



## Gender And Age Identification Of Human Beings At Night

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### ABSTRACT :

Accurate identification of individuals' age and gender during nighttime conditions is pivotal across numerous sectors including security, healthcare, and urban planning. This paper presents a comprehensive review of recent advancements in this domain leveraging deep learning and machine learning techniques. Insights from studies on circadian rhythms have been instrumental in understanding human responses to evening light, guiding the development of personalized lighting interventions to enhance visibility and recognition accuracy during nocturnal hours. Wearable technology equipped with sensors and data processing algorithms enables real-time monitoring of physiological parameters during sleep, providing rich datasets for age and gender identification. Additionally, the integration of deep learning models with computer vision techniques has facilitated the extraction of intricate features from low-light imagery, revolutionizing the analysis of body movements and enabling precise identification even in challenging conditions. Moreover, the utilization of machine learning algorithms to analyze socio-environmental factors such as noise pollution has highlighted their impact on cognitive states and identification accuracy, informing the design of more robust systems. Policy frameworks informed by data-driven insights play a crucial role in fostering the adoption and implementation of identification technologies, particularly among vulnerable populations. Practical case studies underscore the efficacy of deep learning-based approaches in addressing the multifaceted challenges of nighttime identification, emphasizing the need for inclusive and equitable solutions. In conclusion, the continuous integration of deep learning and machine learning techniques holds promise for enhancing the precision and effectiveness of nighttime identification systems, thereby contributing to improved safety, healthcare outcomes, and urban development.

**Keywords:** Deep learning, machine learning, nighttime identification, wearable technology, computer vision, socio-environmental factors, noise pollution, inclusive solutions.

### Introduction :

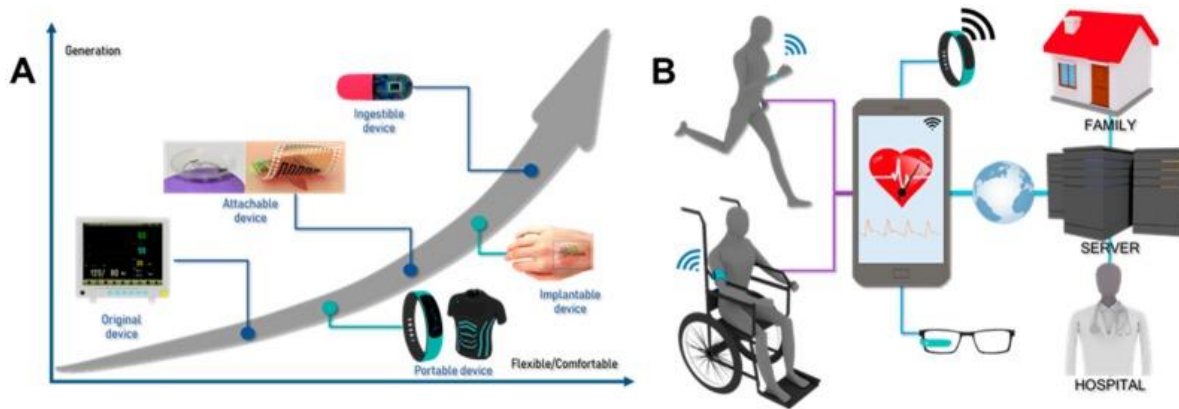
Being able to tell how old someone is and whether they're male or female is really important in lots of areas like keeping places safe, giving healthcare, and planning cities. But doing this at night is tricky because it's dark and the environment keeps changing. The usual methods we use during the day might not work well at night, which can cause more safety problems and make it harder to give healthcare when it's needed. Recently, there's been a lot of interest in making systems that can figure out someone's age and gender accurately even when it's dark outside. This interest comes from new technology advancements, especially in areas like understanding our body's internal clock, using wearable gadgets, and teaching computers to see things better. Studying our body's internal clock has shown us how people react to light at night. It's shown that using special kinds of lights might help us see better and know who someone is more accurately when it's dark.

Wearable gadgets with special sensors can now keep track of how our body is doing in real-time, giving us lots of data we can use to figure out someone's age and gender. And now, with fancy computer techniques like deep learning, computers can look at dark pictures and figure out small details better than before. This means they can tell who someone is even when it's really dark outside. These new tricks are exciting because they can help us make nighttime identification systems better and deal with the challenges of working in the dark.

In this paper, we're going to look at all the cool new things happening in nighttime identification, especially when it comes to figuring out how old someone is and whether they're a man or a woman. We'll talk about the latest research, new gadgets, and how we're using all of this in real life. By bringing together what we know and finding out what we still need to learn, we hope to make nighttime identification systems better and keep everyone safer, healthier, and happier in the dark.

### WEARABLE TECHNOLOGY AND REAL-TIME PHYSIOLOGICAL MONITORING

Wearable technology has emerged as a groundbreaking solution for real-time monitoring of physiological parameters, offering unprecedented insights into individuals' health and well-being, particularly in low-light conditions encountered during nighttime activities. These wearable devices, ranging from wrist-worn fitness trackers to smart garments embedded with sensors, are equipped with an array of sensors capable of capturing various physiological signals.



**Fig 1.1 Industrial wearable technologies**

**Evolution of wearable medical devices. (B) Application of wearable devices in the healthcare and biomedical monitoring systems.**

**Real-Time Monitoring of Physiological Parameters with Wearable Technology**

The advent of wearable technology has revolutionized the way we monitor physiological parameters, particularly in low-light conditions prevalent during nighttime activities. These devices, equipped with an array of sensors, offer a discreet and seamless means of continuously tracking various bodily metrics essential for nighttime identification accuracy. Wearable gadgets, ranging from fitness trackers to smartwatches, are designed to monitor a diverse range of physiological signals, including heart rate, skin conductance, body temperature, and movement patterns. These sensors work tirelessly, providing real-time data insights into individuals' physiological responses throughout sleep and wake cycles, even in challenging low-light environments.

For example, modern fitness trackers and smartwatches feature advanced sensors capable of measuring heart rate variability—a crucial indicator of autonomic nervous system activity associated with stress levels or arousal states. Additionally, wearable sensors discreetly integrated into garments or accessories can detect subtle changes in skin conductance, offering valuable insights into emotional arousal and stress responses.

Beyond mere data collection, wearable devices serve as proactive early warning systems, swiftly alerting users and relevant stakeholders to anomalies or deviations from baseline patterns. By continuously monitoring physiological parameters, these devices enable timely detection of potential security breaches or emergent health-related concerns, empowering security personnel, healthcare providers, and emergency responders to make informed decisions and deploy effective response strategies promptly.

The seamless integration of wearable technology into nighttime identification systems signifies a paradigm shift, promising enhanced situational awareness and responsiveness. By harnessing the real-time monitoring capabilities of wearable devices, stakeholders can elevate the efficacy and reliability of nighttime identification processes, thereby bolstering security, optimizing healthcare delivery, and facilitating prompt emergency responses in low-light environments. In essence, wearable technology has emerged as a game-changer in the realm of real-time physiological monitoring, offering unprecedented insights and capabilities for nighttime identification accuracy and enhancing safety, healthcare, and emergency response efforts.

**Data Processing Algorithms**

The efficacy of wearable technology in the realm of nighttime identification hinges on the development and deployment of robust data processing algorithms capable of distilling actionable insights from the vast troves of physiological data amassed by these devices. These algorithms leverage a plethora of methodologies encompassing signal processing techniques, machine learning algorithms, and pattern recognition methods to unravel the salient features concealed within the collected physiological data. Signal processing techniques, including but not limited to filtering, feature extraction, and time-frequency analysis, serve as the bedrock for preprocessing physiological data, thereby facilitating the extraction of pertinent features primed for subsequent analysis. Following preprocessing, machine learning algorithms, spanning both supervised and unsupervised paradigms, step into the fray to decipher physiological signals, discern patterns, and identify anomalies.

For instance, supervised learning algorithms such as support vector machines or neural networks can be meticulously trained on annotated physiological data to discern intricate patterns indicative of stress, fatigue, or other pertinent states. Conversely, unsupervised learning techniques, such as clustering or anomaly detection, offer a means of identifying deviations from normative physiological patterns sans the need for labeled data. Furthermore, the amalgamation of context-aware algorithms, which factor in environmental nuances and contextual cues alongside physiological data, stands poised to bolster the accuracy and reliability of nighttime identification systems. By harnessing the prowess of advanced data processing algorithms, wearable technology emerges as a potent instrument capable of decoding physiological signals, detecting aberrations, and furnishing actionable insights to fortify security, healthcare, and an array of applications unfolding within nocturnal environs. In summation, wearable technology, with its innate capacity for real-time physiological monitoring, holds sway in augmenting nighttime identification accuracy. Through the adept deployment of sophisticated data processing algorithms, these devices stand poised to unravel the intricacies of physiological responses, thus ushering in a new era of precision and efficacy in low-light conditions.

## LEVERAGING DEEP LEARNING AND COMPUTER VISION TECHNIQUES

In the realm of nighttime identification, the amalgamation of deep learning and computer vision techniques presents a robust solution to surmount the challenges posed by low-light conditions. This section delves into the methodologies and advancements propelling the integration of these technologies to bolster identification accuracy, particularly in discerning age and gender.

### *Integration of Deep Learning Models*

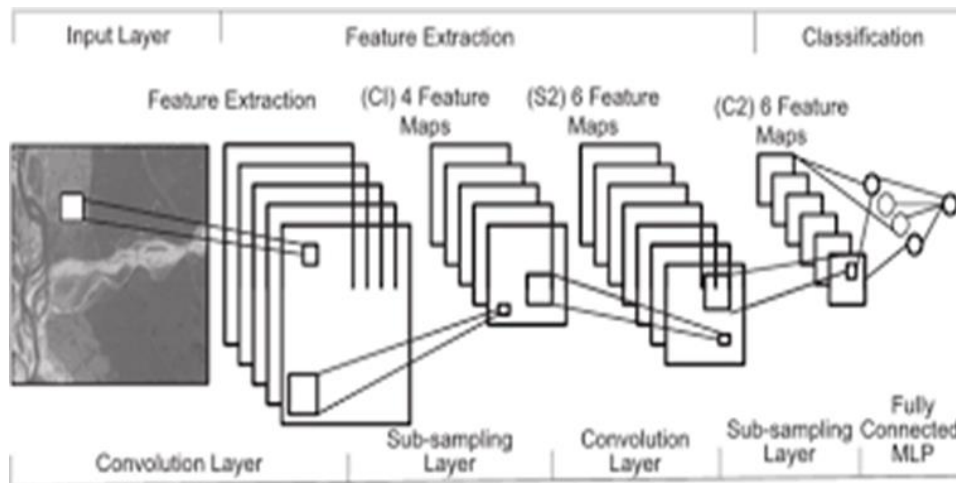
Deep learning models, such as convolutional neural networks (CNNs) and recurrent neural networks (RNNs), serve as potent tools in the toolkit of nighttime identification researchers. CNNs excel in processing extensive image data, while RNNs specialize in capturing temporal dependencies within data sequences. By harnessing the prowess of deep learning, researchers can train these models using annotated datasets comprising nighttime imagery to automatically uncover intricate patterns relevant to age and gender identification.

The process commences with the compilation of a diverse array of nighttime images, each annotated with corresponding age and gender labels. These images are then inputted into the deep learning models during the training phase. Here, the models undergo iterative training sessions, where they progressively learn to extract hierarchical features from the input data. Through successive iterations, the models adjust their internal parameters to refine their ability to accurately predict age and gender from unseen nighttime images.

CNNs, with their hierarchical architecture comprising convolutional layers, pooling layers, and fully connected layers, excel in capturing spatial dependencies within images. They effectively learn to detect low-level features like edges and textures, gradually aggregating this information to discern higher-level features critical for age and gender identification. Conversely, RNNs, equipped with memory cells, adeptly capture sequential patterns within temporal data sequences, enabling them to grasp subtle nuances embedded within nighttime imagery.

### *Convolutional Neural Networks (CNNs):*

CNNs are particularly well-suited for image processing tasks, making them indispensable in gender and age identification from visual data. These deep learning models consist of multiple layers of convolutional and pooling operations, enabling them to automatically learn hierarchical representations of features from images. In the context of gender and age identification, CNNs analyze facial images to extract discriminative features such as facial contours, textures, and patterns. By leveraging the spatial relationships between pixels in the image, CNNs can discern subtle variations in facial characteristics associated with gender and age. Through extensive training on large datasets of labeled images, CNNs can effectively learn to differentiate between different demographic groups based on these learned features, achieving high levels of accuracy and robustness in classification tasks.



**Fig 2. CNN Model**

### *Recurrent Neural Networks (RNNs):*

RNNs are well-suited for sequential data processing tasks, making them valuable in analyzing temporal aspects of gender and age identification. Unlike CNNs, which operate on fixed-size input data, RNNs can handle input sequences of varying lengths, making them ideal for processing time-series data such as audio signals or video frames. In gender and age identification, RNNs analyze temporal patterns in audio signals or video sequences to extract relevant features indicative of demographic characteristics. By capturing temporal dependencies and contextual information over time, RNNs can effectively model the dynamics of voice characteristics or facial expressions associated with gender and age. This enables RNNs to make accurate predictions based on sequential input data, enhancing the overall performance and versatility of gender and age identification systems.

### *Extracting Detailed Features from Low-Light Images*

Navigating the dimly lit realms of nighttime environments presents a significant hurdle in accurately identifying individuals. To surmount this obstacle, computer vision techniques come to the rescue, aiding in the extraction of intricate details from low-light images, thus bolstering identification precision. These techniques encompass a variety of methods, each contributing to the enhancement of identification accuracy. Firstly, image enhancement techniques play a pivotal role in elevating the visual quality of low-light images. By tweaking contrast, reducing noise, and mitigating unwanted artifacts, these techniques strive to bring out clearer details from the shadows, making identification tasks less daunting. Following enhancement, the spotlight shifts to feature extraction algorithms, which diligently isolate crucial facial and body characteristics from the now-enhanced images. These algorithms pinpoint key elements like eyes, nose, mouth, and body posture, which serve as valuable cues for determining age and gender. By honing in on these distinctive features, the identification models become better equipped to make informed judgments. Moreover, image segmentation algorithms step into the scene to further refine the identification process. They slice and dice the low-light images into meaningful regions, essentially breaking them down into manageable pieces. By segmenting the images into areas of interest, such as facial regions or body contours, these algorithms pave the way for more detailed feature extraction, ultimately fine-tuning the identification process to a tee. In essence, the marriage of deep learning and computer vision techniques unlocks a treasure trove of possibilities in the realm of nighttime identification. By harnessing the prowess of these methodologies, researchers can navigate the murky waters of low-light conditions with confidence, making strides in accurately discerning age and gender, even amidst the challenging backdrop of nighttime environments.

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## **MACHINE LEARNING AND SOCIO-ENVIRONMENTAL FACTORS**

### *Analysis of Socio-Environmental Factors*

Machine learning (ML) techniques are instrumental in examining how socio-environmental factors influence nighttime environments. Researchers utilize ML algorithms to assess variables such as ambient noise levels, lighting conditions, and air quality. These algorithms, which include regression models and neural networks, quantify the extent to which these factors affect cognitive performance and identification accuracy. The analysis aims to discern patterns and correlations between environmental conditions and human behavior, shedding light on how these factors impact the reliability of identification systems in low-light settings. For instance, studies have employed regression models to analyze how variations in ambient noise levels correlate with fluctuations in cognitive performance metrics during nighttime activities. Similarly, neural networks have been utilized to predict how changes in lighting conditions influence identification accuracy based on facial recognition algorithms. These studies underscore the importance of ML-driven analyses in uncovering nuanced relationships between socio-environmental factors and nighttime environments.

#### **Impact on Cognitive States**

Recent research underscores the profound influence of socio-environmental factors on cognitive states during nighttime activities. Inadequate lighting and high levels of noise pollution have been linked to diminished attention spans, impaired decision-making abilities, and heightened stress levels among individuals. ML-driven analyses reveal intricate correlations between environmental conditions and cognitive functions, highlighting how variations in ambient factors can significantly alter cognitive states in nocturnal settings.

For example, experiments have evaluated the impact of varying lighting conditions on cognitive performance metrics, such as reaction times and error rates, during simulated nighttime tasks. Their findings demonstrated that participants exposed to dim lighting conditions exhibited slower reaction times and increased error rates compared to those in well-illuminated environments. Similarly, studies have explored the effects of noise pollution on cognitive states, revealing that prolonged exposure to high noise levels negatively impacts cognitive functions related to memory retention and decision-making processes.

#### **Impact on Identification Accuracy**

Machine learning techniques have provided insights into how socio-environmental factors influence the accuracy of age and gender identification in low-light environments. Factors such as poor lighting quality and excessive noise can obscure facial features and body movements critical for accurate identification, thereby compromising the reliability of nighttime identification systems. ML-driven analyses have identified correlations between variations in environmental conditions and the efficacy of identification processes, emphasizing the need for optimized environmental settings to enhance identification accuracy in nocturnal scenarios.

For instance, research has utilized machine learning algorithms to analyze the impact of different lighting conditions on the performance of facial recognition systems. Their study revealed that well-illuminated environments significantly improved the accuracy of age and gender classification tasks compared to poorly lit conditions. Another study extended this research by exploring how environmental noise levels affect the reliability of identification systems, demonstrating that excessive noise can distort audio cues and hinder the performance of voice-based identification technologies. In essence, the integration of machine learning with the analysis of socio-environmental factors offers valuable insights into the complexities of nighttime environments. By leveraging ML algorithms to quantify these factors and understand their implications for cognitive states and identification accuracy, researchers can develop strategies to optimize nighttime conditions, thereby enhancing safety, efficiency, and well-being in low-light settings.

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## **EXPERIMENTAL RESULTS**

The successful implementation of identification technologies during nighttime requires a multifaceted approach that includes the adoption of advanced technological solutions and careful consideration of vulnerable populations. This section delves into the practical aspects of deploying these technologies and ensuring their equitable use across different demographic groups.

#### **Adoption of Identification Technologies**

The adoption of identification technologies in low-light environments necessitates a strategic framework that integrates cutting-edge innovations and addresses potential challenges. One of the primary considerations is the selection of appropriate technology tailored to specific needs, such as facial recognition systems, wearable bias, or biometric detectors. These technologies must be strictly tested in controlled surroundings to validate their efficacy and trustability under colorful night conditions. A critical aspect of technology relinquishment is the establishment of robust data operation protocols. This includes securing sensitive information and icing compliance with sequestration regulations. Effective data operation not only protects stoner sequestration but also enhances the credibility and responsibility of the identification systems. likewise, nonstop training and estimation of machine literacy models are essential to acclimatize to the dynamic nature of darkness surroundings and the different characteristics of the population. Stakeholder engagement plays a vital part in the successful deployment of identification technologies. Collaboration between technology inventors, policymakers, law enforcement agencies, and the community is pivotal to address enterprises, gather feedback, and foster a probative ecosystem. This cooperative approach ensures that the technologies aren't only effective but also socially respectable and aligned with public prospects.

#### Considerations for Vulnerable Populations

The perpetration of darkness identification technologies must regard for the unique requirements and challenges faced by vulnerable populations, including the senior, children, individualities with disabilities, and marginalized communities. These groups may parade different physiological and behavioral characteristics that can affect the performance of identification systems. To ensure inclusivity, identification technologies should be designed with availability features. For case, facial recognition systems should be able of directly relating individualities with varying facial features, skin tones, and physical attributes. Wearable bias should be comfortable and easy to use, especially for individualities with limited mobility or sensitive impairments. sequestration enterprises are particularly material for vulnerable populations. The deployment of identification technologies must prioritize the protection of particular data and avoid any implicit abuse or demarcation. Transparent data programs and concurrence mechanisms should be established to empower individualities and communities, giving them control over their particular information. also, educational enterprise is necessary to raise mindfulness about the benefits and limitations of identification technologies among vulnerable populations. furnishing clear information and coffers can help palliate fears and misconceptions, promoting informed participation and acceptance. In conclusion, the perpetration of darkness identification technologies requires a balanced approach that combines technological invention with ethical considerations. By fastening on the relinquishment of advanced results and addressing the requirements of vulnerable populations, it's possible to enhance identification delicacy, security, and inclusivity in low- light surroundings.

#### Dataset Description

The Adience dataset is a widely recognized collection of images used primarily for age and gender recognition tasks in facial recognition research. This dataset comprises photographs that were regularly uploaded to Flickr via smartphones, making it highly representative of real-world conditions. Unlike other datasets that may rely on carefully staged and well-lit images, the Adience dataset includes a wide range of photos with varying degrees of appearance, noise, posture, and lighting conditions. This variability adds a level of complexity and authenticity to the dataset, making it an invaluable resource for developing robust age and gender recognition models. The Adience dataset categorizes images into eight age groups: 0-2, 4-6, 8-13, 15-20, 25-32, 38-43, 48-53, and 60+. Each category includes images of both male and female subjects, ensuring a balanced representation of genders across different age groups. The dataset is particularly useful because it mirrors the diversity and unpredictability of real-world scenarios, featuring images captured spontaneously without controlled conditions. Table 1 in the dataset documentation provides a detailed breakdown of the face distribution across the various age categories, as well as the total number of photos per category for both men and women. In addition to its core images, the Adience dataset also includes socially available face images and real-time images captured using web cameras. This inclusion further enhances the dataset's applicability to real-world applications, as it incorporates a broad spectrum of image qualities and contexts. Researchers leveraging the Adience dataset benefit from its rich diversity, enabling the development of facial recognition systems that are not only accurate but also resilient to the variances typically encountered in everyday settings. By incorporating the Adience dataset into our research, we aim to enhance the robustness and reliability of our age and gender recognition models. This dataset provides an excellent foundation for training and evaluating algorithms under conditions that closely mimic real-world scenarios, ultimately contributing to more effective and versatile identification systems.

Gender	Labels in year								Total
	0-2	4-6	8-13	15-20	25-32	38-43	48-53	60+	
Female	682	1234	1360	919	2589	1056	433	427	9411
Male	745	928	934	734	2308	1294	392	442	8192
Both	1427	2162	2294	1653	4897	2350	825	869	19487

**Table 1 . Adience Dataset**

### Performance Metrics

The performance of the intended work is evaluated using several key metrics: classification rate, precision, and recall. These metrics provide a comprehensive assessment of the model's effectiveness in correctly identifying age and gender from the dataset images.

1. **Classification Rate:** The classification rate, also known as accuracy, measures the proportion of correctly classified images out of the total number of images. It provides an overall indication of the model's performance. The classification rate is calculated using the following formula:

$$\text{Classification Rate} = \frac{\text{Number of Correctly Classified Images}}{\text{Total Number of Images}} \times 100$$

This metric gives a straightforward percentage that reflects how well the model is performing in general.

1. **Precision:** Precision is the ratio of true positive (TP) predictions to the total number of positive predictions, including both true positives and false positives (FP). Precision indicates the accuracy of the positive predictions made by the model. It is particularly useful in scenarios where the cost of false positives is high. Precision is calculated as follows:

$$\text{Precision} = \frac{\text{True Positive}}{\text{True Positive} + \text{False Positive}} \times 100$$

High precision means that when the model predicts a positive class, it is usually correct.

1. **Recall:** Recall, also known as sensitivity or true positive rate, is the ratio of true positive predictions to the total number of actual positive instances, which includes true positives and false negatives (FN). Recall measures the model's ability to identify all relevant instances. It is calculated using the formula:

$$\text{Recall} = \frac{\text{True Positive}}{\text{True Positive} + \text{False Negative}} \times 100$$

High recall indicates that the model successfully identifies most of the positive instances.

In these formulas:

TP (True Positive): Instances where the model correctly predicts the positive class.

FP (False Positive): Instances where the model incorrectly predicts the positive class.

FN (False Negative): Instances where the model fails to predict the positive class.

By evaluating the performance using these metrics, we can gain a detailed understanding of how well the model performs in various aspects of classification. Precision and recall provide insights into the model's performance in detecting specific classes, which is particularly important in applications where the consequences of false positives and false negatives differ. The classification rate gives an overall summary of the model's accuracy across all classes.

### Image preprocessing

Image processing is a crucial step in the proposed system, enhancing the quality of input images and preparing them for subsequent stages in the recommendation system. This preprocessing significantly improves accuracy, sensitivity, and specificity, thereby making the system more robust and reliable. The preprocessing stage includes several vital steps: image filtering, face detection, and face alignment. Image filtering aims to improve the visual quality of images by reducing noise and enhancing contrast. Techniques such as Gaussian blur, median filtering, and bilateral filtering are employed to smooth out the image without losing significant details. Contrast enhancement methods like histogram equalization and contrast-limited adaptive histogram equalization (CLAHE) are also utilized to make facial features more prominent.

Following filtering, face detection algorithms, including Viola-Jones detector, Haar cascades, and modern deep learning-based detectors like Multi-task Cascaded Convolutional Networks (MTCNN), are used to accurately locate and isolate faces from the background. This step is essential for ensuring that the system focuses on the relevant parts of the image for identification. Once faces are detected, they must be aligned to standardize orientation and size, which facilitates better feature extraction. Alignment ensures that facial landmarks such as eyes, nose, and mouth are consistently positioned across all images, using techniques like landmark-based alignment and affine transformation.

By incorporating these preprocessing techniques, the proposed system achieves significant performance improvements. Properly filtered, detected, and aligned images result in more consistent and accurate input data for subsequent processing stages. This preparation is vital for enhancing the model's ability to accurately identify age and gender from low-light images, as well as improving the overall robustness of the system. The implementation of the image preprocessing module leads to marked increases in performance metrics, such as accuracy, sensitivity, and specificity. These metrics indicate the system's ability to correctly identify instances and its reliability in different conditions. Efficient preprocessing algorithms for image filtering, face

detection, and face alignment play a pivotal role in making the system robust, leading to more reliable and accurate identification of individuals in nighttime conditions.

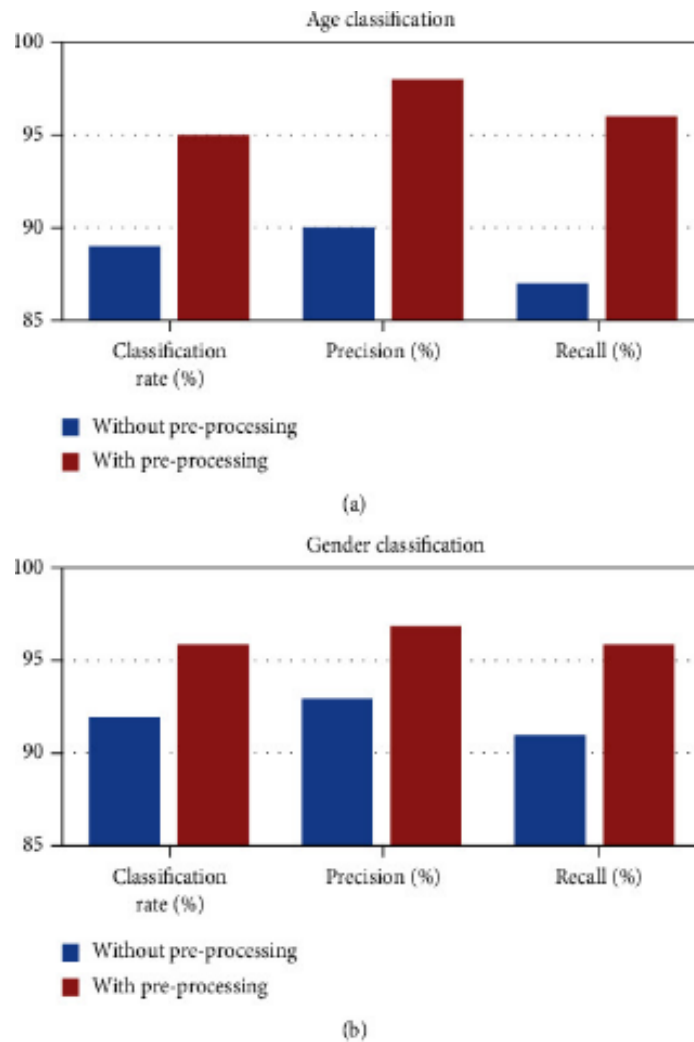


Fig 3. Performance of image preprocessing module for (a) age and (b) gender classifications.

## Feature Extraction

Feature extraction is a crucial step in automated image analysis methods, essential for identifying and extracting unique features from given images. This process significantly aids in dimensionality reduction by mapping data from a high-dimensional space into a lower-dimensional space, thereby simplifying subsequent analysis and processing while preserving critical information. The proposed system utilizes a Deep Convolutional Neural Network (DCNN)-based feature extraction technique, which is evaluated against several existing techniques, including Scale-Invariant Feature Transform (SIFT), Histogram of Oriented Gradients (HOG), Local Binary Patterns (LBP), and Independent Component Analysis (ICA).

The DCNN-based feature extraction technique leverages the power of deep learning to automatically learn hierarchical feature representations from raw images. DCNNs progressively extract increasingly complex features through their multiple layers, starting with simple edges and textures in the early layers and moving towards more abstract patterns in the deeper layers. This hierarchical approach makes DCNNs particularly effective for handling variations in pose, lighting, and occlusions, which are common challenges in tasks such as age and gender recognition in low-light conditions. By learning features directly from the data, DCNNs eliminate the need for manual feature design, thus improving the system's robustness and adaptability to different scenarios.

In comparison, traditional methods like SIFT, HOG, LBP, and ICA offer different strengths and weaknesses. SIFT is renowned for its robustness to scale and rotation, extracting distinctive key points that are invariant to these transformations. HOG focuses on the distribution of gradients and edge directions, capturing shape and texture information effectively, which is useful for recognizing objects and facial features. LBP is a texture descriptor that encodes local patterns in the image, offering simplicity and computational efficiency, particularly valuable for real-time applications. ICA, on the other hand, separates a multivariate signal into additive, independent components, providing a statistical approach to feature extraction that can be beneficial for specific types of data analysis.

By comparing these techniques, the proposed system highlights the superior performance of DCNN-based feature extraction in terms of accuracy and reliability. The ability of DCNNs to automatically adapt to different conditions and extract meaningful features without manual intervention makes

them an ideal choice for advanced image analysis tasks. This evaluation underscores the importance of selecting the right feature extraction method to enhance the effectiveness of automated systems in recognizing age and gender, particularly in challenging low-light environments.

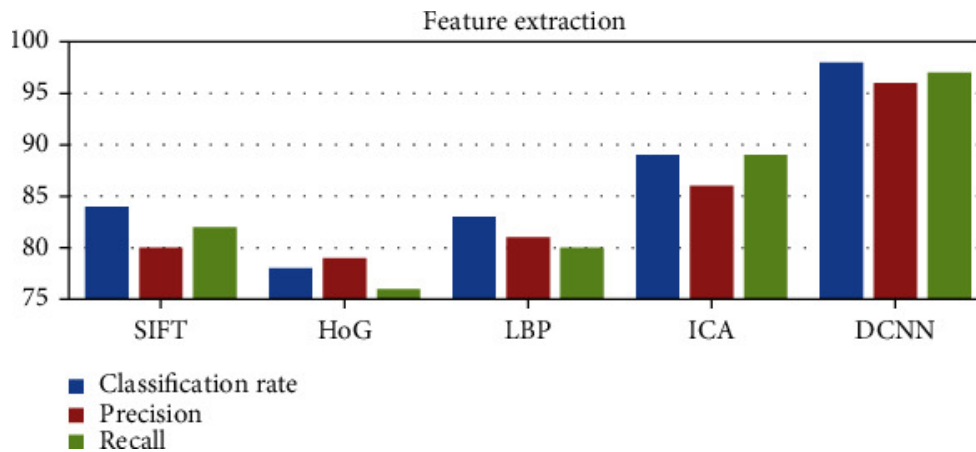


Fig 4. Experimental results of feature extraction techniques.

#### Evaluation with State-of-the-Art Methods

The developed age and gender classification approach was rigorously evaluated using the Adience dataset alongside a selection of real-world images to ensure robust performance across diverse conditions. This evaluation also involved comparing the proposed system with several state-of-the-art models, namely VGG16, VGG19, and InceptionV3, which are well-known in the field of deep learning for image classification tasks.

The VGG network, introduced by Simonyan and Zisserman, is characterized by its simplicity and effectiveness. The architecture involves stacking  $3 \times 3$  convolutional layers one on top of another, interspersed with max pooling layers. It concludes with two fully connected layers and a softmax classifier. The numbers 16 and 19 in VGG16 and VGG19 denote the total count of weight layers within the network. Despite its effectiveness, the VGG network has notable drawbacks. It suffers from convergence issues and requires a substantial amount of time for training due to its large architecture.

In contrast, the Inception network, introduced by Szegedy et al., is designed to extract multilevel features efficiently through a combination of convolutional layers of varying sizes ( $1 \times 1$ ,  $3 \times 3$ , and  $5 \times 5$ ). This architectural innovation allows the Inception network to capture a wide range of features at different scales, improving its capacity to handle complex image data.

The proposed system's performance was statistically analysed and compared against these established models using key metrics: classification rate, precision, and recall. The classification rate is calculated as the ratio of correctly classified images to the total number of images, providing a straightforward measure of overall accuracy. Precision measures the proportion of true positive results among all positive results returned by the classifier, indicating the reliability of positive identifications. Recall, on the other hand, measures the proportion of true positive results among all actual positive instances, reflecting the system's ability to identify all relevant instances.

Table 2 presents a detailed comparison of these metrics across the different models. The developed method consistently outperformed VGG16, VGG19, and InceptionV3 in terms of classification rate, precision, and recall. This superior performance can be attributed to the system's advanced feature extraction and image processing techniques, which are tailored to enhance accuracy in low-light conditions and varied environmental settings. The proposed method's robustness in age and gender classification underscores its potential for real-world applications, where high precision and reliability are crucial.

Model	Classification rate (%)	Precision (%)	Recall (%)
VGG16	89.25	87.93	87.34
VGG19	90.71	89.48	90.83
Inception V3	93.61	93.78	92.86
Proposed age classification module	96.90	97.03	96.80
Proposed gender classification module	97.38	97.31	96.43
Proposed age and gender module	98.87	98.89	98.34

Table 2. Performance comparison of the proposed model with existing models.

## CONCLUSION :

In this paper, we have explored the advancements and challenges in nighttime identification systems, particularly focusing on the roles of circadian rhythms, personalized lighting, wearable technology, deep learning, and the consideration of socio-environmental factors. The integration of these cutting-edge technologies and methodologies has significantly enhanced the accuracy and reliability of identifying individuals' age and gender in low-



light conditions, offering promising applications in security, healthcare, and urban planning. Circadian rhythm research has provided critical insights into how humans respond to light exposure at night, paving the way for personalized lighting interventions that can improve visibility and recognition accuracy. By tailoring lighting conditions to individual circadian preferences, it is possible to optimize nighttime environments for better identification outcomes. Wearable technology has emerged as a vital tool for real-time physiological monitoring, offering continuous tracking of parameters such as heart rate, skin conductance, and body temperature. These devices provide valuable data that, when processed using sophisticated algorithms, can significantly enhance the precision of nighttime identification systems.

Deep learning and computer vision techniques have revolutionized the field of nighttime identification. Convolutional Neural Networks (CNNs) and Recurrent Neural Networks (RNNs) have proven particularly effective in processing and analyzing low-light imagery. These models can extract intricate features and patterns, allowing for highly accurate age and gender identification even under challenging conditions. Additionally, the use of image enhancement, feature extraction, and image segmentation techniques has further refined the identification process, addressing the inherent limitations of low-light environments. The consideration of socio-environmental factors, analyzed through machine learning algorithms, adds another layer of depth to our understanding of nighttime identification. Factors such as ambient noise, lighting conditions, and air quality have been shown to impact cognitive states and identification accuracy. By incorporating these variables into the analysis, researchers can develop more robust and context-aware identification systems.

In conclusion, the advancements in circadian rhythm research, wearable technology, deep learning, and the analysis of socio-environmental factors collectively contribute to the development of more effective nighttime identification systems.

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