



## **Constitutional Treatment in A Case of Warts**

*<sup>1</sup>Dr. Rani Gupta, <sup>2</sup>Dr. Shivaji Bansode M.D (HOM)*

<sup>1</sup>M. D Part II, Organon Dept, Guru Mishri HMC, Jalna.

<sup>2</sup>HOD, Organon Dept, Guru Mishri, HMC, & PG Guide, MUHS University, Nashik

A male patient of 63 years old had complaints of warts over anal region which were bleeding and painful developed since six months. After the patient got operated by laser for warts over face region. Now patient is unable to sit.

Past Medical History :- Not a known case of any chronic or lifestyle diseases, Episodes of recurrent renal stone , once operated for renal calculi 10 years ago. But renal stone occurred again alternately in both the kidneys.

Presently on tab. Urimax once a day. No other complaints.

Personal history:- Diet was mixed and regular , thirstless and thermally chilly patient. Appetite reduced , feels anxious to eat anything as it might aggravate the pain in anal region while passing stools, Burning+++ in anal region after passing stools, Cannot tolerate to sit on chair, has to lie down by sides to relieve pain.

Mind :- Patient has become very sad and morose since last 6 months because of his complaints as he feels why he had to suffer and feels embarrassed to tell about his complaints to people so avoid going at social places. Earlier he was of a very jovial nature and light minded , used to crack jokes very easily and liked to make people laugh. Was extroverted. Worked until the age of 60 years and did not wanted to stop but his children forced him to stop working as he is aging and he should rest regarding which he says he is okay with and has accepted it now. He likes being at home. Have become sad after he developed complaints. He used to go for a walk everyday but due to this complaints he is not going so this is affecting him as he likes to remain physically active.

Examination :- On local examination, multiple warts seen in anal region with bleeding and diagnosed using C WARTS Diagnostic tool.

CASE ANALYSIS :- The presenting complaints started after he got operated by laser for removal of warts over face region which were smaller and less in number than the present complaints but for appearance purpose patient got it removed mechanically by laser. This shows history of suppression later on developing into disease of more intensity and higher miasm. Earlier the miasm would be sycotic but now it is complex and mixed indicating features of both sycosis and syphilis.

Repertorial Totality:- Complete repertory was used as case contains mental generals and physical generals in total.

- 1.MIND – Embarrassment - general
2. GENERALS – Condylomata – ailments from , suppressed
3. SKIN – Warts – bleeding
4. RECTUM – Condylomata – general

Remedy	Merc	Nit-ac	Staph	Thuja	Caust	Cimmb	Ferr	Kali-br	Lyc	Ambr	Phos	Sulph	Syc-co	Aur-s	Dig	Euphr	Bar-c	Ferr-ma	Gels	Germ	Hep
Weighted	5	6	4	8	5	4	2	2	3	2	2	2	2	1	1	2	2	1	1	1	1
Rubrica covered	4	3	3	3	2	2	2	2	3	2	2	2	2	1	1	2	2	1	1	1	1
Rubric gradus	5	6	4	8	5	4	2	2	3	2	2	2	2	1	1	2	2	1	1	1	1
(G) Rubric	1	3	2	3	2	3	1	1	2	1	1	1	1	1	1	2	1	1	1	1	1
(G) Merals	1	1	1	2	1	1	1	1	1	2	1	1	1	1	1	2	1	1	1	1	1
(G) Skin	1	2	1	3	3	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1

CONDYLOMATA General  
 EMBARRASSMENT General  
 CONDYLOMATA, ailments from suppress  
 WARTS bleeding

Differential Remedies :- Merc – 5 / 4

Nitric acid – 6/3

Sulphur – 4/3

Thuja – 8/3

So Mercury is covering maximum symptoms but Thuja is showing maximum gradation. Let's differentiate on the basis of Materia Medica.

**Merc** - Every organ and tissue of the body is more or less affected by this powerful drug; it transforms healthy cells into decrepit, inflamed and necrotic wrecks, decomposes the blood, producing a profound anaemia. Hereditary syphilis manifestations, are within its range; bullae, abscesses, snuffles, marasmus, stomatitis or destructive inflammations. All Mercury symptoms are worse at night, from warmth of bed, from damp, cold, rainy weather, worse during perspiration. Slow in answering questions. Memory weakened, and loss of will-power, weary of life, mistrustful, thinks he is losing his reason.

**Nitric Acid** – It has special seat of action where the mucus membrane and skin meet. Warts on the junction of skin and mucus membrane. Warts large or jagged, bleed on touch or bleed on washing. Warts sensitive, splinter like pains. Condylomata. Hydrogenoid Constitution. Sycotic remedy.

**Sulphur** - This is great Hahnemannian anti-psoric. Its action is centrifugal-from within outward-having an elective affinity for the skin, where it produces heat and burning, with itching; made worse by heat of bed. General offensive character of discharge. Dry, scaly, unhealthy; every little injury suppurates. Itching, burning; worse scratching and washing. Pimply eruption, pustules, rhagades, hang-nails. Excoriation, especially in folds. [Lyc.] ., Feeling of a band around bones. , Skin affections after local medication, Pruritus, especially from warmth, is evening, often recurs in spring-time, in damp weather. Modalities Worse, at rest, when standing, warmth in bed. Better dry warm weather, lying on right side.

**Thuja** – It acts on the skin, blood, alimentary tract, kidneys and brain, mind, nerves, glands, occiput and left side. Its relation to the production of pathological vegetations, condylomata, warty excrescences, spongy tumor is very important. Warts are large, seedy, pedunculated and cauliflower like. Warts present around genital organs.

**FINAL REMEDY :- Thuja**

Rx – Thuja 200, 3 doses, Sac lac 4 pills TDS For one month.

**FOLLOW UP**

First Follow up - Bleeding still present, pain reduced a bit, warts SQ. Rx – Sac lac was given.

Second Follow Up – Bleeding reduced, The area started to become dry. Warts SQ. Sac lac was given.

Almost after 6 months, it all dried and bleed did not come up at all with reduction in pain and burning but warts still present and patient was unable to sit.

Seventh Follow up - Now case was reconsidered and Sulphur 200 was given. Following which warts started to reduce in size and number.

After 9<sup>th</sup> Ninth follow up – Within 3 months of Sulphur, warts reduced all over and skin appeared normal.

**BEFORE AFTER PHOTO**



#### **LEARNING FROM THIS CASE**

Specific remedies for warts should not be encouraged , instead constitutional treatment with consideration of Past history, personal history, Family history , physical constitution of the patient , his moral and intellectual character , his occupation , mode of living and habits , his social and domestic relations , his age , sexual function, etc should be taken into account. Only then and then we can assure to cure the case especially in Chronic cases.