



Role of Homoeopathy in Alcoholism

Dr. Shreya Jethva, MD (HOM-POM),

Assistant Professor (Dept. of Surgery), Rajkot Homoeopathic Medical College, Parul University, Rajkot, Gujarat, India.

ABSTRACT:

Alcoholism is a form of alcohol consumption that involves uncontrolled drinking, addiction, or continuing to drink even if alcohol causes serious problems. Binge drinking involves drinking alcohol that puts you at risk or causes alcohol-related problems. There are many medications in homeopathy that can help to treat alcohol addiction and its negative effects on the body.

Key words: Alcoholism, Bad Effects, Homoeopathy.

Introduction:

Alcoholism is a pattern of alcohol consumption in which there is trouble in controlling alcohol consumption, or drinking more even if it causes serious Health problems. It involves drinking more alcohol to get the same effect or experiencing withdrawal symptoms when you quickly stop or stop drinking. [4, 7]

Unhealthy alcohol use includes any alcohol use that puts the health at risk or causes other alcohol-related problems. It also includes binge drinking. Binge drinking causes significant health and safety risks. [4, 7]

If pattern of drinking results in repeated significant distress and problems functioning in daily life, person likely have alcohol use disorder. It can range from mild to severe. But even mild inflammation can escalate and cause serious problems, so early treatment is important. [4, 7]

Signs and symptoms:

Signs and symptoms may include:

- Desire to drink alcohol
- Inability to limit the amount of alcoholic drink
- Spending a lot of time in drinking, or withdrawal letter Return to alcohol due to or family health problems, Personal problems
- Next drink in bad situations.
- Develops a tolerance to alcohol, needs more alcohol to feel its effects, or feels the same decreased potency
- If withdrawal symptoms such as nausea, sweating, tremors occur when not drinking.

Alcohol use includes periods of intoxication (alcohol) and withdrawal symptoms. [4,7]

Impact on your health

Drinking too much alcohol in one sitting or over a long period of time can cause health problems, including:

- **Liver problems:** increased fat in the liver (hepatic steatosis) and liver disease (alcoholic hepatitis). Drinking too much water can cause irreversible damage and lead to cirrhosis.
- **Digestive problems:** gastritis and stomach and duodenal ulcers. Drinking too much water can cause pancreatitis or inflammation of the pancreas (pancreatitis).
- **Heart problems:** High blood pressure, which increases the risk of heart enlargement, heart failure or stroke.

- **Diabetes:** Alcohol affects the liver's release of sugar and increases the risk of hypoglycaemia (low blood sugar). This is dangerous if the patient has diabetes and is already taking insulin or other diabetes medications to lower blood sugar.
- **Sexual function and menstrual problems:** Drinking too much water can cause erectile dysfunction in men. For women, drinking too much water can prevent menstruation.
- **Eye problems:** Nystagmus, weakness and paralysis of eye muscles.
- **Damage to bones:** There is a risk of osteoporosis and fracture. Alcohol can also damage bones and cause low platelet counts.
- **Neurological Complications:** Excessive alcohol consumption can cause numbness and pain in the hands and feet, confusion, dementia and short-term memory loss.
- **Weak immune system and kidney disease**
- **Increase the risk of cancer.**
- **Drug and alcohol interactions:** Some drugs interact with alcohol, increasing the risk. Drinking alcohol while taking these medications can increase, decrease, or make them dangerous. ^[4,7]

Diagnosis:

It is done by asking several questions about drinking habits, performing a physical examination, and completing a mental health assessment. ^[4,7]

Treatment:

Treatment for alcohol use disorder may include:

- Detox and withdrawal
- Learn new skills and develop a pain management plan.
- Psychological Counselling
- Oral Medication: Disulfiram may help prevent alcoholism, but it does not cure alcoholism or eliminate the urge to drink. Naltrexone, another drug that blocks the positive effects of alcohol, can prevent drinking and reduce the desire to drink.
- Injection. Vivitrol, a once-monthly injection, may be easier to use regularly for people recovering from alcohol addiction.
- Continuous support. Aftercare programs and groups help people recovering from alcohol addiction stop drinking.
- Treatment of mental disorders ^[4,7]

Homoeopathic Managements:

In homeopathy, there are many medicines that can help to treat alcohol addiction and their negative effects on the body. Homeopathic medicine can bring a smile to patients and families with a sweet medicine that has no side effects.

- **Medicines that reduced the excessive craving for alcohol** – Acidum Sulph Q, Angelica Q, China Officinalis, Kali Bich, Phosphorus, Quercus Q, Sepia, Sterculia Q, Strophanthus Q, Strychninum nit, Sulphur, Syphillinum etc. ^[1,2,3,6]
- **Medicines that reduced the hepatic complaints** – Carduus Marianus, Chelidonium, Chimaphila, Chionanthus, Crotalus Horridus, Lachesis, Nasturtium, Natrum Sulphuricum, Phosphorus, Picricum Acidum etc. ^[1,2,3,6]
- **Medicines that reduced Renal Complaints** – Ammonium Carbonicum, Apis Mellifica, Arsenicum Album, Aurum Metallicum, Chimaphila, Cuprum Arsenicum, Cuprum Metallicum, Opium, Phosphorus, Terebinthina etc. ^[1,2,5,6]
- **Medicines for excessive Nausea & Vomiting after taking alcohol** – Ipecacuanha, Kali Bich, Nux Vomica, Petroleum, Pulsatilla nigricans etc. ^[1,2,3,6]
- **Medicines that reduced the gastric complaints** – Arsenicum Album, Asafoetida, Carbo Veg, China Officinalis, Lycopodium, Nitric Acid, Nux Vomica, Raphanus Sativus etc. ^[1,2,5,6]
- **Medicines for Hangover** – Arsenicum Album, Carbo Veg, Gelsemium, Ipecacuanha, Nux Vomica, Opium, Rhus Tox, Secale Cor etc. ^[1,2,5,6]
- **Medicines for Impotency** – Agnus Castus, Argentum Nitricum, Carboneum Sulph, Lycopodium, Selenium Metallicum etc. ^[1,2,5,6]
- **Medicines for Neurological complications** – Agaricus Muscaris, Gelsemium, Nux Vomica, Phosphorus, Ranunculus Bulb, Zincum Metallicum etc. ^[1,2,5,6]

There are many medicines in homeopathy that can eliminate excessive emotions, side effects of alcohol consumption and even the most serious side effects.

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