



## **EFFICACY OF SULPHUR IN THE MANAGEMENT OF ECZEMA**

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### **ABSTRACT:**

Eczema is a term used to describe various conditions that include primarily atopic dermatitis, seborrheic dermatitis, contact dermatitis, irritating and allergic, scabies, tinea infections and immunodeficiency. Dermatitis is an all-inclusive term used to describe the skin inflammation that clinically appears to be erythema, erythema with a scale or erythema with a scale and crusts.

About 15% of children have eczema, but only occur in 2-4% of adults. Adults with eczema often have a more serious type. Eczema has varieties of causes, including psychosomatic binding, hygiene, immunological and infections diathesis. During the routine clinical practice, we deal with different types of eczema.

In many cases, eczema has improved over the years and may disappear or disappear for a while. Acute flare can indeed affect the quality of life. Itching may be particularly bad, making it difficult to concentrate and sleep well. Some people are embarrassed if their rash is visible to others.

Eczema can be diagnosed with careful history and physical examination of the skin.

There are various treatment and medicine treatment systems, but most of them give anti histaminic, steroids locally and oral. It will not cure the state of parenting and relapses are there. Homeopathy therefore offers permanent treatment without relapse and cost -effective. Sulfur is the king of antipsoric Miasm, who has a wide clinical spectrum in eczema.

**KEYWORDS:** Eczema, Sulphur, Homoeopathic Treatment, Homeopathy and Homeopathic Medicine.

### **INTRODUCTION:**

Skin diseases are common clinical entities. The pattern of skin disease varies from one country to the other and across different parts in the same country. The formula of skin diseases in India is influenced by the evolving economy, the level of literacy, social backwardness, various climate, industrialization, various religions, rituals and culture factors. Eczema is a type of dermatitis and these terms are often used synonymously (atopic eczema or atopic dermatitis). Eczema is a reaction pattern that represents variable clinical findings and common histological finding of spongiosis (intercellular edema epidermis). Eczema is the final normal expression of a number of disorders, including those discussed in the following parts. Primary lesions may include erythematous macules, papules and vesicles that can connect to patches and plaques. In severe eczema, secondary lesions from infection or excoriated that are marked with crying and crust may prevail. In chronic eczematous conditions, lichenification (skin hypertrophy and highlighting normal skin marks) can change the characteristic appearance of eczema.

Eczema is an intense pruritic inflammatory skin reaction characterized by redness, papulovius, has leaked, crusts and scales. Clinically, it is categorized as acute, subacute and chronic. The prevalence of all forms of eczema in a survey of 20,000 people in the US is 1.8%. In India, a study of 300 patients in the age group under 17 years of age and over 60 years of eczema in 24% and 37% respectively.

The quality of life has been negatively influenced in patients with the hands of eczema, the type of chronic eczema and significantly correlate with the severity of the disease.

Eczema is relapsed or persistent pruritic disorders that affect the quality of life. Conventional treatment has antihistamine, antiallergic and steroids internally and locally has several side effects, chances of relapse and cost effective. Homeopathy is the best solution between the system of medicinal products, where a slight gentle rapid restoration of the good health is performed according to the principles of homeopathy. I tried to explore the sulfur of drugs in eczema because it is the king of antipsoric drugs and has affinity for skin diseases.

## REVIEW OF LITERATURE:

The skin is not just a protective organ of the body. It is also a mirror of the internal health of the organism. Thus, skin disorders are not a disturbance of this protective body, they represent much more than this. Skin diseases are sometimes the earliest warning signal for deteriorating body health.

Genetic factors provide the most unchanging "host" determinants and have an important role in susceptibility to diseases such as dermatophytosis and individual reaction, leads to susceptibility to disease: for example, patients genetically predisposed to "eczema" have lower thresholds for itching of environmental irritants and stress.

Eczema, although described in dermatological textbooks and is the interest of the dermatology department of modern medicine, is a systemic disorder with skin manifestations.

Eczema is chronic itching of the skin that often occurs, in conjunction with a personal or family history of allergic rhinitis, asthma or hay fever. It is the result of a comprehensive relationship between genetic, physiological and immunological factors.

It causes suffering through disability, discomfort and degradation. Any violation of the continuity of the skin acts as an obstacle to its functioning. Eczema and atopic dermatitis cause this disintegration in many ways.

Recent studies have indicated a steady increase in atopic dermatitis and many host / environment factors. Recent studies also show increasing incidence of eczema in children. In recent studies, the relationship between eczema and atopic dermatitis, increasing the practice of bottles - feed. It is also necessary to ask that the cause of changed immune reactions, various factors of the environment, including the psychological state of the child and parents.

We can say that modern medicine has not been able to develop a pure treatment regime to deal with eczema. The main reason for such a failure is to compare the human body and its disorder. The skin is used individually and skin diseases are considered to be disorders in the skin only than for interference in the human body itself.

It is interesting to note that about 50% of cases of atopic dermatitis will develop respiratory allergic manifestations. The percentage is increasingly higher when treated with external applications.

For the above reasons, eczema should be studied. The effectiveness of homeopathic drugs in eczema control should be verified. The increasing occurrence of eczema in children and adults again requires investigation into various internal and external factors.

Homeopathy deals with diseases from a holistic point of view. Diseases in different organs are one of the same diseases, but they seem to differ in different organs and come from one basic hereditary pollution-"miasm", causing a "vital force" disorder, giving the susceptibility to different internal and external exciting factors and creating different diseases.

B. K. Sarkar, in his commentary on section 201-203, states that the human body seeks to maintain the integrity of vital organs through an attempt to locate the disturbing principle by throwing it into some part of the body that is not necessary for human life. And the principle of life can silence internal diseases, which otherwise threaten to destroy vital organs and the existence of the patient.

Thus, any skin disease is an effort to throw away the human body "out" than its location. In such cases, we establish with these diseases as local and try to "avert" skin lesions in any way reverse the goal of vital forces- to save important organs from deterioration or destruction.

The arrival of homeopathy and its holistic concept opened a new era in the world of medicine. The holistic concept of the disease takes not only clinical symptoms to knowledge, but also the biological, social, psychological aspect of man to provide adequate treatment.

Dr. Hahnemann, the founder of homeopathy, describes in his "Organon of Medicine" (Aph. 9 and 11) "Vital Force" in health and diseases, as follows as follows

"In a healthy state of man, spiritual vital power (autocracy), dynamics that revive the material body (organism), rules with unlimited fluctuations, and preserve all parts of the body in an admirable, harmonious, vital surgery in terms of feelings and function so that Freely can. (APPH.

"When a person becomes ill, it's only this spiritual, self -reigning (automatic) vital force, everywhere in his body, which is primarily disturbed It is only manifested by the manifestation and function of those parts of the organism exposed to the senses of the observer and the physician, ie the morbid symptoms, and otherwise, may notify it.

The holistic concept of treatment gives the words "treatment" a special meaning. Cure means not only to alleviate clinical symptoms and symptoms of the disease, but to bring back the mind and body to a balanced state of well -being by morbidly violating vital strength, again strong.

The whole of symptoms is a unique feature of homeopathy and represents a real and conceivable portrait of the disease that also helps in the individualization of the patient.

Individualization is also an integral part of homeopathic treatment. Some unique features that characterize individuals, along with the characteristics of the disease in the same individual, are considered. Individuals do not respond identically to antigen or allergen. Different people show sensitivity to identical irritating in different ways such as urticaria, hay fever and asthma, etc.

Homeopathy considers genetic predisposition to be the basic cause of diseases, including allergic skin manifestations such as atopic dermatitis. This predisposition is created by some basic pollution in the living organism, which Dr.Hahnemann named it as "Miasmy". This predisposition, when interacting with external causes such as ecological, teluric, thermal, mental, socio-economic and iatrogenic, causes susceptibility to disease.

Homeopathy therefore looks for illnesses in a "holistic way" and has developed a therapeutic plan for its treatment in the same view. This is achieved through similar drugs that act on a dynamic level. Similia Similibus Curantur (let the likes be cured) is the basic principle of homeopathy. This therapeutic law of homeopathy derived from the natural law. Treatment is for the patient of the individual, not only for disease. Similimum not only stops the progress of pathology, but can even regret the pathology, and thus bring back the individuals to a healthy state.

In the chronic diseases the prescription should not only be based on the symptoms similarity, but also in the existing Basic Miasm. The therapeutic approach of homeopathy to eczema and atopic dermatitis (A.D.) is therefore unique.

General proceedings

All local or exciting causal elements should be removed as soon as possible. If no exciting features are apparent, careful search should be carried out in all possible directions to determine the possible systemic cause in order to introduce the right constitutional treatment.

Details that contribute to the habits of everyday life should be examined. In any case, the individual should be treated rather than eczema of disease. There is no combination of symptoms that have been found exactly similar in two individuals, so it is unnecessary to look for specifics in the treatment of eczema.

There is nothing that is not used to alleviate this condition throughout the therapeutic area, but the most common measures will be aimed at improving digestion, relieving constipation and the need to exclude urine excretion.

Again, the amount and quality of food is an individual question, some patients who do not require any restrictions must actually be asked to eat, while others must be placed on a strict diet, even up to the point of starvation. Reducing quality is as desirable as reducing the amount and regulation of food clocks and sufficient chewing are important considerations.

Generally speaking, all stimulants should be forbidden and liquids should be indulged in a sparing meal, while there should be a drunk reasonable amount of clean water between the meals.

Furthermore, physiological treatment requires that the patient has sufficient body exercise, especially if it can be pleasant, to further remove poisonous accumulations within the system, as their detention should be the basic cause of eczema. Passive exercise, if applied to the participating surface, is often the simplest means to achieve an object.

Swimming, as well as many useful habits, must be regulated according to the needs of each individual, but ordinary soaps should never be used. Hot water is best used for both its cleaning and therapeutic effects, especially if it is used for only a few minutes, as it often relieves irritation and causes a beneficial reaction. Skin drying should be more in the nature of tapping than about friction, as it should avoid irritation of all description.

Occasionally, the object of fresh air and ventilation, especially in the bedrooms, should change radically to improve its general hygiene. Clothing should be selected carefully so that it is not too warm, too thin or too irritating. Flannel or wool always irritates the eczematous surface, although they can be worn over laundry or cotton.

All these skin conditions can be cured by cleaning, enemas, right diet and physical exercise. Daily sweat is the best way to keep the pores of the skin open, giving the skin the opportunity to freely interpret poisonous slag, produced in the body due to its burning fuels, the death of its cells and the metabolism of food materials taken with food. So the right exercise, the production of sweat that can help with rapid rubbing with a rough towel and thorough cleanliness. Healthy blood is therefore necessary for healthy skin.

#### Homeopathic view of eczema

A significant difference between the view of modern medicine (allopathy) and homeopathy about skin diseases and their treatment is the compartmentalized approach of allopathy to the holistic approach of homeopathy.

The skin is a mirror on which nature first reflects certain disorders that take place inside the body. Skin disease can be considered external manifestations of internal disorders. It is an early indication for us to find out the cause and handle the original focus. Instead of seeing and finding today, it is that no eruptions appear on the skin, a serious attempt is made to suppress the same thing. The pure result is that what nature wanted to throw away, and thus save the internal vital organs, is the human effort into which human efforts are, and the disease has stronger possession of their vital organs.

Burnett mentions: "I am not saying that there is no such way as a skin disease of a purely local nature, such as common pityriasis and other parasitic field diseases that affect the skin, but I speak in general, keep the following points:

1. The skin is a very important living organ of the body.
2. That it stands in intimate, even if it is misunderstood, the relationship to all internal organs and parts.
3. That his health is conditioned by a general healthy healthy organism.
4. That speaking in general, his unheard of his illness, they come from inside, although they initially intervene from outside.
5. The fact that it is biologically within the body is fed from the inside to have its life from the inside, has its health from the inside and to have its disease from the inside must also be treated with the inside.
6. Skin diseases are most commonly not only organic or institutional or constitutional.
7. The skin is an excretory organ and is spread throughout the organism, often uses nature to maintain internal organs without disease.
- 8 that because each part of the skin lines a certain internal organ or part, skin disease is often only an external expression of internal disease.
9. This is fine, generally receiving the external treatment of skin diseases, whether with skin skin skin or anything else, is demonstrably shallow in conception, poorly theoretically, harmful in practice and therefore unpredictable.

If the body of the body bubbles, so in the skin, such as spring water, so that the disease is treated in (from the skin) washing and ointments or other external applications, in fact does not treat the patient, but only prevents its peripheral expression.

When (considered) understanding that skin diseases are the expression of inner unrest, the effect of the mind on the body apparently comes to the picture. Hahnemann emphasizes the relationship between the mind and the body in the production of the disease long ago. In Section 5, he clearly points to the finding of moral and intellectual characters, his social and domestic relationship in the obvious reference to the mental state of the patient.

Wadia also writes: "Psycho physiological skin reactions, including various so -called neurodermatosis, allergic eczema, some cases of hives, acne and related disorders where psychological factors play a causal role. In the case of young people with psycho physiological skin reactions, several possible relations between their emotional conflicts and skin legacy.

- A. lesions are a direct somatic manifestation of anxiety, because its psychological defense is very insufficient.
- b. The lesions are a defense against the feeling of insufficiency and failure because they represent a physical handicap.
- C. lesions have a value for exhibition purposes that bring some compensatory attention.
- D. The lesions are the emotion of self -harm for failure and guilt.

Eczema, even though it appears on the most fierce organ of the body, so it requires a holistic approach. So Garth Boericke "Eczema - Eruption of the skin can be acute or chronic. It is often seen in children and is usually caused by incorrect diet or allergy. Itching is the main complaint. If we have determined the arranged assimilation and functional damage to the patient by treating homeopathic medicine."

The holistic approach, as presented in the discussion of idiosyncrasy, recognizes the fact that diseases are multifactorial in their causal context. Atopic eczema is no exception.

Frederick M. Dearborn writes: "There is no cause of eczema. We are considering that the causes of eczema are double:

- a) constitutional or predisposition, work from within
- b) local or exciting, working from outside.

It is possible that one of them could cause the development of an eczema case independently of the other, but are usually connected in a causal context. If there is a predisposition, local irritating substances that have caused no damage may bring illness. The most important are constitutional or predisposition causes".

The discussion of the causes of eczema is aptly summarized: "Eczema is always of constitutional origin and patient, as well as a doctor should be pleased to know that the life force has divorced it from the inside and throws it as eczematous eruptions on the skin."

#### **PROPENSITY**

And predisposition is a bad habit and in habitual condition find in a life force, which has been under the promptings of some subversive force that has been for years, offers.

Allen adds that being prone to the matter is to have a weakness in this direction in advance or in other words, in us we have a kind of attribute (of course perverted) or weakness that prone to certain diseases or conditions of life.

#### **CONSTITUTION**

The constitution of man refers to his mental and physical makeup, his mental and physical responses to various stimuli that are genetically inherited and which predisposes to the development of a certain set of disease or better well-being.

Late Dr. B. K. Sarkar writes about the constitutions as follows: "The Constitution is a term used to indicate a certain disposition that appears that the persistent morbid complaint develops the disposition depending on heritage from parents and leading fathers, as well as from various permanent influences of unfavorable or even favorable nature."

#### **SULPHUR**

Sulphur is one of the largest polycrystals - the King of Psor, who has a wide range of homeopathic prescription. Hahnemann says sulfur has a reputation as The remedy against itching perhaps as old as medicine, ie 2000 years ago.

Sulfur is a metal yellow brittle substance. It is located a lot in Sicily and Italy. In the organic world, we encounter sulfur anywhere. This element forms an essential part of albuminoids, a class of compounds contained in all plant and animal structures.

#### **SKIN**

ITCHING: All over body; spots painful after scratching; itching sports bleed

and after scratching; in various parts, disappearing after scratching; burning over whole body, recurring every night in bed; on and between fingers; and biting on nates; violent on thighs and legs; about knees; on toes, that had been frozen; at night; about of bed; now in one place now in another, especially on nape of neck; in palms of hands; sometimes sticking, burning in obliged to rub them; after which burn; on backs of hands; in eyebrows; on abdomen, at night; in scrotum; on inside of thighs; in axillae and hollow of knees; as if she were alive beneath skin; as if vermin were running about; < at night, and in morning, in bed after walking above left eyebrows; in ears externally; of nose externally; about chin; on neck; on chest; of old tetter is obliged to scratch until it bleeds spots feel hot after scratching.

Burning the skin of the whole body.

Night rest is often disrupted by burning pain in the skin of the parts on which it lies. Burning in the hands and legs, with the weakness of the whole body.

Molding through the skin of the whole body.

A stitch as a prick in the skin, in the evening after warming up in a bed that holds itching, especially when walking in the fresh air.

Sensual itching; Scratching is released after burning, sometimes even small vesicles. After violent scratches, anesthetic skin, swelling of the skin, even ulceration. Cracks and cuts in the skin of the hands, especially on the joints, painfully painful.

Skin hands hard and dry.

Nettlerash: with fever, face, arms, neck and lower limbs; on the back of the hand. Itching pimples on the inside of the thigh.

Tetter on the neck of the neck.

Itching vesicular eruce on the back of the head. Cooked.

Eruption of gloomy pimples, with red backyard and very itching, especially on the face.

Nail ulcers; The nails are falling apart. Skin dry and flabby; Cold pale dry.

Rough and wrinkled skin; The baby looks like an old man. Clear redness of the whole body, scarlatine.

Freckles; yellow, brown, flat spots; liver spots. Skin harsh, scaly svrata.

Herpes, Scabby and Scurfy.

Painful feeling of skin, with disposition to exoriance. Pain in the folds of the skin.

Light bruising ecchymosis; Every little scratches tend to play.

Chicken-pox.

Disability of the skin treated with treated soaps and washing, hemorrhoids that have been treated with ointment.

The axle is useful in suppression. Establishes a variety of typical cavities, a small abscess and a large abscess; abscess under the skin; in cell tissues and in internal organs. Surputive tendencies are very marked with sulfur.

When an irregular course takes place as an irregular course and shows signs of the attack when they are pustules instead of transparent or yellow, greenish pink or black; When it is filled with blood and decomposition of pus and it seems that the development of nasty symptoms is immediate, sulfur must be given.

The phase of life, the constitution

Lean, Stoop-Soudeed people who walk and sit down; The position is the most comfortable position.

Persons of nerve temperament, quickly lively. Potoric, leather too sensitive to atmospheric changes.

Dirty, dirty people, susceptible to skin disability.

Children cannot be washed or bathed; presented, large; Restless, hot kick at night; have worms. Persons have appeared to have been accepted by scrophulous diathesis, subject to venous overload, venous institute, tilted hemorrhoids, constipation or morning diarrhea, almost well increases; Diseases caused mainly by suppressed eruptions, Peevishosti, sudden, frequent flashes of heat throughout the body, followed by sweat, hot palm, sole, peak; at 10:00 weakness in epigastria. Children, praised, with faces like old people, large abdomen, dry flabby skin.

Full - bled, with great irritability, restlessness and hurry. Old people.

"Torn philosophers," dirty -looking people who always speculate on religious or philosophical subjects.

Physical appearance

There are three types of characters that are characteristic of sulfur and correspond appropriately well with their characteristic personalities of sulfur. First there is an ectomorph that has a thin frame and a large head, especially the high forehead. This type is usually high intellectual and often spiritually oriented. This type is usually high intellectual and often spiritually oriented.

Secondly, there is a polymorph that is fat and can be high or short. Usually it is more earthy and sensual and much of it, although it can also be practical and intellectual.

For the third time, there is an mesomorph that has a solid muscle body and is often but not always high. He is a sulfur man.

People of sulfur can have any skin, but the most common are fair or red hair, with blue, green or gray eyes and black hair with blue or gray eyes. Eyes often seem to be sparkling quality and often have a dreamy, honest look. The surrounding area is often very bushy and either turns on both outer edges, or one end turns up and the other curls down and creates a somewhat conical look.

The face is generally angular and usually wide, while the nose is prominent and usually straight or otherwise dependent-what I call a "fiery nose" because it is associated with an element of fire. Sulfur will very often have a head that seems to be great compared to his body and his brain and spiritual interests. Sulfur chin is usually wide and firm, which indicates self -confidence, except in cases of some ectomorphic intellectuals, where the chin is aimed at a wide forehead.

Modality

Cause: suppression, alcohol, sun, sprains, chills, exertion. Reaching high falls; early; Bordavky.

Excessive drinking tea and coffee. Metal abuse, especially mercury, colds, stress.

Worse: calm, when you stand, warm in bed, washing, swimming, variable weather, morning 11:00; Night, alcoholic stimulants, regularly, morning, evening, night, cold, cold air, wet weather, warm room, mental and physical exertion, lying left, loss of vital fluid, long sleep, milk, sweets, alcohol, during and smaller; Looking down, crossing running water, lifting the arms.

Better: dry, warm weather, lying on the right side, from elaboration of affected limbs; In the open air; movement; walk; after sweating; eating; warm food; sides pain; knee; Hemorrhoids> Movement.

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## CONCLUSION:

1. The females are affected more than the males in dermatitis cases, and non dermatitis cases.
2. Suppression, irritability, reactivity, vexation, disappointments are the some of the common feature, and suppression is the main defense mechanism used by Sulphur personality.
3. In childhood it is seen in dermatitis cases, that these children are sensitive and rebellious, while non dermatitis cases they are sensitive and suppressive.
4. In dermatitis cases it comes at the physical level in the form of atopic dermatitis, though it has come only in one case. They are more sensitive to the contradiction, insult and indignation.
5. In non-dermatitis cases there is strong attachment at the family level, including mother, father and other family members. They are sensitive to all these relations.
6. In non dermatitis there is taking up of responsibility in childhood itself, they realized it at quite early age and try to fulfill the demand of family.
7. The suppression of anger is there in both the cases but this suppression is deeper and occupies deeper organs of the body in non dermatitis cases.
8. In dermatitis cases as soon as there is suppression it comes on the body early as compare to the non dermatitis cases which takes longer time and goes to the deeper organ.
9. Suppression, vexation, and resentment come as the prominent precipitating factors in dermatitis cases, while grief, disappointment, is the main features of the non dermatitis cases.
10. The psycho somatic level affection is seen in both type of cases but the immediate cause effect relationship is seen more in cases of dermatitis, while late cause effect relation is seen in non dermatitis cases.

## SYMPTOMS COMMON TO ATOPIC DERMATITIS

- Dryness with intense itching.
- Soreness in the fold of the skin and a pustular eruption.
- Eruption alternate with asthma.
- Skin rough, coarse.

(Dearbon says Sulphur-6 will cure more pruritus than any other drugs.)

**SKIN SYMPTOMS, UNCOMMON TO ATOPIC DERMATITIS**

- Burning when scratching.
- Itching < at night, heat of bed, scratching.
- Bathing < all skin complaints.
- Little perspiration if any very offensive and sour.

**CHARACTERISTICS SYMPTOMS**

- Heat; burning; flushes.
- Redness.
- Excoriation.
- Congestion.
- Empty gone feeling; faintness.
- Air hunger.
- Lean stoop shoulder, standing is worse position.
- Diarrhea, painless, hurried in early morning

**SUMMARY:**

Dermatitis has become most common problem in today's world. Lot of psychological and environmental factors are common causes which comes as the prominent feature. Everywhere today there is competition and everyone wants to be the part of this competition.

This study will help in the understanding the key factors in development of dermatitis and other than dermatitis. It will help in understanding the physical disease at the mental level. It will also help in evaluating the psyche and soma of the person which will help in the treatment of any disease.

So skin is the organ which gives the expression to the internal conflict.

Commonly for this diseases people seeks help from the allopathic medicines. These drugs are not only costly but injurious also. Many a time steroids are used for it and this is very dangerous.

In this occasion we have taken care of more than 90 cases from which 30 cases have included in this thesis as sample. The study was case study and here we have observed the result of Homoeopathic medicines in the cases of eczema.

From the 30 cases 23 patients have shown the favorable result. Hence the success rate is 77 %.

Finally it can be said that sulphur has definitive role in the management of eczema.

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