



A Search on the Impact of Struggle in Human Life and How it Affects Our Journey

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ABSTRACT

This essay discusses the effects that struggle has on people's lives. A struggle may take many different forms, such as a difficult job, a disease of any type, a difficult love affair, poverty, etc. This essay will encourage you to talk about difficulties. This subject was chosen since it pertains to the lives of all living things and because we have firsthand experience with it. The act of struggling involves the use of our mental faculties. It takes a lot of physical and mental effort to live our lives. Some people start off with money, therefore they probably don't have as many issues to deal with as the average impoverished person. Some people experience stress and troubles from the start of their lives, yet they persevere through them to achieve success.

Keyword- Job Struggle, Human, Life, Poverty, Struggle.

INTRODUCTION

We all have read or heard the story of a king and a spider in our childhood, in which a king goes to a forest after being disappointed by repeated defeats. There in a cave he sees that a spider was trying to climb a place but fell again and again, despite that the spider kept trying and finally succeeded in climbing up. Taking inspiration from him, the king comes back and tries again and gets Vijayashree. Even though this is a story, it teaches an important lesson of life very easily and that is that the man who tries, struggles, only he gets success. Kabirdas has said in this context

‘जिन खोजा तिन पाइया, गहरे पानी पैठ।’

The man who tries, tries, struggles, only he gets the pearl of success. Struggle is synonymous with human life as well as complementary. Struggle is that companion of man who accompanies him from the cradle to the grave. The only way to get victory in life is to fight with full confidence, struggle against obstacles. That's why it is said that the one who has learned to challenge the high-rising waves of the world-like ocean, has collected the unique gems of success. The one who sat on the shore in fear has lost his life. Iron becomes steel only after being heated in fire. It has also been said in the Gita that whether the path of life is success or failure, the resolve to struggle should not be relaxed. In the words of the great poet Harivansh Rai Bachchan:

जब नाव जल में छोड़ दी, तूफ़ान में ही मोड़ दी,

दे दी चुनौती सिंधु को, तो पार क्या, मझधार क्या।

Swami Vivekananda has also said that get up, wake up and don't stop until the goal is achieved.

संघर्ष : विभिन्न आयाम

Man is physically weaker than many creatures, yet man is in the best place among all creatures on the strength of his intelligence, his discretion, his struggle. Whatever may be the situation, whatever may be the calamity, man overcomes them by continuously struggling. While the struggles of other living beings are limited to physical needs, there are different dimensions of human life and its struggle which includes physical as well as mental, social, spiritual etc. Abraham Maslow propounded the concept of "Need Hierarchy", according to which the needs of human life are in the form of a pyramid, and man constantly struggles to achieve them. When one need is satisfied, man moves on to the next need. These needs were divided by Maslow into physiological, safety, social, self-esteem, and self-actualization. The needs of life and the struggle of life complement each other. Need encourages man to work, to struggle and the one who struggles gets success. Conflict is not only with other human beings or external circumstances. The real struggle is within man, he has with himself. Unless a man wins from the inner struggle, he does not even realize what he can do. Just like there is an incident in

Ramayana in which Hanuman ji forgets that he can fly and can go to Lanka by crossing the ocean in the blink of an eye. But the moment a person overcomes the inner struggle and becomes aware of his capabilities, from that moment that person becomes full of self-confidence and chooses success without being affected by the even-odd circumstances of life. Only such a man can say that

नहीं नहीं प्रभु तुमसे
शक्ति नहीं माँगूँगा।
अर्जित करूँगा उसे मरकर बिखरकर
आज नहीं कल सही आऊँगा उबरकर

संघर्ष (Struggle) : Importance

Struggle is a test of life which in the end opens the door to victory and solves the problem. A struggling person, even after repeated defeats, again and again with the same zeal and enthusiasm gets involved in a new effort. Success and struggle go hand in hand. Even after achieving the goal, man has to be continuously struggling to maintain it.

Struggle makes a person successful in life. This quality is essential for his strength, success and reach to success. Struggle means to face and overcome the problems, difficulties and obstacles faced by him in his journey. It gives us the ability to survive in the face of all the challenges and situations of the world. It helps us to remain positive despite failure and motivates us to move forward towards success. It is a mental strength that gives us the ability to learn from failure and encourages us to find new ways. Struggle is always needed in life. We face many difficulties in life not only during school or college but also outside. At every stage of life, we are faced with newer and greater challenges. Therefore, struggle is life. In this universe, from the smallest creature to the biggest creature, everyone is struggling in some form or the other. The one who gave up the struggle, became dead. The struggle in the life of a human being starts from before his birth and continues till his life. There is a struggle in the whole life with the nature, with the self, with the circumstances. Life is a struggle, a life without struggle is synonymous with death. In this context, poet Shri Jagdish Gupta has written that

सच हम नहीं, सच तुम नहीं
सच है महज संघर्ष ही।
संघर्ष से हटकर जिए तो क्या जिए हम या कि तुम।
जो नत हुआ वह मृत हुआ ज्यों वृन्त से झर कर कुसुम।

"No success is achieved without struggle:

We see great people but no one sees the struggle to achieve that success whereas the real link to reach success is that struggle. If we see the past of those people whom we see on the heights of success, then we will get to know that this success has been achieved through a lot of struggle with life. In whose life difficulties do not come, everyone's life is full of difficulties and problems. It is very important to have patience even in critical situations, to keep your mental state right. All the successful people or great personalities have faced difficult situations with great courage. Struggle is the first step to success. And it is true that the harder the struggle, the more glorious the victory.

When we struggle, then only we come to know our strength and potential. It is only by struggling that we get the courage, confidence to move forward and ultimately we achieve our destination.

उपसंहार (Epilogue)

Even in the Gita, Lord Shri Krishna has said the same thing to Arjuna: Struggle is tiring, but it makes us beautiful from outside and strong from inside. That's why every struggle that comes in life should be welcomed. This was the advice given by the Lord to Arjuna, O Arjuna! Welcome this war of struggle. Finally in the words of poet Kedarnath Agarwal

जो जीवन की धूल चाट कर बड़ा हुआ है
तूफ़ानों से लड़ा और फिर खड़ा हुआ है
जिसने सोने को खोदा लोहा मोड़ा है
जो रवि के रथ का घोड़ा है
वह जन मारे नहीं मरेगा
नहीं मरेगा

जो जीवन की आग जला कर आग बना है
फ़ौलादी पंजे फैलाए नाग बना है
जिसने शोषण को तोड़ा शासन मोड़ा है
जो युग के रथ का घोड़ा है
वह जन मारे नहीं मरेगा
नहीं मरेगा

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