

# International Journal of Research Publication and Reviews

Journal homepage: www.ijrpr.com ISSN 2582-7421

# **IoT Based Smart Helmet**

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## ABSTRACT:

The Smart Helmet Project aims to enhance rider safety through the integration of advanced technologies, including accident detection, temperature monitoring, and humidity sensing. This innovative helmet is designed to provide real-time alerts and support in emergency situations, ensuring the well-being of motorcyclists and cyclists. The core feature of the Smart Helmet is its accident detection system, which utilizes accelerometers and gyroscopic sensors to identify when a rider has fallen. Upon detecting a fall, the helmet initiates a 10-second countdown timer, during which the rider can manually cancel the emergency alert if they are unharmed. If the timer expires without cancellation, the helmet automatically contacts emergency services and alerts designated family members via phone calls or messages, providing them with the rider's location and situation.

**Keywords**: IoT: Internet of Things, Rider Safety, Accident Detection, Alcohol Detection, GSM: Global System for Mobile Communication, RealTime Alerts, Vibration Sensors, Mobile Application, GPS Integration, Microcontroller: NodeMCU ESP8266, SOS Button.

### Introduction:

In recent years, the increasing number of road accidents involving motorcyclists and cyclists has raised significant concerns about rider safety. Traditional helmets, while providing basic head protection, lack advanced features that can enhance safety and provide timely assistance in emergencies. The Smart Helmet Project addresses this critical gap by integrating cutting-edge technology into a conventional helmet design, transforming it into a multifunctional safety device. The Smart Helmet is equipped with a range of innovative features, including an accident detection system, temperature and humidity sensors, and emergency communication capabilities.

The Smart Helmet Project introduces an intelligent safety solution for motorcyclists using IoT-based technology. It is designed to detect accidents, monitor environmental conditions, and send real-time alerts to emergency contacts .Equipped with vibration, humidity, and location sensors, the helmet enhances both rider safety and awareness .The system offers immediate emergency response through GSM and GPS integration without needing manual input. This innovation not only protects the rider physically but also ensures mental peace for families with its automated safety alerts.

The accident detection system utilizes advanced sensors to monitor the rider's movements and detect falls or collisions. In the event of an accident, the helmet automatically initiates a countdown timer, allowing the rider a brief window to cancel the emergency alert if they are unharmed. If the timer expires without intervention, the helmet automatically contacts emergency services and notifies designated family members, providing them with crucial information about the rider's location and condition. Additionally, the Smart Helmet incorporates environmental sensors that monitor temperature and humidity levels, alerting riders to potentially hazardous weather conditions. This feature promotes safer riding practices by encouraging users to be aware of their surroundings and adjust their riding behavior accordingly. The Smart Helmet Project not only aims to enhance rider safety but also seeks to provide peace of mind for families, knowing that they will be promptly informed in case of an accident. By combining safety, communication, and environmental awareness into a single device, the Smart Helmet represents a significant advancement in personal safety technology for riders, ultimately contributing to a reduction in accidents and fatalities on the road.

## Literature review:

IoT Integration in Safety Gear Sharma (2023) discusses the integration of IoT technology in safety gear, particularly helmets. The study emphasizes how real-time data collection and communication can significantly improve rider safety. By utilizing sensors to monitor various parameters, smart helmets can provide immediate feedback to riders and emergency. Accident Detection Systems Kumar (2021) presents an IoT-based accident detection system that employs GSM technology for immediate alerts. The research highlights the effectiveness of vibration sensors in detecting crashes and the importance of timely communication with emergency contacts.

This study serves as a foundation for understanding how smart helmets can leverage similar technologies to enhance safety. Alcohol Detection Mechanisms Gupta (2022) explores the design of helmets equipped with alcohol detection systems. The study focuses on the MQ-3 alcohol sensor, which can detect ethanol vapor from a rider's breath. The findings suggest that integrating such sensors into helmets can prevent riding under the influence, thereby reducing the likelihood of accidents. This research underscores the necessity of incorporating alcohol detection as a critical feature in smart helmets.

Environmental Monitoring the role of environmental monitoring in rider safety is discussed in various studies. For instance, the DHT11 temperature and humidity sensor is highlighted for its ability to provide real-time data on the helmet's internal climate. Monitoring these conditions can enhance rider comfort and alert them to extreme weather situations that may affect their safety (e.g., overheating or excessive humidity).

User Interaction and Mobile Applications the development of mobile applications to support smart helmets is a growing area of interest. Research indicates that mobile apps can provide a user-friendly interface for monitoring sensor data, receiving alerts, and triggering emergency responses. The integration of platforms like Blynk allows for real-time data visualization and remote monitoring, enhancing the overall user experience (Blynk Documentation, 2023).

# Modules and Their Functionalities:

- NodeMCU ESP8266: Acts as the central processing unit, reading inputs from various sensors and managing communication with the mobile
  application and GSM module.
- GSM Module (SIM800L/SIM900A): Facilitates SMS and call alerts in emergencies, ensuring timely communication with predefined contacts.
- Alcohol Sensor (MQ-3): Detects ethanol vapor from the rider's breath. If alcohol levels exceed a predefined threshold, the system triggers alerts and can restrict ignition.
- Vibration Sensor: Monitors for sudden impacts or falls, indicating potential accidents. Upon detection, it sends alerts via SMS and the mobile app.
- DHT11 Temperature and Humidity Sensor: Measures the internal climate of the helmet, providing data on temperature and humidity to ensure rider comfort.
- Push Buttons: Allow manual triggering of emergency calls or SOS alerts, providing an additional layer of safety. Mobile Application: Provides a user interface for real-time monitoring of sensor data, alerts, and system status. It can also display the rider's location if a GPS module is integrated

4. Block Diagram of IoT Based Smart Helmet:





The Smart Helmet system will be developed within the Android Studio environment, utilizing either Java or Kotlin programming languages based on modular requirements. For seamless communication, the project will incorporate GSM protocols to facilitate SMS and call-based alerts, while Wi-Fi will be employed to enable real-time interaction with the Blynk IoT platform. Optionally, Firebase Real time Database will serve as the cloud-based backend for storing and retrieving data logs if persistent cloud storage becomes necessary. The mobile application interface will be structured using the MVVM (ModelView-View Model) architecture to ensure separation of concerns and improve maintainability. To support hardware-software integration, the system will rely on the Blynk library for IoT-based data visualization and the Software Serial library to manage GSM communication with the microcontroller.

# 6. Proposed Methodology:

- **Prototype Development**: Begin by constructing a working prototype of the Smart Helmet using NodeMCU, integrating core sensors like alcohol, vibration, and environmental sensors.
- Module Testing: Test each sensor and functional component independently to validate accuracy, responsiveness, and reliability before system-wide integration.

- System Integration: Merge all modules and establish bidirectional communication between the helmet hardware and the mobile application using GSM and Wi-Fi protocols.
- User Interface Implementation: Develop a user-friendly mobile application using the MVVM design pattern to monitor real-time data and provide safety alerts.
- Real-world Field Testing: Deploy the Smart Helmet in actual driving conditions to evaluate its effectiveness under different environmental and operational scenarios.
- Evaluation and Enhancement: Collect feedback from users and stakeholders to identify areas of improvement, followed by iterative refinement to optimize both hardware and software performance.

#### 7. BreadBoard Layout Diagram:



### 8. Conclusion:

The IoT- grounded Smart Helmet design represents a significant advancement in rider safety technology, addressing the critical challenges faced by motorcyclists on the road. By integrating colorful detectors, including alcohol discovery, vibration monitoring, and environmental condition assessment, the Smart Helmet provides real- time data and cautions that can help accidents and save lives. The use of GSM communication ensures that exigency cautions are transferred instantly to predefined connections, easing quick responses in critical situations. Also, the mobile operation enhances stoner commerce by offering a stoner-friendly interface for covering detector data and managing cautions.

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