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# Assessing the Pro Poorness of Economic Growth in India: A Comprehensive Analysis of Inclusive Policies and Socioeconomic Impact

Ms. Abhilasha Singh, Dr. Rajendra Jarad, Dr. Mahendra Yadav, Mr. Dhananjay Bhavsar, Dr. Praveen Suryavanshi, Mrs. Nilambari Moholkar

Department of MBA, D.Y. Patil Institute of Technology, Pimpri, Pune.

#### ABSTRACT:

This paper explores the pro-poor nature of economic growth in India, analysing its socioeconomic impacts and the effectiveness of inclusive policies. Using a mixed-methods approach, we assess employment trends, access to resources, social well-being, and awareness of government initiatives aimed at poverty alleviation. The study highlights significant disparities in the distribution of economic benefits, particularly among rural and marginalized communities, which often face barriers in accessing essential services.

The research integrates extensive quantitative data from national surveys, offering a statistical view of income trends and employment dynamics, with qualitative insights from stakeholders such as policymakers, community leaders, and affected populations. This dual approach enables a comprehensive exploration of systemic issues and identifies areas where pro-poor policies have succeeded or fallen short.

Key findings reveal that while certain government initiatives have positively impacted education and healthcare accessibility, significant gaps remain in policy awareness and implementation. Recommendations include launching more robust awareness campaigns, improving infrastructure to facilitate service delivery, and fostering equity in resource distribution. Ultimately, this study contributes to the discourse on inclusive growth, proposing actionable strategies to align economic development with poverty alleviation objectives. The study highlights the disparities in the distribution of economic benefits, particularly among rural and marginalized communities, and underscores the importance of targeted policies to bridge these gaps. By integrating quantitative data from national surveys with qualitative insights from key stakeholders, the research provides a holistic understanding of the challenges and opportunities in fostering inclusive growth. Key recommendations include enhancing awareness campaigns, improving policy implementation, and promoting equitable access to essential services such as education and healthcare. Using a mixed-methods approach, we assess employment trends, access to resources, social well-being, and awareness of government initiatives aimed at poverty alleviation.

Keywords: Pro poor policies, Inclusive growth, Empowerment, Poverty Alleviation, Inclusive economy, Sustainable development, Social equity.

# **Introduction:**

## **Understanding Poverty**

Poverty is the lack of economic means, coupled with deprivations related to education, health and other opportunities. It is a lack of access to those basic conditions and resources for a dignified life. Defined as one's inability to meet even minimum living standards, poverty stands in deep symbiosis with societal inequities and systemic barriers. The \$1.90/day dollar metric used by the World Bank to mark extreme poverty is a potent indicator of global economic inequality, marking over 23% of world population.

Poverty is not simply an economic indicator; it often relates to poor health, scarce education, and fewer and fewer opportunities, leading back into a vicious cycle of deprivation. In India, socio-economic inequalities are acute. Poverty often cuts across various lines of caste, gender, and geographic disadvantages of vulnerable groups. Thus, the approach to poverty alleviation must be holistic and multisector, taking into account economic, social, and structural dimensions. This is an inherently complex problem that requires interventions that will work on urgent needs but simultaneously address longer-term systemic inequalities; hence it is of global and national development agendas' urgency.

India has undergone tremendous growth in the past couple of decades, especially with regard to economic prosperity; however, the issues associated with it are rather alarming. It is witnessed in the areas of booming cities but continued laggings in other rural areas with their base infrastructure, services, etc. This discourse centres around the role that poverty alleviation policies can play in filling these gaps. PDS, SSA, and Ayushman Bharat have attempted to deal with systemic barriers; however, efficacy is bound to be contingent on factors such as effective implementation, accessibility, and public awareness.

# **Pro-Poor Policies**

Pro-poor policies emphasize economic inclusion, as it makes sure that the benefits of growth reach the marginalized groups. These policies are supposed to uplift disadvantaged populations through improved access to education, healthcare, and economic opportunities. In the Indian context, pro-poor policies have played a significant role in forming programs such as MGNREGA and the National Food Security Act, aimed at bridging the gap between economic growth and equitable resource distribution. However, the success of these policies is very much dependent on their implementation and public awareness. The analysis of the pro poor growth not only takes into consideration the incomes of poor people but also the relative change in difference between the income of those who are not poor. The factors taken into consideration may however vary but the relativeness with regards to the policies brought forward by the nation people reside in plays a significant role. Overall pro poorness is all about reducing poverty and benefiting or in general improving the lives of the poor through different policies and measures that take them out of this assortment. These policy measures are directly targeted towards a particular section designed with reference to their needs preferences and capabilities towards the fulfilment of a basic standard of living. Examining the questions surrounding the pro poor initiatives, we will explore the factors that determine their success or failure. This scrutiny involves not only the intentions around formulating these policies but also the practicalities of implementation and the bridged gap between the anticipated effect and the tangible outcomes for those living on the fringes of the society.

#### Evolution of Pro-Poor Policies in India

The Indian experience reflects a gradual shift from viewing poverty as a singularly defined challenge toward a multidimensional perspective. Early interventions, like the Green Revolution, targeted agricultural productivity, improving rural livelihoods. Similarly, the White Revolution revolutionized dairy farming, empowering rural households. Post-independence, poverty alleviation became central to national planning, with initiatives like Integrated Rural Development Program (IRDP) and anti-poverty schemes aimed at employment generation. Recent decades have witnessed reforms under the name of MGNREGA and the National Food Security Act, attempting to add strength to the social safety net through employment, food security, and basic needs. While they do signify progress, their effective delivery is mostly dependent upon proper implementation and public awareness.

The COVID-19 pandemic has further exposed vulnerabilities, where millions have fallen into poverty due to job losses, health crises, and reduced economic activity. Resilience, adaptability, and inclusivity of policies are warranted, focusing on the welfare of marginalized communities. Realizing the multidimensional dimension of poverty is essential when designing solutions that are more holistic and sustainable, reflecting the broader social justice as well as equitable development goals.

This paper examines India's approach to pro-poor strategies, exploring their impact on poverty alleviation. By analysing employment trends, resource accessibility, and policy awareness, the study aims to evaluate how inclusive these policies have been and identify areas for improvement. Ultimately, it seeks to contribute to the discourse on sustainable development and economic equity in India.

# Methodology:

# Approach

A mixed-methods approach was considered whereby data analysed with the help of the numerical numbers from secondary sources and lived experiences through interviews and group discussions. This was used for a holistic understanding of all those complexities that are intertwined within pro-poor economic growth in India. By integrating numerical numbers into socio-economic realities, it was meant to bridge the gap that exists between statistical trends and the socio-economic reality in the lives of these deprived communities.

# Data Collection

National sample surveys, labour force periodic surveys, and quantitative data related to income, employment patterns, and accessibility to resources would be covered through such research. Structured questionnaires will help in finding data on awareness about policy, education level, and accessibility to healthcare services. Qualitative methods involve a semi-structured interview process with policymakers, community leaders, and beneficiaries for giving more refined views about policies related to poverty alleviation. Discussions in focus groups were also held to ensure lively discussions and group identification of common issues and issues.

## Sampling

Stratified random sampling ensured that the data was representative of various socio-economic and geographic strata including rural and urban populations, income groups, and marginalized communities. This ensured that the variations in the system were captured by the research. For qualitative data, purposive sampling was used, where key informants with very important insights into policy impacts and implementation processes were targeted. This ensured that breadth and depth were achieved by the research.

## Data Analysis

Qualitative data was analysed using statistical packages to identify patterns and trends, such as income distribution and employment dynamics. The use of descriptive and inferential statistics was used to provide connections of different variables. For qualitative data, thematic analysis was conducted with the identification of recurring themes and narratives that shed light on the pro-poor implications of economic growth. Triangulation of findings from both data sets would ensure robust and comprehensive conclusions.

# **Ethical Considerations**

Ethical approval was sought from the appropriate institutional review board. Participants were provided with full information about the purpose of the study and guaranteed confidentiality and anonymity. Informed consent was sought before data collection, and participants were allowed to withdraw at any point without penalty. All efforts were made to reduce possible biases, and reflexivity was maintained throughout the research process.

#### Limitations

Challenges included reliance on secondary data accuracy and the subjective nature of qualitative findings. While efforts were made to ensure representative sampling, logistical constraints in reaching remote populations posed limitations. The iterative nature of qualitative data collection required careful management to avoid overgeneralization, and inter-coder reliability tests were used to enhance the trustworthiness of thematic findings. Challenges included reliance on secondary data accuracy and subjective nature of qualitative findings.

# Objective:

- 1. To examine the various benefits that different groups have accrued from economic growth, particularly with respect to the poor over time
- To assess whether the efforts and policies employed by the government to minimize poverty and increase socio-economic inclusiveness have been successful.
- 3. To observe the changes in important indicators like income inequality, rate of poverty, employment and availability of basic amenities
- 4. To indicate the policy shortcomings which neglect the concerns of vulnerable people.
- 5. To propose practical ideas on how to make economic growth pro-poor in the Indian context
- 6. Identify trends in economic growth and alleviation of poverty and predict possible impacts for the future

## **Review of Literature**

- 1.Economic Growth and Poverty Reduction: There have been a number of studies looking into the relationship between economic growth and poverty reduction in India. Datt and Ravallion (2002) examined data from the 1990s to reveal how economic growth had strongly impacted poverty reduction in cities while the countryside lagged far behind. Similarly, it has been reported that the poverty reduction impact of India's GDP growth has been very patchy across states.
- 2. Efficacy of Pro-Poor Policies: Research argues that the focus should be on specific policies in order to bridge gaps. For example, MGNREGA is identified as a revolutionary employment guarantee scheme for rural India. But Dreze and Khera (2017) have brought out discrepancies in its implementation, mainly about delayed wages and a lack of information among beneficiaries. Such examples include the Public Distribution System, which has faced criticism due to inefficiency and leakage despite its promises to relieve food insecurity.
- 3.Policy Implementation Gaps: Literature reveals the problem of translating policy intentions into measurable outcomes. Kundu (2013) studies have found that urban poverty policies tend to ignore informal workers, who are a considerable proportion of the urban poor. In rural areas, inadequate infrastructure and bureaucratic barriers create barriers to the proper implementation of welfare programs.
- 4. Social Inclusion and Equity: Caste, gender, and geographic inequities further aggravate poverty. According to Deshpande (2011), "Dalits and Adivasis are the most underprivileged groups in India. They are the worst-off in terms of education and health." Gender-based studies also show that women, especially in rural areas, face systemic barriers to economic participation.

# **Data Analysis and Interpretation**

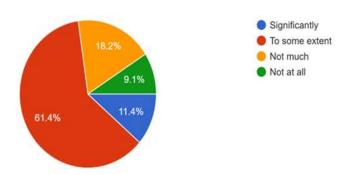
It's evident that the survey findings provide valuable insights into the perceptions and experiences of individuals regarding poverty alleviation and economic growth. Moving forward, policymakers, researchers, and practitioners can use these insights to inform evidence-based decision-making and develop targeted interventions that address the diverse needs and challenges identified by respondents. One key takeaway from the analysis is the importance of enhancing awareness and accessibility of government initiatives and policies aimed at poverty alleviation. Efforts to improve communication channels, increase transparency, and engage communities in decision-making processes can help bridge the gap between policy intentions and on-the-ground realities, ensuring that interventions are more responsive to the needs of the population.

Respondents offer diverse suggestions for enhancing the pro-poorness impact of economic growth, including policies to improve conditions in the informal economy, enhance labour market opportunities, increase financial inclusion, and provide basic necessities. These suggestions highlight the multifaceted nature of poverty alleviation efforts and the importance of targeted interventions that address structural barriers and promote inclusive development. Overall, the analysis reveals a generally positive perception of the impact of economic growth on poverty alleviation and well-being, along with awareness of government initiatives. However, there are also areas for improvement, such as increasing awareness of specific government policies and ensuring equitable access to information and opportunities for all segments of society. Key findings include a recognition of the impact of economic growth on household income, employment security, and access to essential services such as education and healthcare. Additionally, there is a belief in the contribution of economic growth to gender equality and poverty alleviation efforts, although opinions vary regarding the extent of its impact. The

analysis also highlights areas for improvement, including the need to enhance awareness of specific government policies and programs, improve accessibility to information, and address disparities in perceptions and experiences across different demographic groups. Overall, the survey underscores the importance of adopting comprehensive and inclusive strategies to promote sustainable development and reduce poverty. By addressing the diverse needs and priorities of communities, fostering inclusive growth, and ensuring equitable access to opportunities and resources, policymakers can work towards building a more resilient, prosperous, and equitable society for all.

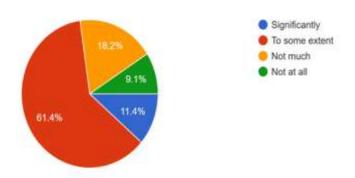
How aware are you of government initiatives aimed at poverty alleviation and economic development in your region?

44 responses



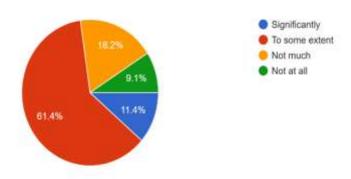
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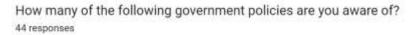
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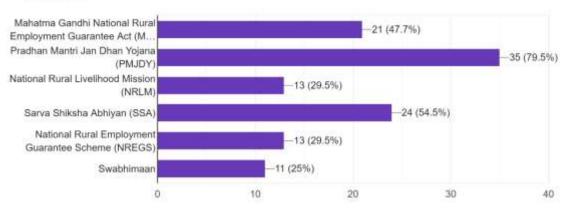


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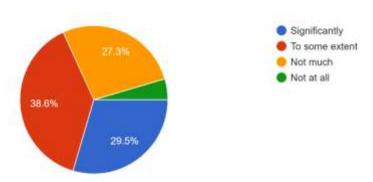
# Awareness of Government Policies

Survey data reveal that there exists a low level of awareness of programs such as MGNREGA and Pradhan Mantri Awas Yojana among the target beneficiaries, reflecting a communication gap. Qualitative data revealed that the absence of outreach mechanisms, coupled with bureaucratic inefficiencies, further limited access to these policies. Many respondents reported very little knowledge about their entitlements and the procedural steps needed to avail the benefits. The focus group discussions pointed towards localized awareness campaigns and simplified application processes to increase participation.

## Impact on Social Well-being

Respondents cited gains in access to education and healthcare but noted that these were marked by persistent differences in quality and availability. Quantitative evidence indicated a policy intervention effect on literacy in some regions. Qualitative findings showed that infrastructural factors such as inadequate school facilities and healthcare centres impeded the effectiveness of these programs. Respondents from rural areas highlighted the lack of skilled professionals and resources in government-run facilities as factors that affected their reliance on public services.

# How much do the economic policies affect the overall being of your individual household? 44 responses

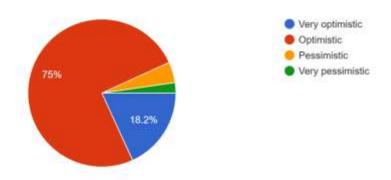


# **Employment and Income Trends**

Evidently, income growth remains inequitable as it increased levels of income. Urban/rural income disparities expand through statistics, and cities realize the better pace of economic growth compared to other cities. The informal employment is more common for a less privileged group and dominates most of the employment especially in rural areas. Such is the case where people in rural areas get the main stream of seasonal employment opportunities.

Considering the current trajectory of economic growth, how optimistic are you about the future of your community in terms of poverty reduction?





## Regional Inequities

The study also found regional inequities were quite stark, with states such as Kerala and Tamil Nadu doing better than others in terms of poverty alleviation due to better governance and implementation of policies. The states in central and eastern India were lagging behind, and the role of state-level administrative efficiency determined policy success. The data underlined the need for adapting strategies to regional contexts for equitable outcomes.

# **Cross-Cutting Themes**

The key cross-cutting themes are the role of social inclusion in enhancing policy impact. Gender-disaggregated data show that women often face additional barriers in accessing benefits due to cultural norms and systemic biases. Similarly, caste-based discrimination emerged as a significant impediment in some regions, and hence, there is a need for intersectional approaches in policy design.

The survey findings serve as a call to action for stakeholders across sectors to collaborate and innovate in addressing poverty and promoting inclusive development. By leveraging the insights gleaned from the analysis, we can collectively work towards building a more equitable, resilient, and prosperous future for all individuals and communities in India. The study underscores the importance of participatory approaches that involve communities in the design, implementation, and evaluation of poverty alleviation initiatives. By empowering individuals and communities to take ownership of their development processes, policymakers can ensure that interventions are contextually relevant, sustainable, and responsive to local needs and priorities. Furthermore, the survey highlights the need for targeted interventions to address the unique challenges faced by different demographic groups, including women, youth, and marginalized communities. Tailoring policies and programs to address intersecting forms of discrimination and disadvantage can help promote greater equity and social justice.

# Conclusion

The pursuit of economic growth and poverty alleviation in India is a multifaceted endeavour, marked by complex challenges and opportunities. This project aimed to assess the pro-poorness of economic growth in India, exploring various dimensions of the relationship between economic development, poverty reduction, and inclusive growth. Through a comprehensive review of literature and analysis of survey data, valuable insights have been gained, shedding light on the dynamics shaping poverty alleviation efforts in the country. The literature review provided a comprehensive overview of existing scholarship, tracing the historical evolution of economic growth and poverty alleviation initiatives in India. It highlighted the importance of adopting holistic approaches that address not only income poverty but also broader dimensions of well-being, including access to education, healthcare, and social protection. The review also identified emerging trends, such as the impact of digital technologies and climate change adaptation strategies, which offer promising avenues for enhancing pro-poorness outcomes.

Analysis of survey data further enriched our understanding by capturing the perspectives and experiences of individuals across various demographic groups. The survey findings revealed a generally positive outlook, with respondents expressing awareness of government initiatives and optimism about the future of poverty reduction efforts. However, the data also highlighted areas for improvement, including the need to enhance awareness of specific policies, improve accessibility to information, and address disparities in perceptions and experiences. Key findings from the survey underscored the interconnected nature of poverty and economic development, emphasizing the importance of adopting inclusive approaches that prioritize equity, social justice, and participation. Respondents identified a range of interventions to enhance the pro-poorness impact of economic growth, including policies to improve conditions in the informal economy, enhance labour market functioning, and increase financial inclusion.

One key takeaway from this project is the importance of adopting a multidimensional approach to poverty alleviation that goes beyond purely economic indicators to encompass broader dimensions of well-being, such as access to education, healthcare, social protection, and environmental sustainability. By addressing the root causes of poverty and promoting human development in all its forms, we can create more resilient and thriving communities that

are better equipped to withstand future shocks and challenges. This study emphasizes the importance of collaboration, long-term planning, and integrating poverty alleviation efforts into broader development agendas. It also highlights the need for inclusive and participatory approaches to policy-making and program design. The fight against poverty and the pursuit of inclusive economic growth require a comprehensive and multi-dimensional approach. This entails not only addressing immediate needs but also tackling root causes such as inequality, discrimination, and lack of access to resources and opportunities. Future research endeavours could explore additional dimensions of poverty and economic growth, such as the impact of environmental sustainability, urbanization, and globalization on poverty dynamics. Moreover, longitudinal studies tracking changes over time and comparative analyses across different regions and countries could provide deeper insights into effective strategies and best practices. From a policy perspective, it's essential to translate the findings of this project into concrete actions that prioritize the needs of the most vulnerable populations and ensure that no one is left behind. This may involve refining existing policies, designing new interventions, and allocating resources more effectively to maximize impact. Furthermore, fostering partnerships and collaboration among government agencies, civil society organizations, academic institutions, and the private sector is critical for implementing comprehensive and sustainable solutions to poverty alleviation and inclusive growth. By working together, stakeholders can leverage their respective expertise and resources to address systemic barriers and drive meaningful change.

# **Suggestions**

To maximize the impact of the research, it is ensured of widespread dissemination of your findings through various channels, such as academic journals, conferences, policy briefs, and social media platforms. Foster collaboration across diverse sectors, including government, academia, civil society, and the private sector, to address complex challenges collaboratively. Prioritize inclusive decision-making processes that involve all stakeholders, especially those directly affected by poverty, to ensure diverse perspectives are considered.

The following suggestions might be presented after studying the present day framework in case of the current scenario:

- 1.Policy Advocacy: Use the findings and insights from your research to advocate for policy changes and reforms aimed at promoting pro-poorness economic growth. Engage with policymakers, government agencies, and other relevant stakeholders to raise awareness about key issues and influence decision-making processes.
- 2. Community Engagement: Foster greater community engagement and participation in poverty alleviation efforts by organizing community meetings, workshops, and forums. Empower local communities to identify their own priorities, develop solutions, and advocate for their needs.
- 3. Capacity Building: Invest in capacity building initiatives aimed at strengthening the skills, knowledge, and capabilities of individuals and organizations working in the field of poverty alleviation. Provide training and support in areas such as project management, data analysis, advocacy, and community mobilization.
- 4.Partnerships and Collaboration: Forge partnerships and collaborations with other organizations, academic institutions, and grassroots movements working towards similar goals. Pool resources, share best practices, and leverage collective expertise to maximize impact and reach.
- 5. Monitoring and Evaluation: Establish robust monitoring and evaluation mechanisms to track progress, measure outcomes, and assess the effectiveness of interventions over time. Use data-driven insights to inform decision-making, refine strategies, and adapt to changing circumstances.
- 6.Innovation and Technology: Explore innovative approaches and technologies that have the potential to drive pro-poorness economic growth. Embrace digital solutions, social entrepreneurship, and other innovative models that can help address poverty in new and impactful ways.
- 7. Education and Awareness: Invest in education and awareness-raising campaigns aimed at increasing public understanding of poverty-related issues and fostering empathy and solidarity. Use storytelling, multimedia platforms, and other creative mediums to communicate complex concepts in accessible and engaging ways.
- 8. Advocacy for Social Justice: Advocate for broader social justice issues that intersect with poverty, such as gender equality, environmental sustainability, and human rights. Work towards creating a more inclusive and equitable society where everyone has the opportunity to thrive.
- 9.Long-Term Planning: Adopt a long-term perspective in your approach to poverty alleviation, recognizing that sustainable change takes time and requires sustained commitment. Develop multi-year plans and strategies that prioritize continuity, flexibility, and adaptation to changing circumstances.
- 10. Empowerment and Dignity: Place a strong emphasis on empowering individuals and communities to take ownership of their own development processes. Respect their agency, dignity, and rights, and work collaboratively to co-create solutions that are responsive to their needs and aspirations.

It advocates for evidence-based policies and practices grounded in rigorous research and data analysis, using compelling narratives to illustrate the human impact of poverty. Embracing adaptive learning to continuously improve strategies and approaches, fostering a culture of innovation and reflection. Advocate for increased investment in social infrastructure, including education, healthcare, and social protection, to address systemic barriers to poverty alleviation. Support initiatives that promote sustainable livelihoods and economic opportunities for marginalized populations, and prioritize the empowerment of women and girls as a key strategy for sustainable development. The recommendations outlined above provide a comprehensive framework for advancing pro-poor policies and fostering inclusive economic growth. By embracing a holistic approach that combines policy advocacy, community engagement, capacity building, partnerships, monitoring and evaluation, innovation, education, advocacy for social justice, long-term planning, and empowerment, we can work towards creating a more equitable and just society where poverty is alleviated, and all individuals have the opportunity to thrive. It is imperative that stakeholders at all levels, including policymakers, government agencies, non-governmental organizations, civil

society groups, academia, and local communities, come together in a spirit of collaboration and solidarity to implement these recommendations effectively. By leveraging our collective expertise, resources, and networks, we can catalyse meaningful change and address the root causes of poverty and inequality.

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