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## ईश्वर प्रणिधान **Dedicated To God**

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### ABSTRACT –

Samadhisiddhirishwarapranidhanat. (2/45 P.Y.O.)

The achievement of Samadhi is achieved by devotion to God. Before understanding this last point of the rule, it is necessary to think about two types of human thinking. Whatever work I do, I do it only on my own strength. This type of thinking will only increase the ego. The work that is done is done by God only, when this feeling comes in the mind, the person becomes indolent. Both the above ideas are not suitable. If we think about our childhood, then it becomes clear that what power was there in us? What was your understanding? Cry when you are hungry, cry even if your clothes are dirty. Mother only took care of us, brought us up through culture and nutrition. With the help of many people, we have been able to reach the present position. God's blessings have been there for our overall development.

Therefore, it is necessary to surrender everything before that Almighty God. This is Ishwar Pranidhan and for more clarity it is necessary to understand the definition of Ishwar Pranidhan.

### Definition:

Dedicating all the deeds done with mind, speech and body to God, not wanting any worldly (worldly) fruit of those deeds, having the desire to attain liberation. While doing every deed, 'God' is seeing, hearing and knowing me, I am doing deed in the presence of God, having such a feeling is called Ishwar Pranidhan.

Ishwar Pranidhan means devotion to God includes chanting and meditating on Him with the mind, thinking of Him with the intellect, doing work thinking of serving Him with the body and senses etc. Every devotee of God wants to have an interview with God. All the great men who have been in the world have told the remedies; Among them, Maharishi Patanjali has given Ashtanga Yoga. Under that, devotion to God is an important part.

Maharishi Vedvyas has used the word 'Bhakti Vishesh' for Ishwar Pranidhan. He said, if you do 'bhakti special', you will be dedicated. Maharishi Dayanand Saraswati has also expressed 'special devotion' in his own words. He said, "Bhakti means always be ready to obey him". Obeying the one to whom you are surrendering, obeying his instructions, obeying his rules, this is dedication. Maharishi Vedvyas has expressed it in his own words as follows – "Sarvakriyanam paramguravarpanam tatfalsnyaso va" "Sarvakriyanam means whatever we do, dedicate each work, each action to Paramguravarpana-Supreme Guru Ishwar. This is Ishwar Pranidhan. Whatever you do, dedicate it all to Ishwar. Dedicate the gold and silver ornaments etc. made to everyone. Maharishi Ved Vyas ji has said 'Tatphal sannyaso va' means don't desire the fruits of what you did. What is the meaning of not wanting the fruit? This also has to be understood. Whatever we have achieved as a result of the hard work, efforts we have made, that means we do not want anything in return for what we have done, if this is the meaning of renouncing the fruit, then no one will be able to do any work. If we take the meaning of 'renouncing the fruit' in a wrong way, then no one will be able to worship God. Whatever inert matter is obtained by working, if the work is done considering it as the final result, then the soul does not get complete satisfaction, it does not get complete satisfaction, it does not get complete fearlessness, it cannot become completely independent. He cannot be free from worldly bonds. Therefore, have a desire for that fruit, the fruit of which gives complete satisfaction.

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## What is the meaning of Pranidhan?

Pranidhana is a Sanskrit word meaning "surrender," "devotion" or "to be supported". Ishvara Pranidhana is the final precept in Patanjali's Yoga Sutras and refers to surrender to a higher source (God). Surrendering to divine consciousness and working in the world is the spiritual act of relying on divine wisdom to guide one's life and actions. In Buddhism, pranidhana is usually performed by a bodhisattva that he can bless all human beings. Will try to help someone enter Nirvana and will not enter himself until this goal is achieved. In yoga, through meditation and/or by practicing mantras and mudras as well as asanas Ishvara pranidhana can be practiced through the actions of a yogi's daily life. By practicing ishvara pranidhana, the yogi surrenders to his presiding deity, thereby establishing his own connection with the universe. It is believed that that surrender to God leads to enlightenment and, ultimately, union or oneness with the ultimate reality, or Brahman. But to practice Ishvara Pranidhana, the yogi need not choose a chosen deity; Instead, he may focus on an idea or spiritual knowledge that inspires him. Your doshas may become imbalanced during this time of stress and uncertainty. To help you draw attention to your flaws and identify what your major flaw is,

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## Synonyms of pranidhan-

1. Pranidhan 2. Meditation 3. Samadhi 4. effort 5. probation 6. effort 7. worship 8. devotion 9. worship 10. engrossment 11. meditate

Ishwar Pranidhan is the fourth appendage of the second limb rule of Yoga. It is also called Saranagati Yoga or Bhakti Yoga. This yoga is the yoga of collecting and activating the power by stopping the distraction of the mind. God is called Parameshwara, Paramatma and Brahman. Not God or God.

Animal husbandry has meaning. to be noticed . try . In yoga practice, samadhi. Worship done with full devotion and devotion. Meditation by concentrating the mind. Animal + paddy. What is paddy? Rice enclosed or wrapped in husk. Means you understand why only paddy was said. Because the rice which is closed or wrapped in paddy peel is white. In the same way, in this shell like body, the God in the form of self remains covered. Remove the peel of your body by being introverted and get the paddy rice in the form of soul and satisfy your hunger for ages. In fact, every word used in Sanatan carries a deep philosophy and meaning. This makes Sanatan the best of all. According to God's Pranidhan, the one who is engrossed in different types of gods and goddesses to achieve that one, his mind should be ready to sacrifice his life for that Supreme, even after getting entangled in confusion and disorientation. It is called 'Ishwar Pranidhan'

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## Benefits:

Body, mind and brain will remain healthy with us. All kinds of obstacles in life can be won on the strength of self-confidence. This yoga does not cause any kind of disease and grief. Where the disorders of anger, greed, lust, unconsciousness etc. within a person come out by self-study, the body becomes strong by penance. By having unwavering faith in God, one never has to face any disease and grief in life and the path to success becomes easy for him.

Hey Nath! My mind is frustrated, all my arguments are over, I know nothing but you; You are my only refuge. You are the true father, you are the loving mother, you are the friend who saves from trouble, you are the true friend; Knowledge, wealth and everything, O God! You are my everything."

O Lord, O refuge! May your life be free today; save me, save me To love you is love, to know you is knowledge. Lord! Donate your love by making medicine, bathe me with your love, purify me, give me the light of your knowledge, so that my inner and outer light becomes auspicious knowledge! There is no support for me, there is no speed; You are my everything, the basis of life,

Importance from social health :-Being illusory like the water of a mirage or like the creation of a dream, considering that all the qualities of Maya act as qualities, being free from the pride of being a doer in all the actions performed by the mind, senses and body (A0 5 Shlok 8-9) and constantly working in unity in the form of the all-pervading Sachchidanandandghan Parmatma While being situated, there should be no sense of being anyone other than the one Sachchidanandaghan Vasudev,

Keeping equanimity in success and failure considering everything as God, abandoning attachment and desire for fruit, performing all actions for God only according to Bhagavad-gya (A0 2 Shlok 48, A0 5 Shlok 10) and with devotion-devotion in mind, speech and body By surrendering to God, continuously thinking about his form along with name, qualities and effects (A0 6 verse 47), this is the means of karma yoga.

Because the result of both the above means is the same, they are actually considered integral (A0 5 Shlok 4-5). But due to the difference between the two in the time of spiritual practice, both the paths have been told differently (A0 3 Shlok 3). That's why a man cannot walk by both the routes at the same time, just like there are two routes to go to Shri Gangaji, a man cannot go by both the routes at the same time. Among the above means, the means of Karma Yoga cannot be made in the sannyas ashram; Because in sannyas-ashram it has been said to renounce even the form of actions and the means of Sankhya Yoga can be made in all ashrams.

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**CONCLUSION –**

Due to keeping the feelings of the mind in God's living paddy, it enhances all the virtues as well as nourishes. My god I am not a fool that you always reside in my heart country. You are the source of my life. Everything that is happening in this moment-to-moment changing, moment-to-moment creation-disappearing world, whatever is appearing, whatever is moving and then disappearing from the eyes, is all animated by your being. , is pulsating. Let my mind and soul reside in you, and let this knowledge of mine, this consciousness remain that apart from your will I have no movement, no shelter, no refuge, no existence. This body is a dead body, it is alive because you breathe in it. Oh my dear, my dear! May I keep getting your embrace juice in my heart country. Whatever I do with your inspiration and signal, you do your work through me, achieve your purpose; Only your love resides in my heart, you reside in the form of love; You remain the light in my intellect, you are the thoughts in my mind. Take all my ego in you, Lord! Nothing should remain in me except you, only you should remain. Oh Almighty, Almighty Lord! Even if I unite with you in the state of samadhi and become like you; But even forgetting this, I should not assume that I am like you. What am I? A trifling negligible thing - who is dependent on your kindness for every single hundred of his, your kindness is smiling. What is the status of this particle in front of your infinite ocean, Lord!

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