



Lesser Known Mother Tinctures in Homoeopathy

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ABSTRACT:

Homoeopathy has a large number of mother tinctures which are frequently used as a therapeutic agent for health benefits. These are prepared from plant and animal kingdom using strong alcohol as a vehicle by the process of extraction in old method or by the the process of maceration and percolation in the new method. Certain mother tinctures are like *Arnica Q*, *Jaborandi Q*, *Calendula Q*, *Cantharis Q*, *Raulfia Q* are very commonly used in our clinical practice, but some tinctures are less known or less commonly used. This article is an attempt to inform about rarely used or known mother tinctures.

Keywords: Homoeopathy, mother tincture.

Introduction:^[1,2,3]

Mother tinctures are proved beneficial in complaints like dysmenorrhea, joint pain, hypertension, benign prostate hyperplasia (BPH), renal calculi and emergency conditions such as angina, acute abdominal pain where no time to select a similimum. These are safe in use and having sure shot action which is responsible for quick results. Mother tinctures can be used as tonics like *Alfa alfa Q*, external applications eg. *Calendula Q* in injury, *Cantharis Q* in burns and may given internally eg. *Bellis perennis Q* for joint pain, muscle soreness.

Some mother tinctures are very commonly utilized in day to day practice, where few are rarely used or known mother tinctures which are also need to be explore in practice. There is need to identify the action of these lesser known mother tinctures to enhance our clinical knowledge and to utilize their action in clinical practice.

Few lesser known mother tinctures are as follows:-

1. **Aegele folia & Aegele marmelos:** Dropsy of any part of the body; upper part of the eyelid swollen; drpsical swelling due to heart diseases. Beri-beri; ascites.
2. **Agave americana:** Gonorrhoea with painful erection; scurvy, swollen and bleeding gums with legs covered with dark purple blotches, swollen, painful and hard.
3. **Alstonia scholaris:** Intermittent fevers like malaria more effective than quinine; great tonic for weakness.
4. **Alunus:** Indigestion from imparial secretion of gastric juice; stimulate nutrition; cures enlarged glands; amenorrhoea with burning pains from back to pubes.
5. **Boletus taricis:** Quotidian intermittent fever, chilliness along spine with frequent hot flashes, yawning, stretching during chill.
6. **Blumia odorata:** Bleeding piles, dysentery; bleeding from uterus in gushes after abortion when all other remedies have failed; dry, whooping cough.
7. **Boerhaavia diffusa:** Attacks of beri-beri and dropsy in every rainy weather, dropsy in feet up to thigh, retention of urine, cirrhosis of liver.
8. **Bryophyllum calycinum:** In the first stage of cholera, serious diarrhoea and dysentery.
9. **Chaparo amargosa:** Chronic diarrhoea when all indicated medicines fail.
10. **Coleus aromaticus:** Action on kidneys; retention of urine due to inactivity of the kidneys and bladder, with pain in right kidney. Also beneficial in gonorrhoea, nephritis, cystitis and in hematuria.
11. **Cornus alternifolia:** Serious discharge from chillblains or broken skin; eczema.
12. **Cynodon dactylon:** Hemorrhage from any orifice. Vesical calculus, retention of urine. Secondary syphilis.

13. **Damiana:** Sexual debility from nervous prostration. Spermatorrhoea in weak, exhausted subjects.
14. **Embelia ribes:** Itching in rectum, undigested stool with worms. Worm infestation in children.
15. **Esculentine:** It reduces bulk and converts flabby, fatty tissues into healthy muscular tissues. It strengthens the heart and improve general health. Controls the intolerable rheumatic pain of obese subjects.
16. **Gallium aparine:** Has power to suspend or modify cancerous action. Favours healthy granulations on ulcerated surfaces.
17. **Hoang-nan:** Pustules and boils. Eczema, old ulcers, leprosy, cancer of glandular structures and bites of serpents.
18. **Hymosa:** Rheumatic fever, diminishes pain and cures the inflammation of the joints. In gout neutralizes the acidity of the blood, removes the deposits from joints. It marvelously cures sciatica.
19. **Jacaranda caroba:** Morning soreness and stiffness of the face. Gonorrhoea and syphilitic arthritis.
20. **Kalmegh:** Kala azar and chronic malaria. Infantile liver, hepatomegaly and splenomegaly with pain. Jaundice in infants.
21. **Leucus aspera:** Great service in snake bite. It may be inhaled by the patient and may be taken internally. Externally it should be applied on the site of bite.
22. **Makaradhwaja:** Great cardiac, mental, nervous and seminal tonic with violent palpitation of heart, indigestion and vertigo. Stimulate the system in convalescents after long lasting diseases.
23. **Mintha piperita:** Dry cough, from air into larynx, tobacco, smoke, fog, talking; with irritation in suprasternal fossa. Trachea painful to touch.
24. **Mutha:** Great tonic for digestive system. Very efficacious in indigestion, dyspepsia, acidity, diarrhoea and flatulence.
25. **Nuphar luteum:** nervous weakness, complete absence of sexual desire; parts relaxed; penis retracted. Involuntary emissions during stool, when urinating.
26. **Oenanthe crocata:** Epileptic convulsions; worse during menstruation and pregnancy. Puerperal eclampsia; uterine convulsions.
27. **Pas avena:** It instantly relieves any kind of pain or colic. Useful in headache, neuralgia, sciatica, abdominal and ovarian colic.
28. **Spiritus glandium quercus:** It antidotes the effects of alcohol. Used for removing craving for alcohol.
29. **Tongo odorata:** Tearing pain in supra-orbital nerve, with heat and throbbing pain in head and epiphora. Trembling in right upper lid.
30. **Verbena:** nervous depression, weakness, irritation and spasms. Epilepsy, insomnia, mental exhaustion. In epilepsy brightens up the patient's mental power.

Conclusion:

Mother tinctures are become the most reliable healers in many conditions called 'incurable' by the prescriptions of the other system of medicine and in some critical cases these are proved as a boon. But only on the basis of mother tinctures permanent cure is not possible, hence physician should select individualized homoeopathic medicine for an individual case to achieve permanent cure.

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