



Influence Dark Triad Personalities in Aggressive Behavior

Rizky Dwi Safitri^{a}, Annisa Lyona^a, Evi^a, Chusnul Kotimah^a, Diah Karmiyati^b*

^a M. Psychology Science Student, University Of Muhammadiyah Malang, Jl. Raya Tlogomas No.246 Malang-East Java 65144, Indonesia

^b Assistant Prof., University of Muhammadiyah Malang, Jl. Raya Tlogomas No.246 Malang-East Java 65144, Indonesia

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ABSTRACT

Dark triad personality has three dark personality characteristics that overlap but are also different, there are three traits in the dark triad personality itself including machiavellianism, narcissism, and psychopathy. Dark personality has an influence on aggression behavior. This systematic review aims to analyze 12 international journals regarding the influence of dark triad personality on aggression behavior. The results of a systematic review show that psychopathy has the biggest influence on aggression behavior, and machiavellianism is one of the predictors of the emergence of Reactive/Proactive aggression and narcissism separately affects aggression if associated with age.

Keywords: Dark Triad Personality, Psychopathy, Machiavellianism, Narcissism, Aggression.

1. Main text

Aggression is a problem that often occurs in social relationships, especially aggressive behavior in adolescents and early adults, which is something that is often discussed nowadays. Aggressive behavior not only has a negative impact on the environment but also has an impact on oneself (Lier, van, 2016). Aggressive behavior seems like it can't be separated from everyone, directly Whether or not someone tends to express their emotions in various forms. Forms of aggression can take the form of direct and indirect physical and verbal action (Dinić & Wertag, 2018). Aggressive behavior itself is closely related to a person's personality. Each person has a unique personality and makes them different from other individuals. But in the development of a person's personality there is a dark personality that can emerge in a person and influence his actions in carrying out social relationships. Maladaptive personality which we often call Dark Triad Personalities has three constructs that form the concept Dark Triad Personalities among others are Machiavellianism, Narcissism, and Psychopathy (Heym et al., 2019). The presence of several aggressive behaviors associated with Dark Triad Personalities someone, like Aggressive and Sexual Dream Content, Empathy Deficits, Cyber-Aggression, Violence shows that personality has a big role in the formation of aggressive behavior (Heym et al., 2019; Pabian et al., 2015; Pailing et al., 2014).

Aggression is any form of behavior intended to hurt or injure another person (Krahé, 2020). Aggressive behavior itself can appear in various forms, there are several dimensions to describe aggressive behavior, including response modality, immediacy, response quality, visibility, instigation, goal direction, type of harm, duration of effects, and social units involved. Form response modalities depicted through physical, verbal, postural and relational actions (Dinić & Wertag, 2018; Krahé, 2020) and seen immediacy aggression itself can be shown directly or indirectly, Where direct aggression is behavior carried out with the aim of hurting or causing harm to another individual by dealing directly between the victim and the perpetrator, while indirect aggression is the act of hurting another person from behind without having to face the perpetrator and victim either physically or verbally (Singh et al., 2020). response quality In aggression it can be seen actively and passively. An active response is involving someone in an unwanted action, while a passive response is refraining from engaging in an action. See visible aggression can be done openly or covertly. Overt aggressive behavior is carrying out actions in front of other people, while covert aggressive behavior is usually carried out in secret (Krahé, 2020).

Narcissism is a personality trait where someone thinks that they deserve better than other people because they are unique and special. Narcissistic individuals are people who fall in love with their own reflection. Narcissism can be seen from three different points of view (the self, the interpersonal, and the strategies for self-regulation). The self for self, a narcissist has the feeling that he is unique and special, this view is related to a sense of entitlement to get whatever he wants, because the uniqueness of the self is related to interpersonal characterized by low empathy for others. Narcissistic individuals tend to use other people as tools to achieve their goals, resulting in superficial and exploitative interpersonal relationships. strategies for self-regulation Narcissists usually seek attention and praise, and put themselves at the center of everything. When self-defense strategies fail, narcissistic individuals tend to react with aggression and revenge (Lyons et al., 2019).

Psychopathy considered to be the darkest trait within dark triad personality. Psychopathy has a stronger relationship with ignoring others, manifesting in interpersonal behavior such as intimidation and sadism and leading to criminal contexts (Lyons, 2019). In relation to aggression psychopathy has quite a large influence compared to the other two traits (Pabian et al., 2015). Machiavellianism, narcissism, and psychopathy are antisocial personality traits that are independent and interrelated, so that these three personality traits are related to aggressive behavior (Liu et al., 2021).

Dark Triad Personalities has an influence on aggressive behavior. This is interesting to research further and is important because aggressive behavior can affect the environment, other people and even oneself. This research aims to find out which personality traits are in Dark Triad Personalities which plays the biggest role in the emergence of aggressive behavior, and find out whether each of the characteristics of Dark Triad Personalities influence aggressive behavior or each personality trait is interrelated in forming aggressive behavior. Instigation or the urge to carry out aggression can be categorized into reactive and proactive where aggression refers to the motivation to carry out actions that can harm other people. Reactive aggression, while carrying out aggression for other purposes such as money, social status, or justice is called proactive aggression. Reactive aggression is an affective and impulsive action to show a response to provocation, temporarily proactive aggression is an instrumental and planned act after provocation (Dinić & Wertag, 2018). Goal direction or the direction towards which the aggression is carried out is hostile aggression where aggressive behavior is motivated by the desire to express anger and give rise to feelings of hostility, other than that there is instrumental aggression where aggressive behavior is used to achieve a certain goal (Krahé, 2020). Types of harm Aggression can be in physical or psychological form. Aggression in physical form can occur in the form of violence that physically injures the victim ((Pailing et al., 2014), while aggression can attack the mental condition of the victim, as happens in cyber aggression where most victims are hurt by the sentences or words of the perpetrator written on their social media accounts (Pabian et al., 2015), Duration of effects seen from how long the effects left behind by acts of defensive aggression can be temporary or long-lasting, and Social unit involved or individuals involved in acts of aggression are usually individuals, groups, even communities (Krahé, 2020).

Aggressive behavior does not just happen, there are several aspects that cause aggressive behavior to appear, one of which is the influence of personality, in this case Dark Triad Personalities plays a big role in the emergence of acts of aggression. Dark Triad Personalities has three personality traits that overlap but are also different, there are three inner traits dark triad personality among them are Machiavellianism, narcissism, and psychopathy. These three traits share the core of manipulation, indifference and selfishness, where these three traits are characterized by ignoring social norms and leading to social violations (Lyons, 2019).

Machiavellianism is a personality trait that uses flexible manipulation strategies to achieve its goals, usually by appearing affectionate, keeping one's word, honest and innocent (Lyons, 2019). Machiavellianism consists of two main traits, namely manipulative interpersonal tactics and a cynical view of human nature (Monaghan et al., 2018).

2. Method

There are several processes in conducting a systematic review, namely planning review (identifying benefits and developments), doing review (search for journals, select primary, assessing journal quality, extracting and synthesizing data) and reporting (Kitchenham, 2004). Plan review for authors begins by creating a research question using the systematic review question formula, SPIDER (Sample, Phenomenon of Interest, Design, Evaluation, Research Type). Deep research questions review This is, does the dark triad influence a person's aggressive behavior? Additionally, the authors identified search terms and designed the search protocol. The author found terms from the research question and expanded these terms to create a complete list of search terms. The search words used are, narcissism, Psychopathy, Machiavellianism, Aggression, Aggressive, and Violence. These search words are used to search for journals in databases Scie Direct, Sagepub, Scopus, Publish or Perish, and Google Scholar. After that, all journals were checked for duplication by the author using Mendeley and Rayyan. The authors did screening in all journals that have escaped duplication based on title and abstract. The journal that escaped from screening title and abstract, then analysis is carried out based on the full version of the journal. The next stage was to select 12 journals from the 73 journals that discussed aggressive behavior which was influenced by dark triad personality. The author determines the internal boundaries review These are: (1) the journal discusses dark triad personality includes one of the following narcissism, psychopathy, and Machiavellianism as the dependent variable and aggression as the independent variable, (2) the subject is in the early adulthood category, (3) the type of research is quantitative and qualitative, (4) published in Indonesian (SINTA) and English (SCOPUS), and (5) research conducted from 2012 to 2022. Journals that are not included in the criteria review this is an article with a type review, books, reports, and research where the methods are not clearly described

3. Result and Discussion

Aggression has become a big problem in the social world, especially aggressive behavior in children is a hot issue that is often discussed today (Lier, van, 2016). Often aggressive behavior is synonymous with adolescence, where during adolescence children are looking for their own identity which of course cannot be easily found, aggression tends to appear to express rebellion and dissatisfaction with the system of values and norms in society which do not work according to the child's expectations. adolescent age (Gogoriță, 2019). The form of response to aggression can be described as physical, verbal, angry and hostile (Jones & Neria, 2015). while if viewed from the function, aggression can be divided into two, namely proactive and reactive aggression (Dinić & Wertag, 2018; Lier, van, 2016). There are several dimensions to describe aggressive behavior, including :response modality, immediacy, response quality, visibility, instigation, goal direction, type of harm, duration of effects, and social units involved (Krahé, 2020). In this review, it was found that there are 5 dimensions to describe aggressive behavior, namely response modality, immediacy, intuition, goal direction, type of harm. In terms of response (response modality) depicted through physical, verbal, and relational forms of aggression. According to its immediacy depicted in form in direct relational aggression. Encouragement (instigation) committing aggression is depicted into reactive and proactive aggression. Viewed based on the direction of destination (goal direction) aggression is depicted through hostility and anger. Meanwhile, if we look at the type of damage (type of harm) resulting from aggression leads to physical and psychological damage.

Aggressive behavior cannot be separated from a person's personality, in this case Dark Triad Personality (Machiavellianism, Narcissism, Psychopathy) plays a large role in the formation of aggressive behavior (Gogoriță, 2019; Lyons et al., 2019; Singh et al., 2020). These three traits share the core of

manipulation, indifference and selfishness, where these three traits are characterized by ignoring social norms and leading to social violations (Lyons, 2019). Aggressive behavior can be influenced by three characteristics Dark Triad Personalities but it does not rule out the possibility of being influenced by one of the characteristics Dark Triad Personalities. Dark Triad Personalities which shapes aggressive behavior, as many as seven journals out of 12 research journals that have been analyzed show Machiavellianism And Psychopathy has the most significant influence in the emergence of aggressive behavior. Meanwhile, two journals were found which stated that aggressive behavior emerged due to the influence of three characteristics Dark Triad Personality (Machiavellianism, Narcissism, Psychopathy) (Lyons et al., 2019; Singh et al., 2020). Two other journals said that aggressive behavior emerged due to influence psychopathy And narcissism (Knight et al., 2018; Webster et al., 2016). While one journal stated that aggressive behavior is influenced by Psychopathy (Pabian et al., 2015).

Dark Triad Personalities has two different concepts, characterizing traits as Dark Triad which involves the three characteristics of Dark Triad Personalities And Dark Dyad which only involves two characteristics Machiavellianism And Psychopathy with Narcissism remain separate (Heym et al., 2019). Psychopathy positively related to aggression in the form of physical, verbal, and anger. Temporary Machiavellianism positively related to hostility (Gogoriță, 2019). The three characteristics dark triad personality share one characteristic that encourages aggressive behavior, namely a lack of empathy and selfishness (Heym et al., 2019). Women have value Dark Triad Personalities higher than men, this is because women are considered to have experienced oppression for centuries so that women have learned how to deceive and manipulate to get what they want, while narcissistic behavior appears because of the ideal image that women have which exalts themselves excessively and belittles others, while women's high scores in psychopathy are due to strengthening tags or giving labels (Singh et al., 2020). Aggression is considered to be one of the key factors in the development of criminal behavior, it is said that men have a higher tendency to commit aggression than women, while women have a higher tendency to be hostile and angry than men (Gogoriță, 2019; Lier, van, 2016; Liu et al., 2021).

In general Psychopathy has the greatest influence on aggressive behavior, and Machiavellianism be one of the predictors of emergent reactive/proactive aggression (Dinić & Wertag, 2018; Lier, van, 2016) And narcissism separately affects aggression if it is related to age. At the age of under 18 years narcissism does not have an influence on aggressive behavior, but over the age of 23 years narcissism increase aggressive behavior. Temporary Machiavellianism under the age of 18 is a strong factor in the emergence of aggressive behavior and over the age of 23 is an influence Machiavellianism to carry out decreased aggressive behavior (Gogoriță, 2019).

Aggressive behavior itself is closely related to a person's personality. As a person's personality develops, a dark personality can emerge in a person and can influence his actions in social relations with other people. The presence of several aggressive behaviors associated with dark triad personality someone, like aggressive and sexual dream content, empathy deficits, cyber-aggression, violence shows that personality has a big role in the formation of aggressive behavior. Aggressive behavior does not just happen, there are several aspects that cause aggressive behavior to appear, one of which is the influence of personality, in this case dark triad personality plays a big role in the emergence of acts of aggression. These three traits share the core of manipulation, indifference and selfishness, where these three traits are characterized by ignoring social norms and leading to social violations (Lyons, 2019).

From the findings regarding the influence dark triad personality Regarding aggressive behavior based on the journals above, relatively similar results were found, namely psychopathic personality is the strongest predictor of aggressive behavior. As for personality Machiavellianism be one of the predictors of emergent reactive/proactive aggression And narcissism separately affects aggression if it is related to age. In research results Gogoriță (2019) found that at the age of under 18 years narcissism does not have an influence on aggressive behavior, but over the age of 23 years narcissism increase aggressive behavior. Temporary Machiavellianism under the age of 18 is a strong factor in the emergence of aggressive behavior and over the age of 23 is an influence Machiavellianism to engage in decreased aggressive behavior.

Research results by Liu, et al (2021) stated machiavellianism, narcissism, And psychopathy is an antisocial personality trait that is independent and interrelated, so that these three personality traits are related to aggressive behavior. These findings illustrate that psychopathy has easy feature signoring other people, behavior such as intimidation and sadism and leading to criminal contexts so it was found that psychopathy positively related to aggression in the form of physical, verbal and anger (Gogoriță, 2019). Temporary Machiavellianism positively related to hostility (Gogoriță, 2019). The three characteristics dark triad personality share one characteristic that encourages aggressive behavior, namely a lack of empathy and selfishness (Heym et al., 2019).

4. Conclusion

Aggression can be influenced by dark triad personality which cover machiavellianism, narcissism, psychopathy. psychopathy and Machiavellianism was found to be the most frequent predictor in this review. In general machiavellianism, narcissism, psychopathy influences a person's level of aggression so that it tends to be used to express rebellion and dissatisfaction with the system of values and norms in society that do not go according to expectations. How much aggressive behavior is influenced dark triad personality It is also motivated by several factors such as gender, age and experiences.

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