



Reading Disorders an Overview and Homoeopathic Approach

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ABSTRACT-

Reading improves overall performance of students in academics and requires some basic skills like encoding, Decoding, Fluency, Vocabulary, and Comprehension. So the students with and without special needs face difficulties in reading process which may affect academic performance.

The following cases shared below were helpful enough to understand how Homoeopathy helped in improving focus of the students who were barely able to improve in regular academics .

Introduction-

Reading is one aspect of language skills that is learned in elementary school with the aim that students understand the meaning contained in the reading so that they are able to understand the contents of the reading well and correctly. Therefore, children must learn to read. So, their reading abilities make it easier for them to learn.

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Types of reading disorders

- **Dyslexia:** A well-known disorder that causes people to read at a level lower than expected, despite having normal intelligence
- **Hyperlexia:** A disorder where people have advanced reading skills but have trouble understanding what they read
- **Alexia:** A reading disorder that occurs after a stroke or brain injury
- **Phonological processing deficits:** A difficulty processing the sounds of language and connecting them to written symbols
- **Reading comprehension deficits:** A difficulty understanding what is read
- **Fluency disorders:** A difficulty reading with speed and accuracy

Clinical features of reading disorders-

Difficulty decoding words, Struggling with fluency, Problems with reading comprehension, and Reluctance or avoidance of reading-related tasks.

Homoeopathic approach –

Homoeopathic medicines act on the basis of sentient faculty of nerves , so the reading disabilities suffering kids can give fabulous improvement in studies and academics .

Common Homoeopathic remedies used –

1. Ammonium carbonicum- very frequently used for restlessness children in
2. Nux vomica- concentration difficult in kids its used.
3. Tuberculinum – extremely restlessness makes the child to divert quickly but this medicines healths .

Case profile –

A kid aged 7years came with his parents complaining about reading wrong words , and unable to comprehend whatever taught in class .

Specific symptoms were like kid was fond of eggs and have profuse sweating at the nape of neck and head .

So such symptoms took me to the remedy calcarea carb 30

On examination – vision was perfect and hearing perfect

Diagnosis- Alexia (reading disorder)

Remedy choice-

The kid was fat and flabby in appearance , with sweating on his face and neck clearly visible .desire for eggs , the confused appearance of the child and dullness took me to go for this medicine .

And Bingo! The work was fabulous .Calcarea carb 30 single dose was prescribed.

Follow up-

First follow up-(after 20 days)	Confident look was evident on his face , that was the positive sign ,that medicine registered .
2 nd follow up after 1 month	The child overcome all issues except the fluency .
3 rd follow up	The reading and writing improved far better and best results seen in academics .
Final follow up	The child was active with active comprehension so stopped medicine completely.

This can be seen how beautiful way the child blooms if given right medicine right dose and just the single medicine also works miracles .

Conclusion-

Dyslexia and dysgraphia are just the terminologies seems to difficult to treat the modern age screen time and more diversions have stimulated kids to get diverted easily and increasing hyperactivityin them , even the junk food demand increased is doing damage .so the appropriate steps on time gives fabulous results increasing the focus of child and immunity .