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NANOMEDICINE IN HEALING CHRONIC WOUND: OPPORTUNITIES & CHALLENGES

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ABSTRACT:

Chronic wounds present a persistent healthcare concern that necessitates creative solutions to enhance the healing process. This thorough analysis covers the processes, therapeutic uses, difficulties, and potential future directions of nanotechnology's revolutionary role in chronic wound healing. The need for sophisticated therapeutic approaches is established in the introduction, which also gives a summary of chronic wounds and the changing field of therapeutic approaches. Lipid-based, polymeric, and inorganic nanoparticle types are all investigated along with their mechanisms in wound healing; each makes a distinct contribution to drug solubility, controlled release, and customized interactions within the wound microenvironment. The effectiveness of nanotechnology in accelerating wound healing is demonstrated by clinical applications and formulations. Opportunities in nanomedicine for chronic wounds center on improving cellular uptake to get beyond cellular barriers and precisely delivering drugs. The analysis highlights the necessity of thorough evaluation and efficient regulatory procedures while acknowledging difficulties, such as biocompatibility issues and regulatory roadblocks. Future directions explore new nanotechnologies and possible discoveries, emphasizing developments in fabrication, design, and integration with AI and personalized medicine.

KEYWORDS: Nanotechnology, Wound Healing, Nanomedicine

INTRODUCTION:

The application of nanotechnology in chronic wound care represents a paradigm shift in therapeutic approaches, promising enhanced precision and efficacy. As we embark on this exploration, we delve into the fundamental aspects of introducing nanotechnology to wound care.

I. Overview of Chronic Wounds:

Chronic wounds, characterized by delayed healing and persistent inflammation, present a substantial burden on patients and healthcare systems (Anderson et al., 2016). These wounds often accompany conditions like diabetes, vascular diseases, and aging, demanding novel interventions to address their intricate nature.

II. Evolution of Therapeutic Approaches:

Traditional wound care approaches, while effective for acute wounds, fall short in managing the complexities of chronic wounds. The evolution of therapeutic strategies reflects a growing recognition of the need for precision and targeted interventions in chronic wound management (Jones et al., 2018). This shift in focus towards nanotechnology in wound care is driven by the unique properties of nanoparticles, which allow for tailored interventions at the molecular and cellular levels. By understanding the distinct characteristics of chronic wounds and the limitations of conventional approaaches, the stage is set for the exploration of nanotechnology's transformative role. This introductory section lays the foundation for a deeper exploration of how nanotechnology can address the specific challenges posed by chronic wounds. As we proceed to subsequent sections, we will unravel the mechanisms, types of nanoparticles, clinical applications, challenges, and future directions in the integration of nanotechnology into chronic wound care.

PHYSIOLOGY OF WOUND HEALING:

Not surprisingly, the skin has the highest surface area of any organ in the human body. It provides a critical anatomical barrier that protects various internal tissues from pathogens, mechanical damage, and extreme temperature. As a result, the skin is highly vulnerable to various types of injury, which has a major impact on both patients and the healthcare economy. Skin repair is a complex physiological process that requires the intricate synchronization of several different cell types, chemokines, cytokines, and various growth factors in sequential steps.

Traditionally, the wound healing cascade is characterized by four sequential and overlapping phases: (Figure 1).

- (I) hemostasis,
- (II) inflammation,
- (III) proliferation, and
- (IV) remodeling

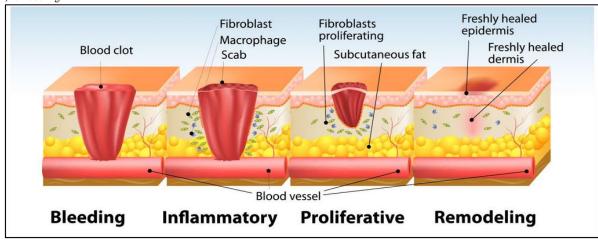


Fig.1 Stages of Wound Healing

NANOTECHNOLOGY IN WOUND MANAGEMENT:

Current therapies for the treatment of chronic wounds are being made to help cover the wound faster. The idea of using nanotechnology in the field of medical research and clinical practice came to be referred to as nanomedicine, which said by the renowned scientist 'Nobel Laureate Richard'. They gave the idea that the minuscule nanorobots and nanodevices may be used, which are able to give a precise, dependable, economical, and quick approach when managing a persistent wound. These days, nanotechnology is a major factor in many creative ways that drugs are conveniently delivered to the needed location. Development in nanomedicine has reached many landmarks. President Clinton established the National Nanotechnology. The 21st Century Nanotechnology Research and Development Act, passed by Congress in 2003, gave the NNI a legal basis. Initially, the application of nanomedicine in the treatment of chronic wound management has given attention to the provisions of scaffolds, which are held for cell migration and normally have taken the place of the traditional gauze dressing. Significant turning points in the development of nanomedicine include:

1999-2000: Nanotechnology-based consumer goods like golf balls, antibacterial socks, and lightweight car bumpers started to hit the market.

2003: Gold nanoshells were created by Rice University researchers for the combined detection, diagnosis, and therapy of breast cancer.

2005: "Algorithmic self-assembly" in nanocrystal growth and DNA-based computation was theorized by researchers at the California Institute of Technology.

Fundamentally, nanotechnology is the science of manipulating individual atoms and molecules to create intricate structures with precise atomic details. In addition to it, the nanoparticles affect wound healing as they influence collagen deposition, and cause the realignment. Biochemical signaling pathways, extracellular matrix components, and cells interact intricately during the dynamic wound-healing process. Nanomaterials' unique physicochemical characteristics and tunable attributes have opened up new avenues for wound healing research. By using nanomaterials in wound therapy, it is possible to overcome the limitations of conventional wound care and promote healing. It also provides various ways to come nearer for faster skin regeneration and wound healing. Nanoparticles, nanocrystals, microemulsions, polymersomes, dendrimers, nanogels, and nanofibers that are polymeric, lipidic, inorganic, and inorganic-organic hybrid are only a few examples of the various methods that nanomaterials have been created and studied.

Nanotherapeutics, including the use of nanoparticles and nanofibers, can overcome the refractory chronic wound in multiple manners. Nanoparticles as carrier materials can improve the efficiency of wound healing pharmaceuticals such as antibiotics, growth factors, or anti-inflammatory agents by enhancing their bioavailability via increasing their solubility, increasing their half-life, improving their stability, and preventing their degradation and minimizing their potential toxicity. Wound dressing empowered with nanofeatures such as nanofibers or nanopatterns have a higher surface area and porosity and, therefore, potentially can enhance the wound exudate absorption capability as well as the breathability of the dressing.

TYPES OF NANOPARTICLES AND MECHANISMS IN WOUND HEALING:

Understanding the diverse types of nanoparticles and their mechanisms in wound healing is pivotal in harnessing the full potential of nanotechnology for chronic wounds.

1. Lipid-Based Nanoparticles:

Enhancing Drug Solubility and Stability: Lipid-based nanoparticles offer a promising avenue for improving the solubility and stability of therapeutic agents, crucial for sustained and effective wound healing (Williams et al., 2017). These nanoparticles, often incorporating liposomes or lipidbased carriers, facilitate the encapsulation and controlled release of therapeutic cargos within the wound microenvironment.

2. Polymeric Nanoparticles:

Controlled Release for Prolonged Therapeutic Effects: Polymeric nanoparticles provide a platform for controlled drug release, ensuring prolonged therapeutic effects (Gupta et al., 2019). By leveraging the unique properties of polymers, these nanoparticles enable a sustained release of therapeutic agents, optimizing their presence in the wound site over time.

3. Inorganic Nanoparticles:

Unique Properties for Tailored Interactions: Inorganic nanoparticles, such as metallic or metal oxide nanoparticles, exhibit unique properties like high surface area and tunable reactivity (Chen et al., 2018). These properties enable tailored interactions within the wound microenvironment, influencing cellular responses and fostering an environment conducive to healing. By exploring the mechanisms of these distinct types of nanoparticles, we gain insights into how nanotechnology can be precisely tailored to address the complexities of chronic wounds. The subsequent sections will further delve into the clinical applications, opportunities, challenges, and future directions in the integration of nanotechnology into chronic wound care.

4. Graphene:

Through the use of chemical and mechanical stimulation, the combination of skin wound healing was enhanced by graphene dressing Scafoldsmesenchymal stem cells.

5. Fullerene:

By lowering inflammation, battling an infection, changing the release of toxic mediators from mast cells, promoting cell migration, and quickening wound healing, fullerenes and their derivatives may be able to treat -heal wounds.

6. Nanodiamonds:

Because of their small size, biocompatibility, and lack of toxicity, nanodiamonds are a desirable ingredient for drug nanoformulations. They also help disperse drugs that are insoluble in water. In addition, nanodiamonds protect healthy cells and tissues and quicken the healing of wounds.

7. Metal based Nanoparticles:

Metal oxide nanoparticles are more advantageous than traditional methods of treating wounds (such as plant extracts, honey, and larvae) due to their superior innate qualities, which include catalytic, optical, and melting qualities. ZnO, Au, Ag, and CuO are extremely small molecules with fascinating physicochemical properties (such as lower melting temperatures) and antimicrobial characteristics. The distinctive "Surface Plasmon Resonance (SPR)" feature of gold and silver, which is regulated by the size, content, and form of nanoparticles, is stimulated by polarized light, a resonant oscillation of conductive electrons on the metal layer.

8. ipid Nanoparticles:

Because of their simplicity of administration, size modification, and charge and surface characteristics, the foundation of lipid nanotechnology as a drug delivery method consists of lipid-based nanoparticles like liposomes.

9. Nanofibres:

Nanofibres have shown promise in wound healing due to their unique properties. They provide a high surface area, which promotes cell adhesion and proliferation, and they can mimic the natural extracellular matrix. Nanofiber wound dressing can help maintain a moist environment, improve oxygen permeability, and release drugs or growth factors, aiding in tissue regeneration. It is divided into nanocarriers.

10. Nanocarriers:

Nanocarriers are increasingly being explored as a promising approach in the field of chronic repair of wounds. Long-term injuries, including pressure sores and diabetic ulcers often pose significant challenges to traditional treatment methods. Nanocarriers offer several advantages for wound healing applications, including targeted drug delivery, enhanced wound dressings, and improved therapeutic outcomes.

11. Nanogel:

Nanogels are a type of nanomaterial that is being explored for various biomedical applications, including chronic wound healing. These three-dimensional networks of cross-linked polymer chains can encapsulate and release bioactive compounds, making them suitable for wound healing.

OPPORTUNITIES IN NANOMEDICINE FOR CHRONIC WOUNDS :

Exploring the vast landscape of opportunities in nano-medicine for chronic wounds reveals two distinct yet interlinked avenues: targeted drug delivery and enhanced cellular uptake.

I. **Targeted Drug Delivery: Precision in Therapeutic Administration:** Nanoparticles provide a precise platform for targeted drug delivery, addressing the specific challenges posed by chronic wounds (Shi et al., 2020). By engineering nanoparticles for site-specific recognition, therapeutic agents can be delivered precisely to the affected areas, minimizing systemic exposure and maximizing therapeutic impact. therapeutic agents, crucial for sustained and effective wound healing (Williams et al., 2017). These nanoparticles, often incorporating liposomes or lipidbased carriers, facilitate the encapsulation and controlled release of therapeutic cargos within the wound microenvironment.

- II. **Polymeric Nanoparticles: Controlled Release for Prolonged Therapeutic Effects:** Polymeric nanoparticles provide a platform for controlled drug release, ensuring prolonged therapeutic effects (Gupta et al., 2019). By leveraging the unique properties of polymers, these nanoparticles enable a sustained release of therapeutic agents, optimizing their presence in the wound site over time.
- III. Inorganic Nanoparticles: Unique Properties for Tailored Interactions: Inorganic nanoparticles, such as metallic or metal oxide nanoparticles, exhibit unique properties like high surface area and tunable reactivity (Chen et al., 2018). These properties enable tailored interactions within the wound microenvironment, influencing cellular responses and fostering an environment conducive to healing. By exploring the mechanisms of these distinct types of nanoparticles, we gain insights into how nanotechnology can be precisely tailored to address the complexities of chronic wounds. The subsequent sections will further delve into the clinical applications, opportunities, challenges, and future directions in the integration of nanotechnology into chronic wound care.

How does Nanomedicine Work in Chronic Wound Healing:

Nanomedicine offers several advantages in this context, such as targeted drug delivery, improved tissue regeneration, and enhanced wound dressings. Following are some ways nanomedicine is being applied in wound healing:

- Wound Dressings: Nanotechnology has enabled the development of advanced wound dressings that incorporate nanoparticles and nanofibers. These dressings can release antimicrobial agents, growth factors, and other wound-healing compounds directly into the wound, maintain a moist environment, and provide a protective barrier against infection.
- Enhanced Cellular Penetration: Some nanomaterials can improve the penetration of drugs and bioactive agents into the wound tissue, overcoming the challenges associated with chronic wounds, which often have impaired vascularization and thick fibrous tissue.
- Promotion of Tissue Regeneration: Nanoparticles can be designed to enhance tissue regeneration by releasing growth factors, stem cells, or gene therapies. These approaches can help improve the healing of damaged tissue and reduce the formation of scar tissue.
- Antimicrobial Properties: Nanoparticles with inherent antimicrobial properties can be incorporated into wound dressings to prevent or treat
 infections in chronic wounds. Silver nanoparticles, for example, are known for their antimicrobial activity.
- Sensing and Monitoring: Nanosensors can be integrated into wound dressings to monitor various wound parameters, such as pH, temperature, and the presence of specific biomarkers. This real-time information can help clinicians make more informed decisions about treatment.
- Reduced Inflammation: Nanomedicine can be used to develop anti-inflammatory agents with enhanced effectiveness and reduced side effects. This is crucial for managing chronic wounds where inflammation can hinder the healing process.
- Minimization of Scarring: Nanoparticles can help control collagen production and tissue remodeling to minimize scarring and improve the
 cosmetic outcome of wound healing, which is important in aesthetically sensitive areas.
- Stem Cell Therapy: Nanotechnology can be applied to enhance stem cell therapies in wound healing. Nanoparticles can be used to carry and protect stem cells during delivery to the wound site, increasing their therapeutic potential.

CHALLENGES AND LIMITATIONS IN NANOTECHNOLOGY INTEGRATION:

While nanotechnology holds immense promise in chronic wound care, its integration is not without challenges and limitations. This section navigates the complexities, acknowledging and addressing hurdles associated with biocompatibility and regulatory considerations.

- I. **Biocompatibility Concerns: Evaluating Safety Profiles:** One paramount challenge is ensuring the biocompatibility of nanoparticles introduced into the wound microenvironment (Li & Wang, 2018). The intricate interplay between nanoparticles and biological systems necessitates rigorous evaluation to minimize potential adverse effects on cellular functions and overall wound healing processes. This evaluation is crucial to guaranteeing the safety and long-term effects of nanoparticle-based therapies before clinical translation.
- II. Regulatory Hurdles: Navigating Approval Processes: The unique characteristics of nanoparticles often require specialized regulatory considerations distinct from traditional drug approval processes (Silva & Reis, 2020). Navigating these regulatory hurdles is essential to ensure the safe and effective translation of nanotechnologies from research settings to mainstream clinical practice. Collaborative efforts between researchers, regulatory bodies, and industry stakeholders are imperative to streamline regulatory pathways and facilitate the integration of nanoparticle-based therapies into routine clinical care. This section underscores the need for a meticulous approach to overcome challenges, ensuring that the potential of nanotechnology in chronic wound care is realized responsibly. The subsequent section will explore the future directions and innovations that may further propel nanotechnology in the field of wound healing.

CONCLUSION:

The field of Nanomedicine has gradually grown in the last few years due to the significant expenditures made by businesses and the government, which are expected to rise in the near future as a result of nanomedicine's enormous potential. Likewise, the understanding of the cellular and molecular mechanisms that underlie the healing of wounds reached a point where researchers are able to apply novel treatment strategies that directly influence cellular and subcellular processes that occur throughout the healing process. The use of nanotechnology currently provides a way to go around the dimensional barrier. All the treatments are now prescribed for wounds and ulcers to reach a molecular target that is malfunctioning and directly address the cause of the chronic illness with the therapeutic intervention. Since delivery methods based on nanoparticles can be very helpful in enhancing the therapeutic potential of biological and synthetic substances, Nanocarriers have a great deal of potential. Nevertheless, the encouraging outcomes provided by fresh medicinal technology, the actual biological consequences. Before adding nanoparticles, they need to be properly evaluated for their application in medical settings. Specifically, the discharge of active. Peptides may potentially interfere with a variety of cellular and biological processes. In light of this, the targeting ligand incorporation into nanoparticles has been suggested to provide them with a site-specificity; also, a large range of biomaterials have been required to fulfill certain biological needs. This could be very vital for tissue regeneration, as the characteristics of the biomaterial may either promote or prevent the reparative process.

Our goal is to see more research done in the field of applied nanotechnology science. In order to fully realize the revolutionary potential of nanoscale therapies in wound healing, worldwide criteria for their biocompatibility must be established.

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