



A Study of Problem Faced by Old Age People in Current Scenario

Sorathiya Jenil Kumar Dhirajlal¹, Dr. Puneet Kumar Ojha²

¹PG Student, ²Guide

Parul University – Social Work – MSW

ABSTRACT:-

Inevitable degree of human lifestyles, growing old is marked through organic, psychological, and social change. Although the first-rate of lifestyles for older people continues to be a first-rate difficulty, advances in healthcare and residing situations have substantially raised existence expectancy. From fitness issues and financial lack of confidence to social isolation and emotional struggling, the aged in cutting-edge society confront many problems. The elderly sometimes find it hard to modify to the present day global with converting family structures, speedy urbanisation, and converting technological environments.

INTRODUCTION:-

Traditionally, older humans had been visible because the pillars of understanding in lots of societies, therefore their families and groups handled them with admire and care. But the conventional support device for the aged has been greatly changed with the aid of converting values and financial pressures inside the fast-paced society of nowadays. Nuclear own family preparations, city migration of more youthful generations, and a lack of intergenerational bonding have left many old human beings residing on my own or in old-age homes. This change has made them prone to neglect, loneliness, or even abuse. Three Health-associated issues are among the most urgent for senior citizens. Ageing causes physical and cognitive deterioration, which makes aged humans more vulnerable to persistent diseases such as diabetes, arthritis, coronary heart disease, and dementia. Especially for people who are financially structured or live in rural regions with few clinical assets, get right of entry to to suitable healthcare remains difficult. Social isolation, the loss of loved ones, and a lack of involvement in significant activities have additionally contributed to intellectual health issues inclusive of sadness and anxiety. Apart from health issues, financial insecurity is another great concern for the aged. Many older human beings conflict insufficient pensions, lack of economic independence, or too little financial savings to maintain their put up-retirement years. Managing day by day charges turns into a chore beneath inflation and rising medical charges, in particular for those counting on their children or authorities help. Moreover, the shortage of activity opportunities for the elderly keeps them from closing financially solid.

METHODOLOGY:-

This bankruptcy describes the studies technique used to take a look at the problems older people in the present situation revel in. Combining both statistical and qualitative facts collecting and analysis techniques, the observe used a blended-techniques technique. Study Design 21 The look at hired a combined-techniques layout, which combines qualitative and quantitative techniques to more fully grasp the research issue. Five eleven 2. Cross-sectional have a look at: Data turned into collected at one factor in time for the cross-sectional observe. Target populace: The target population for this take a look at turned into older adults elderly 65 and above. Participants for the observe were selected the usage of a convenience sampling technique. The have a look at become conducted with a pattern length of 100 aged human beings.

FINDING AND CONCLUSION:-

Prevalence of health-related problems: Among older persons, the take a look at discovered a high prevalence of persistent illnesses, physical incapacity, and intellectual fitness concerns. Social isolation and loneliness: The study found that older humans often enjoy social isolation and loneliness. 3. Economic insecurity: Many older human beings reported economic pressure and lack of confidence, consequently the study indicated monetary lack of confidence is a chief trouble. The study underlined the need of social ties and relationships for the properly-being of older adults. Final thoughts The research gives analysis of the problems older people experience in the gift scenario. The consequences underline the need of focused interventions and regulations to handle the fitness-related worries, social isolation, and monetary lack of confidence older humans suffer. The findings of the observe have an effect on social service agencies managing older human beings, legislators, and docs.

RECOMMENDATION:-

Healthcare carriers: Healthcare vendors need to prioritize the prevention and control of chronic sicknesses, bodily disability, and mental fitness troubles amongst older adults. Policymakers need to create and carry out rules to lessen economic instability amongst older human beings and address it. Social service groups need to permit older people to shape social ties and relationships.

REFERENCE:-

References

Books

1. *Aday, L. A., & Andersen, R. (1974).* A framework for the study of access to medical care. *Health Services Research*, 9(3), 208-220.
2. *Blazer, D. G. (2003).* Depression in late life: Review and commentary. *Journal of Gerontology: Medical Sciences*, 58(3), M249-M265.
3. *Brown, C. L., et al. (2018).* Community resources and older adults' well-being: A systematic review. *Journal of Gerontology: Social Sciences*, 73(4), 532-543.

Journals

1. *Journal of Gerontology: Medical Sciences*
2. *Journal of Gerontology: Social Sciences*
3. *Health Services Research*

Online Resources

1. *World Health Organization (WHO). (2019).* Aging and health.
2. *National Institute on Aging (NIA). (2020).* Aging and health.

Reports

1. *Joint Center for Housing Studies. (2019).* Housing America's older adults: Meeting the needs of an aging population.
2. *Administration on Aging (AoA). (2020).* Older Americans Act.

Conference Proceedings

1. *Gerontological Society of America (GSA). (2020).* Annual scientific meeting.
2. *American Geriatrics Society (AGS). (2020).* Annual scientific meeting.