed to continuously track and monitor vital signs of patients in critical care. The system measures heart rate, temperature, ECG signals, and humidity levels, providing real-time data and alerts through the Blynk platform.

In today's industrial landscape, the efficiency and reliability of machines are paramount for uninterrupted operations. To address this need, the integration of IoT (Internet of Things) technology has become increasingly prevalent, offering real-time monitoring and control capabilities. This report explores the development and implementation of an Automatic Machine Maintenance and Control System leveraging Node MCU, an open-source IoT platform based on the ESP8266 microcontroller. Node MCUs compatibility with networking modules allows for internet connectivity, enabling remote monitoring and control of machines from anywhere with an internet connection. This feature is particularly advantageous for industries with distributed operations or remote assets. Operators can remotely access real-time data, diagnose issues, and even perform maintenance tasks or adjustments, reducing the need for onsite personnel and expediting response times to maintenance issues.

In this project, we will show you how you can interface AD8232 ECG Sensor with Node MCU ESP8266 Board and monitor the ECG Waveform on Serial Plotter Screen. Similarly, you can send the ECG waveform over the IoT Cloud platform and monitor the signal online from any part of the world using the PC or simply using the Smartphone. There is no need for staying in the Hospital to monitor heart activity just because you can monitor it online from anywhere. Thus, it can be said advancement in Patient Health Monitoring System.



Figure 1: Applications of IoT in Healthcare

Details of Design, Working & Process

The design consists of two main part hardware and software. The hardware contains:

- Node MCU (ESP32)
- Arduino
- DHT11 Sensor
- AD3282 ECG module Sensor
- Pulse Sensor
- LCD Display
- Power Supply

Software consists of different programming concepts which are used in our project. Software contains:

- Arduino IDE Software
- Blynk IOT Software

2. METHODOLOGY

Problem Statement

In the real time of industrial operations, ensuring the smooth functioning of machines is critical for maintaining productivity and minimizing downtime. To address this challenge, the integration of IoT (Internet of Things) technology has emerged as a solution, offering real-time monitoring and control capabilities. This report delves into the development and deployment of an Automatic Machine Maintenance and Control System leveraging Arduino IDE, a widely-used microcontroller platform renowned for its versatility and ease of use. In Node MCU is simple and easy for coding than Arduino. Also, the Size accommodation of Node MCU is less as compared to Arduino UNO, hence using Node MCU for the project.

To address these challenges, an IoT-based ICU patient Monitoring System is required to:

- Continuously monitor key parameters in real time.
- Predict and prevent failures using AI-driven analytics.
- Enable remote access for engineers via web or mobile applications.
- Automate alerts and fault isolation for faster issue resolution.
- Enhance cybersecurity to protect critical infrastructure.

Technologies Used

The technologies used in an IoT-based ICU patient monitoring system include biomedical sensors, microcontrollers (such as Arduino or Raspberry Pi), wireless communication modules (like Wi-Fi or Bluetooth), cloud computing, data analytics, and mobile or web applications for remote monitoring and alert notifications.

Objectives

The objective of an IoT-based ICU patient monitoring system is to continuously monitor critical health parameters of patients in real-time using smart sensors, transmit the data to healthcare providers via the internet, and enable timely medical intervention to improve patient outcomes and ensure efficient ICU management.

3. MODELING AND ANALYSIS



Figure 2: System Overview Design

The system overview design illustrates the integration of multiple sensors with an ESP32 NodeMCU microcontroller to monitor environmental conditions. At the heart of the system is the ESP-32 module, which serves as the central processing unit. A DHT11 (or DHT22) sensor is connected to measure temperature and humidity, providing essential climate data. An MQ series gas sensor is used to detect the presence of gases, contributing to air quality monitoring. Additionally, a red breakout module—likely an MPU6050 or similar sensor is included, potentially for detecting motion or orientation via I2C communication. All sensors are powered via a 5V supply and share a common ground with the ESP32. Data lines from each sensor are connected to designated GPIO pins on the ESP32, allowing the microcontroller to collect and process environmental data. This system is designed for real-time monitoring, and the ESP32's built-in Wi-Fi and Bluetooth capabilities can be used to transmit the data to remote servers or display units. Overall, this setup forms a compact, versatile, and efficient IoT-based environmental monitoring solution.

4. RESULTS AND APPLICATIONS

The image shows the output of ICU Patient Monitoring System using IOT. As a result, our project proposed IoT-based ICU patient monitoring system has been successfully developed and tested, integrating various sensors and communication modules to deliver real-time data to healthcare professionals. The analysis of the system's performance and outcomes demonstrates its potential to significantly improve patient care, reduce workload on healthcare staff, and enhance data-driven decision-making. IoT-based ICU (Intensive Care Unit) patient monitoring systems have revolutionized healthcare by enabling real-time, remote, and intelligent monitoring of critically ill patients.

Here are some key applications of such systems:

- 1. Real-Time Health Monitoring
- 2. Remote Monitoring
- 3. Predictive Analytics & Early Warning Systems
- 4. Automated Alerts & Notifications
- 5. Centralized Monitoring Systems
- 6. Integration with Electronic Health Records (EHR)
- 7. Data Logging for Medical Research
- 8. Decision Support Systems
- 9. Monitoring Post-Surgery or High-Risk Patients
- 10. Tele-ICU Service



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Figure 3: Output

5. CONCLUSION

The scope of an ICU patient monitoring system using IoT is vast and transformative, offering significant improvements in the quality and efficiency of critical care. By integrating IoT technology, vital signs such as heart rate, blood pressure, respiratory rate, oxygen saturation, and body temperature can be continuously monitored in real time. These smart systems enable immediate alerts to healthcare professionals when abnormal values are detected, allowing for quicker responses and timely interventions. Additionally, the data collected is stored and can be accessed remotely through secure cloud platforms, facilitating telemedicine and remote consultation. Advanced analytics and machine learning can be applied to this data to detect trends and predict potential health complications, enhancing patient outcomes. Overall, IoT-based ICU monitoring systems reduce the burden on healthcare staff, improve patient safety, and support better clinical decision-making.

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