



Evaluation of Hepatotoxic Effect of the Chronic Use of Metronidazole in Wister Albino Rats.

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ABSTRACT

Metronidazole is a widely used antibiotic known for its efficacy against anaerobic bacterial and protozoal infections. Despite its therapeutic benefits, concerns have been raised regarding the potential hepatotoxic effects associated with its long-term use. The liver, being the primary site of drug metabolism, is particularly vulnerable to toxic insults from chronic drug exposure. This study aims to evaluate the hepatotoxic effects of chronic metronidazole use in Wistar albino rats, focusing on biochemical, histopathological, and molecular parameters. This study was designed with six groups (control: received normal saline, group 1: received 50mg/kg of metronidazole, group 2: received 40mg/kg of metronidazole, group 3: received 30mg/kg of metronidazole, group 4: received 20mg/kg of metronidazole and group 5: received 10mg/kg of metronidazole) per bwt. for 35 days of study. Biochemical markers of liver function, including alanine aminotransferase (ALT), aspartate aminotransferase (AST), and alkaline phosphatase (ALP), were measured. Histopathological analysis of liver tissues was conducted to identify any structural alterations. The result showed a significantly ($P < 0.05$) increased serum levels of aspartate aminotransferase, alanine aminotransferase, alkaline phosphatase, total and direct bilirubin and conjugated bilirubin. At the same time, there were decreased activities of serum levels of aspartate aminotransferase, alanine aminotransferase, alkaline phosphatase, total and direct bilirubin and conjugated bilirubin as the dosage concentrations decrease compared with the untreated control group. Administration of graded dosage of 50 and 40 mg/kg body weight significantly ($P < 0.05$) increased the liver damage marker enzymes, total and conjugated bilirubin, aspartate aminotransferase, alanine aminotransferase, and alkaline phosphatase in serum when compared with group that received low dosage of 10mg/kg body weight and the normal control. These results showed that administration of higher dosage of metronidazole and its long term usage exhibits a potent hepatotoxicity damage in rats. These findings will provide valuable insights into the safety profile of metronidazole, potentially influencing clinical guidelines and therapeutic practices.

INTRODUCTION

Metronidazole is a widely used antimicrobial agent effective against anaerobic bacteria and protozoa. It is commonly prescribed for conditions such as bacterial vaginosis, trichomoniasis, and gastrointestinal infections caused by *Helicobacter pylori*. Despite its therapeutic efficacy, there are concerns about the potential adverse effects associated with chronic use, particularly hepatotoxicity. Hepatotoxicity refers to liver damage caused by chemical substances and is a significant concern due to the liver's central role in metabolism and detoxification. Understanding the hepatotoxic effects of chronic metronidazole use is crucial for ensuring safe long-term treatment, especially in patients requiring prolonged therapy. Metronidazole is considered to have broad toxicological prospects compared to most xenobiotics due to its biotransformation in the liver through oxidation, hydroxylation, and conjugation of metronidazole glucuronide. Moreover, a cumulative number of studies on animals and humans indicated an association of metronidazole with the disturbance of alanine aminotransaminase (ALT), aspartate aminotransaminase (AST), alkaline phosphatase (ALP), total cholesterol (TC), and triglyceride (TG), which are factors involved in hepatotoxicity. Metronidazole also enhances steatosis-related early-stage hepatocarcinogenesis and induces liver tumors through increased hepatic neoplasms (AbdRabou M et al. 2023).

Hepatotoxicity refers to liver dysfunction or liver damage that is associated with an overload of drugs or xenobiotics (Navarro and Senior, 2006). The chemicals that cause liver injury are called hepatotoxins or hepatotoxicants. Hepatotoxicants are exogenous compounds of clinical relevance and may include overdoses of certain medicinal drugs, industrial chemicals, natural chemicals like microcystins, herbal remedies and dietary supplements (Willett et al., 2004; Papay et al., 2006). Certain drugs may cause liver injury when introduced even within the therapeutic ranges. Hepatotoxicity may result not only from direct toxicity of the primary compound but also from a reactive metabolite or from an immunologically-mediated response affecting hepatocytes, biliary epithelial cells and/or liver vasculature (Saukkonen et al., 2006; Deng et al., 2009). The hepatotoxic response elicited by a chemical agent depends on the concentration of the toxicant which may be either parent compound or toxic metabolite, differential expression of enzymes and concentration gradient of cofactors in blood across the acinus (Bleibel et al., 2006).

Metronidazole, a nitroimidazole antibiotic, is extensively used in clinical practice for the treatment of various infections, including those caused by anaerobic bacteria and certain protozoa. Due to its broad spectrum of activity and high efficacy, metronidazole is often prescribed for both acute and chronic infections. However, there is increasing evidence that suggests long-term use of metronidazole may be associated with hepatotoxic effects. The liver, which plays a central role in drug metabolism and detoxification, is particularly susceptible to damage from prolonged drug exposure (Papay *et al.*, 2006).

Several studies have reported instances of elevated liver enzymes and hepatocellular damage in patients undergoing prolonged metronidazole therapy. Despite these reports, the mechanisms underlying metronidazole-induced hepatotoxicity remain poorly understood, and comprehensive preclinical studies are lacking. Understanding the potential hepatotoxic effects of chronic metronidazole use is essential for developing safer therapeutic protocols and preventing liver damage in patients requiring long-term treatment (Plumb, 2005; Roach, 2007).

The liver, as the primary organ for drug metabolism, is particularly vulnerable to damage from chronic exposure to xenobiotics, including pharmaceuticals like metronidazole. Chronic drug-induced liver injury can result in a range of pathological conditions, from mild elevation in liver enzymes to severe liver dysfunction and hepatocellular necrosis. Despite clinical observations of metronidazole-induced liver toxicity, there is limited experimental data on its effects following long-term use (Oda, 2012; Chukwu *et al.*, 2015 a,b; Oyedeji *et al.*, 2015; Chandak *et al.*, 2016).

Drug-induced liver toxicity is a common cause of liver injury. It accounts for approximately one-half of the cases of acute liver failure and mimics all forms of acute and chronic liver disease (Kaplowitz, 2001). There is no scientific investigation on the hepatotoxicity of metronidazole the prolong users (chronic) for infection treatment. Therefore, this study seeks to evaluate the hepatotoxic effects of chronic metronidazole use in Wistar albino rats. By examining biochemical markers of liver function, histopathological changes, and molecular mechanisms of liver injury, this research aims to provide a comprehensive understanding of the potential risks associated with prolonged metronidazole therapy.

STATEMENT OF THE PROBLEM

Uncertainty in Long-term Safety: While metronidazole is effective for treating various infections, there is limited information on its long-term safety profile, particularly concerning hepatotoxicity. Chronic use of metronidazole may pose a risk of liver damage, which is not well-documented (Reynolds *et al.*, 2015; Bergan, 2015; Frey and Löscher, 2016).

While metronidazole is widely used and generally regarded as safe for short-term therapy, there is a significant gap in understanding its safety profile during chronic use. Reports of liver enzyme abnormalities and liver damage in patients undergoing prolonged metronidazole treatment raise concerns about its hepatotoxic potential. However, current knowledge is primarily based on case reports and limited clinical observations, lacking robust experimental evidence to elucidate the mechanisms of metronidazole-induced hepatotoxicity.

Without a thorough understanding of these mechanisms, clinicians are challenged in assessing the risks and benefits of prolonged metronidazole use, particularly in patients requiring long-term therapy. This gap in knowledge highlights the need for detailed preclinical studies to evaluate the hepatotoxic effects of chronic metronidazole administration and to inform safer clinical practices.

Few reports are available concerning the hepatotoxic (Caylor and Cassimatis, 2001; Wright *et al.*, 2003; Ligha and Paul, 2011) and nephrotoxic (Ligha and Paul, 2011) effects of nitromidazole derivatives. The genotoxic effect of MTZ was studied by Mudry *et al.*, (2013) and EL-Nahas and EL- Ashmawy (2015). Although MTZ is considered safe and is widely used in the human and veterinarian populations, it is necessary to clarify the potential biological risks in the use of MTZ. Moreover, histopathological studies concerning MTZ toxicity are scarce. Therefore, the aim of the present study is to assess the hepatotoxicity effect of metronidazole in Wister albino rat.

AIM OF THE STUDY

The aim of this study is to evaluate the hepatotoxicity effect of the chronic use of metronidazole in Wister albino rats.

OBJECTIVES OF THE STUDY

The specific objectives of this study is to:

1. Determine the hepatotoxicity effect of the chronic use of metronidazole in Wister albino rats.
2. To measure biochemical markers of liver function (AST, ALT, ALP, CB, and TB) in Wistar albino rats after chronic metronidazole administration.
3. To assess histopathological changes in liver tissue of Wistar albino rats exposed to chronic metronidazole use.
4. To compare hepatotoxic effects at different dosages of metronidazole over extended periods.

SIGNIFICANCE OF THE STUDY

Liver plays a central role in biotransformation and disposition of xenobiotics (Navarro and Senior, 2006). The liver may be exposed to large concentrations of exogenous substances and their metabolites as a result of prolonged usage. The activities of enzymes are influenced by various *endogenous* factors and exogenous drugs or chemicals (Deng *et al.*, 2009). Many substances can influence the cytochrome P450 enzyme mechanism (Kedderis, 1996). Certain substances may share the same cytochrome P450 specificity, thus competitively block their biotransformation activity and lead to accumulation of drugs metabolized by the enzyme.

Enhanced Understanding of Drug Safety, this study will provide valuable insights into the potential hepatotoxic effects of chronic metronidazole use, contributing to a more comprehensive understanding of its safety profile.

Informing Clinical Guidelines, the findings could influence clinical guidelines and recommendations for the use of metronidazole, particularly in settings requiring long-term therapy.

Mechanistic Insights, by elucidating the biochemical and molecular mechanisms underlying metronidazole-induced hepatotoxicity, the research could guide the development of targeted strategies to mitigate these effects.

Implications for Drug Development, understanding the hepatotoxic potential of metronidazole could inform the development of safer analogs or alternative therapies with reduced liver toxicity.

MATERIA AND METHOD

REAGENTS/CHEMICAL

The chemicals and reagents used for this study were of analytical grades. Metronidazole under trade name of Flagyl tablets 400 mg with an expiration date of 2026 was purchased from local pharmacy, Enugu state, Nigeria. Kits for biochemical assaying of ALT, AST and total bilirubin. Reduced glutathione (GSH), KH_2PO_4 , K_2HPO_4 , KCl, NaCl, and NAC was obtained from Decare Chemicals Company (Nsukka, Enugu, Nigeria).

EXPERIMENTAL DESIGN/PROTOCOL

Eighteen (48) male Wistar rats weighing between 140 and 180 g Wistar rats was randomly divided into six groups, three rats per a group.

Table 3.1 Experimental design

Groups	No. of animals	TREATMENT	Duration	Sacrificed
Group 1	8	50mg/kg metronidazole per b.wt. of rat twice daily	34 days	35th day
Group 2	8	40mg/kg metronidazole per b.wt. of rat twice daily	34 days	35th day
Group 3	8	30mg/kg metronidazole per b.wt. of rat twice daily	34 days	35th day
Group 4	8	20 mg/kg metronidazole per b.wt. of rat twice daily	34 days	35 th day
Group 5	8	10mg/kg metronidazole per b.wt. of rat twice daily	34 days	35 th day
CONTROL	8	Normal saline	34 days	35th day

SERUM ENZYMES ASSAY

Alanine Amino Transferase (ALT) activity: The ALT activity was assayed using the method of Reitman and Frankel (2007) as outlined in Randox test kit (USA).

Principle: The ALT activity was assayed by monitoring the concentration of pyruvate hydrazone formed with 2, 4-dinitrophenylhydrazine. The colour intensity is measured against the blank at 540 nm.

Aspartate Amino Transferase (AST) activity: The *in-vivo* activity of AST was assayed by Reitman and Frankel (2007) using Randox test kit (USA).

Principle: The AST activity was generally assayed by monitoring the concentration of oxaloacetate hydrazone formed with 2, 4-dinitrophenylhydrazine. The colour intensity is measured against the blank at 546 nm.

Alkaline phosphatase (ALP) activity: The ALP activity was assayed using the method described by Klein *et al.* (2010).

Principle: The principle of this assay is based on the reaction involving serum ALP and a colourless substrate of phenolphthalein monophosphate, giving rise to phosphoric acid and phenolphthalein at alkaline pH values, turns pink that can be determined photometrically.

Total Bilirubin Test: The total bilirubin activity was assayed using the method described by Klein *et al.* (2010).

Principle: Bilirubin reacts with diazotized sulfanilic acid to produce azobilirubin, which has an absorbance maximally at 560nm in the dimethyl sulfoxide (DMSO) solvent. The intensity of the colour produced is directly proportional to the amount of total bilirubin concentration present in the sample.

Conjugated Bilirubin Test: The conjugated bilirubin activity was assayed using the method of Reitman and Frankel (2007) as outlined in Randox test kit (USA).

Principle: Bilirubin reacts with diazotized sulfanilic acid to produce azobilirubin, which has an absorbance maximum at 560nm in the aqueous solution. The intensity of the colour produced is directly proportional to the amount of direct bilirubin concentration present in the sample.

Statistical analysis: Data was expressed as Mean±standard deviation statistically using one-way analysis of variance (ANOVA). Acceptable value of $p < 0.05$ was considered to be statistically significant. The Statistical Products and Service Solutions (SPSS) software version 20 was used for this analysis.

RESULT

Data presented in figure 1-5 shows the study of serum liver enzymes levels of metronidazole induced hepatotoxicity rat and liver damage treated groups as compared to control group.

Effect of metronidazole on total bilirubin serum enzymes

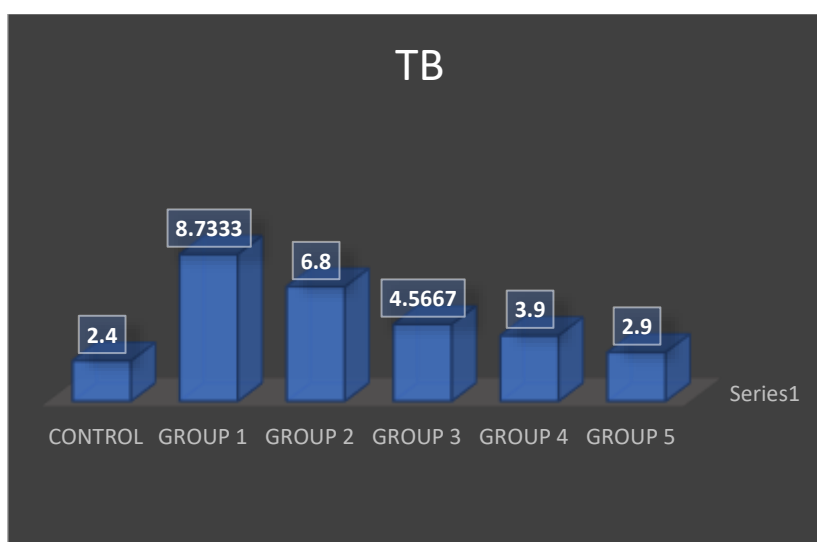


Figure 1: Effect of metronidazole on total bilirubin (TB) serum enzymes

The result in the figure 1 shows that all the groups administered graded dose of metronidazole reveals a significant ($P \leq 0.05$) increase in total bilirubin in group one with continuous administration of metronidazole when compared to the control. However, it is observed that group one which received the highest conc. of 50mg/kg metronidazole per body weight of the rats increased significantly ($P \leq 0.05$) when compared to the other groups.

There was a statistically significant ($P < 0.05$) increase in TB activity in all the groups used in this study but significantly decreased as dosage of administration decreased.

Effect of metronidazole on conjugated bilirubin

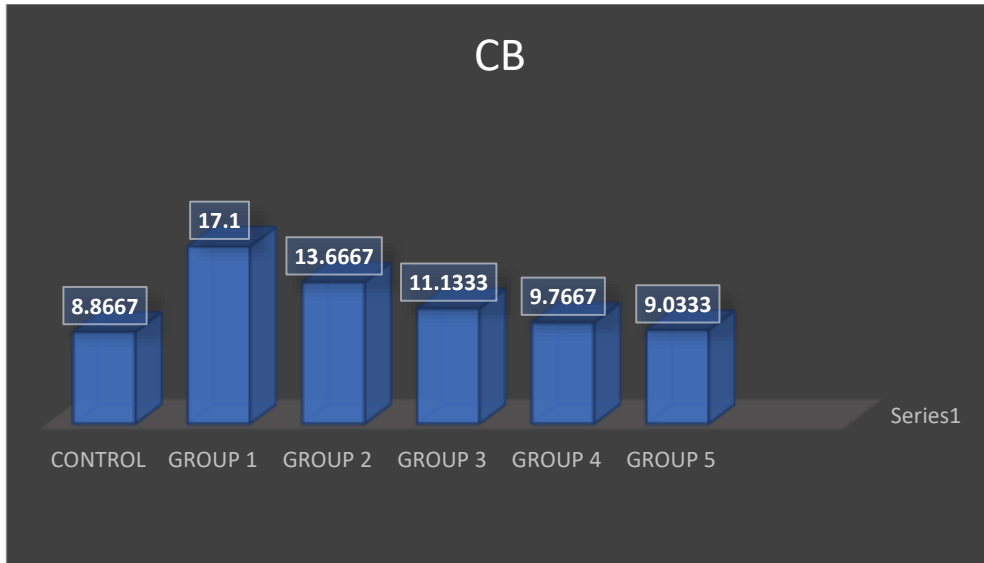


Figure 2: Effect of metronidazole on conjugated bilirubin

The data in figure 2 showed that group 1, 2, 3, 4 and 5 had significant ($P \leq 0.05$) increase in CB with continuous administration of graded dosage of metronidazole. However, group one which received a highest on body weight of rats showed a high significant ($P \leq 0.05$) increase in CB when compared to the control.

There was a statistically significant ($P < 0.05$) increase in CB activity in all the groups used in this study but significantly decreased as dosage of administration decreased.

Effect of metronidazole on Aspartate Amino Transferase (AST) serum enzymes

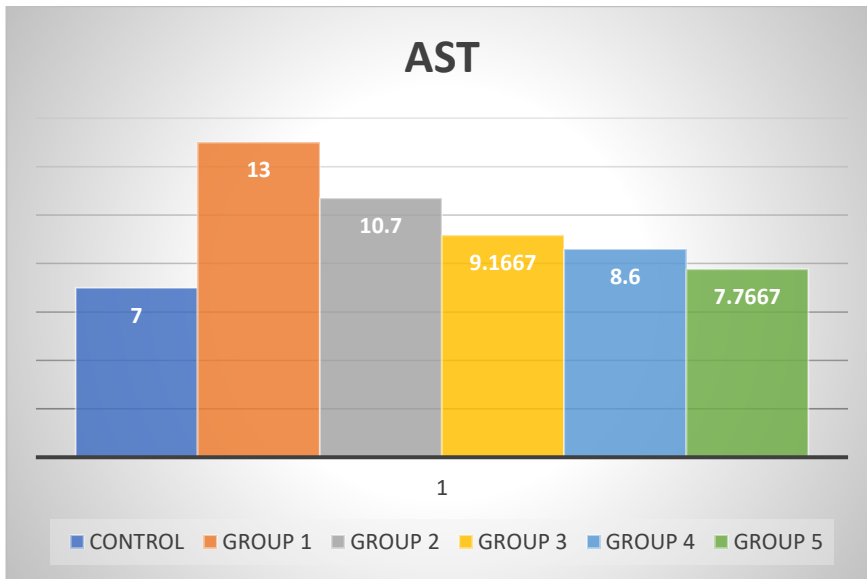


Figure 3 Effect of metronidazole on Aspartate Amino Transferase (AST) serum enzymes

The result in figure 3 shows that group 1, 2, 3, 4 and 5 which received different concentrations of metronidazole had significantly ($P \leq 0.05$) increase in AST with respect to the dosage concentration. However, group one which receives highest dose of 50mg/kg metronidazole showed a highly significant ($P \leq 0.05$).

There was a statistically significant ($P < 0.05$) increase in AST activity in all the groups used in this study but significantly decreased as dosage of administration decreased.

Chronic effect of metronidazole on alkaline phosphatase (ALT) serum enzymes

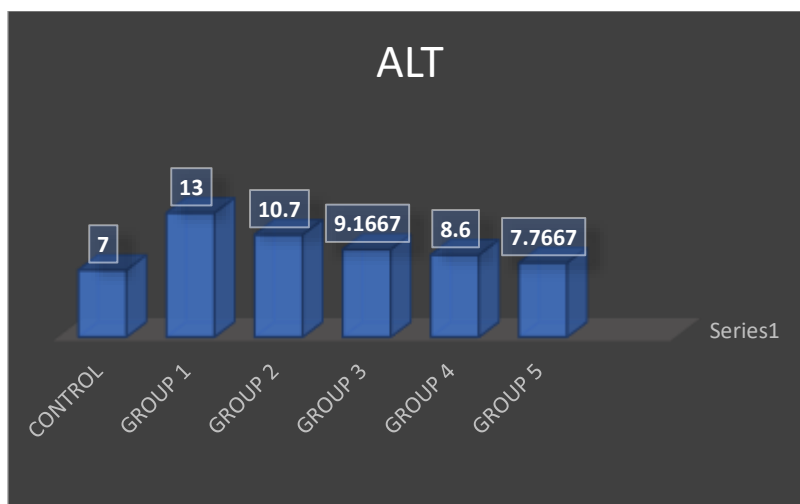


Figure 4: Effect of metronidazole on alkaline phosphatase (ALT) serum enzymes

The results as observed in figure 4 showed that group 1, 2, 3, 4 and 5 which received graded dosage of metronidazole had a significant ($P \leq 0.05$) increase in liver ALT when compared to that of the normal control. However, group 1 and 2 administered 50 and 40mg/kg of metronidazole showed high significant ($P \leq 0.05$) increase in ALT serum level when compared to the normal control.

There was a high statistically significant ($P < 0.05$) increase in ALT activity in group 3, 4 and 5 used in this study but significantly decrease in group 1 and 2 after metronidazole administration.

Chronic effect of metronidazole on alkaline phosphatase (ALP) serum enzyme

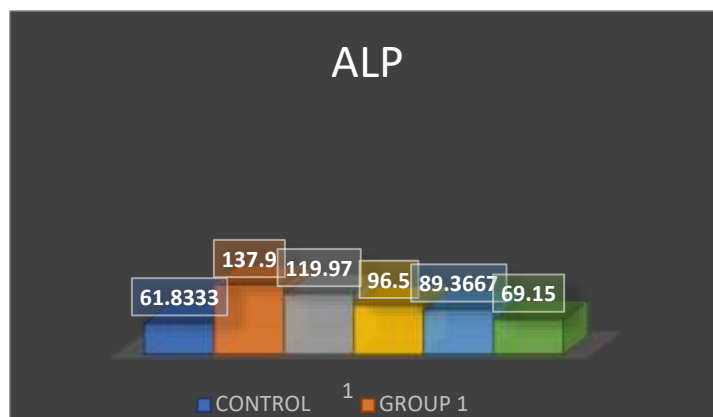


Figure 5: Effect of metronidazole on alkaline phosphatase (ALP) serum enzymes

The data in figure 5 shows that all the groups administered with graded doses of metronidazole had significant ($P \leq 0.05$) increase in liver enzyme ALP in group 1, 2, 3, 4 and 5 when compare to control. Group 1 and 2 which received highest doses of 50mg/kg and 40mg/kg of metronidazole which showed high significant ($P \leq 0.05$) increase when compared to control. However, comparisons between the groups shoed that except, group 5, all the other groups administered varying concentrations of the metronidazole showed high significant ($P \leq 0.05$) increase compared to the control.

There was a statistically significant ($P < 0.05$) increase in ALP activity in group 3, 4 and 5 used in this study but significantly decreases in group 1

Discussion

The results obtained from evaluation of hepatotoxicity effect of the chronic use of metronidazole in Wister albino rats, findings from examined liver showed a highly significant differences between the control group and the groups administrated with metronidazole. This was agreed with the results obtained by (Asiedu-Gyekye *et al.*, 2014), the biochemical parameters for liver function (ALT, AST) level of control rats and the rats administrated with acetaminophen were in close agreement. Metronidazole treated groups exhibited varying hepatic alterations in liver compared with those of control groups. Al-Dabagh and Mohammad (2008) suggested that liver are considered as potential toxicity targets for drugs. This finding is in consonance with our results in this present study which showed a significant increase in the liver function enzymes. There is a significant ($p \leq 0.05$) increase in total bilirubin (TB) as the dosage concentration increased as shown in figure 4.1. Group one recorded a highest increase in TB with a value of 8.37 ± 0.05 when compared with the control with a value of 2.40 ± 0.14 , this may be as a result of the high dosage concentration received by group one. Ahmad *et al.*, (2016) reported that a single therapy of ofloxacin, ornidazole and metronidazole drugs increases hepatotoxicity and renal toxicity. This is in agreement with our findings as observed in figure 1-5 which showed significant ($p \leq 0.05$) increase in liver function enzymes as dose of administration increases. There is a statistical significant ($p \leq 0.05$) increase in CB between all the study groups. CB decreases with a decrease in dosage concentration. Under therapeutic

doses, metronidazole is detoxified in the liver mainly by glucuronidation and sulfation (Akamatsu and Horio, 2008). Part of metronidazole is metabolized by CYP450 (Akamatsu *et al.*, 2009) CYP2E1, and is converted to a toxic metabolite. Chronic administration of metronidazole was observed from this study to increase TB, CB, ALT, AST and ALP. This is in conformity with the findings, mechanistically, acetaminophen is assumed to increase the serum levels of AST and ALT, TB, ALP and induces liver injury (Rahman and Hodgson, 2000). To confirm the histopathological alterations in examined tissues, total bilirubin, serum alanine aminotransferase (ALT), aspartate aminotransferase (AST) level were estimated. Usually the serum levels of AST, ALT are increased in case of liver damage, which was observed in this study..

Metronidazole administration caused significant ($p < 0.05$) increase of serum ALT and AST activities which parallel to the histopathological changes in the liver. These findings in agreement with the previous findings obtained by (Ahmad *et al.*, 2010; Oda, 2012). This increase in the activities of ALT, AST might be due to the damage of cellular membranes of hepatocytes, which in turn leads to an increase in the permeability of cell membranes and facilitates the passage of cytoplasmic enzymes outside the cells leading to the increase in the aminotransferase activities in blood serum (Gaur and Bhatia, 2009). Cheong *et al.*, (2011) and Yamamoto *et al.*, (2012) recorded that metronidazole-induced encephalopathy developed in patients with liver cirrhosis. Administration of high dose or chronic usage of metronidazole induced elevation of TB, AST and CB activities and histopathological alterations in liver Enzymes as observed in figure 1, 2 and 3 respectively. This was consistent with the generally accepted hypothesis that transaminase level becomes elevated with hepatic damage of parenchyma and the hepatocytes (Ahmed and Khater, 2001). These results indicated that metronidazole had a hepatotoxicity effect and hence induce liver damage.

Odah S, in a study on the histopathological and biochemical alterations in metronidazole-induced toxicity in male rats, showed elevations in ALT and AST with reduction in Albumin levels which were parallel to the histopathological findings in the liver (Odah, 2012). However, ALT is more specific to liver and thus a better parameter for detecting liver injury as AST is also associated with diseases of other organs such as heart and muscle (Ozer *et al.*, 2008). These findings concur with this present study which showed significant increase ALP in figure 4.5. The presence of ALP mostly in cells lining the biliary duct of the liver and is used to diagnose obstruction to the biliary system. Therefore, its elevation in the blood indicates cholestatic diseases such as gallstone or tumor blocking the bile duct (Burtis and Ashwood, 2001). In this study, chronic exposure of rats to metronidazole at different dosage caused a significant increase in ALP, TB, CB, and AST only on group one at the dose of 1.5 mg/kg while there was a dose-dependent and significant ($p \leq 0.05$) elevation of ALT in figure 4 when compared to control group. This may be an indication of cholestatic disorder. Also the liver is prone to xenobiotic-induced injury because of its central role in xenobiotic metabolism (Bass and Ockner, 1996).

CONCLUSION

Chronic administration of metronidazole could pose significant risks of hepatotoxicity. This study aims to elucidate the extent and mechanisms of liver damage induced by prolonged use of metronidazole in Wistar albino rats. By evaluating biochemical and histopathological changes, the research will provide crucial insights into the safety profile of metronidazole, potentially impacting clinical practices and guidelines. The liver plays an important role in preventing the accumulation of compounds by converting them into a suitable form for elimination. All compounds undergo xenobiotic metabolism, which requires multiple biochemical transformations. The result of this present study showed that chronic use of metronidazole have effect on the liver.

RECOMMENDATION

Regular Monitoring: Patients on long-term metronidazole therapy should undergo regular liver function tests to detect early signs of hepatotoxicity.

Dosage Adjustments: Consideration should be given to adjusting doses or treatment durations to minimize liver damage risk.

Alternative Therapies: Explore alternative antimicrobial agents or combination therapies with a lower risk of hepatotoxicity for long-term treatments.

Further Research: Additional studies are needed to confirm these findings and to explore protective strategies against metronidazole-induced liver damage.

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