



Utility of NUX Vomica in Acidity and Useful Rubrics in Synthesis Repertory

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INTRODUCTION:

when the stomach overproduces, or the stomach lining is inflamed, it leads to symptoms such as heartburn, sour burps, and indigestion. To discomfort and digestive problems, the stomach produces its natural amount of acid while breaking down food, but When too much acid is present in the stomach, it leads so to acidosis

KEYWORDS: acidity, nux vomica, synthesis repertory, rubrics

ETIOLOGY:

Diet: fatty or acidic foods; drinking coffee, alcohol or soda. **Diet:** Eating spicy,

Lifestyle: eating too much Lifestyle Stress, lack of sleep

Medical conditions: Acidity may be a result of conditions like GERD, gastritis or peptic ulcers

CLINICAL FEATURES:

- **Heartburn:** A burning feeling in the chest, especially after eating.
- **Sour burps:** A sour taste in the mouth.
- **Nausea:** Feeling sick after meals.
- **Indigestion:** A bloated or heavy feeling in the stomach.
- **Stomach pain:** Often after eating certain foods.

INVESTIGATIONS:

Endoscopy (Gastroscopy)

issues like A small tube with a camera is inserted through the the stomach, esophagus and small intestine. This can help catch inflammation or ulcers. mouth down into

Esophageal pH Monitoring

acid amounts in the for a 24-hour period. It helps to diagnose A small device measures disease (GERD). esophagus Gastroesophageal reflux

Barium Swallow (X-ray)

barium potassium sulfate, which looked metallic. tone and movement of your esophagus and stomach and to determine whether you have reflux or other issues. on an X-ray. She swallowed a solution containing evaluate the

UTILITY OF NUX VOMICA:

remedy is obtained from the seeds of the tree *Strychnos* it, so *nux-vomica*. This whereby they are first crushed to produce a liquid. You do this with the substance that contains the seed, and then dilute and shake and can heal. In homeopathy, this process is known as percussive, mother tincture after each dilution. It is diluted to alcohol or that is potentized, (to the ratio of 1:10) The new extract is called the is vigorously shaken up (succussion) to enhance its efficacy. *Nux Vomica* is available in several potencies: 6C, 30C, 200C, and 1M (the higher the potency, the more diluted and is believed to water issues). substance work on deeper structural developed by Samuel Hahnemann Homeopathy is a form of alternative medicine based on the idea that your body many times, can heal itself. It was *Vomica*, One of the top homeopathic treatments for acidosis that enhances the digestion repairs of past due to the late 1700s. Homeopathic remedies, made from natural substances that are diluted and shaken things like heartburn, believing that the dilution will make the substances more powerful in coaxing the body's natural healing. *Nux* when it is due to stress and bad eating habits. Which means it's harmless to take for be treated with dilution. the appetite– and acts as a digestive stimulant particularly sour burps and feelings of nausea and indigestion that can

ACIDITY: - Painful contractions in the esophagus

- Frequent, bitter, and acidic reflux
- Violent hiccups
- Difficulty belching
- Heartburn, especially after eating acidic or fatty foods
- Constant nausea and vomiting
- Scraped sensation in the stomach pit
- Waterbrash (sudden, intense salivation)
- Periodic vomiting attacks
- Pressure in the stomach, extending to shoulders
- Constrictive colic with waterbrash
- Cramp-like pains in the stomach
- Burning pain and sensation of excoriation
- Disordered stomach from overeating or debauchery
- Sinking feeling in the chest with craving appetite
- Painful sensitiveness in the stomach pit
- Uneasiness in the peri cordial region, as if the heart would burst

➤ **MODALITIES:** *agg-* Morning, Cold, Dampness, Overeating, Coffee, Mental exertion

Amel: Warmth, Rest, Lying down, Gentle pressure

SYNTHESIS REPERTORY:

INTRODUCTION:

homeopaths in figuring out Matching a homeopathic Remedy for a patientIt There Is the Synthesis RepertoryDesigned by Pieter Schroyens exactly but repertory is which is basic tool in physical therapy. Taking progress to their appropriate treatments. It does not need to be it works this way various remedies according to the symptoms they treat. symptoms and like an index of symptoms, storing it encompasses information from both classical and contemporary This repertory the correlation, which is also very detailed and comprehensive and makes it easy to pinpoint the proper remedy for numerous conditions. It is modern in that Symptoms The Synthesis Repertory is also employed in Homeopathy as Repertory by the Homeopath for down which of the remedies available are best suited to the patient's symptoms. homeopathic literature that can aid to eliminate it. It helps the homeopath narrow healing. are structured to assist in searching and there is an exhaustive list of remedies for each and every symptom

USEFUL RUBRICS IN SYNTHESIS REPERTORY:

MIND- ANXIETY- IRRITABILITY- chin, ran-b

MIND- ANXIETY- burning- in right lumbar region; nit- ac

MIND- ANGER- alternating with

MIND- ABDOMEN agg; complaints of- questioned when- arnica, nux v, cham

MIND- IRRITABILITY- insults, from- ars, cant, kali-ar, nata r

STOMACH- ACIDITY- accompanied by- appetite; ravenous- graph

STOMACH- ACIDITY- accompanied by- eating- after; agg- sabin

STOMACH- INDIGESTION- accompanied by- acidity of stomach; pop

STOMACH- INDIGESTION- accompanied by- nausea – nux v

STOMACH- BELCHING- BITTER- sensation of something- cupr

STOMACH- ERUCTATIONS- accompanied by- chest pain- zinc

STOMACH- ERUCTATIONS- BREAKFAST- after- agg- ars, carb-ac, cham, plat, sulph

STOMACH- PAIN- pit if stomach- stitching pain- ulm c

STOMACH- PAIN- EPIGASTRIUM- burning- accompanied by- vertigo

ABDOMEN- DISTENSION-alternating with- pressing pain

ABDOMEN- DISTENSION- children in- bell, bar-c, caust, cham, cina

ABDOMEN- flatulence- drinking- after; agg- arg n, chi, nux v, sulph

ABDOMEN- PAIN- cramping- ign

ABDOMEN- PAIN- alternating with- back pain in- nux v

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