



International Journal of Research Publication and Reviews

Journal homepage: www.ijrpr.com ISSN 2582-7421

How to Promote and Maintain Peace All Over the World? - Part 1

Dr. Siddharth AMR Kalingarayar

Athbrahm Private Limited, Palace, Bodipalayam Road, Uthukuli P.O, Pollachi Via, Tamil Nadu 642004, India

Email info@lemurrianyoga.com

ABSTRACT:

All the schools of thoughts, all philosophies and all moral teachings preach nonviolence, love and peace. Many eminent persons like Aristotle, Plato, Socrates, Shakespeare, Leo Tolstoy, Lord Buddha, Lord Mahavir, Moses, Jesus, and Prophet Mohd. John F. Kennedy, Robert F. Kennedy, Martin Luther King, Mother Teresa and Jawaharlal Nehru fought to maintain world peace. But unfortunately, they had not achieved total success in their attempts and efforts. All the historical rulers of world countries miserably failed to pay enough attention to global peace. Even modern administrators elected by people do not focus on world peace. Also, the awareness among people is very poor. The astonishing scientific advancements of sophisticated and dangerous weapons pose a number of threats and challenges to peace. The author has spent on this problematic problem of humanity for more than three centuries to find easily implementable solutions for the establishment and maintenance of TOTAP PEACE across all the 192 global countries.

Keywords: Social Injustices, war, poverty, exploitation, unrest, violence, peace.

Social injustices

To maintain peace and happiness in a country, the following social injustices should be eradicated:

Food insecurity, hunger, racial quality, shaming, intolerance, gun violence, communal riots, chaos, confusion, unrest, ignorance, cheating, exploitation, bribery, nepotism, favoritism, corruption, income gap, maladministration, rape, murder, centralized power systems, unemployment and so on.

To keep peace properly, the following social phenomena should be maintained:

Full freedom, democracy, public awareness, clean administration and decentralized power systems

A brief analysis forces us to arrive at a conclusion that all the big powers are not peaceful countries. The following are the calmest and peaceful countries in this world:

[Iceland](#)

[New Zealand](#)

[Ireland](#)

[Denmark](#)

[Austria](#)

[Portugal](#)

[Slovenia](#)

[Czech Republic](#)

[Singapore](#)

[Japan](#)

[Switzerland](#)

[Canada](#)

[Hungary](#)

[Finland](#)

[Croatia](#)[Germany](#)[Norway](#)[Malaysia](#)[Bhutan](#)[Slovakia](#)

(Top 20 Most Peaceful Countries in the [World](#) (2022 Global Peace Index — lower is better):

Please look at the above

Please look at the above twenty countries. A brief layman's analysis indicates that the above twenty nations are so small when we compare them to bigger countries like Russia, Australia, Canada and the USA. Also, these countries have decentralized power systems. One cannot find and even imagine such a peace in China, India and other countries mentioned in the previous sentences. There is no poverty and any social injustices in the Arab world but there is neither democracy nor freedom there. It is very sad to know that out of 164 countries, India is the 118th freest nations. But Indians boast that India is the biggest democratic country!

In the Nordic nations, namely, Norway, Sweden, Denmark and The Netherlands, the Royal Monarchs are the heads of state. Yes, the King is the ruler. But the members of the Royal family travel by bus, cycles and two wheelers. Even the Prime Minister of those countries go to office by bus. Also, the honorable members of the Royal families take part in private and public functions like an ordinary citizen. The economies of these countries are so strong. There is no corruption and social injustices. These governments provide with people all the necessary facilities.

How is this possible?

- 1) Decentralized power systems
- 2) Small population
- 3) Public awareness
- 4) Very clean administration

The following are the happiest countries in this world:

1. Finland
2. Denmark
3. Norway
4. Iceland
5. Netherlands
6. Switzerland
7. Sweden
8. New Zealand
9. Canada
10. Australia

Kindly note that the much developed and big powers and big countries are not listed above.

There is full democracy in the USA, Canada, UK, France, Australia and France. But unfortunately gun violence, chaos, confusion and unrest are also there. These countries have enormous natural resources but there is very less natural wealth in the above-mentioned twenty countries. So, the above four requirements are a must for a peaceful country. In nations like China, North Korea, and the Arab world there is neither corruption nor any other social injustices. There is no poverty at all. But unfortunately there is neither freedom nor democracy.

Discussion

A peaceful country must be free from the fetters of all types of social injustices. A peaceful and happiest country should have full democracy, freedom and wealth. The USA and the UK possess 100% democracy and freedom. Going back to the US democracy and freedom, the Ex resident Nixon is a good

example. Nixon plotted to tape the conversations of the Democratic Party leaders at Watergate. When this was leaked out, Nixon's own Republic party members FORCED him to resign. This is democracy and freedom. When the sexual scandal of President Clinton flashed all over the world, Clinton's Democratic leaders advised him to compromise with his illegal sex partner Monica Lewinsky. The beauty is that President Clinton accepted his bad affairs with Miss Lewinsky and settled down the issue by compensating with a very huge amount. When the US army refused to obey Presidential orders, Lincoln did not punish the army. This is democracy and freedom. But there are a lot of social injustices and crimes in this country. That is why the mighty USA is not at all a peaceful or happiest nation on earth..

Let us focus our attention on British democracy. There is also more than 100% democracy but it is not a peaceful and happiest country. There is 100% democracy even in the British army. In the battlefield, if a commander misbehaves, all the other forces can ARREST him/her and democratically elect a new commander. The arrested commander will be produced before Her Majesty the Queen for further trials and punishment. But unfortunately, there are also a number of social injustices and the people are not at all happy or calm.

Conclusion

The author's prime goal, aim, vision and mission is to establish PEACE in all the 192 global countries by instructing Lemurian peace yoga. This practice is very easy and everyone can perform this. Even young children, old people, patients, pregnant women and physically and mentally disabled persons can also practice this. There are no side effects at all. If every person can attain peace, consequently his/her nation obtains peace. People are haunted by EGO, EMOTION, ANGER, and ENMITY & REVENGE. These are the basic ill qualities of all human beings. The regular practice will transform these ill qualities into virtues of humility, modesty, humbleness, diffidence, altruism, unselfishness, timidity, passion, cordiality, forgiveness, pardon, emission and friendship.

The easier implementation process of solution and remedies for global peace and happiness will be interpreted and explained in the forthcoming articles of this series.

Acknowledgments

The author would like to thank Sennimalai Kalimuthu , 2/394, Kanjampatti P.O, Pollachi Via, Tamil Nadu 642003, India [[ORCID ID: 0000-0001-7978-9013](https://orcid.org/0000-0001-7978-9013)] for his kind encouragements and guidelines for the preparation of this paper.