



## **A Review Paper on High Strength Concrete**

*Shagun<sup>1</sup>, Akshit Sharma<sup>2</sup>, Arun Bahri<sup>3</sup>*

<sup>1,2</sup>B. Tech Department of Civil Engineering, HIET Shahpur

<sup>3</sup>Lecturer in B. Tech Civil Department, HIET Shahpur

---

### **ABSTRACT**

High-strength lightweight concrete (HSLWC) has emerged as a competitive alternative to normal weight concrete, combining high strength with reduced weight, ideal for specialized structural applications. This paper reviews the key aspects of HSLWC, including density, compressive strength, workability, durability, shrinkage, and fire resistance, highlighting findings from multiple studies. Key areas like the influence of lightweight aggregates (LWA), admixtures, and rheological properties on the performance and stability of HSLWC are discussed. Through this review, we aim to provide an overview of the current advancements in HSLWC and suggest future research directions for enhancing its performance and practical applications.

---

### **1. Introduction**

High-strength concrete has traditionally been associated with normal weight compositions, yet recent advancements highlight the potential of lightweight concrete to achieve similar strength levels. By reducing the self-weight, high-strength lightweight concrete (HSLWC) offers applications in large structures where weight reduction is advantageous, such as in high-rise buildings and marine platforms. This paper reviews developments in high-strength lightweight concrete, particularly focusing on mechanical properties, durability, rheology, and fire resistance, essential for its application in real-world structures.

---

### **2. Literature Review**

#### *2.1 Density, Compressive Strength, and Specific Strength*

Zhang and Gjrv (1991) presented an early exploration of HSLWC's mechanical properties, noting that lightweight aggregate (LWA) strength is a limiting factor. The study showed that HSLWC could achieve compressive strengths up to 102.4 MPa with specific strength of 0.055 MPa/kg/m<sup>3</sup>.

#### *2.2 Stability and Workability from a Rheological Perspective*

Chia, Kho, and Zhang (2005) highlighted the unique challenges in maintaining the stability of fresh lightweight aggregate concrete (LWC) due to the upward movement of LWA particles, contrasting with the behavior of normal weight aggregates. They found that proper rheological adjustments, particularly using Bingham's model for yield stress and plastic viscosity, could mitigate segregation issues, enhancing the workability of HSLWC.

#### *2.3 Elasticity, Shrinkage, and Creep*

Lopez et al. (2004) studied the shrinkage and creep of HSLWC and noted that HSLWC has a lower shrinkage at an early age due to internal curing effects from water stored in the LWA, which compensates for water loss under dry conditions. This characteristic provides HSLWC with resilience against early shrinkage cracking. Further research by Zhang, Li, and Paramasivam (2005) showed that incorporating silica fume can significantly reduce shrinkage in HSLWC, demonstrating the impact of supplementary cementitious materials in enhancing concrete durability.

#### *2.4 Water Absorption, Permeability, and Chloride-Ion Penetration*

Studies by Liu, Chia, and Zhang (2010) indicated that although HSLWC tends to have higher porosity than its normal weight counterpart, its transport properties, such as permeability and chloride-ion penetration resistance, are comparable when high-quality paste matrixes are used. These findings suggest that high-quality LWA and well-designed cementitious matrices can improve the durability of HSLWC in aggressive environments.

### 2.5 Fire Resistance

The fire resistance of HSLWC has been a major focus due to the tendency for explosive spalling observed in high-performance concrete at high temperatures. Research by Bilodeau et al. (1995) and Hoff et al. (2000) demonstrated that incorporating polypropylene fibers reduces the spalling of HSLWC under hydrocarbon fire conditions. This approach has become standard in fire-resilient HSLWC applications.

---

### 3. Conclusion

High-strength lightweight concrete presents unique advantages in reducing structural weight while maintaining high strength and durability. While the internal curing effects of LWA offer benefits in shrinkage and creep behavior, challenges remain in optimizing the concrete's resistance to segregation and fire spalling. Future research should continue focusing on advanced admixtures, alternative aggregate types, and rheological adjustments to fully realize the potential of HSLWC in broader structural applications.

---

### Reference

- Zhang, M.H., & Gjrv, O.E. (1991). Mechanical properties of high-strength lightweight concrete. *ACI Materials Journal*, 88(3), 240-247.
- Tattersall, G.H. (1991). *Workability and Quality Control of Concrete*. Chapman & Hall, London.
- Ferraris, C., De Larrard, F., & Martys, N. (2001). Fresh Concrete Rheology: Recent Developments. *Material Science of Concrete*, 6, 215-241.
- Ferraris, C. (2006). Concrete Rheology: Knowledge and Challenges?. In *Proceedings of 2nd International RILEM Symposium on Advances in Concrete Through Science and Engineering*, RILEM Publications SARL, 141-149.
- Beris, A.N., et al. (1985). Creeping Motion of a Sphere through a Bingham Plastic. *Journal of Fluid Mechanics*, 158, 219-244.
- Petrou, M.F., et al. (2000). Influence of Mortar Rheology on Aggregates Settlement. *ACI Materials Journal*, 97(4), 479-485.
- Chia, K.S., Kho, C.C., & Zhang, M.H. (2005). Stability of Fresh Lightweight Aggregate Concrete under Vibration. *ACI Materials Journal*, 102(5).
- Andi-akır, ., et al. (2009). Self-compacting lightweight aggregate concrete: Design and experimental study. *Magazine of Concrete Research*, 61(7), 519-527.
- Chia, K.S. (2006). *Workability and Stability of Lightweight Aggregate Concrete from Rheology Perspective*. Ph.D. Dissertation, University of Singapore.
- Chia, K.S., & Zhang, M.H. (2007). Workability of air-entrained lightweight concrete from rheology perspective. *Magazine of Concrete Research*, 59(5), 367-375.
- Chia, K.S., & Zhang, M.H. (2004). Effect of chemical admixtures on rheological parameters and stability of fresh lightweight aggregate concrete. *Magazine of Concrete Research*, 56(8), 465-473.
- Mindess, S., Young, J.F., & Darwin, D. (2003). *Concrete* (2nd ed.). Prentice Hall, Upper Saddle River, NJ.
- Lopez, M., Kahn, L.F., & Kurtis, K.E. (2008). Effect of internally stored water on creep of high-performance concrete. *ACI Materials Journal*, 105, 265-273.
- Berra, M., & Ferrara, G. (1990). Normal weight and total-lightweight high-strength concretes: A comparative experimental study. *SP-121*, 701-733.
- Zhang, M.-H., Li, L., & Paramasivam, P. (2005). Shrinkage of high-strength lightweight aggregate concrete exposed to dry environment. *ACI Materials Journal*, 102, 86-92.
- Nilsen, A.U., & Aitcin, P.C. (1992). Properties of High-Strength Concrete Containing Light-, Normal-, and Heavyweight Aggregate. *Cement, Concrete, and Aggregates*, 14(1), 8-12.
- Kayyali, A., & Haque, M.N. (1997). A New Generation of Structural Lightweight Concrete. In *Proceedings of the Third CANMET/ACI International Conference on Advances in Concrete Technology*, ACI SP 171, 569-588.
- Kohn, K., et al. (1999). Effects of artificial lightweight aggregate on autogenous shrinkage of concrete. *Cement and Concrete Research*, 29, 611-614.
- Geiker, M.R., Bentz, D.P., & Jensen, O.M. (2004). Mitigating autogenous shrinkage by internal curing. In J.P. Ries & T.A. Holm (Eds.), *High-performance structural lightweight concrete*, 143-154.
- Hoff, G.C. (2003). Internal Curing of Concrete Using Lightweight Aggregates. In *Theodore Bremner Symposium, Sixth CANMET/ACI, International Conference on Durability of Concrete*, 185-204.
- Bentz, D.P., Lura, P., & Roberts, J.W. (2005). Mixture Proportioning for Internal Curing. *Concrete International*, 27(2), 35-40.

22. Bentz, D.P., & Weiss, J. (2010). Internal Curing: A 2010 State-of-the-Art Review, NISTIR 7765.
23. Lopez, M., Kahn, L.F., & Kurtis, K.E. (2004). Creep and shrinkage of high-performance lightweight concrete. *ACI Materials Journal*, 101, 391-399.
24. Malhotra, V.M. (1990). Properties of high-strength lightweight concrete incorporating fly ash and silica fume. In *Second International Symposium on High-Strength Concrete*, 645-666.
25. Liu, X., Chia, K.S., & Zhang, M.-H. (2010). Development of lightweight concrete with high resistance to water and chloride-ion penetration. *Cement and Concrete Composites*, 32(10), 757-766.
26. Chia, K.S., & Zhang, M.H. (2002). Water permeability and chloride penetrability of high-strength lightweight aggregate concrete. *Cement and Concrete Research*, 32(4), 639-645.
27. Nyame, B.K. (1985). Permeability of normal and lightweight mortars. *Magazine of Concrete Research*, 37(130), 44-48.
28. Bentz, D.P. (2009). Influence of internal curing using lightweight aggregates on interfacial transition zone percolation and chloride ingress in mortars. *Cement and Concrete Composites*, 31(5), 285-289.
29. Al-Khaiat, H., & Haque, N. (1999). Strength and durability of lightweight and normal weight concrete. *Journal of Materials in Civil Engineering*, 11(3), 231-235.
30. Liu, X., Chia, K.S., & Zhang, M.-H. (2011). Water absorption, permeability, and resistance to chloride-ion penetration of lightweight aggregate concrete. *Construction and Building Materials*, 25(1), 335-343.
31. Bilodeau, A., et al. (1995). Mechanical properties, durability, and fire resistance of high-strength lightweight concrete. In *International Symposium on Structural Lightweight-Aggregate Concrete*, 432-443.
32. Hoff, G.C. (1996). Fire resistance of high-strength concretes for offshore concrete platforms. In *Proceedings, Third CANMET/ACI International Conference on Performance of Concrete in Marine Environment*, 53-87.
33. Gillen, M.P. (1997). The behavior of high-performance structural lightweight concrete at elevated temperatures. In *Proceedings, Third CANMET/ACI International Conference in Advances in Concrete Technology*, 131-155.
34. Bilodeau, A., Malhotra, V.M., & Hoff, G.C. (1998). Hydrocarbon fire resistance of high-strength normal-weight and lightweight concretes incorporating polypropylene fibres. In *International Symposium on High Performance and Reactive Powder Concretes*, 271-296.
35. Hammer, T.A., Smeplass, S., & Rønne, M. (1993). Special lightweight high performance concrete. In *Concrete 2000: Economic and Durable Construction Through Excellence*, 141-151.
36. Demorieux, J.M. (1998). L'incendie du Tunnel Sous la Manche. *Annales du Batiment et des Travaux Publics*, 43-65.
37. Phan, L.T. (1996). Fire Performance of High Strength Concrete: A Report of the State-of-the-Art, NISTIR 5934.
38. Jahren, P.A. (1989). Fire resistance of high strength/dense concrete with particular reference to the use of condensed silica fume - a review. In *Proceedings, Third International Conference on Fly Ash, Silica Fume, Slag, and Natural Pozzolans in Concrete*, 1013-1049.
39. Hoff, G.C., Bilodeau, A., & Malhotra, V.M. (2000). Elevated temperature effects on HSC residual strength. *Concrete International*, 41-47.
40. Bentz, D.P. (2000). Fibers, percolation, and spalling of high-performance concrete. *ACI Materials Journal*, 97, 351-359.
41. Bilodeau, A., Kodur, V.K.R., & Hoff, G.C. (2004). Optimization of the type and amount of polypropylene fibers for preventing the spalling of lightweight concrete subjected to hydrocarbon fire. *Cement and Concrete Composites*, 26, 163-174.
42. Speck, J.F., & Burg, R.G. (2000). Low-density high-performance concrete. In *High-Performance Concrete: Research to Practice, ACI SP 189-8*, 121-131.
43. Bergan, P., & Bakken, K. (2005). Sandwich Design: A solution for marine structures? In *\*Proceeding of Eccomas Marine*,