



From Vows to Vulnerability: The Unseen Consequences of Early Marriage on Borderline personality disorder with Suicide Risk

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INTRODUCTION

- Borderline personality disorder is characterized by unpredictable mood, conduct, and interpersonal interaction¹
- Individuals diagnosed with BPD have an elevated risk of engaging in nonsuicidal self-injury or suicidal behavior²
- Prevalence rate of NSSI is 95% and 90% have been reported for adolescent and adult samples with BPD, respectively²

CASE SERIES

21-year-old woman, married for two years and recently divorced, presented with anger outbursts, self-harm threats, and feelings of emptiness. Past history of deliberate self-harm 3 months ago & premorbid Cluster B traits. Following her threats of self-harm, she was admitted. The examination showed hesitant cuts on her left forearm. MSE revealed she was conscious, oriented, with depressive thoughts and passive death wishes. Diagnosed with Borderline Personality Disorder, she was treated with Lamotrigine, started at 25mg and titrated to 50mg, along with supportive counseling and DBT.

23-year-old woman, married for four years came with c/o low mood, lack of interest and has suicidal thoughts for six months, triggered by her husband's illicit affair. On MSE, showed depressive thoughts and passive death wishes. Diagnosed with Borderline Personality Disorder, and Mild Depression, and started on Escitalopram, titrated from 5 mg to 20 mg, along with supportive counselling and DBT

SCALES	CASE 1	CASE2
BSIS	18	24
PERCEIVED STRESS SCALE	30	30
STRESSOR	MARRIAGE	MARRIAGE

DISCUSSION AND CONCLUSION:

- ❑ Borderline Personality Disorder (BPD) has significant clinical and socioeconomic impacts, especially early in life.³
- ❑ Early environmental factors, including family dynamics and trauma, interact with genetic and neurobiological elements.³
- ❑ Early detection through screening for risk factors in youth is vital for identifying at-risk individuals and providing tailored treatment.³

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