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## **EFFICACY OF BELLADONNA AND BARYTA CARBONICA IN THE MANAGEMENT OF TONSILLITIS**

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### **ABSTRACT:**

Healthy almonds are protection from the invasion of various pathogenic bacteria and that patients of almonds serve as a port of entry for such bacteria. It is therefore important that almonds should be kept in good condition.

Many young people seem to have a diathetical tendency to tonsillitis, which is a very slight cause, develops illness and will have repeated attacks. This tendency has been eradicated by a homeopathic remedy. This is not against the idea of an infectious nature of tonsillitis. We cannot have a crop until the seeds are planted in the correct soil. In this case, it changes homeopathic medicine.

More about almonds are the lymphoid tissue Waldeyer's pharynx ring that gives the body of immunity. It produces lymphocytes called "antibody" that fights the infectious organism and protects the body from infection.

Almond disease is one of the most common problems that is seen in people with low socio-economic countries such as India, due to poor nutrition, poor oral hygiene and overloaded surroundings.

To avoid tonsilectomy and other complications, so I choose two homeopathic drugs of the Baryta carbonica and Belladonna Poly-Crest medication. Both have a sphere of lymphoid tissue events and have the ability to create symptoms such as symptoms of tonsillitis, so on the basis of the right of similar and as constitutional remedies, both are both useful for not only tonsillitis but also to prevent further complications.

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**KEYWORDS:** Tonsillitis, Baryta Carbonica, Belladonna, Homeopathy and Homeopathic Medicine.

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### **INTRODUCTION:**

My theme of the work is "the effectiveness of Belladonna and Baryta Carbonica in the management of tonsillitis". The reason for choosing this topic is the almonds play an important role in the body's defense mechanism, the almonds serve as the main entrance to the portal for virtually all bacteria. The almonds are strategically located to leave all bacteria that enter the upper respiratory tract, so that serious problems do not follow down. The removal of the almonds weakens the body's defense mechanism and should be avoided. It is assumed that almonds play a protective role in an early life by providing resistance to host to infection and therefore cutting off the almonds will brake natural defense in person, which is provided by nature. To this end, I study this topic to avoid tonsilectomy and other complications for choosing two drugs of the barite Carbonica and Belladonna Polycrest medication. Both have a sphere of effect on lymphoid tissue and have capacities to create symptoms such as symptoms of tonsillitis, so on the basis of a "law of similar" and as constitutional drugs are both useful for not only tonsillitis but also avoid other complications.

#### **Homeopathic view of tonsillitis:**

Homeopathy is a medical science industry in which people are being treated according to the principle of "Similia Similibus Curentur". The doctrine of homeopathy explains that health is a state of organization with all parts of the body and thinks they are in harmony with each other and the environment and is a disorder of the organization. The mind and body cannot be considered different and have an effect on themselves with a change in themselves. Therefore, the disease cannot only be considered a body or mind. The mind and body must consider a whole and treat the body of the disease. The principle of treating the disease in homeopathy is based on the natural law of treatment, which is a substance, is able to cure the sick organism when changing health in this condition is very similar to the change that itself is able to produce in a healthy organism. Therefore, for the treatment of tonsillitis medicine is prescribed on the basis of the submission of complaint, constitution and Miasm. To this end, I choose two drugs for my study by Baryta Carb and Belladonna.

**Homoeopathic approach to the treatment of tonsillitis-**

Homoeopathic believes in strengthening your own defense mechanism of the body to maintain healthy status. Homeopathic approach summarized

**Answer: Almonds as part of the whole system:**

Homeopathy is not considered to be a separate authority, but as part of the whole system. Any treatment of a single part should actually be focused on the treatment of the whole-body system. Our human body is not just a mechanical conglomeration of spare parts. It is a complex and well -designed healthy completeness. Each way of treatment should essentially take into account the basic truth.

This also applies to the treatment of almonds.

**B: Treat the patient, not about the sick organs:**

The magnification of the almonds is not considered to be a hint of its removal. Enlarged almonds are the result of basic weak defense mechanisms. "Constitutional treatment" in homeopathy does not work the study of the whole institution of the patient to decide on the treatment of almonds. As a result, when the patient receives the course of homeopathic treatment, it is not only alleviated by frequent attacks on tonsillitis, but also stronger mechanisms stronger.

**C: Save almonds, increase immunity:**

In homeopathic treatment of recurring tonsillitis, it is possible to save almonds and also increase the immunological strength of the body at the same time. Wisdom consists in saving almonds.

**REVIEW OF LITERATURE:**

Tonsillitis is an acute infectious systemic disease characterized by locally almond or almond inflammation.

In tonsillitis, the almonds are swollen and the overlapping mucosal membrane becomes bright red. Uvula and the soft floor can be oedematous. The crypt becomes filling with debris, desquam epithelium and pus.

Tonsillitis is one of the most common infections they encounter in everyday practice.

**Etiology-**

Age- often runs until the age of 15, but no age is a bar.

Gender- both sexes affect the same

The exciting cause-you thing is assigned as the exciting causes of tonsillitis-

1. The main between them is cold or exposure to the cold
2. Cigarette smoking
3. Families and genetic factors
4. Air pollution
5. Exposure of employment to inorganic dust or harmful gas

**Predisposition factors-**

1. Endogenic

A) Preystive upper respiratory tract infections

b) Post nasal discharges due to sinusitis

c) a general reduction in resistance

d) exanthemat

e) The first existing chronic tonsillitis

f) Blood dicrasis: very low resistance caused by diseases such as agranulocytosis, leukemia can cause gangrenous tonsillitis.

2. Exogenous

a) ingestion of cold drinks or cold foods can directly cause infection or reduce the resistance of vasoconstriction

B) Infection: Infection may be contact from other individuals who have an infection.

c) Pollution and crowded poorly ventilated environment

d) a recessed foreign body.

Causative organism (bacteriology)-

There seems to be no specific germ of tonsillitis. The usual respiratory gram-positive coca such as Streptococcus, Staphylococcus, pneumococcal and dipteroid organisms are responsible. Of these, hemolytic streptococcus has special premonition for almonds. It can be a viral infection.

Types of tonsillitis-

1. Acute parenchymatous tonsillitis-thousands are enlarged and overloaded. It is also the phase of acute follicular tonsillitis when exudation from the crypt combines to form a membrane, membranes on the surface of the almonds.
2. Chronic parenchymatous tonsillitis- there is hyperplasia of lymphoid tissue. The almonds are very enlarged and overloaded with red. It may disrupt speech, tastics, breathing, sleep apnea.
3. Acute catarrhal tonsillitis- or superficial tonsillitis, is part of generalized pharyngitis and is usually seen in viral infection.
4. Acute follicular tonsillitis- crypts are filled with pus, on the holes of the crypts are on red congested almonds yellowish spots. The infection saved in a crypt that is filled with purulent material, which is opened as a yellowish place when opening the crypt.
5. Chronic follicular tonsillitis- tonsillary crypts are full of infected cheese material that shows on the surface like yellow spots.
6. Acute nest and tonsillitis are lit and pus is assumed that it creates adenoids.
7. Acute membrane tonsillitis- it is another stage of follicular tonsillitis when exudations from the crypt connect to the membrane on the surface of the almonds.
8. Chronic fibroid tonsillitis- thousands are small but infected, with a history of repeated sore throat.

**Clinical features:**

1. sore throat
2. raw feeling
3. sore throat impaired by swallowing
4. Pain is referred to the ears
5. Refuse to eat (odynophagia)
6. Hoarse or Hoarse Voice
7. Lymph node enlargement, ie jugulo-gastric nodes

**When examining the mouth:**

1. Folded tongue, very dry
2. Excessive mucus secretion
3. one or both almonds very red and more or less swollen
4. Redness can spread to a soft floor and uvula, later become bluish
5. Often yellowish exudate

**Outwardly:**

1. Holding is tender
2. Small lymph glands under the chin are enlarged and tender
3. When almond swelling is very large, the patient may open the mouth but a limited extension
4. A lot of almond enlargement changes the character of the voice, the patient speaks through the nose. Hoarseness of the voice.

Classing: Grade 0- almonds are fully inside the columns. Grade 1- Tonsils have gained increased and from its columns.

The 2-tonsillar enlargement extends up to the middle of the UVula distance. Class 3- Tonsillar up to UVula level.

The 4-tonsillar enlargement is so huge that they are practically in contact with each other, ie the forging almonds.

**Complication:**

1. Frequent attack of tonsillitis (chronic tonsillitis) is due to an incomplete resolution of acute infection. Chronic infection may persist in the lymphoid follicles of almonds in the form of microabscess.
2. Cases of acute tonsillitis sometimes cause chronic enlargement of almonds
3. The acute condition may continue to disrupt and become an abscess to Quinsy or Peri-Tonsillar.
4. In acute infections, ear, nose and middle ear disease may develop as acute media edema otitis.
5. Chronic tonsillitis was considered a rheumatic condition and acute joint rheumatism found that it was quite often known as rheumatic fever.
6. Septical focus in the body of various organisms such as Streptococcus, Staphylococcus and Pneumococcus.
7. Sub-acute bacterial endocarditis. Acute tonsillitis in a patient with a valve disease may be complicated by endocarditis. This is usually due to the infection of Streptococcus viridians.
8. Tonsillolith (number of almonds) can be seen in chronic tonsillitis when its crypts are blocked by retention of the debris. Inorganic salts of calcium and magnesium are then a deposit leading to the formation of stone. It can gradually increase and then ulcer the almonds. In adults it is more often visible. This leads to the local discomfort or a foreign body. They were easily diagnosed with palpitations or a bold feeling.
9. Tonsillar cyst is caused by blocking tonsillar crypts and appears as yellowish swelling through almonds. Very often it is without symptoms.
10. Several complications such as- acute glomerulonephritis, eye and skin disorder.

**Differential diagnostics:**

1. Quinsy (abscess peri-dotvar)
2. Vincent's angina
3. Difteria
4. Thrush
5. Scarlet fever
6. Infectious mononucleosis

**Diagnosis-**

The diagnosis of tonsillitis is from visible symptoms and physical examination of the patient. The doctor examines his eyes, ears, nose and neck and looks at the almonds for signs of swelling, redness or discharges. Most of the time of sore throat in children caused by viruses than bacteria, the doctor can take the neck culture to test the presence of streptococcal bacteria.

**Investigation:**

1. Swab neck
2. Anti-streptolysine
3. Complete the number of blood cells (CBC)
4. A quick antigen test

**Modern medical treatment:**

1. Post rest
2. antibiotics
3. analgesics
4. Warm salty indiction
5. Tonsillectomy is a council for a patient with recurring chronic tonsillitis.

**Homeopathic Management:****1. Baryta carbonica:**

General name: Carrium Carbonate, Ba CO<sub>3</sub> Prors: Dr. Samuel Hahnemann

Introduction: Baryta Carb is fully proven and institutional medicine. It is a deeply seated long-term medicine. Especially suitable for those who are in extremes of life, ie infants and old people.

The sphere of effect: affects nutrition, glands, neck, prostrate, heart, blood vessels and nerves.

Pathogenesis: It creates degenerative changes in infancy, affects the glandular system, causing inflammation and hypertrophy.

Constitution: Makeup patients with body-barite carb has a dwarf in appearance; mentally deficiency and physically weak and short. Children represent a picture of typical cretinism, have a short figure, swollen abdomen, inflated faces, enlarged glands, strong lips and idiotic appearance. Old people, weak and oily, but childish in behavior.

Temperament: Relationship of melancholic temperament with heat and cold: Cold patients diathesis: tubercular and Screeulous Miasm: Psora is in the background.

Baryta Carb are those who are easily cooled and each cold settles in the throat, resulting in sore throat, tonsillitis, match and other glandular affection. Swelling, induration and connection of glands.

Throat:

The buccal cavity smells of foul. Dryness of the mouth. Sliviva occurs orally in sleep. The intolerant odor from the mouth unnoticed by the patient himself.

Cause: Dinner of sweat on foot, cold drinks and cold air causes tonsillitis.

The character of the neck of the neck: Every cold settles in the throat. Almonds inflamed by suspended veins, enlarged glands of the neck. When swallowing smart in the throat. The throat is a painful touch. The almonds increased and were prone to the move, especially on the right side. Together with tonsillitis, the swollen floor and uvula are also.

Modality: AGG: When swallowing, cold drinks.

Part of: Sensation of Plug in the throat. Parts leading to Quincy.

**2. Belladonna:**

General name: Deadly Nightshade Provirent: Dr. Samuel Hahnemann

Family: Solaceoe

Introduction: The word "Belladonna" is a combination of two Latin words "Bella" and "Donna", which means "beautiful lady". Hahnemann's insight that could find out the immense therapeutic value of these alkaloids and transformed them into an amazing medicine by the process of potentiation.

Belladonna is one of Hahnemann's polychrests that has its usefulness in acute and violent conditions.

Actions sphere: cerebrum, brain and its membranes, CVS, mouth, neck, skin, glands.

Pathogenesis: Creates an overload state everywhere in the body.

Constitution: adapted to a biliary, an unsurpassed person with a red face, local quantities, ie an inflammatory condition of pulsating pain and redness, a lymphatic constitution with fine skin and fine skin.

Temperament: Biliious, lymphatic and nerve temperament relationship to heat and cold: a cold patient

MIASM: Psora is in the background of diathesis: tubercular diathesis

Belladonna is more or less an acute medicine. Belladonna is a predominantly managed medicine. This medicine is characterized by acute sudden and violent onset.

Overload is the main. The redness is very characteristic. Heat is a peculiarity of Belladonna. The combustion sensor is another characteristic of Belladonna.

Sensitive to the touch of the affected part is very well marked in this drug. A large dryness passes through this medicine. The affected part is swollen, shiny, very red, hot and sensitive to the touch. A large treatment of pain, whose figure that pain comes at once, lasts indefinitely or suddenly disappears, burns and pulsating character of pain. The neck feels very narrowed with subsequently difficult in the tast. Hrk great dryness with redness and burning in tonsillitis Belladonna is a large remedy for pain; It is an excellent remedy for delirial condition brought by brain overload.

Neck: is a high dryness of the neck and faces, with redness and burning, worse on the right side; The HRK feels very narrowed with the subsequent difficulty in the tast. Tonsillitis worse on the right side. Uvula is red, swollen, very painful and burning. Constant insistance and desire to swallow. The misery glands are suddenly ignited.

Introduction: AGG: When drinking, air dive, different miasmatic expression in tonsillitis:- psora:-

Hypersensitivity and reactivity are characterized by psor signs. Simple inflammatory processes solve quickly without disturbing and residues. Sensitivity reactions and allergic reactions are the origin of psorics. The protocol continued to the obstacle of one or both nasal beams, unpleasant feeling of dryness in the nose and neck. Nasal discharges are thin watery, sensitivity to odor, redness of mucus membrane, touch sensitive.

Skin inflammation:-

Despite growth, infiltration and deposits, thickening of membranes and magnification, affection of the worst form of soft tissue gradual onset, slow recovery, slip back to progress is a characteristic feature of sycosis. The disposition of the sykotik miasm promotes a hypertrophic response in parts of the almonds. In the sycotical process we obtain remote connection of fibro-memory structure and serosal surface.

The extension may occur to include cartilage and joints. Therefore, we get a rheumatic process that provides adequate control of the remote process.

Syphilis:-

Dystrophy parts, ulceration, strong crusts of dark greenish or brown, filling the entire natural nasal cavity, reduced loss of worsening complaints at night, from natural discharges, are syphilitic. If the glandular swelling is tubercular miasmatic, the swelling of the almonds with ulcers are syphilitic origin. In syphilitic dimensions, we receive rheumatoid arthritis with a node involvement that monitors a syphilitic pattern composed of a preternal night deterioration.

**Tuberculous:-**

It has a combination of psorics and syphilitic stigmata, and therefore the patient has the characteristics of both patients who are sensitively predisposed to any disease that comes along a contagious nature, are usually tubercular type or psor and latent syphilis is firmly implanted in this body. We must remember that the tubercular patient maintains the combination of syphilitic and psoric dyscharasia. Often, time also finds that the child tends to tubercular Miasm. The child represents a "problem child" at school, slow understanding, boring, unable to maintain the connection through non-social, maintains for himself and becomes morally and annoying. Access tubercular MIASM to the remote affecting influence and add the dimensions of connection and emaciation. Frequent currency and acute extension to the lower airway. We also obtain proof of generalized enlargement of lymph nodes and also for sequence.

The tubercular process identified through the induration it produces, with subsequent softening, abscess formation, sinus formation and subsequent fibrosis. The presentation function is poor nutrition and volatile appetite.

Suppurative process is a privilege of tubercular Miasm. The abscess of pharyngeal, recurring tonsillitis with cervical glands and horror are of tubercular origin.

**CONCLUSION:**

Studies 30 cases were carried out according to the classification criteria. Each case has been studied for individualization characteristics of the patient, completeness of symptoms and sensitivity. The evaluation was the pace, pathology, characteristics, sensitivity, immunity, reactivity, basic and dominant Miasma disease.

An attempt was made to quantify the criteria and describes them qualitatively. The observation revealed that most of the patient had a slight deviation of health sensitivity and mild and serious deviations, was distributed in the same way.

Tonsillitis is common in women who in the current study of men, this ratio was 16:14, so 53.33% of women and 46.66% of men, so the study confirms literature on the occurrence of tonsillitis between gender.

In age, the age group 5-14 years showed the highest. In a patient, ie 10 patients who are 33.33%, the study confirms that tonsillitis is commonly observed at an early age than late.

In this study, all drugs were used in a central extent of potency, especially 200. Since the literature review, it is clear that the allopathic medical school also showed more attention to the role of the environment and individual susceptibility.

Tonsillitis has mostly sycotic miasm, but it can be seen crossing in all Miasmases. While treatment of the most important antimiasmatic drugs can be useful to identify the outcome in cases. The constitutional and miasmatic approach showed a favorable outcome to the treatment of tonsillitis.

In the following monitoring, this approach Therapeutic result revealed that 70% of people were completely relieved by tonsillitis and improved. In addition, they were taken care of by other co-morbid conditions and there was a general sense of well-being with increased productivity, which is called a holistic remedy. This suggests that developing a standardized approach based on a homeopathic approach quantitative and qualitatively in tonsillitis control.

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