



[Filiform Warts Successfully Treated With Staphysagria: An Evidence Based Case Report]

Dr. Jagdish Thebar¹, Dr. Vishal Mahala²

¹ Professor & HoD, Department of Practice of Medicine, Swasthya Kalyan Homoeopathic Medical College & Research Centre, Jaipur, Rajasthan, India

Email: thebarjagdish@gmail.com

Mob./WhatsApp: +91 9829391362

² M.D. (PGR), Department of Practice of Medicine, Swasthya Kalyan Homoeopathic Medical College & Research Centre, Jaipur, Rajasthan, India

Email: mahalavishal@gmail.com

Mob./WhatsApp: +91 9829771621

ABSTRACT :

This case study assesses how well Individualised Homoeopathic treatment works to treat filiform warts, a common ailment brought on by the Human Papilloma Virus (HPV). Scabies, Molluscum contagiosum on the face, and filiform warts on the scalp were observed in a boy patient aged five. After a thorough assessment and repertorization, Staphysagria 200C was administered to the patient along with supportive measures. Over the course of three months, notable progress was seen, including the full remission of Molluscum contagiosum and filiform warts, a decrease in skin eruptions, and an improvement in constipation. The findings demonstrate the effectiveness of Individualised Homoeopathic treatments for dermatological disorders. It is advised that more research be done to validate these results.

Keywords: Homoeopathy, Filiform Warts, Human Papilloma Virus, Individualized Homoeopathic Medicine

Introduction :

The Human Papilloma Virus (HPV) causes benign skin growths and mucosal proliferations known as warts. ^[1] Although they are not lethal, warts can be uncomfortable, ugly, and unsightly. Direct or indirect touch might potentially spread them. ^[2] Ten percent of people worldwide suffer from warts. Benign skin growths known as warts can develop on various body parts and have a range of shapes. Warts are quite common and spread easily. Most people will own one at some point in their lives. ^[2]

The skin is the mirror of the soul, as we are all aware. This concept is the foundation of homoeopathic treatment for skin issues. Current medical theory states that the primary cause of warts is an infection with the Human Papilloma Virus. On the hands, feet, and other areas of the skin and mucous membranes, warts commonly appear. ^[2] Based on where they are discovered, warts can be classified as common (found around fingers and nails), genital, or foot. Furthermore, their morphology and texture—that is, whether they are scaly, rough, smooth, soft, or hard—are recognised. ^[3]

Human Papilloma Viruses (HPV) are small 50–55 nm diameter DNA viruses that infect squamous epithelia causing cell proliferation. The commonest effect of HPV infection is the development of warts (verrucae). There are over 150 subtypes of the HPV virus but only a few types can cause skin warts at selective anatomical sites. HPV form a large group of closely related viruses distinguished one from another on the basis of their DNA. With skin contact the HPV can be transferred to any part of the body. ^[4]

HPV infections are acquired by direct or indirect touch and mild traumas are the most common way for the virus to spread to the skin. ^[5] Predisposing factors for HPV infection include impaired immune systems living in close quarters, poor nutrition, exposure to poultry and disruption of normal epithelial barriers. Thus, there is an immunological and personal basis for warts. ^[2]

Warts can form between a few weeks and over a year, whereas new infections may require up to 20 months to manifest as visible warts. ^[6]

Filiform and digitate warts, often erratically dispersed and often clustered on the face and neck, are more common in males. Males most frequently find them on the face and neck, scalp, groines, perineum and genitalia, often in tiny clusters. Filiform warts are often isolated on the limbs. ^[7]

Vernier caliper scale used for measurement of warts.

Case Report :

A male child patient age 5yr came with complaints of Filiform warts on scalp, Molluscum on face and scabies.

History of present illness

Filiform warts on sclap. Pain< touch, large since 3 month

No. of warts -2

Size of warts- wart1= 9mm, wart-2= 5mm

Molluscum contagiosum on face

No of Molluscum- 12

Skin – scabies, red eruptions present

Itching ++

Bleeding < Scratching

< Summer

History of previous illness

Skin allergy 2yr ago take Allopathic Treatment

Physical generals

Appetite decreased

Desire- sweets, Chocolate

Constipation, stool hard

Thermal- Hot

Mental generals

Anger- violent, throwing things

Stubborn, Irritable

Fear of heights

Physical appearance

Lean thin

Molluscum on face

Family history

Grand mother- Hypertension

Intervention

Initiated treatment with Sulphur 30 1 dose early morning empty stomach due to patient chronic condition following with Rubrum 30 TDS. After that Staphysagria 200C medicated on 30 size globules was dispensed single dose with Rubrum dose three times a day for 7 days after thorough analysis and evaluation of the symptoms the medicine was selected after Repertorisation and further consulting Materia Medica^[8]. The potency was selected 200C due to predominance of the mental generals in the case^[9].

The patient was advised to do exercise daily, avoid fast food and avoid scratching on warts.

Date	Change in complaints	Prescriptions
09/02/2024	Filiform warts on scalp Pain< Touch, size- 9mm and 5mm Molloscum on face- 12 in number Skin eruptions on legs Itching++ Bleeding <scratching Constipation present Stool hard	Rx Sulphur 30 1 Dose early morning empty stomach Rubrum 30 TDS* 7Days
17/02/2024	Skin eruptions slightly improvement Itching+ Improvement in constipation No Improvement in warts No change in Molluscum No new complaints	Rx Placebo 200 1 Dose stat Rubrum 30 TDS* 7Days
29/02/2024	Itching ++ Watery discharge present in eruptions Size of Molluscum increase Warts remain same Stool hard No new complaints	Rx Staphysagria 200 1 Dose stat Rubrum 30 TDS* 15 Days
18/03/2024	1 Filiform warts remain, size – 3mm Skin eruptions reduce Improvement in itching Improvement in Molluscum Improvement in constipation Stool sometime hard No new complaints	Rx Staphysagria 200 1 Dose stat Rubrum 30 TDS* 15 Days
02/04/2024	Filiform warts present size 1mm No Molluscum present	Rx Staphysagria 200 1 Dose stat Rubrum 30 TDS* 15 Days

	No constipation Skin eruptions present Itching present sometime	
11/05/2024	No warts present Eruptions reappear No Constipation Itching sometime present No new complaints	Rx Rubrum 30 TDS* 15 Days

The screenshot shows the RADAR 10.0 for Windows software interface. The main window displays an 'Investigation window for remedies' with a symptom matrix. The symptoms listed on the left are:

- 1. MIND - ANGER - throwing things around (19) 1
- 2. MIND - OBSTINATE (144) 1
- 3. STOOL - HARD (344) 1
- 4. RECTUM - CONSTIPATION (425) 1
- 5. GENERALS - FOOD and DRINKS - sweets... (207) 1
- 6. SKIN - WARTS - filiform (3) 1
- 7. SKIN - WARTS - sensitive to touch (8) 1
- 8. SKIN - ERUPTIONS - bleeding - scratching; a... (20) 1
- 9. SKIN - ERUPTIONS - red

The matrix columns represent remedies: saph, dulc, thuj, sulph, calc, nit-ac, lyc, aca, caust, leish, tub, china, petr, phos, amm, bry, kali-c, nux-v, merc, mag, pilb, sep, sil, torren, e-agn, chin, kali-h, nat-m, op, stram, ars-c, lach, hep, kali-s, nat-c, per. The matrix shows the degree of match between symptoms and remedies, with blue squares indicating a match. The bottom status bar shows '595 remedies / 9 symptoms', 'Sum of symptoms, sort: degree', 'No restriction', and 'All remedies considered'. The system tray shows the date '27-01-2025' and time '18:59'.



Pre Treatment



Post Treatment



Pre Treatment



Post Treatment

Discussion :

In this case Staphysagria was the indicated medicine which was selected after Repertorisation. It is quite evident from the photos attached that it gave beneficial effects in the filiform warts. After 2 doses of the Staphysagria 200 at the interval of 15days the remedy has shown wonderful results on the patient.

Conclusion :

We may conclude that when the Homoeopathic medicine are selected and prescribe as per the law of Similia and cardinal principles of Homoeopathy they heal in rapid, gentle and permanent manner. The individualized Homoeopathic treatment plays a very vital role in such cases. Further studies are suggested for evaluating more remedies in treating cases of filiform warts.

Conflict of Interest

Not available

Financial Support

Not available

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