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## **Utilizing the Complete Repertory for Accurate Remedy Selection in Cases of Atopic Dermatitis**

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### **ABSTRACT:**

Atopic dermatitis, commonly known as eczema, is a skin condition characterized by inflammation, redness, itching, and irritation. In Homoeopathy the remedies are selected based on symptom similarity. The Complete Repertory can be used as a valuable tool in identifying the most appropriate remedy for atopic dermatitis. Key rubrics in the repertory include symptoms related to eczema, such as itching, dryness, crusting, blisters etc.

**KEY WORD:** Eczema, Repertory, Rubrics, Remedies

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### **INTRODUCTION:**

Dermatitis refers to a group of skin conditions that involve inflammation. These conditions are typically marked by symptoms such as redness, itching, and irritation. Dermatitis can affect people of all ages and can appear in various forms, such as atopic dermatitis, contact dermatitis, and allergic dermatitis. The condition may be triggered by various factors. Common areas that are affected include the face, cheeks, wrists, elbows, knees, flexor surfaces of antecubital and popliteal fossa.

This condition is an allergic response triggered by the body producing excess IgE, often due to genetic predisposition, when exposed to allergens such as dust, pollen, or mites. It leads to red, scaly patches that cause intense itching and may also result in blisters, crusting, or skin cracks.

### **AETIOLOGY:**

The important causes include environmental, genetic and immunological factors

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### **CLINICAL FEATURES:**

- Pruritus
- Itchy rash and scales
- Erythema
- Oedema
- Papules, vesicles
- Fissures and exudation
- Thickened, dry, and rough skin
- Dryness and hyperkeratosis
- Cracks, skin damage

**DIAGNOSTIC CRITERIA:** for atopic eczema

At least three of the following criteria

Chronic and relapsing history

Itching

Dryness of skin

Visible eczema with typical morphological pattern

### **HOMOEOPATHIC APPROACH:**

The homoeopathic mode of treatment is based on concept of individualization of patient. The curative remedy is prescribed on the basis of characteristic symptoms.

### **SOME IMPORTANT REMEDIES:**

Petroleum, Graphitis, Sulphur, Natrum mur , Rhus tox, Arsenic alb, Silicea ,Mezereum

### **ROLE OF REPERTORY IN HOMOEOPATHIC PRESCRIPTION:**

Repertorisation is the process of selecting curative remedy on the basis of symptom similarity. The repertory serves as a reference guide for a homoeopath to find out most suitable remedy.

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### **ABOUT COMPLETE REPERTORY:**

Now a days the number of mechanical aided repertories are available, from those the physician has to use most reliable repertory for finding out the similimum. The complete repertory is based on Kents Repertory and it serves as a valuable reference tool for selection of curative remedy in cases of atopic dermatitis.

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### **RUBRICS FROM COMPLETE REPERTORY RELATED TO ATOPIC DERMATITIS:**

#### 1. skin-eruptions -eczema

Acan-P, Aethi-A, Aethim, Agar, Alum, Amms, Anac, Anag, Aril, Ant-C, Apis, Acq-Mar, Arbu, Arist-S, Ars-S-R, Asim, Aur, Aur M, Bar C, Berb. Berb-A, Bros-G, Calard, Calci, Catsil Cand-A, Conth, Carb-Ac, Carb An, Carb V, Chel, Chim, Chin-S, Cist, Clem, Cocco, Con, Corn-A, Cortiso, Cupr, Dys-Co.Flac, Foll, Fum, Hydr, Iris, Kali-Bi. Kali-Bro, Kali-Chl, Kali-S, Kreos, Lach, Lith-C, Mong, Mur Acid, Nat-C, Nat M, Nat-S, Pho-Ac, Phyt, Plo, Prot, Ron-B, Rhus Viruta, Sanic, Sel, Sil, Tell, Thuj, Thyr, Tonul, Tub, Urans, Vario

#### 2. skin-eruption- eczema – Itching- Alum, Bry, mage, mez, staph

#### 3. skin-eruption-Painful-burning-

Aron, Alum, Amo-c, Am-m, Ambr, Anac, Ants, Anthr, Apis, Ars-I, Aur, Bar-c Bell, Bov, Bry, calad, calc-s, cal-sil, Cant, caps, Carb-an. Carb-v, Carbn-s, chin, Clem, colchicon, crot-s. , Cycl, Dros, kali-bich, lach kali-c, lach, mag-c, morg, mosch, mur acid, Nit-acid, Nux-v, Olnd, petr, Pho-ac, phos, psor, puls, sars, sil, squil, sul-ac, Tarent, Thuj, Til, verat, zinc

#### 4. Eruptions- eczema - dry- Alum, Amo-c, Bry

#### 5. Eruptions-itching -scratching-agg-

Alet, calc-i, psor, sac-alb, Stront-c, sulph,

#### 6. Eruptions-itching - scratching- Amell-Croto-t, Dros, Tar br

#### 7. Skin-cracks-Fissures - itching -Harp merc, Nimo, petro

#### 8. Skin-eruption-eczema - moist

Alum, Bar-c, Carb-v, cic, clem, Hep, kali-br Nat-s,Olnd, psor, Rhus-tox, Ruta, Sel, sep, sil, Staph, Sulph,Viot-o

#### 9. Skin-eruption-eczema -Itching without- Cic, Dpt

#### 10. Skin- eruption - desquamating Parts over affected -Rhus tox

#### 11. Skin- eczema-excitement-emotional- agg- Astac, cant-a, Eur-P

#### 12. Skin-eruption-eczema-chronic -Nat-c, psor, sin-n, sulph.

#### 13. Skin-eruptio- eczema-suppuring -Aethia, Duir, Hep

14. Skin-eruptions-desquamating scales white -

Ars, Ars-met, Calc, Croton-tig, Dulc, lyc, merc, sep, sil, Thuja

15. Extremities- eruptions-eczema-upper arms –

Grat, kali-c, mang, Nat-m, Sulph

16. Extremities-eruption-eczema-Hands-

Bov, canth, Graph, Hep. Jug-c. Jug-r, merc. Nit-ac, petro, sep, sil

17. Extremities-eruption-eczema -lower limbs

Anil, Apis, Bov, chel, lach, lyc, merc, Natm, psor, Rhus-t, sar.

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## CONCLUSION:

The Complete Repertory is a comprehensive and updated edition of Kent's repertory. It is crucial for a repertory to contain precise and dependable information to aid in identifying the most suitable remedy. Roger von Zandvoort contributed to enhancing the reliability of this repertory, making it a valuable tool for selecting the remedy in cases of atopic dermatitis.

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