



The Impact of Social Group Work in Medical Social Work: A Study of Patient Outcomes and Experiences

Abiya Susan Tojo

Kristu Jayanti College

ABSTRACT:

Social group work is a vital component of medical social work, offering a unique set of benefits that enhance patient care and outcomes. This study examines the impact of social group work on patient outcomes and experiences in a medical setting. The results show that social group work leads to improved patient outcomes, increased patient satisfaction, and enhanced quality of life. The study highlights the importance of social group work in medical social work and provides recommendations for its effective implementation.

Introduction:

Medical social work is a vital component of healthcare, providing patients with emotional, psychological, and social support. Social group work is a key aspect of medical social work, offering a unique set of benefits that enhance patient care and outcomes. Despite its importance, there is a lack of research on the impact of social group work in medical social work. This study aims to address this gap by examining the impact of social group work on patient outcomes and experiences.

Hypothesis:

This study hypothesizes that social group work will lead to improved patient outcomes, increased patient satisfaction, and enhanced quality of life.

Literature Review:

Social group work has been shown to have a positive impact on patient outcomes and experiences in various healthcare settings. Studies have found that social group work leads to improved disease management, increased adherence to treatment plans, and enhanced quality of life. Social group work has also been shown to reduce feelings of isolation and loneliness, promoting a sense of community and belonging among patients.

Methodology:

This study used a mixed-methods approach, combining both quantitative and qualitative data collection and analysis methods. The study sample consisted of 100 patients who participated in social group work sessions in a medical setting. Data was collected using surveys, interviews, and focus groups.

Findings and Discussion:

The results of this study show that social group work leads to improved patient outcomes, increased patient satisfaction, and enhanced quality of life. Patients who participated in social group work sessions reported improved disease management, increased adherence to treatment plans, and enhanced quality of life. The qualitative data also revealed that social group work helped to reduce feelings of isolation and loneliness, promoting a sense of community and belonging among patients.

Recommendations:

Based on the findings of this study, the following recommendations are made:

- Social group work should be integrated into medical social work practice to enhance patient outcomes and experiences.

-
- Healthcare providers should provide training and support to social workers to facilitate the effective implementation of social group work.
 - Future research should focus on exploring the long-term effects of social group work on patient outcomes and experiences.
-

Conclusion:

This study highlights the importance of social group work in medical social work, demonstrating its positive impact on patient outcomes and experiences. The findings of this study provide valuable insights for healthcare providers, social workers, and policymakers, emphasizing the need to integrate social group work into medical social work practice.

References:

-
1. Toseland, R. W., & Rivas, R. F. (2017). *An introduction to group work practice*. Pearson Education.
 2. Northen, H., & Kurland, R. (2013). *Social work with groups*. Columbia University Press.
 3. American Cancer Society. (2020). *Cancer support groups*.
 4. Substance Abuse and Mental Health Services Administration. (2020). *Group therapy*.