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# Migratory Impacts on the Health Status of Daily Wage Labourers and Women Workers

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#### ABSTRACT

Migration of workers includes lack of proper wages, lack of security, expectation of promotions etc. The educational status of children also plays a vital role in migrating to various places. It greatly impacts the physical and mental health of the workers. The daily wage laborers also has the burden of temporary migration to cities leaving their emotions and mental peace. Proper Analyzation of the health status of the women and laborers including the migratory effects provides us a gateway to improve several ways to enhance the health attributes of the daily wages laborers and women. The provisions of mental refreshment and health aspects for the employees is the major arena of the discussion. The emotional outlook of the workers also promote the overall development and enhancement of the workers. The wages which was assigned to the women workers and daily workers had a great deal of concession over the growing areas. The greater source of economic employment serves as the facilities provided by the government and the private institutions to improve the quantity and quality of the work. The economics has the statistics of supply is directly proportional to the demand. The preferred way of increasing area of migration suffers with lowered productivity . The enhancement and welfare of the migratory workers should be promoted. The native workers should also be encouraged for the better and sustainable employability.

Key words: Migration, Employability, Productivity, Sustainability.

# INTRODUCTION

The paper discusses the migration as an important impacting factor on the health effects of laborers. Women laborers also have health issues while making their way to many cities for work. The general awareness on the health of daily wage laborers should be taken as an initiative to promote the improvement in economy of our country. The family of the laborers has also the impacts of the health and mentality of the laborers.

### **BACKGROUND:**

This section describes the background of my work. The major background of the topic is increasing mental pressure of the laborers and women has been facing for a long time. Women has to play the roles of both worker in home and office. Hence it becomes very essential to examine and fetch them with better health life ways to live a better life. The daily wage laborers also has the mental pain of leaving behind their family for their jobs. The reformatory actions can provide a peace life to the laborers.

The shifting of laborers from rural areas to cities primarily decreases the development of the villages. The employability of the people in urban area will be affected drastically.

### WOMEN WORKERS:

The women workers are prone to many difficulties when they migrate to various places. The major duty of the institutions and the working place is to provide appropriate health care officers and medical counsellors. The mental health and the security of the living place in the migratory sites should be properly maintained and developed on a regular basis.

# DAILY WAGE LABORERS:

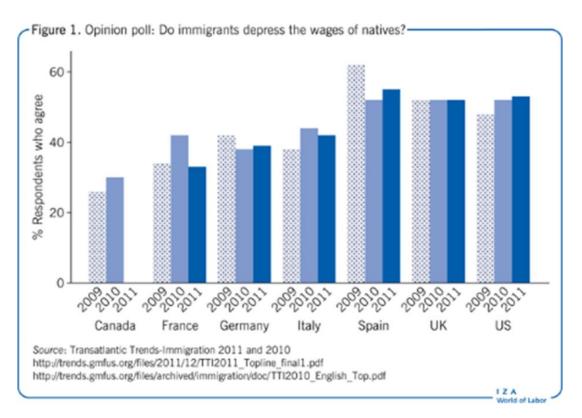
The daily wage laborers suffer a thing named temporary migration. Several migrations would be served for a daily wage laborers. Lack of proper food, shelter and also very low wages stands as a disadvantage in working as a daily wage laborer. The proper allotment of health care plans should also be promoted.

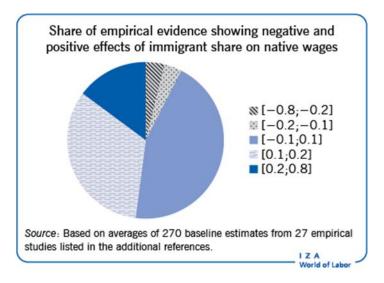
#### **PHYSICAL HEALTH:**

The physical conditions of the employees and workers is a very important condition for the better progress and growth of a company, organization and country. The facilities of maternal health care should be provided for women who have migrated to various regions for work. Proper maintenance of rest rooms in the places of work in spite of the size of the work, Example: Agriculture, Construction etc. The daily wage laborers such as persons carrying heavy loads and studious works should be provided with proper shelter and food in the workspace. The rules of maximum duration of work should also be followed to refresh their physique after a long duration of work. The short term migration includes frequent transfers which also influences the equilibrium of the workers and their family.

#### **MENTAL HEALTH:**

The major aspect of better living is mental health. The effect of migration is fear of being accepted in the new environments. The laborers should also be welcomed for the better construction of the society. The work pressure and the specified holidays should also be assigned to the daily additional bonus and offers for their families would serve as a boosting for the immigrant workers. The migration of workers in many times separate the workers from their families due to various situations. The mind and soul refreshing tours and holidays should be provided for the effective mental health of the laborers. The most essential thing is there should be a counselling cell in all working places to help and assist all the women workers and also the daily wage laborers to promote a guidance and moral support in times of hardships. The migrant women's legal status in the destination country can greatly impact their lives.





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