



Review on the Drug Nicorandil

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ABSTRACT

Nicorandil (Nicorandil) is a new vasodilator with structural similarities to nicotinamide (Nicotinamide) and nitrate (Nitrate). Mitochondrial smooth muscle cells (MSMs) appear to relax when nicorandil increases the membrane potassium conductance (K) and hyperpolarization (H), resulting in a decrease in calcium influx via voltage-gated (VGA) calcium channels. Nicorandil, or N-[2-Hydroxyethyl] nicotinamide nitrate (ester), is a newly developed chemical used for the treatment of Angina Pectoris and Hypertension. It has a short elimination half-life and is highly hydrophilic. The main adverse effects of Nicorandil are ulcers and a variety of other side effects (headache, dizziness, etc.). As a balanced vasodilator, Nicorandil opens the K⁺ ATP channel in the circulatory system and donates NO to the circulatory system. Mitochondrial ischemia may also be treated with nicorandil. Cardioprotective effects may be derived from nicorandil therapy.

Keywords: Nicorandil, K⁺ ATP, MSMs, VGA.

Introduction

Nicorandil is a vasodilator that has been sold in Japan since 1984. It is licensed in the UK and is used to prevent and long-term treat chronic angina pectoralis. Angina pectoris is both a cause of disability as well as a marker of underlying coronary heart disease. It is difficult to accurately diagnose angina pectoris, but it is estimated to affect between 2.3% and 5.1% of men between 40–59 years of age.

Nicorandil is another popular vasodilator used to treat chronic stable angina, but it is currently not available in the US. Nicorandil works by ‘balancing’ the dilatation of both the arteries and the veins, mediated by two different anti-angina mechanism. Nicorandil does not cause tolerance and rebound angina. There is some (but inconclusive) evidence that prognostic benefit may be gained from nicorandil due to reduced oxidative stress in myocardial ischemia reperfusion injury.

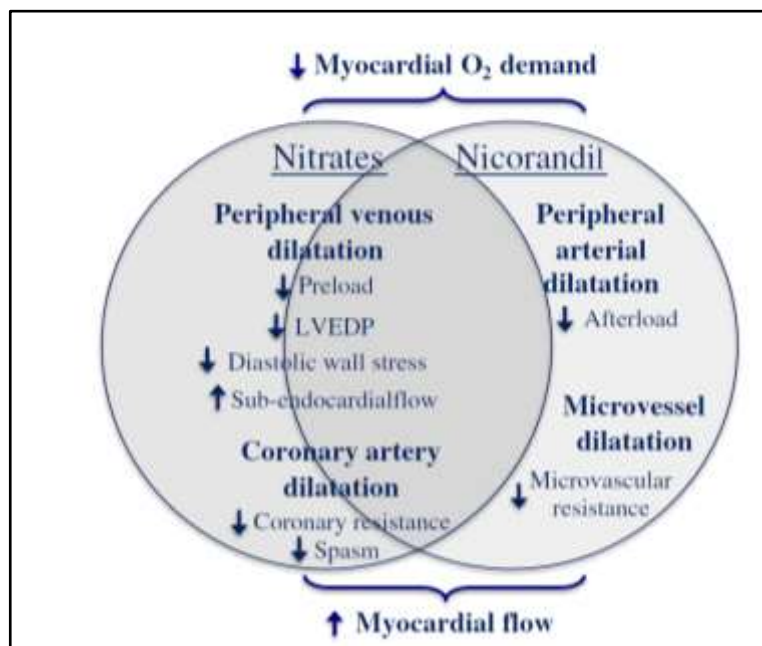


Figure: Anti-angina actions of nitrates and nicorandil

Structure of Nicorandil

One medication used to treat and lessen angina-related chest discomfort is called nerandil. It functions by enlarging and relaxing your blood vessels and supplying your heart with more blood and oxygen. Usually, nicorandil is prescribed by your doctor if other heart medications haven't worked for you or aren't appropriate.

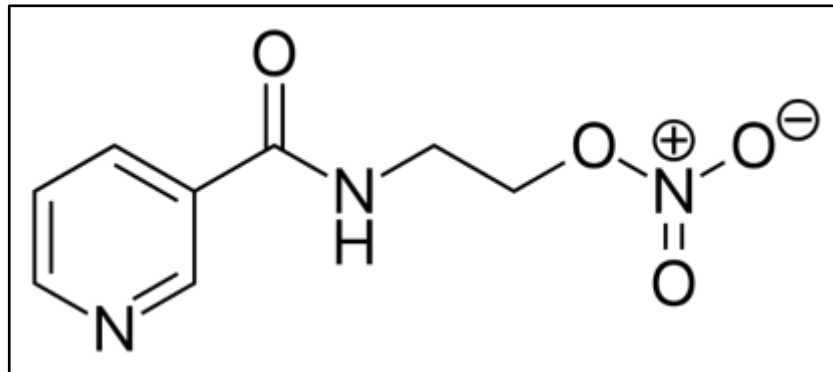
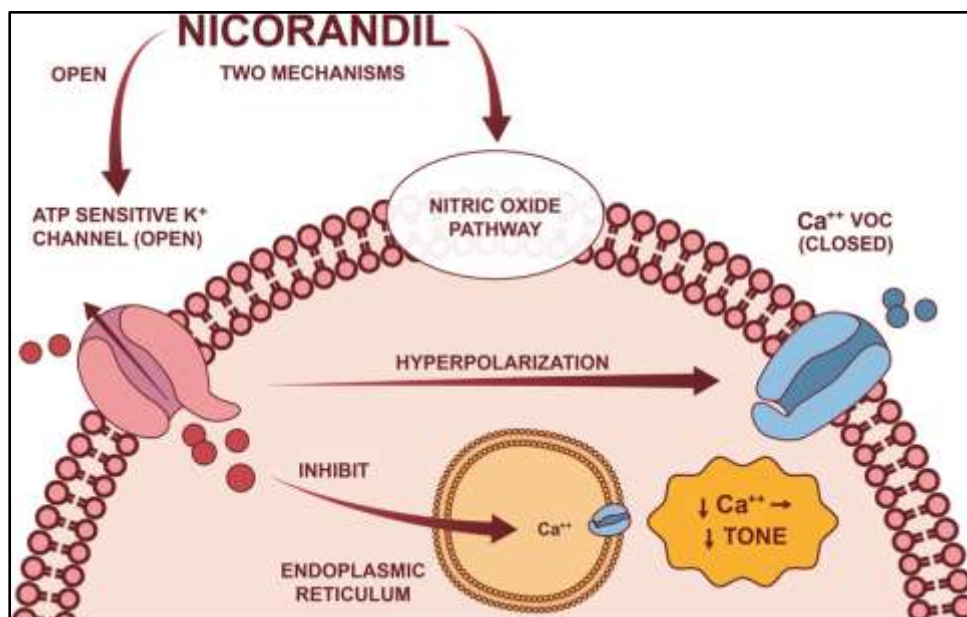


Figure: Structure of Nicorandil

Mechanical Action

Two primary processes underlie the therapeutic efficacy of neriparandil. Nicorandil functions as an ATP-sensitive (ATP-dependent) potassium channel opener and activator. KATP channels are made up of sulfonylurea receptor (SUR) subunits and Kir6.x-type subunits. Sulfonylurea receptor 2 (SUR2), regulatory subunits of the ATP-sensitive potassium channel 4 that show an ATPase activity 2, has nicotinamide binding sites. The nucleotide-binding domains (NBD) of the two subunit forms of SUR2, 2A and 2B, are identical. SUR2A is mostly expressed in skeletal and cardiac myocytes, while SUR2B is found in smooth muscle cells 2. Nicorandil induces hyperpolarization by activating SUR2B/Kir6.2 channels more strongly than SUR2A/Kir6.2 channels. Nicorandil's channel signaling is influenced by the ATP-NBD1 interaction, and ATP or ADP interaction with NBD2 enhances and facilitates the channel's response to nicorandil. The effect of ATP-sensitive channels' heightened activity in preventing intracellular calcium excess and decreasing the length of action potentials is cardioprotective. 6. By maintaining cellular energetics and eventually cell viability, this reduces cellular damage 6. By controlling intracellular Ca²⁺ mobilization in smooth muscle cells and reducing Ca²⁺ inflow through voltage-gated Ca²⁺ channels, KATP channel-dependent membrane hyperpolarization can also result in vasodilation. Nicorandil, like other nitroglycerin esters 5, is an effective dilator of vascular smooth muscle because it possesses a nitrate moiety in its structure. Increased intracellular cyclic GMP (cGMP) levels and NO-donor-mediated guanylyl cyclase stimulation result in direct relaxation of the venous vascular system. At greater dosages of the medication, elevated cGMP levels add to nicorandil's overall relaxing impact.



Toxicity

Lethargy, back discomfort, chest pain, infection, and a weakening sensation are typical side effects. Hypotension, elevated heart rate at larger doses, palpitations, exacerbation of angina pectoris, and vasodilation/flush may be seen in the cardiovascular system. Gastrointestinal diseases can cause dyspepsia, nausea, and vomiting. Vasodilation may result in headaches. Myalgia, bronchitis, dyspnea, and respiratory issues are other typical adverse effects. Research on the carcinogenic, mutagenic, and genotoxic effects of nicotinendil has not revealed any potential effects on the fertility of male or female rats. In mice, rats, and dogs, the oral LD50 values are 626 mg/kg, 1220 mg/kg, and 62.5 mg/kg, correspondingly.

Drug Interaction

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Dose and Administration

The manufacturer suggests a starting oral dosage of 10 mg of nicorandil twice a day; in patients who experience side effects, especially headaches, this dosage may be halved.

2. Depending on the response, the dose can be gradually increased up to a maximum of 30 mg twice daily. The recommended twice-daily therapeutic dose is 10–20 mg.

Conclusion

One of the key components of cardiovascular therapy appears to be the development of novel dosage forms, such as capsules and nanoparticles, that have better patient compliance, enhance drug action, and have fewer adverse effects. Another strategy with the greatest potential for systemic therapy is the formulation of nicorandil in nanoparticle form. There are various technologies available for developing nanoparticle formulation, such as spray drying and FBD. By using nanoparticle formulation, it is possible to overcome current negative effects like ulceration. One method for developing immediate action therapy is the use of nicorandil mouth dissolve tablets, as angina pectoris sometimes requires a quick acting drug to maintain an imbalance between oxygen supply and demand.

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