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Social Problems of Aged People

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ABSTRACT

It is very important for everyone in the society to be aware of the problems that arise in the society because such social problems create the problem of breakdown in the society. One such problem is that the elderly also face many problems. It is important to understand what the problem is and what kind of problems the elderly and the elderly face.

Key Words : social problem, Aged, Problems of the Aged

Introduction

In every society, some problems are seen. If you look at the history of any human society, you will find some problems. Along with the time, the problems also change. These problems affect every person in the society. Problems of disintegration and breakdown also arise. Generally speaking, as human needs increase with time, a person goes on the wrong path to get things. Often one does not even know when one is doing the activities of the opposite. Such problems are gradually spreading very rapidly in human life due to which crime, family disintegration, suicide, black market, corruption, stress and social problems are on the rise. Prevention also becomes very important that's why various studies are being conducted in today's times to find out the problems and their correction so that at some point such problems can be solved to a lesser extent.

Social Problem

Any inappropriate situation or event occurring in the society can be considered as a problem because such a situation has a negative impact on the society. Various definitions of social problems have been given by experts. which affects a significant number of people undesirably and people believe that something can be done about such a situation through collective action" From this it can be understood that a problem is a situation that adversely affects society but that people in society come together to It can also solve the problems, so it can be said that to solve any problem of the society, all the citizens of the society should come together and make a collective effort to solve the problem so that order is maintained in the society and the society can go on the right path of progress.

Aged

Generally speaking, a person goes through four stages in his life according to age 1. Infancy 2. Adolescence 3. Youth 4. Old age. This condition is determined by age. If we look at old age, people above 60 years of age are considered elderly in the census of India. Along with this age, they also have to face various problems which have an impact on the society.

Problems of the Aged

Aged people have to face a variety of problems out of which let us understand some of the problems.

1. Physical dependence

With age, the physical strength of a person also decreases, due to which hearing loss, hand tremors, leg tremors and physical weakness are almost faced by the elderly, due to which the elderly have to rely on others to do their work. Can't even report some physical illness along with having to take help of others due to physical disability which often becomes a problem for themselves as well as others.

2. Financial problem

With time, when the elderly are physically unable to work and unable to engage in income-generating activities, they have to rely on others financially to meet their needs. In Indian society, the elderly are financially dependent on their children, so they often depend on their children as well as other people. They are ashamed to ask for money for their needs and often face problems of poverty, borrowing and debt due to unemployment.

3. Loneliness problem

As the old person grows older, he gradually becomes isolated from various functions of the society, his contacts with people also decrease, he gradually avoids going around and meeting people, his contact with family members and other people in the society decreases due to which he feels lonely. Sometimes one wants to spend time with family members but family members are often busy with their work and cannot give proper time to the elderly due to which they feel isolated and lonely.

4. Problem of social adaptation

With the passage of time, social affairs also change, every generation sees a change in customs and norms in today's time, the old people follow the customs and norms of their time, whereas in the present day, the change is seen in the modern generation, due to which there is a gap between the two generations. It is also seen that the elderly cannot keep up with the modernity of new clothes, fashion, different foods and new technologies properly so they have difficulty in adapting to the society.

Conclusion

Every person in the society has some kind of relationship with the Aged and almost everyone has to go through old age so solving the problems related to the Aged is the moral duty of every individual. But there is a feeling of warmth which becomes an important thing to maintain the order of the society. Proper care of the Aged, quality care and provision of basic needs should be done so that such social problems can be remedied.

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