



Conceptual Study Of Karna Shul

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ABSTRACT:

Shalakyta Tantra is one among the 8 branch of *Astang Ayurved*, which deals with disease of Eye, Ear, Nose, Throat and Head. Where 76 disease of eyes, 18 disease of nose, 28 disease of ear, 65 disease of oral cavity, 11 disease of head described. From 28 disease of ear, *Karnashul* is one which affects person of any age from child to advanced years, But the causes are varies person to person. Pain originates from vitiation of *Vata Dosha* and association with other *Doshas*. Management depends on cause or general administration of analgesics, antibiotics, and anesthetic drops. *Ghrit Pan* and *Rasayan Aushadhi Sevan* are applicable treatments for all 28 types of ear diseases.

Key word: *Karnaroga, Karnashul, ear diseases.*

INTRODUCTION:

Shalakyta is a branch of *Astang Ayurveda*, focusing on the diseases of the sense organs, including the eye, ear, nose, throat, mouth, and head. *Karnashul*, a disease affecting children and adults, is a separate entity from *Karna*, the seat of *Shravanendriya*, but asymptomatic in modern otology. According to Morden's medical research, otalgia (earache) may be associated with *Karnashul*. The causes are local and referenced in Management varies based on the reason and may include administering analgesics, antibiotics, and anaesthetic drops (e.g., floxacine). However, prolonged use can lead to adverse consequences. Ayurveda offers numerous treatments, including *Ghrit Pan*, *Rasyan Aushadhi Sevan* and *Karnapooran*, which can effectively treat *Karnashul*.

NIDANA OF KARNA ROGA:

Karnagat Roga Samanya Nidans typically have *Vata Prakopak* characteristics. *Karnashul* typically occurs during the early stages. Later, other *Doshas* contributed to the vitiation of *Vata Dosha*, resulting in *Karnagat Roga*.

SAMANYA NIDAN:

- Avashyay
- Jal krida
- Karna kandu
- Shastra Mithya yog
- Pratishtay

SAMPRAPTI OF KARNASHUL:

In *Karnashul*, the word refers to earache. *Nidana*, particularly *Vihara*, elevates *Vata dosha* in the ear. According to *Ayurvedic* theory, excessive consumption of *Karnagat Roga Nidana* causes *Karna Pradesh Sthita Vata* to become vitiated. This vitiated *Vata Dosha* is then covered by *Vata* and other *Doshas*, leading to *Vimarg Gaman* of *Dosha*, causing severe pain in the ear known as *Karnashul*.

CHIKITSA:

Samanaya Chikitsa in *Karnagat Roga* is like *Ghritpan* and *Rasayan Aushadhi Sevan*. In *Karnashul Chikitsa*, *Aacharya* described *Ghrit*, *Swaras*, *Kwath*, *Asta-Mutra* and other *Aushadhi Siddha* tails and other *Karnapooran* preparations. *Karnapoorana* is the recommended treatment to address the underlying cause of *Karnashul* because *Shabdavaha Strotas* is the primary cause of *Karnagata Roga*, and *Vataj* is the *Dosha* predominantly engaged with *Tridosh Aavrut*. *Karnapooran*, thus, might be *Vishesh Chikitsa* for *Karnashul*.

CONCLUSION:

Vata Dosha largely became vitiated in *Karnashul*, surrounded by *Rakta Dosha* and *Vata-Pitta Kapha*. Otagia was connected to *Karnashul* at Morden Medical. Patients were given analgesic drops by science, but they were not meant to be administered for a long time because of side effects, which included repeated episodes of excruciating pain and hearing loss. There is no choice for managing the pain after that, although *Ayurveda* prescribes a number of medications, such as *Karnapooran*, that can be used to reduce *Karnashul's* discomfort.

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