



Performing Arts Integrated Education: Need of the Present Education Scenario

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Abstract

From the beginning till today, our culture can be studied through various arts. The arts have taught and encouraged the real and positive view of life of our Sanatan culture, Satyam, Shivam and Sundaram. It is through art that our folk life, folk psyche and the inner and spiritual side of life are becoming powerful. We have to take inspiration from this tradition and promote modernity. In this fast pace of technological development, along with the various classes of science and technology, ancient arts have also been included, which are essential for the symbiosis of health and human welfare. Performing arts in education engages the minds of students by engaging them physically and emotionally in community activities that are the true essence of humanity. Through ancient art, one can learn to understand oneself and feel blessed with self-confidence.

Keywords: Performing Arts, Integrated Education, Technology, Teachers, skills

Introduction

Arts-integrated teaching is an essential tool for students' learning outcomes. It helps students to be less bored and improves their ability to concentrate. Art education becomes an important component of educational processes. Concepts are clarified using art, which are at the core of the curriculum. It can provide ways to convey information on various subjects in sensible, learner-centered and useful ways. By keeping art at the center, abstract ideas from many subjects can be effectively correlated, connected, contextualized and learned. Art integrated teaching in school curriculum has been advocated from the beginning, NCF 2005 and NCERT re-emphasized it. The government should take necessary steps to promote art integrated education in schools by appointing effective and imaginative teachers so that students get the benefit of learning from various techniques and the level of education in the country is high. The main objective of the presented research paper is to know the importance of art integrated learning. The research suggests educational implications for effectively implementing AIL in teaching. Performing arts are those arts in which the artist performs art with self-expression using various types of objects and audio-visual materials. Performing arts are a physical and emotional journey of human betterment, personal development. In performing arts, artists use their art to perform various types of physical movements and create objects such as painting, drawing etc. Many types of arts are included under performing arts. The similarity in all arts is that they can be presented directly in front of the audience.

Performance is also an important part of performing arts, which is very important for the connection between the teacher and the student. Therefore, we can say that a teacher is also an artist who expresses himself in front of students by performing various types of physical movements. The personal movement of an effective teacher is very effective and excellent, so a teacher is also an artist who creates his students. Performing arts was studied by Cowart Shaft (2013). It was a qualitative case study aimed at knowing the psychological needs and effect of performance on students of former high school theatre. Mariyal Hardim (2019) taught science lesson plans by integrating art. Art integrated instruction has a positive impact on student achievement and learning factors. Studies have found that art integrated instruction has a positive impact on teaching. And the more effective the teacher's teaching skills, the more effective his teaching will be. Under performing arts, a teacher can easily use the following performing arts during teaching such as drama, expression, theatre, satire, dance, music history, opera, poetry, dance, mime, games, puppetry and magic etc. Performing arts are a personal and emotional journey of the best human bonding. Due to which various types of human, moral qualities develop in the students. Performing arts are a medium of improving the overall personality of the students, physically and emotionally. Through performing arts, they are able to express themselves and understand the feelings of others effectively.

Performing arts integrated education

Performing arts make almost any activity interesting and enjoyable. If teaching is done through various types of activities and performances, then students feel more involved and enjoy it. While teaching, a teacher expresses many types of emotions. Expression of effective emotions makes the teacher an effective personality, the teacher who expresses good integration with his physical and mental emotions, his teaching is that much more effective. Also, if he is also involved in various types of performing arts like dance, music etc. When a student expresses himself through a medium, then the same teaching becomes more natural and interesting. A great bond is created between the student and the teacher which is very important for the teaching

process. Intensive education in performing arts helps in developing self-confidence and self-esteem in students and teachers, due to which they are able to express themselves as an excellent personality by being full of confidence. When a person learns basic non-verbal skills to cope with various modern challenges, he displays more confidence, positivity towards life. He is able to take decisions responsibly and take various risks. The current New Education Policy 2020, National Curriculum Framework, NCERT are giving more emphasis on integrating performing arts in education to make education complete. Performing arts help in the development of non-verbal and art skills in students. Students require more creativity and creativity in their educational curriculum which can be easily taught through integrated learning of performing arts. Educational theories give more emphasis on the conceptual aspect whereas performing arts work to establish balance between theory and conceptual aspects.

India is one of the few super powers of the world which is full of human resources that inspire and attract the whole world on the global platform for achieving social, economic development goals. As technology is growing at a rapid pace and is assuming the form of inevitability in the near future, we are facing difficulties in organizing economic, social and mental activities. As technology is at its peak, as a result, both students and teachers are being affected physically and mentally. A situation of tension is arising in front of the students and the teachers are also facing a lack of self-satisfaction and fulfilment of their expressions. In the above situations, education integrating performing arts will be physically, mentally and emotionally helpful for both students and teachers. Because promoting such emotional and physical engagement activities is to reject the useless elements which create mental and physical stress. Performing arts integrated education plays a significant role in creative development in education and improves the creative expression of students. Educational theories do not consider emotional thinking to be very important, rather performing arts integrated education is a complete process which organizes both in a coordinated manner.

The roles of performing arts integrated education can be generally understood as follows:

- To make education learning simple, interesting and enjoyable.
- For education learning, positive expression and effective personality development.
- To establish timing in physical, mental and emotional activities.
- To promote self-reliance as well as develop constructiveness and creativity.
- To promote manual skills and self-employment to promote economic development and morality.
- To promote skills like cooperation and equality.
- To connect learning with the reality of daily life for human kindness and development.
- Performing arts (dance, drama, music) help in emotional, social, cognitive, and physical development of students
- It promotes creativity, critical thinking, and empathy.
- Arts-integrated methods make learning more interactive and enjoyable.
- Students participate actively, which improves attention and retention.
- Through drama and role play, students learn verbal and non-verbal communication.
- They develop confidence in expressing themselves.
- Performing arts introduce students to different traditions, languages, and art forms.
- This fosters respect for diversity and global awareness. Concepts from science, history, or math can be taught using music, dance, or theatre.
- Helps in better conceptual understanding and application.
- Students find a safe outlet to express emotions.
- Performing arts support mental well-being and reduce stress.
- Activities like group performances teach coordination, trust, and cooperation.
- Builds social skills and leadership qualities.
- Encourages out-of-the-box thinking.
- Students explore multiple perspectives through role-playing and creative interpretation. Etc.

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