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The Effect of Leadership Style on Employee Relations and Workplace Culture

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ABSTRACT:

This study explores the impact of different leadership styles on employee relations and workplace culture within contemporary organizational settings. Leadership style plays a pivotal role in shaping the dynamics between management and staff, influencing factors such as communication, trust, job satisfaction, and overall morale. By examining key leadership models including transformational, transactional, autocratic, and democratic approaches this research aims to identify how each style affects interpersonal relationships, employee engagement, and the cultivation of a positive or negative workplace culture. Through a combination of literature review, case studies, and empirical analysis, the study reveals that leadership approaches significantly influence employee perceptions, collaboration, and organizational cohesion. The findings suggest that adaptive and inclusive leadership styles foster stronger employee relations and a more supportive, innovative workplace environment, while rigid or authoritarian models may lead to disengagement and a toxic culture. The paper concludes with recommendations for leaders seeking to enhance workplace culture through more effective relational strategies.

KEYWORDS: Leadership style, employee relations, workplace culture, organizational behaviour, employee engagement, leadership effectiveness, employee satisfaction.

INTRODUCTION:

Leadership is widely recognized as a cornerstone of organizational success, directly influencing employee performance, organizational growth, and internal harmony. Beyond managing tasks and achieving business objectives, effective leadership shapes how individuals interact, how values are upheld, and how a collective sense of purpose is cultivated within the workplace. In recent decades, the focus of leadership research has shifted from purely strategic outcomes to include the relational and cultural dimensions of leadership. This shift has highlighted the profound impact that leadership style can have on employee relations and the overall culture of an organization.

Leadership style refers to the behavioral patterns exhibited by leaders in guiding, motivating, and managing their teams. These styles ranging from transformational and democratic to autocratic and laissez-faire dictate not only how decisions are made but also how leaders communicate with employees, provide support, address conflict, and foster professional development. Each leadership style carries distinct implications for employee morale, trust, engagement, and interpersonal relationships. For instance, transformational leaders, who focus on inspiration and personal growth, often cultivate high levels of motivation and loyalty. In contrast, autocratic leaders, who favor control and rigid authority, may stifle creativity and foster resistance or resentment among staff.

Employee relations encompass the quality and dynamics of interactions between employers and employees. Healthy employee relations are characterized by mutual respect, open communication, trust, and shared objectives all of which are deeply influenced by leadership behavior. Leaders who demonstrate empathy, transparency, and consistency are more likely to establish strong employee relations, contributing to a sense of belonging and psychological safety within the team. Conversely, poor leadership practices can lead to miscommunication, dissatisfaction, and a breakdown of trust.

Workplace culture the shared norms, values, beliefs, and practices that define the social and psychological environment of an organization is also shaped by leadership. Leaders act as role models whose actions and attitudes signal what is acceptable, valued, and rewarded. A positive culture, often built through inclusive and empowering leadership, can lead to increased innovation, collaboration, and resilience. On the other hand, toxic cultures frequently stem from leadership styles that ignore employee needs, suppress feedback, or encourage competition over cooperation.

This research seeks to explore the interconnection between leadership style, employee relations, and workplace culture, with the aim of identifying which leadership approaches foster more constructive organizational environments. By analyzing theoretical frameworks and empirical findings, the study will evaluate how leadership behavior influences the psychological and relational aspects of the workplace. Ultimately, the paper aims to provide actionable insights for leaders and organizations striving to enhance employee experience and build a sustainable, positive culture.

REVIEW OF LITTERATURE:

1.A study by Shikha Rai& B.K. Kuthiala (2006)

This study topic is Management of Employee Relations in Hotel Industry: A Case study of Crowne Plaza Surya) The objective of the research was to study the management of employee relations and the role of P.R. there in. Limitations of the Study is A comparative study of another five star hotel along with Crowne Plaza Surya could havelent more credence to the study. Views of the customers through another survey could have made the study more holistic in nature. In this study questionnaire method is used. The questionnaire was designed to test the opinion of the respondents on a five point likert scale. The findings revealed that there is much greater scope of improvement in the efforts made by the P.R. department in that direction and in bridging the gap between non executives and the top management. Case study method was employed for the same alongwith administering interview-schedules and interviewing the P.R. Manage.

2.A study by IlaPathakJhaResearch Scholar (Management), UIM, Rani DurgavatiVishwaVidyalaya, Jabalpur, Madhya Pradesh (2010)

This study explores different strategies that private organizations use to retain employees in India and abroad. The main goal is to understand the factors that influence employee retention. To collect data, researchers used a simple random sampling method and distributed a questionnaire. A total of 306 employees from private organizations, both in India and outside, took part in the survey. The findings aim to help HR managers create better retention strategies tailored to their organizations.

3.A study by Debashish Bhattacherjee and Peter Ackers (2010)

This study introduces the changing perspectives on employment relations in India, examining how traditional ideas compare to new approaches. It looks at India's unique and complex labor landscape and provides historical, academic, and conceptual context for understanding industrial relations (IR) in the country. The study traces the evolution of Indian IR since independence and argues that Western theories don't fully explain India's situation. It also explores how Indian scholars and social sciences have approached these challenges. This introduction sets the stage for four research articles in this special edition. No specific research method was used in this study.

4.A study by PrempehDuah, 2 BrandfordAhwoiDansoSSK Marine Ltd PMB Comm. Tema, Ghana Brainy Bairn , School P. O. Box AN 16699 West Legon, Ghana (2017)

This study research delves into the dynamics of employee relations of the employees of GCB considering intense competition in the banking industry and the fact that the retention of quality employees plays a key role in helping organisations to achieve their objectives. The main objective of the study is to establish the role employee relations in enhancing organisational performance rates in GCB. To achieve the objectives of the study , one hundred (100) workers were selected. The population for the study was modern term 'employment relations' conveys "the ubiquitous mainly made up of Employees of GCB Bank. GCB Bank has concern with relationships, individual and collective, arising 2,315 employees nationwide. GCB has more than 2,000 in and from employment" Goodman, 1985). A challenges were identified by the respondents as they impact on organisational career management practices. Findings of the study it is unbiased to conclude that job satisfaction has a relationship with commitment both to an employee's career and the institution they work for.

5.A study by L. D. Sawithri, H. M. Nishanthi and K. G. Amarasinghe (2017)

This study explores how employer-employee relationships affect employee commitment, focusing on the Ceylon Electricity Board (CEB) in Sri Lanka. The research specifically examines the impact of the relationship between line managers and employees, as well as the level of trust in senior management, on employee commitment. The study follows a deductive approach, collecting primary data through a structured questionnaire. A random sample of 86 assistant-level employees was selected, with responses obtained from 54 participants. The key finding reveals a strong positive relationship between line manager support, trust in senior management, and employee commitment, which in turn directly influences productivity at CEB.

RESEARCH METHODOLOGY:

Significance of the study

When someone is constantly stressed and overwhelmed, they tend to lose focus and concentration. However, simply talking and sharing concerns with others can help relieve stress and make them feel better. Trusting people around you allows you to relax and feel more at ease. If you're not on good terms with your coworkers, coming to work can feel like a burden. Since people spend around 8-9 hours a day at their workplace, it's unrealistic to work non-stop without taking breaks. Having colleagues to share lunch with, chat about movies, or take a short walk with makes the workday more enjoyable. Constant conflicts can leave you isolated, so treating others with respect is important if you expect the same in return.

When employees maintain good relationships with their coworkers and employers, they become more engaged in their work, take fewer leaves, and actually enjoy coming to the office. This creates a positive work environment where people cooperate, stop complaining about each other, and perform better. A strong and healthy employer-employee relationship benefits the entire company. Research shows that employees who feel respected and valued are happier, more loyal, and more productive. While building these relationships takes effort, it's worth it in the long run.

Objective of the study

- •The important requirement for management to behave in a fair manner
- •To know the effectiveness of employee relations in the organization.
- •To understand about views of employees regarding management and other employees or workers behaviour.
- •To ensure about the employees and employment problems.
- •To know about he issues or problems reduce to their work.

Research design

Research design for this subject was Descriptive Research. Since The focus was understanding current status of finding problems and give suggestion to solve that problem which is design of diagnostic research.

Universe

The first step in developing any sample design is to clearly define the set of objectives, technically called the universe. The universe for the study consist of different Industries of Vadodara city.

Sample size

Sample is the repetitive of the whole universe. Here, the researcher has used simple random sampling method, and selected 50 Respondents from different Industries of Vadodara city.

Sampling method

For the purpose of data collection Convenience sampling method of Non-probability sampling methods used to choose sample since the subject of research was sensitive for the organization perspective and confidentiality for such subject is priority for many organizations.

Tools for data collection

(A)primary source of data collection:

The tool prepared and used for primary sources of data collection is google form with questions

(B)secondary source of data collection:

•Website of the organization

•Annual reports

•Internet

Variable

I.Independent:

•Age

•Gender

Education

•Experience

II.Dependent:

•Type of employment

•Working days

•Weeks & hours

•Employee comfort level

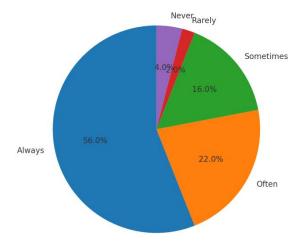
Work environment

DATA ANALYSIS AND INTERPRETATION

TABLE 1:

| Table shows le | eader motivate employees | to perform better | |
|----------------|--------------------------|-------------------|---------------|
| Sr.no | particulars | Frequency | Percentage(%) |
| 1 | Always | 28 | 56 |
| 2 | Often | 11 | 22 |
| 3 | Sometimes | 8 | 16 |
| 4 | Rarely | 1 | 2 |
| 5 | Never | 2 | 4 |
| Total | | 50 | 100 |

Leaders Motivating Employees to Perform Better



The table shows that 56% of respondents feel their leaders always motivate them to perform better, while 22% feel this happens often. Sixteen percent believe leaders sometimes motivate them, 2% feel this happens rarely, and 4% believe it never happens. This indicates that most employees feel consistently motivated by their leaders, although there is still room for improvement.

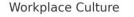
TABLE 2:

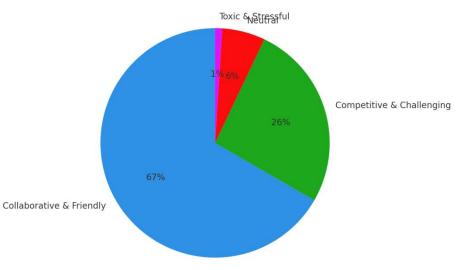
| Table shows lea | ders involve employee in | decision making | |
|-----------------|--------------------------|-----------------|---------------|
| Sr.no | particulars | frequency | Percentage(%) |
| 1 | Always | 31 | 62 |
| 2 | Often | 9 | 18 |
| 3 | Sometimes | 7 | 14 |
| 4 | Rarely | 3 | 6 |
| 5 | Never | 0 | 0 |
| Total | | 50 | 100 |
| L | Particular | S | I |

The table shows that 62% of respondents believe their leaders always involve employees in decision-making, while 18% feel this happens often. Fourteen percent stated that leaders sometimes involve them, 6% said it happens rarely, and no respondents felt it never happens. This indicates that most leaders actively engage employees in the decision-making process, although there is some variability in the frequency of involvement.

TABLE 3:

| Sr.no | particulars | Frequency | Percentage(%) |
|-------|-----------------------------|-----------|---------------|
| 1 | Collaborative & friendly | 33 | 66 |
| 2 | Competitive and challenging | 13 | 26 |
| 3 | Neutral | 3 | 6 |
| 4 | Toxic & stressful | 1 | 1 |
| Total | | 50 | 100 |





The table shows that 66% of respondents describe the workplace culture as collaborative and friendly, while 26% find it competitive and challenging. A smaller proportion, 6%, perceive the culture as neutral, and only 1% describe it as toxic and stressful. This indicates that the majority of employees view the workplace culture positively, with only a few expressing concerns.

FINDINGS:

The study finds that leadership styles characterized by clear communication, active listening, employee support, and inclusive decision-making significantly enhance employee performance, motivation, and satisfaction with workplace culture. Most employees perceive their leaders as effective in resolving conflicts, setting clear expectations, and encouraging teamwork, with high levels of trust (92%), motivation (78%), and a strong sense of being valued (96%).

However, notable challenges remain, including inconsistent communication, reported by 36% as the top leadership issue, and high workplace stress levels affecting 86% of employees. These challenges are more prominent in a predominantly younger, entry-to-mid-level workforce, many of whom are early in their careers. The findings highlight the importance of leadership development focused on communication, transparency, and employee well-being to foster a productive and positive organizational culture.

CONCLUSION:

The study provides valuable insights into workplace dynamics, leadership effectiveness, and employee perceptions. While leadership is generally seen as effective particularly in communication, teamwork encouragement, and conflict resolution there are areas for improvement. Employees highly value clear communication, support, and innovation, yet leadership challenges such as lack of communication and motivation issues persist.

Although most employees feel valued, supported in their growth, and engaged in decision-making, concerns about workplace stress (86%) and inconsistencies in leadership responsiveness highlight potential areas for development. Additionally, while work-life balance satisfaction is high (81.6%), stress levels may undermine overall well-being.

To enhance leadership effectiveness, organizations should focus on improving communication, addressing workplace stress, and fostering transparency. Prioritizing well-being and leadership training could further strengthen employee satisfaction and workplace culture.

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