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## THE VALUE OF DISCIPLINE IN THE LIFE OF A STUDENT

*<sup>a</sup> Revathi Nandhakumar, <sup>a</sup> Gowri Ayyadurai, <sup>b</sup> Karthick John Peter, <sup>c</sup> Khaleel Pasha M.D, <sup>c</sup> Shaistha M.D <sup>a\*</sup> Dewaki Sellappan*

<sup>a</sup>M.A.M College of Education, Siruganur, Trichy 05.

<sup>b</sup>Pon Vidhya Mandir, Manmangalam, Karur, 06.

<sup>c</sup>Academic Heights Public School, Jagityal, Telangana, 55.

<sup>A\*</sup> E-Mail; Revathianepoch@gmail.com

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### ABSTRACT :

A self-discipline instructor would teach others how to discipline themselves. Discipline can teach your child responsibility for their actions and self-control. Your child will learn about consequences and how to take responsibility for their own actions if you give them consistent, appropriate corrections. The one expression 'discipline' has splendid importance in an individual's life. It can be a crucial component that connects an intention to its realization. And when hard work and self-discipline come together, the end result can be fantastic success.

Key Words; Discipline, Student, Role of discipline, Psychology, classroom discipline

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### INTRODUCTION :

Discipline should be taught from the beginning of college so that students can develop healthy routines and habits that ultimately help them achieve their academic aspirations and long-term goals. As a result, each school must adhere to certain rules and regulations. This helps maintain consistency throughout college and in writing. Student achievement suffers as a result of disruptions in the lecture hall. Instructors and directors must maintain discipline in order to create a positive learning environment. A combination of honest but consistent strategies is typically the most effective approach to classroom discipline.

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### EXPLORATION :

Most minor misbehaviour can be avoided by ensuring that your students understand the policies and the reasons for their implementation. If students are aware of the consequences of their actions, they are much less likely to misbehave in the first place. Establish structures to enforce good behaviour. Children enjoy events like getting up, eating breakfast, going to school, and playing with their friends. However, this was interrupted by the COVID-19 pandemic, and faculty closures had the greatest impact on them. Be mindful in the name of self-discipline that talking about the pandemic does not take over the classroom conversation for an extended period of time; however, ensure that they are supported and heard. When discussing the topic, some college students may also exhibit disinterest or irritation.

Adolescents and schools are inextricably linked through parents and other caregivers. They can provide valuable insights from both their own and the children's perspectives, and they have played a vital role in ensuring the continuity of the children's education during the closures of schools. In the long run, having open and honest conversations with parents and caregivers builds confidence in the process of teaching them self-discipline, builds strong relationships, and helps adolescents have a full learning experience. Any discussions should always take into account the specific needs of children, the education provided by your college or the national government, and only legitimate sources like UNICEF and WHO should be used.

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### CONCLUSION:

Finding out about a student's past and records is very important. You'll learn a lot about who they are and what they can do from this. Our lives can be brought into balance with discipline. It furthermore helps a person to come to be responsible and deferential in something they do. Discipline enables people to demonstrate their mentality and persona, as well as their way of thinking. Through discipline, both the body and the mind are honed. In conclusion, having self-discipline is a very important quality to have in every aspect of life. Sincere discipline is the rung on the success ladder. Following the corona pandemic, it is the responsibility of parents and educators to promote discipline among adolescents and adults. The actions taken today will have an effect on the efforts made in the future to advance our society and nation.

**CONFLICTS OF INTEREST**

Authors in this review article have no conflicts of interest.

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