



VARICOSE VEIN'S AND HOMOEOPATHY.

DR. SHUBHAM BABASAHEB JADHAV¹, PROF. DR. SONALI PATHRIKAR²

¹ PG SCHOLAR (MD – 1ST PART)

DEPARTMENT – PRACTICE OF MEDICINE

FOSTER DEVELOPMENT HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, CHH.SAMBHAJINAGAR - 431005, MAHARASHTRA, INDIA. CONTACT NO – 9021331621

² GUIDE – DEPARTMENT – PRACTICE OF MEDICINE.

FOSTER DEVELOPMENT HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, CHH.SAMBHAJINAGAR - 431005, MAHARASHTRA, INDIA.

ABSTRACT –

Varicose veins are bulging, enlarged veins. Any vein that is close to the skin's surface, called superficial, can become varicosed. Varicose veins most often affect the veins in the legs. That's because standing and walking increase the pressure in the veins of the lower body.

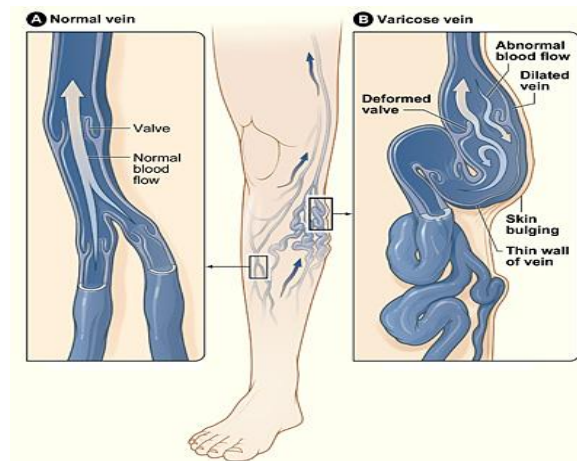
Keywords – varicose vein's , Homoeopathy , etc

Introduction –

Varicose veins a common disorder seeing in our day to day life.

This problem seen commonly in all age group, mostly seen in adult and middle age group, seen in both individual male as well as females. Person tends to prolonged standing or sitting mostly develops varicose vein's.

Homoeopathy effective treatment aims to cure and reduce the chance of developing varicose vein's, with harmless way and most in low cost treatment.



Causes –

1. Standing or sitting for long periods of time. Movement helps blood flow.
2. Age. Aging causes wear and tear on the valves in the veins that help control blood flow. Over time, that wear causes the valves to allow some blood to flow back into the veins, where it collects.
3. Sex. Women are more likely to get the condition. Hormones tend to relax vein walls. So changes in hormones before a menstrual period or during pregnancy or menopause might be a factor. Hormone treatments, such as birth control pills, might increase the risk of varicose veins.
4. Pregnancy. During pregnancy, the blood volume in the body increases. This change supports the growing baby but also can make the veins in the legs bigger.
5. Family history. If other family members have varicose veins, there's a greater chance you will too.
6. Obesity. Being overweight puts added pressure on veins

Stages – we can divide them into 4 stages.

1st stage – spider veins – veins which look like dark , purple, blue or thread like or spider webs .

In this stage symptoms can be painful or painless.

2nd stage – dilation – veins that look twisted and bulging.

They often look like cords or knots on legs.

Pain felt such as achy , heavy feeling , burning ,cramping and swelling in lower extremities.

Worse pain after sitting or standing for long time.

3rd stage – **varicose eczema** –

Itching around dilation , skin colour changes to blackish discoloration with continous itching .

4th stage – **Varicose ulcer** –

Most commonly seen on legs with extreme pain , burning,discharge , discomfort .

Discharges from wound are with strong odour or might be odourless.

STAGE OF SPIDER VEINS



STAGE OF DILATION/KNOTS



STAGE OF VARICOSE ECZEMA/ULCER

SCOPE OF HOMOEOPATHY –

HOMOEOPATHY PLAYS IMPORTANT ROLE IN TREATING VARICOSE VEINS.

IN HOMOEOPATHY THERE ARE LOT'S OF MEDICINES WHICH GIVE TREMENDOUS RESULTS.

- SULPHUR – IT IS A GREAT ANTIPSORIC REMEDY USED AND KNOWN FOR ITS SPECIAL AFFINITY TOWARDS EVERY SYSTEM OF BODY. THIS REMEDY USED IN CONDITION OF VARICOSE VEINS DEVELOP DUE TO PROLONGED STANDING , IN REPERTOY IT HAS STATED THAT VARICOSE VEIN'S – STANDING AGG – SULPH .
- CALC.CARB – ANOTHER ANTIPSORIC REMEDY KNOWN FOR VARICOSE VEIN'S DEVELOPED DUE TO PROLONG SITTING OR SEDENTARY LIFESTYLE.PATIENT IS HAVING VERY MUCH FEAR AND ANXIETY ABOUT IT'S DISEASE .
- CALC.FLUOR – IT IS MAINLY INDICATED WHERE THERE IS STONY HARDNESS IN VEIN'S , WHICH APPEARS KNOTTY.
- PULSATILLA – A GREAT REMEDY FOR VARICOSE VEINS , WHERE VARICOSE VEIN'S ARE PAINFUL.IT CAN BE GIVEN IN ANY STAGE , DEPENDING ON CASE.MOST INDICATION FOR PRESCRIBING PULS IS VARICOSE VEIN'S DEVELOPS AFTER DELIVERY.
- LACHESIS – THE INDICATION OF THIS REMEDY IS VEINS APPEAR AS BLUISH PURPLISH APPEARANCE . BURNING , SYMPTOMS GOES FROM LEFT TO RIGHT.THIS DRUG BELONGS TO HAEMORRHAGIC DIATHESIS , SO MAINLY USED IN ULCERS CASE .PATIENT IS DEFIANT , LOQUACIOUS , NIGHT AGG,ETC.
- LYCOPODIUM – IT IS COMPLEMENTARY MEDICINE FOR BOTH LACHESIS AND PULSATILLA. LYCOPODIUM SYMPTOMS GOES FROM RIGHT > LEFT. PAIN AND HEAVINESS IN LEGS . SKIN BECOME THICK AND INDURATED.
- CARBO VEG – A VEGETABLE CHARCOAL KNOWN FOR ITS QUALITIES. HOW THE COAL IS BURNING GRADUALLY , SYMPTOMS OF CARBO VEG ARE DEVELOPING GRADUALLY. ULCERS ARE MORE MARKED . WOUND IS BURNING SLOWLY WITH MUCH PAIN AND FOUL DISCHARGE. ANY KIND OF MALIGNANT PAINFUL LONGSTADNING ULCER ARE CURED WITH THIS REMEDY.

WE CAN SEE MAISM IN STAGES OF VARICOSE VEINS .

STAGE 1ST – SPIDER VEINS – PSORA – INFLAMMATION OF VEINS .

STAGE 2ND AND 3RD – STAGE OF DILATION AND VARICOSE ECZEMA – SYCOSIS – WHERE STAGNANT GROWTH AND LONGSTANDING SYMPTOMS ARE OBSERVED IN WHICH SYMTPOMS CAN BE PAINFUL OR PAINLESS.

STAGE - 4TH – VARICOSE ULCER – SYPHILIS .
DESTRUCTION CAN BE SEEN WITH DISCHARGES AND DISCOMFORT .

IN SYNTHESIS REPERTORY VARICOSE VEINS STATED UNDER

GENERALS CHAPTER –

GEN – VARICOSE VEINS – BLACK – lach

GEN – VAIRCOSE VEINS – BLEEDING – alumn,HAM

GEN – VARICOSE VEINS – BLUE – am.c,carb.an,

carbo veg,fl.ac,PULS , etc

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