

## International Journal of Research Publication and Reviews

Journal homepage: www.ijrpr.com ISSN 2582-7421

# Concept of Child Rearing in India: A Comparison between Maternal and Parental Views

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DOI: https://doi.org/10.55248/gengpi.4.823.50645

#### ABSTRACT

Child rearing is an integral aspect of parenting, which plays a vital role in shaping a child's emotional, cognitive, and social development. In India, child rearing is deeply influenced by cultural norms, traditions, and societal expectations. This article explores the concept of child rearing in India, focusing on the perspectives of mothers and parents. By comparing maternal and paternal views, we aim to understand the dynamics and unique approaches taken by each in nurturing and raising their children.

Key words: Child rearing, Maternal aspects, paternal aspects

#### **Introduction:**

Child rearing, also known as parenting, is a multifaceted process encompassing the physical, emotional, and psychological care of children. In India, the concept of parenting is deeply rooted in cultural values, beliefs, and historical practices. Traditionally, the responsibility of child rearing primarily falls on the mother, but modern society is witnessing a gradual shift towards shared parental responsibilities. This article delves into the maternal and paternal perspectives on child rearing in India, highlighting similarities and differences in their approaches.

#### **Cultural Influences on Child Rearing in India:**

Indian society places immense importance on family bonds, respect for elders, and maintaining traditional values. These cultural influences heavily impact how children are raised and nurtured. Mothers, often regarded as the primary caregivers, are expected to provide emotional support, instill cultural values, and guide children in their early formative years.

## **Maternal Views on Child Rearing:**

Indian mothers traditionally embrace a nurturing and protective role in child rearing. They are typically more involved in day-to-day care, emotional development, and moral guidance. The mother-child bond is considered sacred, and mothers are encouraged to be emotionally attuned to their children's needs

Mother's view: "As a mother, my primary focus is on nurturing my child emotionally and instilling in them our cultural values and traditions. I believe that a strong mother-child bond is the foundation of a child's well-being, and I take great pride in being there for my child every step of the way."

## Paternal Views on Child Rearing:

Historically, Indian fathers have been perceived as the authoritative figures, primarily responsible for providing financial support and discipline. However, societal shifts and increased awareness of gender equality have led to changing paternal roles. Modern Indian fathers are becoming more actively involved in their children's lives, fostering stronger emotional connections and contributing to decision-making processes.

Father's view: "As a father, I've realized the importance of being actively involved in my child's life. I want to be more than just a provider; I want to be their friend, mentor, and confidant. It's not just about setting rules; it's about fostering a sense of responsibility and helping them navigate life's challenges."

## **Education and Career Perspectives:**

Maternal views on education tend to emphasize the importance of academic excellence and inculcating moral values in children. On the other hand, paternal views often focus on professional success and the practical aspects of career development.

**Mother's view:** "Education is paramount for our children's future, and I strive to ensure my child excels academically. I believe in teaching them not just what is written in textbooks but also values like empathy, kindness, and respect for others."

Father's view: "While education is crucial, I also emphasize the importance of practical skills and being prepared for the real world. I want my child to pursue their passions and interests, ensuring they have a successful and fulfilling career ahead."

#### Discipline and Authority:

Maternal discipline is often perceived as gentle and nurturing, while paternal discipline may be stricter and more focused on instilling respect for authority. These differences can lead to varied parenting styles, with mothers tending to be more lenient and fathers adopting a firmer approach.

**Mother's view:** "I believe in discipline, but I tend to be more nurturing in my approach. I try to understand my child's feelings and perspective before taking any disciplinary action. It's essential to maintain a loving and supportive environment where they feel safe to express themselves."

Father's view: "Discipline is vital for shaping our child's character, but it should be done with love and understanding. I aim to be firm yet fair, setting boundaries and guiding them towards making responsible decisions. It's about teaching them right from wrong and preparing them for life's challenges."

## **Gender Roles and Expectations:**

In Indian society, gender roles and expectations significantly influence child rearing practices. Sons may be encouraged to develop self-reliance and independence, while daughters might be raised with a greater emphasis on family values and domestic skills. However, progressive attitudes are gradually challenging these traditional gender norms.

Mother's view: "Our culture often imposes gender roles, but I believe in raising my son to be sensitive and respectful towards all genders. It's essential to break away from stereotypes and allow our children to explore their interests and talents freely."

Father's view: "As a father, I want my daughter to be confident and independent, just like any son would be. I encourage her to pursue her dreams, and I'm here to support her every step of the way. I believe in treating both my children equally, regardless of their gender."

#### **Conclusion:**

The concept of child rearing in India is dynamic and evolving, shaped by cultural norms and changing societal values. While maternal views have historically been dominant, there is a noticeable shift towards shared parental responsibilities, reflecting the changing landscape of parenting in India. Understanding the perspectives of mothers and fathers is crucial to create a supportive environment for children's holistic development. Encouraging open dialogues and fostering mutual respect between parents can lead to a more balanced and enriching parenting experience for both the child and the parents.

In conclusion, harmonizing maternal and paternal views, incorporating the best of both worlds, can lead to a well-rounded and nurturing upbringing for the children of India, ensuring a brighter and more promising future for the next generation.

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