



## Importance Of Anatomy In Homeopathy

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### ABSTRACT :

This article is an effort to elaborate the importance of anatomy in order to select proper homeopathic remedy as well as to get the help in diagnosis and prognosis of the case. Anatomy plays an important role in selecting similimum homeopathic remedy by sphere of action and helps in prognosis of disease with help of anatomy knowledge. A sound knowledge of anatomy permits homeopaths to connect with patients about their health issues in an engaging and understandable way.

**Keywords:** Anatomy, Homeopathic medicine, Clinical diagnosis.

### Introduction :

Anatomy leads the understanding and study of the human body and it plays an important role for comprehensive knowledge of the human body which navigates homeopathic treatment and diagnosis.

Integration of proper knowledge of anatomy with sound knowledge of Materia Medica and homeopathic principal will create an understanding between body, mind and soul. But knowledge of anatomy in Materia Medica is mainly limited to the sphere of action. The main reason for this we are lacking in clinical verification of homeopathic medicine to its pathological level. Most of the data we are having limited to the sphere of action as they are collected after drug proving on healthy individuals only.

Homeopathy, is based on the principle of "**Like cures Like**" views the body as an integrated system by a vital force. A sound knowledge of anatomy will help homeopaths to understand the underlying disharmony and navigates homeopathic treatment and diagnosis. This observation explores how proper knowledge of anatomy will contribute to enhance homeopathic diagnosis as well as clinical diagnosis.

Thus, integration of anatomy with homeopathic medicine in more emphasized way will be treating the individual as a whole and can collect more clinical data in particular direction. It will justify the statement that homeopathy is the mode of treatment with science and art.

### Role of anatomy in Homeopathic Medicine :

The homeopathic medicines obtained from natural substances gaining the healing property after potentization. Potentization is a series of dilution of medicine with alcohol to enhance the inherent healing power of medicine. It helps in alignment of deranged vital force.

Vital force is the vital principal of the homeopathic philosophy and it is the dynamic energy that animates living organisms as well as maintains the vitality. Symptoms are the manifestation of the disturbed or imbalanced state of vital force. Integration of anatomical structures cell, tissues, organ, systems are responsible for the manifestation of disturbed vital force.

A patient come with knee complain such as, stiffness, pain and swelling may be benefited with a homeopathic medicine that has been used to address knee joint as well as its efficacy to resonate with the patient's symptomatology as a whole and anatomical disturbances.

However, homeopathic medicines are prescribed after individualizing and proper consideration of anatomy knowledge will play an important role to navigate the root cause of disease beyond specific organ system and helps in rearrangement of deranged vital force

The concept of "homeostasis" was given by a great Physiologist named Bradford Cannon. It is found the connection between of Cannon's "homeostasis", and Hahnemann's principal of Vital Force. Cannon identified that adrenaline release is directly proportional to the level of stress. In the same way as per Hahnemann in psychosomatic disease disturbance at the emotional level (Part of limbic system of brain) leads to effect on body.

Thalamus is a relay station in with all information from body senses processed and then send the information to cerebral cortex. Eventually these informations are manifested as symptoms. Thus, through homeopathic perspective manifest as deranged vital force.

### Role of Anatomy in clinical Practice :

During case-taking homeopaths conducts detailed clinical examination with help of sound knowledge of anatomy which enables them to tailored diagnosis and to differentiate similar medicines.

For example: A patient is complaining pain in right hypochondriac region, as well as pain on the tip of right shoulder along with other general symptoms. A sound knowledge of anatomy will help to assess that it could be due to Cholecystitis, as pain in the tip on right shoulder occurs due involvement of phrenic nerve (Root value C3, C4 & C5) and it has common innervations for gall bladder & tip of the shoulder. It may help in diagnosis the case as well as selecting similimum homeopathic remedy.

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### Discussion :

It has been observed that anatomy plays a very important role in homeopathy. It is very difficult to describe the homeopathic remedy *Lycopodium* without referring its seat in gut, involvement of biliary tree and localized in right side of the body. In homeopathic Materia Medica anatomy is limited to the as location of the disease. More research needs to be done at the level of drug proving and clinical verification and upgrade the level of integration of anatomy in homeopathy. In short anatomy knowledge needs to be more emphasized as it furnishes characteristic symptoms.

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### Conclusion :

In conclusion, anatomy is very important subject in homeopathy. Further, with more drug proving, clinical verification, a strong curriculum of anatomy in homeopathy colleges homeopathy practice will be evolved. Enhanced integration of anatomy into homeopathy will optimizing homeopathic care and established holistic wellbeing.

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