



## Original Research Article: Proximate Compositions of Differently Processed Cassava Meals and their Effects on Carcass Quality of *Oreochromis Niloticus*

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### ABSTRACT

This study compared the proximate composition of fish diets formulated by partial replacement of maize with differently processed cassava meals and the carcass quality of *Oreochromis niloticus* fed on these diets. Seven isocaloric and isonitrogenous diets were formulated with sun-dried and fermented gelatinized cassava meals replaced maize at 25%, 50% and 75% levels, respectively. The diet with maize only as energy source served as control. Each diet was randomly assigned to three cages (1m<sup>3</sup>) stocked with 50 juveniles *O. niloticus* in Otamiri River, Owerri and fed for 56 days. Proximate composition of the diet showed [p<0.05] that the crude protein and gross energy values were similar in all diets. Generally, fish fed on fermented gelatinized cassava (25%) diet had similar flesh (carcass) quality as those fed the control diets (maize). The results showed that the nutritional values of diets prepared with maize and cassava are relatively the same but the carcass quality of fish fed on 25% inclusion level of fermented gelatinized cassava had relatively higher values of gross energy content (GE), crude protein (CP), ether extract (EE), ash and moisture contents but lower nitrogen free extract (NFE) and fibre content than the carcass of Nile Tilapia cultured on other processed cassava meals. This may necessitate the replacement of conventional fish energy source (maize) with lower cassava inclusion levels and the supplementation of the higher cassava inclusion diets with protein and lipid-rich ingredients.

**Key words:** Cassava meals, Proximate composition, Carcass quality, *Oreochromis niloticus*, fish feeds

### INTRODUCTION

By 2032 (an *El Niño* year), aquaculture production is projected to account for 55% of total fish production. [1] Aquaculture has been described as a means of augmenting capture fisheries to boost fish food production.[2] Farmed fish account for almost half of the fish consumed worldwide. [3] [4]. Tilapias (*O. niloticus*) were reported as the world's second most important fish species for fish farming, after the carp. [5] However, with intensification in aquaculture, the major problem is what to feed the fish since the same feed ingredients are used in human and livestock feed resulting in increased prices of the conventional feedstuffs. This has implications that feed alone takes over 60% of the operating costs aquaculture.[6]

Maize is one of the major sources of metabolizable energy in most compounded diets as it is readily digestible by fish. [7] Maize, which is predominantly used for human consumption in Nigeria, is not provided in sufficient quantities.[8] The increasing prohibitive cost and scarcity of maize have necessitated the need to search for underutilized energy feed ingredients.[9] Therefore, there is an urgent need to step up aqua feeds research and production if Nigeria must attain self-sufficiency in terms of fish production. [10-16]

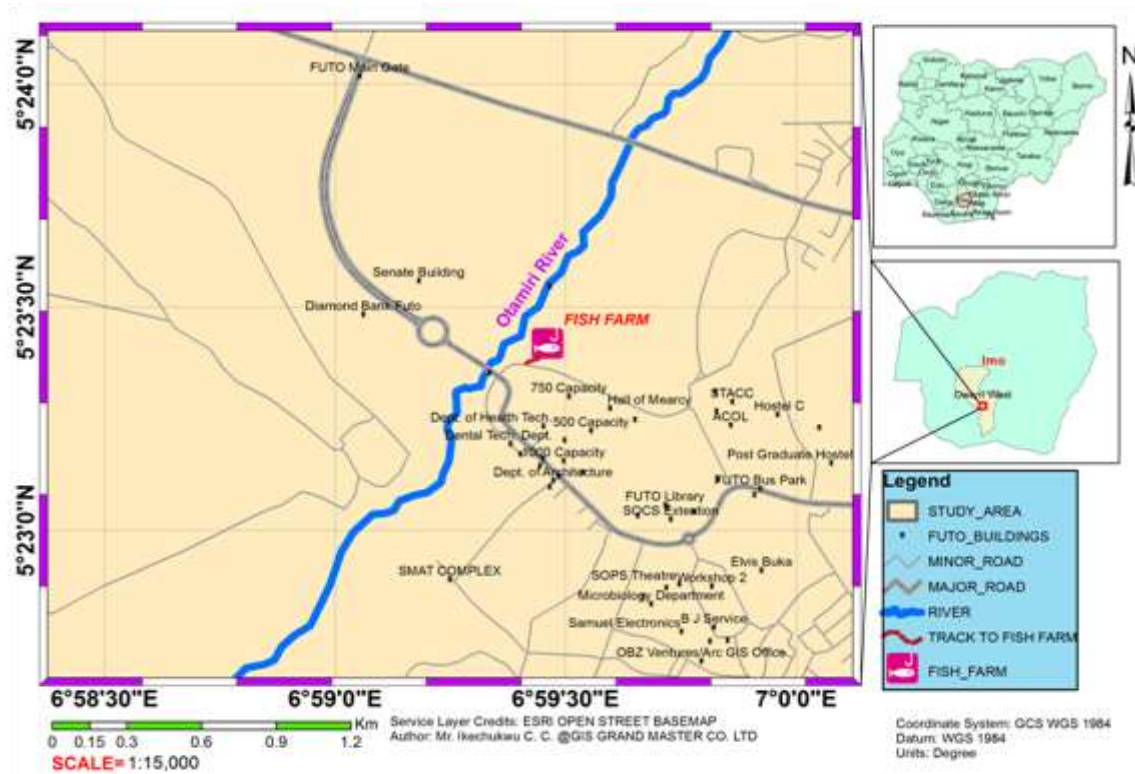
Utilization of carbohydrates by tilapia is within a range of 35-40% of the digestible portion depending on certain factors such as the size of the species, including of feeding, origin of carbohydrate and presence of other ingredients. [17] Cassava is one of the energy sources that have great potential as an alternative to maize. Nigeria is regarded as the greatest producer of cassava in the world today with production estimate of about 33 million metric tonnes per annum. [8]

There could be possible differences in the nutritional composition of sundried and fermented gelatinized cassava that may cause various effects on the carcass quality of fish cultured in cages in the rivers. In this study, herbivorous *O. niloticus* juveniles cultured in cages were fed on graded levels of differently processed cassava diets in order to determine their effects on their carcass quality.

### MATERIALS AND METHODS

*Study area:*

The research was conducted in part of Otamiri River in Federal University of Technology Owerri, Imo State, Nigeria. Otamiri River is a major water source for the population of Imo State, Nigeria. [18] The geographical area of the project site was located using the Hand-Held Global Positioning System (GPS) Receiver (Garmin Montana 680T, USA) with the assistance of Prof. E. U. Onweremadu of Institute of Erosion Studies and Mr. C.C. Ikechukwu both in Federal University of Technology Owerri. The Project fish farm coordinate is Latitude N5.390318 and Longitude: E6.991008 (as shown below)



LOCATION MAP OF OTAMIRI RIVER STUDY AREA IN FUTO NIGERIA

The cages were installed in a water body created by sand mining along the bank of Otamiri River in FUTO. The depth of the water body there ranged from 0.7-1.55 metres. The flow rate recorded was between 7.05m<sup>3</sup>/min.

#### Experimental fish and design:

A total of one thousand and fifty (1050) *O. niloticus* juveniles of average weight of 20g were sourced from a reputable fish farm in Imo State.

The experimental fish were acclimatized and fed with commercial feed for one week. All the fish were starved for 24 hours prior to the commencement of the feeding trial. This was necessary to enable the juveniles to prepare their gastrointestinal tract and adjust to the new diet (Okoye and Sule, 2001) and environment.

Fifty of the experimental juveniles of Nile tilapia were randomly distributed into 1m x 1m x 1m net cage culture. The net cage cultures were covered with mesh nylon screens and lowered into the river.

Fish were fed twice daily morning (08.00-09.00h) and evening (17.00-18.00h) at 5% of their body weight. The weighing was carried out an hour before feeding. Fish from each tank were weighed to the nearest gram at the commencement and subsequently biweekly using weighing scale and corresponding adjustments made in the amount of feed fed. The study period which lasted for 56 days, compared the proximate composition of diets formulated by partial replacement of maize with differently processed cassava meals and the carcass quality of *O. niloticus* fed with the diets.

#### Experimental method

The proximate analysis of the diets and carcass followed the AOAC method. [20]

#### Experimental foodstuff and the diet:

Fresh bitter cassava (*Manihot esculata*) roots were procured from a local farm in Obinze, Owerri West LGA of Imo State, Nigeria.

The cassava roots were washed with water to remove any possible dirt and then peeled. The peeled cassava roots were mashed and divided into two portions, one portion was used to prepare fermented gelatinized cassava root meal while the other portion was used for sundried cassava root meal.

### Processing of Fermented Gelatinized Cassava Meal

The peeled and mashed roots were fermented for 4 days in plastic vats under ambient temperature. The fermented cassava roots were then put in sacs, pressed to reduce water content and then sundried.

The dusty cassava products were then subjected to gelatinization. Gelatinization involved mixing the meal in water in a pot seated on fire at the rate of 1kg of the meal to 1litre of water and the mixture stirred until it sufficiently gelatinized into *fitu*, the form of cassava meal which is usually prepared and eaten locally.

The products were taken bit by bit and flattened on polyethylene sheets and sun-dried for a given period. The flakes were considered adequately dried when they become crispy to the touch and when they snap at bending.

The flakes were milled in a hammer mill with 2mm mesh size sieve to produce peeled, fermented and gelatinized cassava root meal [21].

### Processing of Sundried Cassava Meal

The peeled and mashed cassava roots were de- watered and sun dried to form sundried cassava root meal.

Eight isocaloric and isonitrogenous diets were formulated and designated as; Diets (FG (0%), FG (25%), FG (50%), FG (75%), SD (0%), SD (25%), SD (50%) and SD (75%)) table 3.4. Diets FG (0%) and SD (0%) are the control and had maize as the main source of energy. In Diets (FG (25%), FG (50%) and FG (75%)), maize was substituted with fermented gelatinized cassava and in Diet (SD (25%), SD (50%), and SD (75%)) maize was substituted with sundried cassava. Both were substituted at graded levels of 25%, 50% and 75%, respectively. Maize and the processed cassava were the major energy sources; fishmeal and soybeans in the ratio of 1:2 were the protein sources; the fixed ingredients which include wheat bran, fish premix, bone meal, cassava starch, cod liver oil, common salt, palm oil, methionine lysine and vitamin C made up the 11.5% by weight of respective experimental diets. These ingredients were ground into fine texture. The ground ingredients were mixed in dry form before addition of water at 0.5 L kg<sup>-1</sup> of mixture. Water used was at a temperature of 70°C. This enabled dough formation before pelleting was carried out using a 2 mm dice. The pelleted diets were sundried for three days and packed in plastic air tight containers and kept in a refrigerator prior to use.

## RESULTS AND DISCUSSION

### Gross composition of experimental diets

The seven isocaloric and isonitrogenous diets were formulated with sun-dried and fermented gelatinized cassava meals replaced maize at 25%, 50% and 75% levels, respectively. The gross composition of these experimental diets is shown in Table 1. The diet with maize only as the energy source served as Control.

**Table 1: Gross Composition of Experimental diets**

INGREDIENTS	FG 0%	SD 0%	FG 25%	FG 50%	FG 75%	SD 25%	SD 50%	SD 75%
<b>Fish meal</b>	19.39	19.39	14.97	16.33	17.66	14.97	16.33	17.66
<b>Soya beans</b>	39.77	39.77	44.20	42.83	41.51	44.20	42.83	41.51
<b>Yellow maize</b>	29.33	29.33	22.00	14.67	7.33	22.00	14.67	7.33
<b>Cassava meal</b>	0.00	0.00	7.33	14.67	22.00	7.33	14.67	22.00
<b>Wheat bran</b>	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00
<b>Vitamin C</b>	0.50	0.50	0.50	0.50	0.50	0.50	0.50	0.50
<b>Lysine</b>	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25
<b>Methionine</b>	0.50	0.50	0.50	0.50	0.50	0.50	0.50	0.50
<b>Palm oil</b>	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00
<b>Fish premix</b>	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00
<b>Salt</b>	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25
<b>Bone meal</b>	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00
<b>Cassava starch</b>	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00
<b>Cod liver oil</b>	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00

**Comparison of the proximate compositions of the experimental diets**

The results in Table 2 are the proximate composition(%) and the statistical comparisons ( $P<0.05$ ) of moisture, crude protein, Ash, Fibre, Ether Extract (EE), Nitrogen free extract (NFE) and Gross energy (GE) in maize (Control) and differently processed cassava diets.

**Table 2: Mean proximate compositions of fermented gelatinized and sundried cassava root diets at different inclusion (graded) levels.**

PROC_M	MC (%)	CP (%)	EE (%)	ASH (%)	CF (%)	NFE (%)	GE(kcal/g)
MZ 0%	6.34±1.02	34.44±1.81	10.18±1.29	10.69±1.56	3.02±0.68	35.33±1.16	437.5±3.18
FG 25%	6.15±1.78	34.32±1.28	10.15±0.13	10.18±0.75	2.42±0.53	36.78±0.75	431.3±2.49
FG 50%	6.39±0.63	34.09±0.92	10.27±0.47	10.20±2.07	2.50±0.02	36.55±2.07	435.9±9.02
FG 75%	6.48±1.28	34.03±1.55	10.23±0.25	10.51±0.44	2.19±0.08	36.56±0.44	435.2±6.86
SD 25%	6.17±0.62	33.93±0.84	10.53±0.18	10.63±0.63	2.85±0.13	35.88±0.63	434.8±2.27
SD 50%	6.18±0.70	33.85±1.64	10.48±0.91	11.08±0.76	3.08±0.42	35.16±0.94	432.5±2.39
SD75%	6.58±2.00	33.40±2.09	10.89±0.19	11.28±0.53	3.18±0.01	34.67±0.65	430.2±12.65
LSD (0.05)	2.60	3.16	1.59	2.24	0.89	2.24	14.94

**Keys:** PROC\_M = Processing method; INC= Inclusion level; FG =Fermented gelatinized cassava root diet; Sundried cassava root diet; MC= Moisture; CP=Crude protein; EE = Ether extract (crude fat); CF = Crude Fibre; NFE= Nitrogen free extract; GE=Gross energy; (Least Significant Difference (LSD) is significant when  $p<0.05$ )

Common observations showed that fish feed on raw cassava when soaked in the river for fermentation. Man is commonly known to feed on gelatinized cassava called 'fufu'. Cassava gelatinization is a process of breaking down the intermolecular bonds of starch molecules in the presence of water and heat, allowing the hydrogen bonding sites (the hydroxyl hydrogen and oxygen) to engage more water. [22]

The determined proximate compositions of the cassava root meals prepared as fermented gelatinized and the sun-dried cassava root diets fell within the required range promoting good health and growth of *O. niloticus*. It also fell within those published in previous studies, yet did not differ markedly between the two processed types. [23 - 26]

The proximate composition of the diet showed that the Crude Protein and Gross Energy values were similar in all diets but the presence of Ash and ether extract content significantly ( $p>0.05$ ) increased in the diets formulated with sun dried cassava meals.

Seventy five percent sundried cassava meal diet also had the highest Crude Fibre (3.18±0.01%) that is significantly different ( $p<0.05$ ) from the others. The Nitrogen Free Extracts content in the gelatinized cassava diets were higher and significantly different ( $p<0.05$ ) from the other diets (37.72%).

### 3.3 Comparison of the proximate compositions of the carcasses (carcass quality) from *O. niloticus* fed on different experimental diets

The results in Table 3 are the proximate compositions (%)and the statistical comparisons ( $P<0.05$ ) of moisture, crude protein, Ether Extract (EE), Ash, Fibre, Nitrogen Free Extract (NFE) and Gross Energy (GE) contents in carcasses of *O. niloticus* fed on maize (Control) and differently processed cassava diets.

**Table 3: Comparing the carcass qualities of *O. niloticus* fed on formulated feeds with graded levels sun-dried and fermented gelatinized cassava roots.**

PROC_M	MC	CP	EE	Ash	CF	NFE	GE
PROC X INC							
MZ 0%	72.44±0.18	19.26±0.25	3.32±0.53	4.68±0.07	0.18±0.06	0.12±0.02	140.57±0.45
FG 25%	72.31±0.15	19.47±0.17	3.41±0.18	4.49±0.02	0.20±0.00	0.12±0.02	142.72±0.24
FG 50%	72.47±0.12	19.40±0.48	3.33±0.29	4.39±0.19	0.25±0.05	0.16±0.01	141.74±0.03
FG 75%	74.59±0.14	18.06±0.03	3.05±0.02	3.87±0.21	0.25±0.04	0.18±0.03	131.60±0.27
SD 25%	73.71±0.08	18.47±0.16	3.26±0.13	3.56±0.10	0.25±0.08	0.75±0.04	138.25±0.06
SD 50%	74.35±0.36	17.77±0.06	3.26±0.12	3.73±0.15	0.18±0.06	0.71±0.01	134.12±0.03
SD 75%	74.50±1.13	17.33±0.10	3.10±0.34	3.96±0.15	0.25±0.04	0.860.01	130.74±0.1
LSD (0.05)	0.17	0.24	0.21	0.51	0.03	0.22	2.26

Keys: PROC\_M =Processing method; INC=Inclusion; MZ =Maize; FG =Fermented gelatinized cassava root diet; Sundried cassava root diet; MC=Moisture CP=Crude protein; EE = Ether extract (fat); CF = Crude Fibre; NFE= Nitrogen free extract; GE=Gross energy.

The control diet (MZ0% = 72.44%) had higher moisture content than cassava at higher inclusion levels (FG75% = 74.59%; SD75% = 74.50%) probably because alternative energy sources with lower protein and fat levels tend to result in higher carcass moisture contents. [27] The higher moisture content at 75% inclusion may indicate a trade-off between protein and lipid deposition, which inversely correlates with water retention. The lower inclusion levels of fermented gelatinized cassava diets (FG25% and FG50%) maintained moisture levels comparable to the control maize, suggesting improved nutrient utilization. This is consistent with the fact that fermentation enhances nutrient digestibility and reduces anti-nutritional factors like cyanogenic glycosides. [28]

The decline in carcass crude protein at higher cassava inclusion levels of both processing methods reflects the lower protein content of cassava root meals relative to maize and it is coherent with. [29] However, fermented cassava performed better than sun-dried cassava at moderate replacement levels, perhaps due to improved amino acid availability after fermentation. [30]

Higher cassava-based diets despite the processing methods had much lower ether extract (lipid) deposition compared with the control maize diet. This trend is underscored by the results that carbohydrate-rich diets, such as cassava based, often result in reduced lipid deposition due to the preferential utilization of carbohydrates for energy. [31] However, the slightly higher lipid retention in fermented cassava diets at lower inclusion levels (FG25%) supports claims that fermentation improves carbohydrate digestibility and spares lipid for deposition. [32]

There is reduced ash deposition (mineral) in fish fed cassava-based diets at 75% inclusion levels perhaps due to the lower mineral content in cassava compared to maize. [7] Also, fermented cassava diets resulted in slightly higher ash content at lower inclusion levels (FG25%) compared to sun-dried cassava (SD25%), which may reflect improved mineral availability due to the breakdown of phytic acid and other mineral-binding compounds during fermentation.

The crude fiber content remained relatively stable across diets (0.18–0.25%) reflecting the low fibre content of cassava and showing that cassava inclusion does not significantly impact fiber levels in fish carcass composition. [33] The minimal variation suggests that processing methods had little effect on fiber digestibility and utilization.

The carbohydrate-rich diets (at 75% inclusion levels) promoted higher carbohydrate storage (Nitrogen-free extract (NFE) content) in fish tissues. [34] Fermented gelatinized cassava diets resulted in slightly lower NFE values than sun-dried cassava at comparable inclusion levels, likely due to enhanced carbohydrate metabolism during digestion. It is however noteworthy that the increase in NFE at the expense of protein and fat deposition indicates a shift in carcass composition, which may affect the nutritional quality of the fish for human consumption.

The reduced carcass energy content in fish fed higher-carbohydrate diets (FG75% = 131.60 kcal/100g; SD75% = 130.74 kcal/100g compared to the control MZ0% = 140.65 kcal/100g) reflects the lower energy density of cassava. [35] The fermented gelatinized cassava diets at lower inclusion levels (FG25% = 142.72 kcal/100g) had relatively higher energy content probably because fermentation improves the energy value of cassava by reducing fiber and anti-nutritional factors. [36]

The optimal inclusion levels (FG25% and FG50%) yielded carcass quality closer to that of control maize diet. This implies that 25–50% levels of inclusion is a practical range for incorporating cassava root meal into Nile tilapia diets as supported by [37] Fermentation enhances cassava's nutritional profile [32] [38-39] which could cause its higher carcass quality than the sundried cassava meal.

At higher cassava inclusion levels, both processing methods resulted in significant reductions in protein, fat, and energy contents depicting the limitations of cassava as a primary feed ingredient. Consequently, there is need for supplementation with protein- and lipid-rich ingredients [30] at 75% inclusion levels of cassava.

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## CONCLUSION

The triplicates of experimental diets were prepared with differently processed cassava roots and compared with the maize (Control) as the energy source to *O. niloticus* cultured in cages. This work showed that the nutritional values of diets prepared with maize and cassava were relatively the same but the carcass quality of fish fed on 25% inclusion level of fermented gelatinized cassava had relatively higher values of crude protein (CP), ether extract (EE), ash and gross energy (GE) contents but lower moisture, fibre and nitrogen free extract (NFE) content than *O. niloticus* cultured on other processed cassava diets. This necessitates the replacement of conventional fish energy source (maize) with lower cassava inclusion levels and the supplementation of the higher cassava inclusion diets with protein and lipid-rich ingredients.

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