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# CHRONIC PANCREATITIS IT'S HOMOEOPATHIC MANAGE-MENT

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#### ABSTRACT:

Progress in our understanding of chronic pancreatitis has improved our care for patients with this disease. Although our therapy is perfect and many patients remain symptomatic, appropriate medical care improves the quality of life in these patients.

Proper treatment requires accurate diagnosis, recognition of modifiable causes of the disease, evaluation of symptoms and complications and treatment of these symptoms and complications.

The quality of life -related life becomes the main problem in evaluating any therapeutic intervention in patients with chronic or difficult to treat.

Patients with chronic pancreatitis, most of which had the disease for a long time, and to evaluate which facts associated with this disease are able to affect quality.

Patients with chronic pancreatitis; In addition, alimentary and metabolic factors deserve more attention to improving the quality of life of these subjects.

Chronic pancreatitis covering physiological and pathological changes can be controllable, preventive and reversible.

My work is based on a homeopathic approach to chronic pancreatitis and its importance in everyday practice. Here I took 30 cases from different age groups and both sexes.

I treat the patient on the basis of a holistic system of medicine, the selection of the drug is based on the theory of individualization and completeness of symptoms, as well as the patient's constitution and a short procedure based on overall symptomatology and characteristics, analysis, symptoms evaluation, repertorization and monitoring.

Research of chronic pancreatitis is to raise awareness in society and reduce the mortality rate, so since I thought I thought it was my topic for dissertation-"chronic pancreatitis is homeopathic treatment".

KEYWORDS: Chronic pancreatitis, Homoeopathic Treatment, Homoeopathy and Homoopathic Medicine.

## INTRODUCTION:

Chronic pancreatitis is the main problem of public health in our country. He has been identified as the most common, most powerful and general contributor to complications of diabetic mortality and this disease is of particular importance for many reasons.

Homeopathy is one of the most popular "holistic medical systems". The selection of the drug is based on the theory of individualization and similarity of symptoms using a holistic approach. This is the only way to regain the state of complete health by removing all the signs and symptoms from which the patient suffers. The aim of homeopathy is not only to heal pancreas, but to treat man as a whole means restoring patients to health and the selection of medicine based on mental generals, physical generals, specific generals, characteristics, accompanying, symptoms of PQRS, Miasm, diet, temperament and constitutional selection and then treatment.

Research of chronic pancreatitis is to raise awareness in society and reduce the mortality rate. Since I am given the above, I thought I consider it my topic for Research.

My topic for studying "Chronic pancreatitis it's Homeopathic Management".

For studying this, I have gone through various books such as Organon of Medicine, Materia Medica and Repertory, Practice of Medicine, various magazines, Internet and homeopathic software that helped me to study in detail chronic pancreatitis.

During homeopathic treatment, they are not only controlled, but also patients feel generally better. His mentality and physical generals and other complaints, if existed, are improving.

"Homeopathic Science" is based on solid principles; Patient drugs by individualization by mental symptoms, as well as physical symptoms and use of the Similimum method

#### **REVIEW OF LITERATURE:**

Chronic pancreatitis is a long -term progressive inflammatory disease of the pancreas that leads to permanent worsening of the structure and function of the pancreas.

According to the National Health Service U.K:-

Long -term alcohol consumption, which usually causes chronic pancreatitis approximately 70% of all cases of chronic pancreatitis, is caused by alcohol consumption.

Experts believe that a patient with alcoholic pancreatitis has a specific genetic mutation that makes them more susceptible to the effect of alcohol and rare causes, are autoimmune, cystic fibrosis, obstructive and idiopathic.

According to Harrison's principle of internal medicine:-

Chronic pancreatitis is a histological abnormality due to chronic inflammation, fibrosis and progressivedestruction of exocrine and endocrine tissue of pancreas.

Long -term about 10 to 15 years, more than 100 ml/day of alcohol consumption causes chronic pancreatitis. In the future, this will cause a big problem of public health.

According to Davidson's principle of medicine practice:-

Approximately 80% of cases in Western countries are the result of alcohol consumption. In southern Indians, there are serious chronic calcific pancreatitis in non-alcoholics probably due to malnutrition and consumption of cassavs who have an increase in the risk of chronic pancreatitis development.

According to Dr. Samuel Hahnemann :-( APH.-208 6. 6. Medical Medicine)

The age of the patient, his way of life and diet, his occupation, his domestic position, his social relations, etc. must be considered to be considered whether these things tend to increase his illnesses or how far they may be handled or prevents treatment, must be at the end of his disposition and must be visited. For example, to develop or need to develop or become a treatment.

Diagnosis:-

• Symptoms and objective evidence (imaging, amylase/lipase) do not always correlate.

## History:-

- Gradually slow down epigastric pain that can radiate back.
- It often occurs from enresis with acute overlapping on chronic pancreatitis.
- Classical chronic pancreatitis occurs with chronic unclear abdominal pain.
- Recurrent after prandial epigastric pain.
- Growth failure in children.
- Family history of chronic pancreatitis.
- Alcohol use.
- Steatorrhea.
- · Decreased weight.
- Diabetes mellitus.
- Symptoms may not be present.

# Physical exams:-

- Epigastric tenderness.
- The sounds of the intestines have decreased.
- Fever.
- Tachycardia.
- hypotension/shock.
- jaundice.
- Ascites.

## **Function and Considering:-**

- amylase and lipase raised or almost normal.
- Hyperglycemia.
- Steotorrhea (faecal fat> 7g/d on100gm fat/daily diet) with other malabsorption consequences such as low level B12.
- Increased alkaline phosphatase and bilirubin mean an obstacle to intrasreatic common bile ducts by external fibrosis or cancer.
- Hereditary pancreatitis mutation in the breast gene and SPink1 gene.
- Autoimmune pancreatitis- Increased serum Ig.g4. Automatic antibodies against lactoferrin and carbonicanhydrase.
- Pancreatic insufficiency- faecal elastasis <200 MCQ/G in medium to severe pancreatic insufficiency.</li>
- A simple film of the abdomen can show the calcification of the pancreas if it is difficult.
- USG- is not very useful for pancreas, but assesses the common diameter of the bile ducts and ascitis.

- CT scanning- pseudocysts, pancreatic dilation and calcification.
- Magnetic resonance of cholangio pancreatography- (MRCP) -pancreatic ductal deformities/stricten, with or without pancreatic ductal stone, has retained the common stone of bile ducts.
- Endoscopic ultra sonography (EUS)- can help diagnose pancreatic cancer resulting from chronic pancreatitis.

# Differential diagnostics:-

- Pancreatic cancer.
- Lymphoma.
- Another malabsorptive process such as bacterial over growth, celiac disease, etc.

#### Management:-

- · Lifestyle changes and modifications.
- Stop alcohol and smoking.
- Suminatist therapy Pancreatic Enzyme.

#### Prognosis:-

- The patient may have recurrent episodes of acute pancreatitis, a strong predictor of chronic pancreatitis.
- Slow prognosis.
- Pancreatic exocrine or endocrine insufficiency may occur a few years later.

### Homeopathic approach:-

Homeopathy is one of the most popular "holistic medical systems". The selection of the drug is based on the theory of individualization and similarity of symptoms using a holistic approach. This is the only way to recover the state of complete health by removing all the symptoms and symptoms from which the patient suffers. The aim of homeopathy is not only to treat pancreas, but also to treat man as a whole, which means the return of patients for health and the selection of medicine based on mental generals, physical generals, specific generals, characteristics, accompanying, symptoms of PQRS, picking and treatment of PQRS and treatment and treatment.

- 1. If the patient continues to suffer from the intervention of the manifestation of psorics, it can turn into a sycotic manifestation.
- If the long duration of the suffering of his sykotic manifestation, such as pancreatic stone, fibrosis, tumor, pseudo cyst and gross changes in the digestive system due to lack of pancreatic, can lead to complications by affecting other systems such as cardiovascular, kidneys, neurological, retinal and other vital systems.
- 3. It can also turn to a syphilitic trend with malignant cancer, necrosis, heart attack and tissue damage to all vital organs such as brain, heart and kidneys and eyes, etc. Because of diabetic complications.

#### **CONCLUSION:**

- My topic for study "chronic pancreatitis it's Homoeopathic management".
- Chronic pancreatitis is a major public health problem in our country. It has been identified as the most common, most potent & most universal
  contributor to the complications of the diabetic mortality and this disease carries special importance for number of reasons.
- · Chronic pancreatitis is covering physiological and pathological changes. It may be controllable, preventable & reversible.
- For the study of this, I have gone through the different books like organon of medicine, materia medica, repertory, different journals, internet
  and homoeopathic software which helped me to study chronic pancreatitis in details.
- During homoeopathic treatment, not only patient is chronic pancreatitis gets controlled, but also patient feels generally better. His mentals and
  physical generals get improved other complaints if any, get improved.
- Homoeopathic Science is based on fixed principles; I treat the patient by individualization, with the help of mental symptoms as well as
  physical symptoms and applying the method of similimum and find the homoeopathic efficacy in management of chronic pancreatitis cases.

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