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A CASE OF CHOLELITHIASIS TREATED WITH HOMOEOPATHY

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ABSTRACT:

Cholelithiasis formation is the most common disorder of the biliary tree. The stones can be asymptomatic or symptomatic, only gallstones with symptoms or complications are defined as gallstones disease.

Gallstones are divided into two types of composition – CHOLESTEROL and PIGMENT.

Pigment composition can be Black pigment(Hemolysis) and Brown pigment(bacterial or parasitic infection).

● RISK FACTORS:- Sex – Female 15% & Male 7%

AGE:- 18-65 Years Obesity, Physical inactivity, Over-nutrition, Metabolic syndrome

● GENETIC RISK:- Common mutations in the hepatic cholesterol transporter ABCG8 confer most of the genetic risk. Approx. 25% of total risk.

The case of cholelithiasis has been treated via homeopathic medicines, followed by homeopathic principles.

INTRODUCTION

Cholelithiasis literally means “GALLSTONES (Stones in the gallbladder)”. Most common disorder of the biliary tree. The role of diet in cholesterol gallstones disease, an increase in dietary cholesterol, fat, total calories, and refined carbohydrates or lack of dietary fiber has been implicated.

PATHOPHYSIOLOGY

Gallstones are conventionally classified into cholesterol stones and pigment stones, the majority are of mixed composition. Pigment stones may be Brown or Black pigment composition. Here, Brown pigment is caused by obstruction & infection in bile duct. Black pigment caused by chronic hemolysis.

Gallstones containing various quantities of calcium salts – Calcium bilirubinate, Carbonate, Phosphate, Palmitate.

CLINICAL FEATURES

- Asymptomatic
- Acute cholelithiasis
- Chronic cholelithiasis
- Biliary colic accompanied by nausea and vomiting also called **GALLBLADDER ATTACK**.
 - First sign of gallstones- biliary colic, abdominal pain – Right upper quadrant extended to the shoulder blade, episodes last for one to several hours after meals.
 - Occasional episodes of biliary colic – Gallstones causing partial blockage.

- Constant pain, fever, chills, heart rate acceleration.

KEYWORDS : Cholelithiasis, Gallstones, Homoeopathy, Pulsatilla nigricans.

CASE RECORD

Mrs. XYZ, 30-year-old woman came with a complaint of gallstones (cholelithiasis).

HISTORY

A 30-year-old woman reported with gallstones in the OPD of Foster development homoeopathy medical College , Aurangabad, India. She presented with severe pain in the right upper quadrant which extended to the shoulder blade. Her nature reported mild, gentle, and highly emotional. She was extroverted and more talkative. She makes friends, and contacts and establishes relationships easily. She was sympathetic, very sensitive to the sufferings and very much caring of others.

PERSONAL HISTORY

Her thermal reaction was HOT.

Desire of fatty foods and spices. She is a lean thin 5 feet 4 inches woman having fair complexion of skin. There was no family history of gallstones in the family. At the clinic, she was intelligent, very calm, gentle & spoke up politely.

The following characteristics and symptoms were considered for reperterisation :

Affectionate, sympathetic, desire company & abdominal pain (right upper quadrant) mildness.

The reperterisation process done by using synthesis repertory and the reportorial result is shown in the table;

Symptom	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50
2. MIND - CAREFULNESS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50
3. MIND - COMPANY - desire for	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50
4. MIND - MILDNESS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50
5. MIND - SYMPATHETIC	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50
6. ABDOMEN - PAIN - eating - after	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50

INTERVENTION

First prescription: PULSATILLA NIGRIGANS 200C\1Dose\Stat.

Prescription: The medicine selected on the basis of individualization, totality of symptoms, and followed Materia Medica was Pulsatilla. Furthermore, pulsatilla was chosen as it covers the totality of symptoms and the patient thermal reaction was hot. Puls 200c \1D\stat was prescribed.

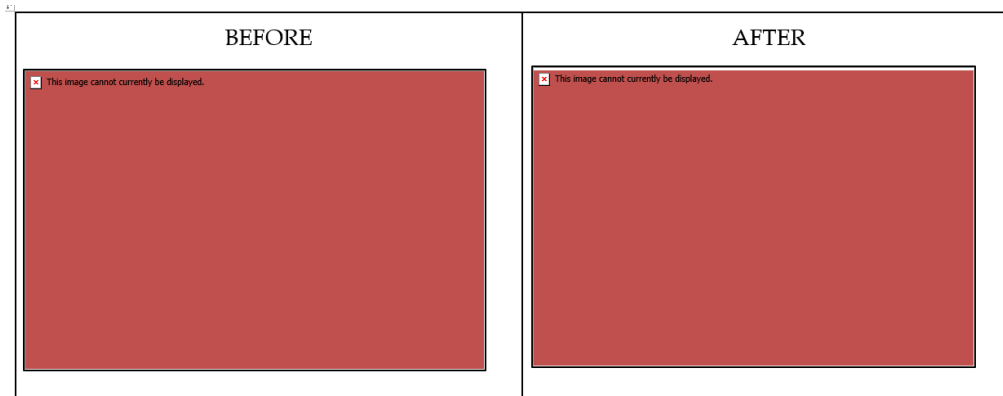


TABLE OF FOLLOW UP:-

DATE	SYMPTOMS	PRESCRIBED REMEDY
Day 1	Severe abdominal pain, and vomiting after eating meals. Gallstone calculi size 15mm.	Pulsatilla 200c \1d\stat Phytum200c\tds\7days
Day 2	Relief in pain & vomiting	Phytum 200c\tds \7days
Day 3	No pain.	Phytum200C\TDS\30days
Day 4	Abdominal pain	Phytum200C\TDS\30days
Day 5	No pain. All improvement. gallstones disappeared.	Belladonna200C\1d, Phytum200c\TDS\15days Phytum200C\TDS\15days

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