



## A Review of Piezoelectric-Based Structural Health Monitoring Systems for Composite Structures

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### ABSTRACT:

This review paper provides an in-depth analysis of a doctoral thesis that focuses on the development and validation of piezoelectric-based structural health monitoring (SHM) systems for use in composite materials, particularly within aerospace structures. The thesis investigates advanced techniques to detect and characterize damage in composites, such as delamination and impact-related defects, which are often challenging to identify through traditional non-destructive evaluation (NDE) methods. The core of the study revolves around two piezoelectric-based detection strategies—frequency response analysis and Lamb wave propagation. Through a combination of analytical modelling, finite element simulations, and rigorous experimental validation, the research demonstrates the effectiveness of these methods in identifying both global and localized damage in graphite/epoxy composites. The thesis also explores the multifunctionality of piezoelectric sensors, showing how they can be adapted for strain sensing and acoustic emission monitoring. Key contributions include system architecture proposals for scalable SHM integration, optimization of sensor placement and signal frequency, and a comparative evaluation of various sensing techniques. The work concludes with practical design recommendations and future research directions for implementing SHM systems in real-world aerospace applications.

**Key words:** - Structural Health Monitoring (SHM), Piezoelectric Sensors, Composite Materials, Sensor Optimization, Damage Detection

### 1. Introduction

#### 1.1 Need for Structural Health Monitoring in Composites

Composite materials are extensively used in aerospace and other high-performance engineering applications due to their superior mechanical properties and lightweight characteristics. However, their failure mechanisms, such as delamination, fiber breakage, and matrix cracking, are often internal and invisible to the naked eye. This makes early detection and continuous monitoring crucial for ensuring safety and longevity. Unlike metals, which often exhibit visible or measurable symptoms of damage such as cracks or corrosion, composite structures may continue to degrade silently until failure. This hidden damage poses serious challenges to structural integrity, particularly in critical aerospace applications. Therefore, there is a strong necessity for systems that can monitor the health of composites in real time without requiring disassembly or invasive techniques. Structural Health Monitoring (SHM) using embedded sensors offers a compelling solution to this problem by enabling proactive damage detection, reducing inspection intervals, and improving safety. These systems have the added benefit of potentially informing life-extension decisions for high-value assets, thus contributing to cost efficiency and risk mitigation.

#### 1.2 Scope of the Thesis Reviewed

The reviewed thesis by Seth Kessler represents a comprehensive study of in-situ damage detection methods in composite materials using piezoelectric sensors. The research spans theoretical modeling, finite element simulations, laboratory experiments, and architectural proposals for full SHM systems. Its primary focus is on two prominent methods: frequency response techniques and Lamb wave propagation. The thesis further expands into auxiliary methods such as acoustic emission and strain-based monitoring, demonstrating the multifunctionality of piezoelectric patches. A notable strength of this work is its emphasis on practical implementation. The author not only validates the theoretical underpinnings of each method but also addresses sensor placement, signal processing, and integration with aerospace structures. The research takes a systems-level perspective, examining how different methods can be combined into a cohesive monitoring framework. This thesis fills critical gaps in existing literature by providing an end-to-end analysis from physics-based modeling to application-level considerations, making it a valuable resource for SHM practitioners and researchers alike.

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## 2. Structural Health Monitoring Overview

### 2.1 Evolution of Inspection Methods

The evolution of inspection methods for structural materials has historically relied on manual and visual assessments, augmented by technologies such as ultrasonic testing, radiography, and eddy current analysis. While effective for metals and simple geometries, these methods fall short in evaluating composite materials, which often conceal internal damage. Traditional approaches like the safe-life and damage-tolerant philosophies rely on statistical life predictions and periodic inspections. These methods lack real-time awareness of the structural state and often require conservative design margins to ensure safety. In the context of composite materials, which can suffer from barely visible impact damage (BVID) and delamination, these limitations become especially pronounced. The emergence of SHM technology addresses these gaps by enabling continuous monitoring through embedded or surface-mounted sensors. By shifting the paradigm from reactive to proactive maintenance, SHM has the potential to revolutionize how structures are inspected and maintained, especially in complex and high-risk environments like aerospace and civil infrastructure. This section outlines how SHM serves as a modern extension to traditional NDE (Non-Destructive Evaluation) methods, offering improved safety, reliability, and cost-effectiveness.

### 2.2 Motivation for SHM Adoption

The motivation for adopting SHM systems stems from both economic and safety considerations. In high-stakes industries like aerospace, offshore structures, and civil infrastructure, unanticipated failures can result in catastrophic outcomes, both financially and in terms of human life. SHM enables real-time damage detection, reducing the risk of unexpected breakdowns. Moreover, it supports condition-based maintenance (CBM), where repairs are performed only when needed, rather than on a fixed schedule. This approach dramatically reduces lifecycle costs associated with maintenance and downtime. The reviewed thesis highlights that up to 27% of an aircraft's operational budget can be attributed to inspection and repair. SHM systems help cut this cost while enhancing reliability. Additionally, they allow for the use of optimized designs with smaller safety margins, as the structure's condition is constantly known. From an engineering perspective, SHM also facilitates data-driven decision-making, improving future design iterations. These factors collectively make a compelling case for the widespread integration of SHM in next-generation structures.

### 2.3 SHM Applications in Aerospace

Aerospace applications present some of the most promising use cases for SHM due to the sector's high safety standards, complex composite usage, and substantial inspection-related costs. Aircraft experience a wide range of stressors during service—pressurization cycles, mechanical loads, and environmental exposure—which can initiate damage that is hard to detect through conventional means. The reviewed thesis discusses real-world examples such as aircraft fuselage panels, composite wings, and rotorcraft blades, all of which benefit from SHM integration. Advanced fighter jets like the F-22 and civilian aircraft like the Airbus A350 use extensive composite materials that can hide damage beneath their surfaces. SHM systems embedded within these structures can provide constant feedback about their condition, allowing operators to respond before failures occur. Furthermore, the implementation of SHM in spacecraft, where traditional inspection is nearly impossible after launch, underscores its critical importance. The thesis aligns well with these applications by proposing versatile sensor configurations and power-efficient architectures tailored for demanding aerospace environments.

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## 3. Frequency Response Methods

### 3.1 Principle of Operation

This method monitors shifts in a structure's dynamic response—such as its natural frequencies, damping ratios, and mode shapes—caused by physical changes like cracks, delaminations, or other damage that reduce stiffness or change mass distribution. Piezoelectric sensors bonded to the structure excite it with a known input signal and simultaneously capture the vibrational response. Damage presence alters the stiffness matrix, leading to measurable frequency changes in the response spectrum. The technique is particularly well-suited for detecting global damage across large components with minimal sensor infrastructure. Its appeal lies in simplicity and low power demand, enabling longer-term autonomous monitoring. However, it is primarily sensitive to global changes and less effective at pinpointing localized issues without dense sensor arrays or supporting algorithms.

### 3.2 Analytical Modeling and FEM

To accurately relate observed frequency shifts to physical damage, the thesis uses both analytical models and detailed finite element simulations. Analytical solutions from beam theory provide initial estimations for undamaged states, while FEM accounts for complex boundary conditions, heterogeneous materials, and non-linear damage behavior. Different types of structural flaws—delaminations, holes, and composite layup defects—are simulated to evaluate how they influence vibrational characteristics. The modeling results inform the design of experiments and sensor placement strategies and also serve as a comparative baseline for damage detection in operational settings.

### 3.3 Experimental Procedures

Graphite/epoxy composite beams and panels are tested with artificial defects introduced through impact or drilling. Frequency response data is collected using piezoelectric patches in conjunction with laser Doppler vibrometers and impedance analyzers. Experiments are run across varying boundary conditions and defect severities to validate FEM predictions and test real-world sensitivity. The thesis shows a consistent relationship between damage severity and the magnitude of frequency shifts, confirming the method's reliability for detecting changes in structural integrity.

### 3.4 Advantages and Limitations

The primary strength of this method lies in its simplicity and cost-efficiency. It's ideal for long-term monitoring of large-scale structures with minimal hardware. However, its spatial resolution is limited, and it struggles to detect small or localized damage unless paired with detailed models or dense sensor layouts. External factors like temperature and loading conditions can also affect frequency data, requiring environmental compensation. Despite these constraints, its practicality ensures it remains a foundational component of any multi-modal SHM system.

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## 4. Lamb Wave Methods

### 4.1 Fundamental Concepts

Lamb waves are guided elastic waves capable of propagating through thin composite structures. They exist in multiple modes—symmetric and antisymmetric—that each respond differently to material damage. These waves are extremely sensitive to discontinuities like cracks or delaminations, making them ideal for detecting localized damage. When transmitted by a piezoelectric actuator and received by another, the travel time, amplitude, and shape of the received signal provide detailed insights into the structure's health. The challenge, however, lies in understanding and managing their dispersive and multi-modal nature, which demands precise control of excitation parameters and detailed signal processing.

### 4.2 Modeling and Simulation

The thesis uses finite element analysis to simulate Lamb wave behavior in composites, accounting for anisotropy, geometry, and environmental factors. Dispersion curves are generated to select optimal frequencies where damage sensitivity is highest. Simulations predict how waves reflect, scatter, and mode-convert when interacting with defects. These insights are used to fine-tune the sensor layout and identify the most informative wave features for diagnostics. Analytical models supplement these simulations by offering rapid approximations and supporting the design of real-world experiments.

### 4.3 Experimental Implementation

Tests are performed on flat and curved composite specimens with built-in defects. Piezoelectric patches serve as both wave transmitters and receivers, capturing time-domain signals for damage detection. Signal processing techniques such as wavelet decomposition and cross-correlation isolate damage-induced reflections from environmental noise. The experiments validate the accuracy of the numerical models and show that Lamb waves can detect even small delaminations or impact damage. The robustness of these results under changing temperature and moisture conditions confirms the method's operational viability.

### 4.4 Comparative Analysis

Compared to frequency response methods, Lamb wave approaches offer higher spatial resolution and better sensitivity to early-stage or localized damage. However, they come at the cost of increased complexity. The requirement for active sensing, high-speed data acquisition, and signal processing makes them more demanding in terms of system design and power consumption. The thesis presents a comparative matrix showing the strengths and trade-offs of all SHM techniques, concluding that combining Lamb wave methods with frequency response analysis offers the most effective strategy for comprehensive structural monitoring.

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## 5. SHM System Design

### 5.1 System Components

An effective SHM system is composed of several critical components working in unison to detect, process, and communicate the structural health status of a monitored asset. These include sensors, actuators, data acquisition hardware, power supply units, processors for data analysis, and communication modules for transmitting information. The thesis outlines a modular system architecture where piezoelectric transducers serve both as actuators and sensors. These are paired with microcontrollers or field-programmable gate arrays (FPGAs) for signal generation and data processing. Energy requirements are addressed using power-efficient hardware or energy harvesting systems, ensuring autonomous operation for long-term deployments. Communication components—wired or wireless—enable real-time data transmission to central monitoring systems. The proposed architecture emphasizes low power consumption, scalability, and adaptability to a range of composite structures. The integration of all these components is guided by considerations of weight, cost, electromagnetic interference, and environmental robustness, making the system suitable for challenging aerospace environments.

### 5.2 Multipurpose Sensing Capabilities

One of the most notable advantages of using piezoelectric materials in SHM is their multifunctionality. The same sensor can be tuned for different types of monitoring tasks simply by altering the input signal characteristics. For instance, low-frequency excitations can be used for modal analysis and frequency response measurements, while high-frequency pulsed signals are suitable for Lamb wave generation. Furthermore, piezoelectric patches can be used in passive modes to detect acoustic emissions from crack propagation or material failures. The thesis demonstrates that through appropriate switching and calibration, a single sensor array can be employed for multiple SHM techniques, significantly reducing the need for redundant hardware. This capability also enables adaptive monitoring strategies, where the system can switch modes based on the expected type of damage or operational

conditions. Such versatility greatly enhances the efficiency, cost-effectiveness, and overall performance of the SHM system.

### 5.3 Design Guidelines and Architecture

The thesis proposes a hierarchical, layered architecture for SHM systems. At the base level are sensor nodes equipped with piezoelectric patches and local processing units. These nodes can perform basic signal processing tasks such as filtering and threshold detection. Intermediate layers handle data fusion from multiple nodes and apply more advanced algorithms to identify damage patterns. At the top of the hierarchy, a central unit collects, stores, and interprets data, often with the help of machine learning or statistical methods. The system is designed to be fault-tolerant, with redundancy in sensor and communication pathways. Design guidelines include best practices for sensor placement, signal routing, and protective encapsulation to ensure durability in harsh environments. The architecture is flexible enough to support both centralized and distributed processing models. By following these guidelines, the SHM system can be seamlessly integrated into existing aerospace platforms, with minimal impact on structural performance or maintenance requirements.

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## 6. Comparative Evaluation of Sensing Techniques

### 6.1 Techniques Assessed

The thesis conducts an extensive review of existing sensing technologies used in SHM. These include traditional non-destructive evaluation (NDE) methods such as visual inspection, ultrasonic testing, x-radiography, and eddy current testing, alongside modern sensor-based techniques like strain gauges, fiber optic sensors, and piezoelectric-based systems. Each technique is assessed in terms of its sensitivity, spatial resolution, cost, ease of integration, and compatibility with composite materials. While NDE methods offer high accuracy, they are typically labor-intensive and require equipment access to the damaged area. In contrast, embedded sensor systems provide continuous monitoring and are more suitable for automated SHM. Among modern techniques, fiber optics offer excellent sensitivity and immunity to electromagnetic interference but are fragile and expensive. Piezoelectric sensors strike a balance between performance and cost, offering both active and passive sensing capabilities.

### 6.2 Piezoelectric Methods in Focus

Piezoelectric-based SHM methods are emphasized throughout the thesis as a versatile and scalable solution. These methods support both active techniques—like Lamb wave and frequency response monitoring—and passive methods, such as acoustic emission detection. Their dual functionality reduces the need for multiple sensor types, simplifying system integration. Piezoelectric sensors are also conformable and can be easily embedded in composite layups or mounted on curved surfaces, making them ideal for aerospace structures. The thesis highlights their ease of installation, low power requirements, and adaptability to various signal processing techniques. Moreover, piezoelectric materials can operate effectively over a wide range of temperatures and mechanical loading conditions, which is critical for real-world SHM deployments.

### 6.3 Summary Table and Insights

To synthesize the comparative evaluation, the thesis includes a summary table that contrasts each technique based on parameters such as detection capability, operational complexity, and environmental durability. The table clearly illustrates the trade-offs involved in selecting a suitable SHM method. For example, while visual inspection is simple and low-cost, it lacks the precision and automation of sensor-based methods. Ultrasonic techniques offer high resolution but are difficult to automate and require couplants. Piezoelectric-based systems consistently rank high in categories related to integration, adaptability, and cost-effectiveness. The thesis concludes that no single method is universally superior, and hybrid SHM systems that combine multiple sensing techniques can offer the most robust performance. This finding supports the case for using piezoelectric sensors as the backbone of such hybrid systems.

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## 7. Conclusion

### 7.1 Key Findings

The thesis confirms that both frequency response and Lamb wave techniques are effective for detecting damage in composite structures, albeit with different strengths. Frequency response methods provide an efficient means for global monitoring and are relatively simple to implement, while Lamb wave methods offer high-resolution localization of damage but require more sophisticated instrumentation and signal processing. The integration of piezoelectric sensors enables both techniques to be implemented using the same hardware, providing a cost-effective and versatile SHM solution. Through extensive modeling, simulation, and experimentation, the thesis demonstrates that SHM systems can reliably detect a range of damage types, including delaminations, cracks, and holes. Moreover, it provides validated strategies for sensor placement, data acquisition, and environmental compensation, which are essential for real-world deployment. These findings represent a significant step toward the practical implementation of SHM in critical structures.

### 7.2 Contributions to SHM Field

This thesis contributes to the SHM field in several meaningful ways. First, it presents a unified framework that connects theoretical modeling, numerical simulations, and experimental validation. Second, it offers practical design and implementation guidelines for deploying SHM systems in composite

aerospace structures. Third, it proposes a modular architecture that supports both centralized and distributed monitoring approaches. Lastly, it demonstrates the feasibility of using piezoelectric sensors for multifunctional sensing, which reduces system complexity and enhances reliability. The thesis fills important gaps in existing literature by addressing not just the technical feasibility of SHM methods, but also their integration into operational platforms. This holistic approach makes it a valuable resource for engineers, researchers, and decision-makers involved in structural monitoring and maintenance.

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## 8. Recommendations for Future Work

### 8.1 Scaling and Deployment

The thesis recommends that future research should focus on scaling SHM systems from laboratory-scale specimens to full-scale aircraft components. This will require addressing challenges such as sensor network complexity, data management, and system robustness in operational environments. Testing under real flight conditions, including variable loading, temperature extremes, and long-term durability, will be essential to validate system performance. Additionally, large-scale deployment will benefit from standardized interfaces and protocols that ensure compatibility across different platforms and vendors.

### 8.2 Integration and Autonomy

Future SHM systems should aim for greater autonomy and intelligence. Integration with broader vehicle health management (VHM) systems will enable more holistic diagnostics and prognostics. Autonomous data interpretation using machine learning algorithms can reduce the need for human oversight and improve detection accuracy. Real-time decision-making capabilities will allow structures to adapt their behavior based on their health status, leading to smarter and safer aerospace systems.

### 8.3 Advanced Sensor Development

Continued research into advanced sensor technologies is vital. Self-sensing actuators, energy-harvesting devices, and micro-scale smart sensors could significantly enhance SHM capabilities. These developments will enable denser sensor networks without adding weight or requiring external power sources. Additionally, improvements in sensor materials and fabrication techniques will allow for more robust and durable installations. Efforts should also be directed toward developing optimal sensor placement algorithms and exploring new signal processing methods that can handle noisy or incomplete data.

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