Transparency

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ABSTRACT:-

Being straight forward and honest are qualities that are necessary for being transparent. Communication about our roles and duties with others is made easier through transparency. This quality is crucial because it helps us build relationships based on trust and shows that we are willing to be honest with others.

INTRODUCTION:-

Being open and forthcoming with our ideas and opinions is what it means to be transparent. A communication and relationship-building strategy called transparency places an emphasis on being open and honest with others. Conversations between people tend to be more open-and-shut the more transparency there is in life. Because it eliminates uncertainty and encourages honest engagement, transparency is particularly helpful in boosting productivity and enhancing overall performance.

SYNONYMS OF TRANSPARENCY:-

Clarity, Clearness

BENEFITS OF BEING TRANSPARENT-

Genuine relationships

Real relationships are based on openness and trust. Because we mutually assist one another and exchange knowledge when we are transparent, genuine ties develop between individuals. Genuine connections develop when people are upfront with one another from the beginning. Open connections are particularly useful since they are trustworthy.

Clearly expressed words

Clear communication with others helps to prevent misunderstandings. Our discourse is therefore clear and understandable. When we communicate clearly, we invite inquiries and give the other person the option to clarify anything they may have missed.

increased output

Being honest also has the advantage of increasing productivity. People tend to enquire more, ask for assistance, and justify their actions when they are continuously transparent. Projects typically wrap up more quickly when people are transparent with one another since any confusion is promptly resolved.

built-in trust-

People begin to trust us when we are transparent over time because they are aware that we are always truthful and upfront with them. A good relationship is built on a foundation of established trust because it fosters polite communication and supportive interactions.

Prepared personnel-

If we are a leader in our organisation, transparency might provide employees the confidence they need. For instance, if you know your company will sign a highly big client, letting your workers know beforehand gives them time to make preparations.

Similar to this, even if we are not managers, our openness can still help team members foresee situations. Think about the case where we are honest about not knowing a programme. due to the fact that we alerted your staff so they may

Consider taking the following actions to increase transparency at work:

1. Be truthful

When you communicate openly with co-workers, you must sincerely convey our feelings and thoughts. In order for others to comprehend, we express our honest feelings and provide explanations. Because people can support us when we are open and honest, especially when we need assistance, honesty is very valuable in the job. Employees won't be able to help us if they are unaware of what is happening.

2. Provide details-

Giving information away is similar to saying what you actually mean when you talk honestly. Information disclosure refers to not withholding specifics from another person when speaking with them. It also entails fully communicating your intentions to your workforce.

3. Submit inquiries-

Since we are aware of our desire to grow and learn, asking questions shows our transparency and humility. A fantastic method to get people to explain what they don't know is to ask them questions. People can learn by sharing their knowledge with others in this atmosphere. Asking questions openly discloses any additional training that employees require as well as the disparity in employee knowledge.

4. Offer opinions

Whether we give feedback formally through a dialogue or informally through an evaluation, doing so is a useful strategy for being transparent. Giving someone feedback entails making both favourable and unfavourable comments about their work or performance. People are more accustomed to our input when we are transparent or when we have a reputation for being transparent.

5. Maintain your composure-

Transparency includes remaining professional. Transparency does not necessitate that we divulge every element of our personal lives or ourselves, even though it does imply giving genuine facts. Additionally, be careful you respect employee privacy and refrain from pressuring them to be honest before they're ready. Act as an example of openness instead so that people can be inspired and motivated to be more so.

6. Be truthful-

A wonderful strategy to maintain transparency at work is to be realistic. Realistically assessing our company helps us identify both its positive and negative traits. Being transparent entails identifying both the positive and negative aspects of our company's performance. When we converse with other workers,

Relationship between the Doshas: Kapha Dosha

Relationship between Deha Prakriti and Kaphaj Prakriti

Relationship between Manasa Prakrati and Satava Prakriti

 Relationship between Triguna - Satava Guna

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