WWW.IJRPR.COM

International Journal of Research Publication and Reviews

Journal homepage: www.ijrpr.com ISSN 2582-7421

Short Review On Pharmaceutical Regulatory Affairs

***R.Naga Muthu*[1]**

[1]Industry personnel,Gland pharma, 150 & 151 Near Gandimaisamma 'X' Roads D.P. Pally, Dundigal, Hyderabad 500043, Telangana, India.

ABSTRACT :

Regulatory affair is a dynamic and challenging profession which helps to safeguard public health by continous monitoring and controlling the safety and efficacy of healthcare goods like pharmaceuticals, veterinary medicines, medical devices, pesticides, agrochemicals, cosmetics and complementary medicines. The main objective and motive of regulatory affairs professionals is to ensure availability of safe and effective healthcare products worldwide. Protection of public health is a prime responsibility of the goverement and they do so by controlling the safety, efficacy and quality of the products. Almost every company has regulatory department to keep track on the legislations of countries where companies wish to market their products. This tracking includes collection and analysis of legal as well as scientific requirements of particular country to obtain and maintain marketing authorizations of healthcare products. This present artickle discusses the Importance of regulatory affairs, Functions, scope, Regulatory strategy and role of regulatory affairs professionals

Keywords: Regulatory affairs, Regulatory strategy, Regulatory affairs roles

1. Introduction :

Regulatory affairs (RA) incorporated with the regulations and laws which should be implemented while developing, testing and marketing the drug substances and finished products. The regulatory affairs act as a medium between pharmaceutical company and regulatory authority of the country. The regulatory frame work is constantly improved and harmonized to attain the goals of safety of the patient.[1,2] (RA), also known as government affairs. Collecting, analyzing, and communicating the risks and benefits of medical goods to regulatory bodies and the general public around the world. A science that focuses on creating new instruments ,benchmarks, and methods to analyse the efficacy, quality, safety, efficacy and performance of regulated products.[3] Drug Regulatory Affairs is a brand-new profession that is initiated from governments to safeguard public health, with the aid of controlling the protection and efficacy of products in areas together with prescribed drugs, veterinary drug treatments, medical gadgets, insecticides, agrochemicals, cosmetics and complementary medicines. The corporations manufacture and marketing these merchandises should verify that they provide fine products to public for his or her welfare and fitness. Now a day almost all agencies have expert departments of regulatory affairs specialist. .[4] The regulatory affairs department is an vital part of the organizational structure of pharmaceutical companies. Internally it link up on the affiliation of drug improvement, manufacturing, advertising , marketing and clinical studies.[5]

2. Importance of Regulatory affairs :

Now a days in this competitive world its difficult to reach the market to a products at a short period of time and hence the company's success. The proper conduct of its regulatory affairs activities is therefore of considerable economical significant for the company. The importance of the Regulatory Affairs function is such that senior Regulatory Affairs professionals are increasingly being appointed to boardroom positions, where they can advise upon and further infuence the strategic decisions of their companies . [6] Regulatory affairs professionals are involved in all stages of drug development,
including discovery, development, approval, and marketing.[7] Pharmacy and the pharmaceutical industry are subject to strict regulations and oversight by various regulatory bodies and agencies around the world. These organizations play a crucial role in ensuring the safety, efficacy, and quality of pharmaceutical products.[8,9]

3. Importance of Regulatory bodies :

Regulatory bodies affords strategic, tactical and operational instruction as well as support for working within regulations to quicken the development and delivery of safe and effective medicines or healthcare goods to public. Currently pharmaceutical industries are well organized, systematic and compliant to international regulations. Multiple tragedies like sulphanilamide elixir, vaccine tragedy and thalidomide tragedy led to the need for a well-regulated regulatory structure. This has resulted into efficient manufacturing and marketing of safe, effective and quality healthcare products.[10] An area of regulatory affairs is an governmental effort to safe guard the public's health as well as the safety and effectiveness of the medicines and other healthcare products. The medical treatment and the development testing production and marketing of these products like wise wish to guarantee that

they are supplying goods that are reliable and beneficial to the health and welfare of the general population. The primary duties of regulatory agencies are: To create proper legalisation covering all products with a therapeutic claim and all pertinent pharmaceutical activities, whether carried out by the public or the private sector. To improve public health and safeguard the public from harmful and questionable pharmaceuticals. The early nonclinical investigations, product development, manufacturing and post marketing surveillances are all handed by regulatory organisations. The regulatory affairs department also manages the special control prescribing and pricing of medical products. Data is gathered by regulatory affairs from all organizations involved in product development.[11]

4. Scope of Regulatory affairs :

- Regulatory Affairs professionals must be aware of several regulatory framework and have a global viewpoint.
- For work to be done effectively and efficiently, one must stay current on the newest tools and technologies related to regulations.
- Regulatory Affairs professionals play a critical role in ensuring that all ethical and legal standards are satisfied during the development and execution of clinical studies.
- The primary point of contact for businesses with regulatory bodies is Regulatory Affairs specialists. They guarantee a smooth clearance process by being open and honest in their communication, answering inquiries and providing clarifications.
- Regulatory Submission Preparation: This entails compiling comprehensive dossiers on the efficacy, safety and quality of products, which are then submitted to regulatory agencies for approval. This calls for meticulous attention to detail and strict adherence to formatting and content rules.
- A company's reputation and trust are enhanced by adhering to the law and this boosts market acceptability and brand loyalty.
- : The job doesn't end after a product is approved. Regulatory affairs professionals are in charge of paying attention to how the goods are selling, spotting any possible safety concerns and reporting the appropriate authorities about them.
- Creating and Maintaining Quality Management Systems: Ensuring product consistency and regulatory compliance requires the implementation and upkeep of strong quality management systems. In this procedure, regulatory affairs specialists are vital.
- Using data analytics will be essential to spot patterns, foresee possible problems and make well-informed judgements.[12,13]

5.Regulatory strategy :

Regulatory Strategy is a plan that identifies the steps to be completed to generate optimum data to obtain or maintain regulatory approval for marketing a pharmaceutical. The success of regulatory strategy dependent upon ability of regulatory professional to research analyze, and interpret the literature as well as result obtained and communication with other discipline professionals involved directly or in directly in the drug development process.The regulatory strategy preparation must consider current and proposed regulations for pharmaceuticals products of the applicable class, regulatory requirement and trade organizations in respective countries. This information can be directly obtained as paper copies or electronic files from regulatory agencies or related other organizations. Important points to be considered to prepare regulatory strategy are

1. Need of authorized corporate entity with respect to the country.
2. Number of well controlled clinical studies required.
3. Existence of therapeutic indication in the country where marketing authorization application to be submitted
4. Number of therapeutic indications for which approval to be sought
5. Simultaneous applications for multinational applications
6. Time slot for project review procedure at each stage of the process for each regulatory agency.
7. Local regulatory requirements for each agency
8. Identification of data, information and documents required on critical path to meet the regulatory goals.
9. Detailed track log of completion of study reports, availability of specific data, document management issues.

The Preparation of regulatory strategy is essential at early stage especially when compound has passed from discovery research to pharmacological screening. Early preparation resulting in opening of communication with all disciplines involved in the product development about type, scope and quality, of data required for regulatory submission. An estimate of time required for meeting regulatory and product development objectives may influence regulatory strategy and helps in resource planning and cost management. Some Important factors that have an impact an regulatory strategy are

1. Need of IND for the product
2. Need of more than one IND submission
3. Need of pre-IND meeting with FDA
4. Need of DMF
5. Need of use of available trade name for the drug product in the IND.
6. Quality of substances required and available to meet GMP requirement.
7. Quality of available data on the chemistry, characterization, quality control testing and stability of drug substance and drug product.
8. Quality of data from the pharmacology data to a human disease or target population for the intended therapeutic use.
9. Quantum of information available from animal studies to predict dose as well as dose regimen safe for first human use during clinical study.[14]

6.Role of Regulatory Affairs :

- Regulatory affairs professionals affords tactical and practical instruction to R&D, production and QC department etc. Just aid the drawn of the betterment of a drug product, making main contribution both together economically and scientifically to the triumph of a evolution scheme and company as a entirely.
- It takes time of about up to 15 years to assess and to put a new pharmaceutical product and many problems may arise in the process of scientific progress and because of an altering regulatory enviroment. Regulatory experts help out the company to keep out of issues arised by immaterial documentation, unsuitable scientific reasoning or impoverished presentation of records. [15]
- Serving as a liaison with regulatory agencies is the responsibility of a Regulatory Affairs specialist. CGMP, ICH, GCP and GLP rules, regulations and laws that apply are prepared and adhered to the utmost care.
- In order to translate regulatory requirements into realistic, feasible plans, they are offering their experience and regulatory information. In the industry, regulators are involved in all phases of drug research as well as those that follow approval and marketing of the drug.
- To register and subsequently market a medicine, pharmaceutical companies use all of the data that was seen during the drug's discovery and development phases. Pharmaceutical businesses must adhere to stringent regulations and rules during the development phase in order to guarantee the efficacy and safety of drug in human.
- Regulatory experts are accountable for Keeping abreast of the constantly evolving laws in every area where a business wants to sell its goods recommending limitations and requirements in the fields of science and law gathering, organising and assessing scientific data submitting registration paperwork to regulatory bodies and conducting any further discussions required to secure or preserve the items' marketing authorization.
- Providing strategic and technical guidance at the highest levels of their organisations, they significantly contribute to the commercial and scientific success of the business overall. Assisting the business in avoiding issues brought on by improperly maintained documentation, erroneous scientific reasoning, or inadequate data presentation.
- It is the responsibility of the Regulatory Affairs specialist to stay up to date with the constantly evolving laws in every area where the business hopes to distribute its goods. Additionally, they make recommendations regarding the constraints and requirements imposed by law and science and gather, compile and assess the scientific data being produced by their research and development colleagues.
- They must or will be in charge of presenting registration paperwork to regulatory bodies and handling all follow-up talks required to keep the relevant products' marketing license. At the highest levels of their organizations, they provide strategic and technical guidance from the outset of product development, significantly contributing to the program's and the company's success from a commercial and scientific standpoint.[16]

7.Conclusion :

Throughout this review we can understood the whole mechanism of regulatory bodies, regulatory affairs importance, strategy, roles and functions. Regulatory Affairs departments are growing within companies. Due to the changing resources necessary to fulfil the goverement regulation, some companies also choose to outsource or out task regulatory compliance to external service providers. The main focus of the regulatory affairs department is to give safe and effective medicine to people around the world. A regulatory affair is also important for research and development, product management, Clinical trial, and marketing authorization. Regulatory Affairs is an intellectually stimulating and highly regarded profession within pharmaceutical companies.

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