



Efficacy of Homoeopathy in Skin Disorder: A Case of Palmar Wart

Dr. Mohammad Rafi¹, Dr. Vivek Rajput², Dr. Maheshkumar A. Gite³, Dr. Megha Patel⁴

¹ MD. Homoeopathy, Associate Professor Anatomy Madhav homoeopathic medical college and Hospital, Rajasthan, India

dr.homeo86@gmail.com,

² BHMS, MD. Homoeopathy Professor & HOD, Human Physiology & Biochemistry Ananya College of Homoeopathy, KIRC, Kalol, Gandhinagar, Gujarat.

drvivekrajp14@gmail.com, 9825878697

³ M.D., Ph.D.* (Homoeopathy), MBA, PG Coordinator, Executive Editor Ananya Homoeo Journal,

Professor and HOD, Homoeopathic Repertory Ananya College of Homoeopathy, KIRC Campus, Kalol, Gandhinagar, Gujarat.

drmaheshgite@gmail.com, 7030669388.

⁴ **M.D. Homoeopathy**

Assistant Professor, Organon of Medicine Ananya College of Homoeopathy, KIRC Campus, Kalol, Gandhinagar, Gujarat.

ptmegha09@gmail.com, 8511787112

ABSTRACT

Warts are one of the most common problems in all ages, affecting physical and psychological well-being. This case report presented a 65-year-old male with a history of palmar wart, treated successfully with homoeopathic medicine DULCAMARA.

Keywords: homoeopathy, warts, skin disorders, miasm

1. Introduction

Warts are small, usually painless growths on the skin caused by a virus, most commonly human papilloma virus (HPV), and are contagious. They can appear in various forms, including common warts, flat warts, and plantar warts, and often resolve on their own, though treatments can speed up the process.

Types of warts:

- **Common warts:** Often appear on fingers, hands, knees, and elbows as small, hard, dome-shaped bumps with a rough surface.
- **Flat warts:** Are smaller, smoother, and flatter than common warts, often appearing on the face or in clusters.
- **Plantar warts:** Develop on the soles of the feet and can be very uncomfortable, sometimes mistaken for calluses.
- **Filiform warts:** Have a finger-like shape and are often found around the mouth, eyes, or nose.
- **Genital warts:** Are sexually transmitted infections caused by certain types of HPV.

2. Patient details

- Name: - xyzzy
- Age: 65year
- Sex: Male
- Religion: Islam

2.1. History of the patient

- The patient presented with a big wart on his left palm.
- This wart is from last 2 years
- Due this wart he feels uncomfortable in his day today's life and his routine works lack of confidence no any redness present in palm.

2.2. Treatment history

- He had previously used some topical creams and Thuja form last 6 month.
- Doctors told him that this is a surgical case.

Family History:

2.3. Father was tubercular.

2.4. **Physical General:** Warts on palmar surface. Perspiration on palm, pain knee joint aggravates in cold.

- Appetite: canine hunger
- Thirst: wants to drink cold drinks
- Stool: - constipated
- Sleep: - disturbed
- Thermal reaction: chilly patient

2.5. Mental general:

confused, restless

2.6. Totality of symptom:

- Warts on palmar surface of hand
- Chillness with thirst
- Joint pain aggravates by cold
- Worse at night and cold

3. Selection Of Medicine and Medicine Prescribed

On the basis of totality in Pocket Manual of William Boericke Materia Medica and Repertory dulcamara was 1st grade remedy.

Dulcamara 200 single dose.

Placebo 200 BD.

4. Follow up

Date of follow up	Medicine with doses	Patient's condition
12-03-2023 First visit	Dulcamara 200 single dose in morning 3 doses and placebo bd given for 15 days	A big wart is present on right palm and pain in B/L knee joint.
30-03-2023	Dulcamara 200 was repeated stat in clinic, placebo was given for next 15 days	Wart's size is slightly reduced, knee pain is still not improved
15-04-2023	Dulcamara 200 single dose was given in clinic rest placebo was given for 15 days	Wart size is reduced, knee pain was slightly improved
02-05-2023	Dulcamara 1m single dose was given in clinic placebo given for 7 days	Wart became thin on root, knee pain was still
12-05-2023	Dulcamara 1m placebo given for 30 days	Wart was removed knee pain is also partially improved.

5. Result and discussion:

In homoeopathy we treat the patient (individual) not the disease by merely its name and diagnosis. Our approach to every individual case is to improve the vitality and immunity of the patient with our homoeopathic medicines so that the patient can get back to normalcy without any adverse and unwanted complication. This case presented with a big palmar wart on right hand. The patient was already under medication for the same and the doctors suggested surgical approach. On his first visit (12-03-2023) the patient presented with big palmar wart on his right hand and pain in B/L knee joint. Dulcamara 200 was the first prescription on the basis of totality of symptom. On his subsequent visits the potency was increased and the wart reduced gradually (as shown in pictures). The patient was under follow up for about 6 months. With no recurrence of the wart.

6. Conclusion:

This case definitely confirms the efficacy of homoeopathy for managing such surgical conditions. As it clearly evident that in this condition doctor advise him for surgery. Whereas on the proper and detailed history taking based on the Dr Hahnemann's homoeopathic principle we could provide him relief not only from a big palmar wart but also knee pain was improved.

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Ethics statement: - Informed consent for publication of this report was taken from patient.

8. Before & After Treatment [Image 1]

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