



The Problems of Youth- An Overview

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ABSTRACT: -

As youth are increasingly demanding more just, equitable and progressive opportunities and solutions in their societies, the need to address the multifaceted challenges faced by young people (such as access to education, health, employment and gender equality) have become more pressing than ever

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INTRODUCTION:

The word "Education" has a very wide connotation and it is hard to define. There is no single objective which can cover the whole of life with its various manifestations. The two poles of our concern; the temporal and the world of spirit are widely apart. Philosophers and thinkers from Socrates to Dewey in the west and Philosophy of life with the result that there emerged divergent concept and definitions of education. The concept to be of different colours when seen from a different angle. Etymologically the term "Education" is traced to different sources of derivations. According to one view, Education originated from the latin words "Educare" and Educere". The word "Educare" means to Nourish, to bringing to raise that means when we talk of educating a child, we mean to bring him up or to nourish him according to certain aims in view.

INDIAN CONCEPT OF EDUCATION GANDHIJI

speaks of Education as "By Educations, I mean an all-round drawing out of the best in the child and man-body, mind and spirit". SHANKARACHARYA says "Education is realization of the self". 2 According to VIVEKANANDA "Education is the manifestation of divine perfection already existing in man. Education means the expositions of man's complete individuality".

WESTERN CONCEPT OF EDUCATION

Aristotle speaks of education as "the creation of a sound mind in a sound body" Education according to him, should develop the body i.e. the Physical capacities of the child and moral and spiritual capacities. PLATO said "Education develops, in the body and in the soul (of the Pupil) all the perfection which he is capable of.

WIDER MEANING OF EDUCATION

Education in the wider sense has also been emphasized by International Commission on the Development of Education (UNESCO). In this report entitled learning to be, they have given the concept of lifelong education by saying.....human beings keep on learning and training themselves throughout their lives, above all through the influence of the surrounding environment and through the experiences which mould their behavior, their conceptions of life and content of their knowledge. The wider meaning of education includes the following:

1. The process of education is a lifelong process, from infancy to old age or "from womb to grave".
2. We receive education many a time when we are not conscious of the fact.

NARROW MEANING OF EDUCATION:

"In the narrow sense, Education is confined to School and University Instruction". It is believed that Education starts as soon as the child enters the School. It is over when he leaves it after completing a particular course of studies 'Education' in this sense is equivalent to schooling. Instruction or the act of training. School is therefore a specialized agency to provide Education. The points are explained as under:

1. Such a type of education is imparted in planned institutions like Schools.
2. It is limited to the teaching of ready-made material.
3. This type of education is intentional rather than incidental.

4. Education is regarded synonymous with instruction.

“Teaching and Education are in dialogue teaching being a Continuing adoption to new technical discoveries, and education for each human being considered as the final objective of the unity included in life itself”.

M.L. Van Herreweghe

Education is a very ancient enterprise. For a very long time man has been making conscious and planned efforts to educate both children and adults. The needs and problems of the Individual, Family and society have determined the goals and purposes of Educational efforts and the means, tools and opportunities available in the society and life have determined the programmes and procedures of Education. But the primary goal of Education in all ages had been the same, the development of the human being, towards which all the innovations were made. In modern times, the pattern and problems of life and society have grown more complex and complicated and the value and importance of education has increased. So, every nation in the world educate which means to bring up; there is yet another Latin word educate which means to bring forth, education therefore, means both to bring forth as well as bring up. It was the Latin author Varro who said “Educat obstric educate, Nutrix, intuit, Pedagogues, doce, magister which means the mid wife brings forth, the nurse brings up, the tutor trains, and the master teaches. “e” means “out of” and “duco” means to lead “to educate” means “to lead forth”. This explanation presumes that all knowledge is inherent in children

1. “Education is the complete development of the individuality of the child so that he can make an original contribution to human life according to the best of his capacity”.

PROBLEMS OF THE YOUTH

According to UNICEF, "youth" refers to those between the ages of 15 and 24 years old who contribute to the quality or state of being young, or the era of human life following childhood and before adulthood. Because they are young and full of vitality, youth are extremely valuable. They can secure the growth of civilization by bringing in new energy. A good education allows a person to live effectively and productively. It has the potential to help young people become good citizens and to improve the health and environment of future generations. It has the ability to establish powerful nations. However, today's youth face a slew of psychological, physical, and moral issues. Some of the difficulties that youth must overcome include a lack of parental care, educational stress, online crime, movies, and social surroundings. Malnutrition, junk food, genetic effects of genes, hormones, stress, pollution, and drugs are just a few of the issues confronting today's youngsters. Nowadays, parents place a greater emphasis and devote more time to achieving good grades. They are unwilling to devote time to moral training and the development of good habits. Parents spend their time earning money and only spending it on pleasures. Their ambition is to raise highly educated, rich professionals for their children. They do not take care to raise them to be good citizens and human beings. Physical and economic progresses are more important to them, but ethics and morals have taken a back seat in their life. In today's fast-paced culture, family, school, and religion are unable to provide guidance and solutions to the difficulties that today's youth face. Love, affection, family protection, parental care, moral instruction, and sound guidance are some of the demands of today's young, but their parents are unable to meet them because they lack understanding of family relationships and moral principles. Individual growth is at the heart of education. However, today's universities place a greater emphasis on academic progress. To meet the issues and requirements of the youth, educational institutions must adapt their goals. In today's society, attaining wealth is valued more than attaining excellent moral characteristics. The youth are not being encouraged to become decent citizens by society. The youth are not protected by society from antisocial elements. It does not promote healthy human interactions. It needs to shift from being a police force to being more of a teacher. Rowdiness, sexual harassment, corrupt and unethical politics, and hero worship should all be discouraged. To help the youth become good human beings, society should establish a healthy religious culture and moral atmosphere. Modern religious organizations are not guiding the youth in the correct direction; gurus, swamijis, and preachers are leading the youth astray. Religious organizations should prepare young people to be valuable members of their families, communities, and countries. Relationships, love, affection, and morals, on the other hand, are lacking in these religious organizations, and theological disagreements, caste, and communal inequalities play a prominent role. As a result, difficulties among the youth are caused by family, education, society, hereditary factors, and religion

Family Problems

In this modern age both parents are becoming very busy in their own professions. They have little or no time to spend with their children. As there are no joint families in these days, there are no elders to lead the children in a morally healthy way. Mother and father of a child are spending their free time drinking and being part of anti social activities. Parents are thinking that it is enough if they are providing all comforts to their children. They are generously giving them money, cell phone, bike, laptop etc., but they are not supervising their children as to how they are using the gadgets, how they are spending money and how they are spending their spare time. It is very easy for children and youngsters to become drunkards, doing anti social activities and they are facing unusual problems with these bad habits. The parents are fighting for each one's self respect and doubt life partners. They are fighting with each other for these trivial problems and they have no time to counsel the youth. The family's financial status also creates problem to the youth. Parental care, sound moral instruction, religious customs of the family play an important role to solve the problems of the youth and make them good and useful citizens for the nation.

School/ College Problems

Nowadays the youth are feeling stressed to get marks. There is no stress busting activity in educational institutions. The present time schools and colleges are giving importance to marks and good ranks. For their own profit they are putting stress on children and are using rankers for publicity. In the present educational institutions there is no time for healthy cultural activities. The institutions are engaging and encouraging children and youth in

cultural activities based on movies, which are not good for the maturing youth. Most of the institutions have no play grounds for children to have physical activities like healthy games and sports, which are necessary for mental health growth and stress release. Institutions are showing partiality and giving importance to economic and social back ground of the children which is very dangerous. The educational institutions are giving importance only to the academic development of the children and all other aspects of healthy education are being neglected. Immoral activities of the teachers and lecturers are also misleading the youth. Ragging is also a big hurdle which the youth are facing. Many youth are committing suicide because of ragging and educational stress. The youth are using mobile phones and computers for watching blue films and other pornographic stuff more than general and educational related knowledge, giving 11 them unwanted stress. Under this stress, they are getting involved in anti social activities. The educational institutions play an important role in all round development of the youth. They must take care of the physical and psychological health, and all round development of the students. They must strive to keep them away from the evils of society and free from stress. They must be model houses to the students to lead them in the right path and help them to come out of bad habits and anti social activities. They must create friendly and healthy atmosphere in educational institutions. Teachers should take the role of parents and counselors to guide them in the right direction and to make them useful to society and nation.

Personal Problems

The present day youth have many hurdles to cross. There is no one to guide them or to help them in this process. There is no one with whom they can share their personal problems. The teenagers and youth have to face health, mental, physical and psychological problems because of hormonal changes in their bodies. In our country - parents, teachers and children are not willing to discuss the problems of the youth. They don't want to acknowledge the physical and psychological changes occurring at early stages of the youth. So the youth have to face these problems personally. There is no one to analyze the problems of youth and suggest solutions. Due to the stress from these problems, the youth are becoming drug addicts and anti-social elements. Parents should maintain fond yet disciplined approach in their relationship with their children so that they gain confidence of their children which eases them to discuss their problems with parents. If required, parents should take them to the psychologist for consultation. The right teachers should be identified in every institution that can give necessary advice and guide lines to children and youth. The society also should help to solve the problems of children and youth, and should not ill-treat them if they go wrong.

Problems Related with Personality

Personality is defined by psychologists as a person's internal attributes as well as the features of their conduct, or both. Gordon Allport (1937) mentioned both inner and outside attributes, although he emphasized the person's inner qualities. Personality is the dynamic structure of various psychophysical systems within an individual that defines his individual adaptability to his environment. Walter Mischel (1976) proposed that a person's conduct is mostly influenced by situational cues. Personality refers to the distinct patterns of behavior, including thoughts and feelings that characterize each person's adaptation to his or her life situation. 14 However, the majority of psychologists agree that personality is based on the psychological traits of the person that lead to those behavior patterns in various contexts. "Personality is that which permits prediction of what a person will do in every scenario," according to Cattell (1950). According to the dictionary, personality is an individual's distinguishing character that distinguishes him or her from others. According to Eysenck, personality refers to the more or less stable and long-lasting organization of a person's qualities, such as temperament, intellect, and physical appearance, which influence his distinctive adaptation to the environment. Personality, according to J.B. Watson, is the aggregate of behaviors that can be discovered by actual observation over time to provide credible information about a person.

Anxiety

Anxiety is a negative emotion or mood state characterized by tension and uneasiness, apprehension, and fear that some future terrible event, tragedy or misfortune may occur. Another definition of anxiety is a future-oriented psychological state in which a person is almost unprepared to deal with impending unfavorable circumstances. Anxiety is a generalized state of mind that can arise without a specific reason. Anxiety is a natural response to stress, and it can even be beneficial in some circumstances. However, for some people, anxiety can become excessive, and while the person experiencing it may be aware that it is excessive, they may struggle to control it, causing it to negatively impact their daily lives. The youth are facing many problems on personal, family and social front. In the olden days also the youth faced problems. However, the joint family system, the religious custom and society were helping them. The problems that the present day youth are facing are increasing day by day. There is no one to advice and guide them. The parents are busy with their own professional careers and self indulgences. The education institutions are dealing with children and youth for their own commercial benefits. The society has no time to think of their problems. They are busy with their political, religious and caste agendas for their own selfish and cultural motives. The movies, gadgets, pubs, money, drugs are the areas that the present day youth are totally misled. 16 The government also is not ready to solve the problems of the youth. Hence the youth is unable to come out of their problems. The strength of the youth is being wasted and not utilized for helping the society. We can have good future to our youth as well as the society and nation, only if, the parents, the teachers, the society and the government all come together for a common cause and solution.

PERSONAL VALUES

Many research studies have been conducted to determine the extent to which institution of marriage and the family in India has undergone change, by examining the influence of industrialization, urbanization, modernization and increasing educational and occupational facilities. These forces not only affected the age at marriage and familial relations but also the process of mate selection as well as the attitude, values and beliefs concerning other aspects of marriage and the family, especially of the young people. In this paper, an attempt has been made to present young people's values and beliefs

concerning marriage and the family on the basis of available studies. Major trends emerging from the discussion have also been highlighted. The paper has four sections dealing with the values and beliefs concerning marriage, values and beliefs concerning the family. A relationship between a person and an environmental circumstance that elicits an appreciative response in the individual is referred to as a value. Moral standards are inextricably linked to general values. Spirituals and material values are frequently split into two categories. Body values, economic values, social values, artistic values, and religious values are only a few examples. While there are values that are primarily economic, artistic, and soon, moral values, any human value might be a moral value. To the extent that any activity adds to or subtracts from the value of human life. Values are thus both individual and communal when they take on a moral significance. The value components particularly related to education for aesthetic consciousness may be identified as follows. Beauty, goodness, honesty, simplicity, austerity, economy, co-operation, fearlessness, patience, love, kindness, affection, sympathy, neighborliness and sacrifice. 'Wide-ranging, desirable objectives that motivate people's behaviors and serve as guiding principles in their lives.' Everyone has values, yet each person's set of values is unique. A person might have a variety of values, with some values being more important than others. Personal values are the ideals that we cherish the most. They might be desirable objectives that drive our behaviors and provide direction in our lives. Personal values are an element of the moral code that governs our activities and defines our identity. They are the things that we believe to be important.

Source of values

Self, others (parents, instructors, friends, classmates, elders), organizations, written materials, visuals, tradition, customs, society, nation, and religions are all potential sources of values. Regular subjects of the curriculum, for example, in school/college, present themselves as possible reservoirs of values. NCC, NSS, Scouts, and Guides are examples of extracurricular activities. Important sources of value inculcation include Red Cross, field excursions, social work, athletics, and activities that allow people to come together in pursuit of common aims and ideals. All countries' contributions highlight great concepts like unity, honesty, harmony, compassion, tolerance, humanism, and the quest of justice and equality. Many values that are required for a happy existence are espoused by various religions.

NEED AND SIGNIFICANCE OF THE STUDY:

Every nation needs healthy youth for its development. Youth plays an important role in development of country and to lead the society in a right path. If the youth have good qualities it can abolish many barriers in community like religion, caste, language and economic differences. So it is essential to have youth with good physical health and mental ability. But unfortunately we are not having such an able youth to lead our country or society. This research intends to find the reasons for not having such a healthy and able youth. So it is necessary to find the problems of youth and to find solutions. It is also necessary to encourage the youth to possess good personal values. There are four stages in human life. They are childhood, adolescence, adulthood, and old age. From birth to death every human being faces many physical problems as well as psychological problems. Every stage decides the future of the human beings. But adolescent age or youth face many problems. In adolescent stage the human body faces many changes. Some special hormones released by certain glands that decide the physical and psychological development of the youth. These hormones change the thinking, behavior and physical condition of the youth. Child which enters adolescent age cannot easily understand his or her physical and psychological changes. If they are not helped or advised, they cannot peacefully adjust with these changes. As a result they undergo depression, commit suicide become drug addict. In childhood they enjoy freedom they don't know male and female behavior, but suddenly in adolescent stage parents, society educational institutions implements some rules and regulations. The adolescent's children are not able to understand these rules and regulations suddenly. The adolescents try to find solution for the above problems. But sometimes they may choose wrong solution. Then the pleasure youth may turn into drug addict terrorists and Anti social elements which is very dangerous to the individual family society and country. So I have taken youth problems as a part of my research. Every person has his/ her own values. Heredity and environmental, economical back ground of the family, religion, educational institutions and physical health influence the personal values of any person. Especially in the case of youth, individual values, family values, religion values, social and democratic values, economical and health values indicate the behaviour, emotions, health and character of youth. Every person will try to protect his/ her personal values. They want to be successful at every stage. They try hard for this success. Every youth went to be recognized specially. These personal values may not be positive in all persons. Some may be negative values which are very dangerous to the family, society and country. So to know the personal values of the youth and how to recognize them and protect them and to use these personal values for the development of the individual, society and country of have taken personal values as a part of my research. Every person has some emotions. Especially in youth these emotion decide their health and their character. These emotions may not be the same in every youth. They differ from one person to another. Some may possess maturity and some may not in their emotions. The researcher wants to know the levels of emotions in youth. The researcher wants to know the level of maturity in their emotions. The researcher wants to know the reasons of emotional maturity emotional un-stability and emotional regression and to help the youth to solve their mental problems and to encourage them to gain emotional maturity which is very essential for the individual and nation. For this the researcher has taken standardized questionnaire of prominent psychologists. The researcher used different scales in this research to find out the problems of youth personal values and emotional maturity, and to give some suggestions. So in this research an attempt is made to recognize the youth problems and find out the solutions for them. To recognize the role of society, family, educational institutions, religion to help the youth to solve their problems and to encourage them to have good personal values. This research also intends to find out problems that the youth are facing in this modern technical age For this researcher has taken youth of different areas like male, female, urban, rural and different educational levels. The researcher had taken the standardized questionnaire to find out their problems personal values and emotional maturity. The researcher intends to find solutions to above problems and encourage the youth to develop their personal values and to increase their emotional maturity.

CONCLUSION :

This research contributes to find out the problems of the youth and their personal values and emotional maturity in the various situations. One of the aims of the research is not only finding the problems of the youth but also to find solutions. Every person especially the youth have problems of their own and personal values. But everyone will have his/ her own emotional maturity to solve a problem and develop their personal values. Knowing their own personal problems and values and derive solutions with the help of emotional maturity is very important for the development of the youth. Life skills and moral and religious principles are essential to lead a happy and peaceful life in the present society and to encounter a number of problems in different fields, to enable a youth to live effective, purposeful, successful and meaningful life and to become a good citizen to serve the nation. Their emotional maturity is very important. In this age of science and technology and 162 mechanical life the youth face many problems. But the society, parents and teachers should help them to find solutions and to develop their mental maturity and personal values. If the modern youth have an efficiency to deal with various problems, they face then only they will be able to survive and to serve effectively throughout their life. This efficiency depends upon their personal values and their emotional maturity. Home environment, social and religious back ground and education play an important role to develop emotional maturity and personal values of the youth, life skills also help them to deal with various problems in various situations. Every human being especially the youth want to achieve excellence in their deeds. But all can't succeed in their lives. To lead a successful life in later age, foundation should be laid in the youth. Hereditary and cultural environments also help the youth to solve their problems successfully and to have better personal values and emotional maturity. A good soul a good body and physical health also help the youth to have a good emotional maturity. Hormones also play an important role to have a good behavior. Yoga and cultural activities also help the youth to control their emotions and to have better emotional maturity. The relationship with family members, friends and relatives also play an important role to lead a peaceful life. Occupational skills are also important to have better personal values and emotional maturity. In the modern age cinemas, mobiles, face book and you tube occupy a major part of human life. Especially youth are addicted to the mobiles, face book and YouTube. As a knife can be used to operate or to kill a person. This modern technology can be used to gain knowledge or fall down. Drugs also are big hurdles for developing personal and moral values. To find out the problems of youth and their personal values and emotional maturity in professional college students and non professional college students. The researcher used standardized questionnaire. The researcher collected data from engineering, medical, law and degree students. The researcher has collected from 500 students of various types of institutions. The numbers of items in questionnaire to find out the problems of youth are 80 statements. These statements in the questionnaire are based on family problems, school/ college problems, social problems and personal problems and over sensitivity. The statements in the second questionnaire to find out the personal values of the youth are 33 statements. These statements in this questionnaire are based on religious, social, democratic, aesthetic, economic, knowledge, hedonistic, power, family prestige and health values. The statements in the third questionnaire to find out the emotional maturity of the youth in different situations are 48. They are based on emotional instability, emotional regression, social maladjustment, personality disintegration and lack of independence.

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