

International Journal of Research Publication and Reviews

Journal homepage: www.ijrpr.com ISSN 2582-7421

Contents Delivery and Professionalism in Sports Development

Ananomo Leonard Eshiemogie Ph.D.¹ And Ezeafulukwe Kelechi Ebube²

Department Of Health And Physical Education, Nnamdi Azikiwe University, Awka

ABSTRACT

Sports development has become more than important today as sports has transformed into a lucrative venture thereby influencing on the world unity, economy and social development. Sports development in Nigeria is connected with some variables such as professional development, sports policies, sports facilities, sports personnel and funding. In the view of this paper, these variables will be used to x-ray the state of sports development professionalism in Nigerian. Conclusions and recommendation will be given to know the state of sports development in Nigeria and how to effectively improve sports development.

Introduction

Sport development is a core concern for all nations as they seek to enhance elite performance and cultivate opportunities for mass participation.Development is a state of coming into being and evolving into maturity (Bakari, 2017).Sport is a general name that is used when one is referring to activities requiring competition between two or more people (Mangan ,2011).Sports development refers to the gradual increase,attainment and advancement of sport from low levelstrata to a higher level or strata with due cognizanceand consideration of the indices that enhance therealization and actualization of sports development (Yazid, 2006).Sports is one of the social services thatnations of the world provide for their citizens and forsuch service (sport) to flourish, there must be a laiddown philosophy and policy. Researches has shown that relevance of sports in Nigerian higher institutions is drastically going down, according to Ladani (2008), higher institutions particularly the universities in many parts of the world, many faculty members looked down on sports as nonacademic and have therefore developed very negative attitude toward it.

As far as sports development is concerned, schools should be an ideal ground for this type of experience. A good physical education programme makes use of thenatural activity drive of children, who even the mostTimid, enjoy moment. Nowhere in the world do had sportsdevelopment in isolation of physical education which starts in the school through a formal graded instruction underexperts trained for this purpose.In Nigeria, the current status of secondary physical education levels is much to be desired. This is quitecontrary to the practice in schools during theperiod described in Nigeria as the colonial days. That time, every school provided students with daily physicalactivities which were quite rigid and militaristic on theschool time-table. It was compulsory for every classteacher to take his or her class out for thirty minutes' Vigorous regimented physical activities. In addition to this, there was a break period daily where organizedgames and sports took place during this period. In thisway every pupil was conscious of physical activities and sports. By the time a child completed primary school and secondary school education, it was possible and very easier to identify students talented in sports skills. The status of physical education and sport in Nigeria schools is gradually going down the drain. In the past, one of the complaintsfor lack of interest in sports or physical educationamong secondary schools in Nigeria was that it was notan "examinable subject" by the West AfricanExamination Council (WAEC). As a result, there is nomention of physical education in the senior secondaryclasses in many schools. Hence the interest of theschool authorities and the students in the subject is notencouraging. In terms of sport many secondary schools have noprovision for this in their school programme, except what is known as the annual inter-house sportscompetition which a few interest schools organize haphazardlyonce every year. In a situation like this, onewonders how the students are expected to compete insports in which they do not have any meaningfultraining or practice. With regard to sports equipment, many secondary schools are no better than someprimary schools in the sense that they cannot afford onefootball or a standard stadium for the students. All over the world, schools regard and include sports as components of theeducational programme provided for their students. It is quite a pity that this very situation has gotten to the universities in Nigeria. Nigerian University Games Association competitionaffirmed that all over the world, universities have beenthe mainstay of sporting aspirations and achievements of the communities which they serve that such would be the case in Nigeria. Nigeria is in need of bright andtalented sportsmen and women. Universities and secondary schools are vitalnot only to the development of sport in Nigeria but as avehicle for moulding the characters of the youthswho, through these institutions, are preparing themselves to be future leaders of the nation.

Professional development

The environments in which teachers work, and the demands placed upon hem by society are increasingly complex. Teachers strive to equip

learners with a wide range of skills that they would require to function effectively in a worldthat is in constant evolution; this hastens the need for the development of more competence-centered approaches to teaching, together with greater emphasis onlearning outcomes. Learners are increasingly expected to become more autonomous and to take responsibility for their own learning (EU, 2010).

YuChun Jean Chen, Oleg A. Sinelnikov& Peter Hastie (2013)Professional development refers to ongoing learning opportunities for personaldevelopment and career advancement. The important goal of professional development is to prepare and train teachers and othereducation personnel with knowledge, skills, attitudes, and beliefs necessary toimprove student learning. The education and professionaldevelopment of every teacher needs to be seen as lifelong task, and be structuredand resourced accordingly(Uyai .,E,2011).Researchers propose that some problems in education can besolved through professional development (Wallhead, & Ward, 2006) while lamenting the quality of many professionaldevelopment programs (Armour& Yelling, 2007). The importance professional development bring to the educational structure cannot be over emphasized.

The activities teachers learn from the once-a-year professional development seems not be enough to provide and afford these types of practices (Armour& Yelling, 2004).For those facts Armour and Yelling (2004) suggested that professional development be designed according to known effective practices. Building on this, a number of sport scholars also forge a consensusthat professional development can be more helpful when it is an abiding, focused, activity-based and goal-oriented process that is involved with shared narratives and collaborative interactions as well as associated with national, state and districtstandards (Desimone, Porter, Garet, Yoon, &Birman, 2002; Sparks, 2002). At the long run, (Birman, Desimone, Porter and Garet as cited by YuChun ,J 2013) have identified six essential principles to design an effective professional developmentprogram. Here, they identify three structural features (reform activities, collectiveparticipation, and participation over a longer duration) and three core features(a focus on content knowledge, active learning, and coherence) that are necessary foran effective program. This is to say that, an effective professional development programdesigned to deepen teachers' knowledge in a specific discipline that is carried outover a longer period of time will serve its maximum potential to teachers who actively in search for various resources, participate in those activities collectively with otherteachers, and incorporate those experiences with their goals and national standards. Moreover, O'Sullivan and Deglau's (2006) principals of the design and delivery of professional development support these structural and core principles in a physicaleducation setting while also emphasizing the need for onsite follow-up. They argue that since physical education teachers typically work alone in the gymnasium and areisolated, the onsite followup observations and constructive feedback helps teachersduring and after professional development programs. Although Recent advances in technologyProvides opportunities for innovative approaches in the delivery of professional developmentthat may reduce the need of such onsite presence.

According to (Uyai .,E,2011) to equip the teachers with the skills and competences needed for theirnew roles, it is necessary to the initial teacher education and a coherent processof continuous professional development, to keep teachers up to date with theskills required in a knowledgebased society. Federal Republic of NigeriaEducation Sector Analysis (ESA, 2005) stated one of the issues and challenges ofteacher education as continued professional development of practicing teachers. In terms of quality of teachers in Nigeria, experts had submitted that there is onlymodest evidence of the effectiveness of the Nigerian teacher education system.

Sports policy

Which is the guidelines and blueprint or action plan forthe development and management of sports (NationalSports Development Policy, 1989) The main objectives of sports development policy of any nation is to provide the nation with the opportunity of measuring in sports against those of othernations of the world with a view to establishing arespectable position in the sporting community of the world

Sports facilities

The provision of facilities in all sports is one of themajor priorities in the promotion and development ofsports. Responsibility for the provision of the facilitiesshall be shared by government, individuals and privateorganizations.

These facilities play vital roles in the participation and management of sports in any developed and developing community. According toSani (2018) Most tertiary institutions do not have modern facilities for sports. He further stated that culture of maintaining structures and infrastructural facilities in Nigeria is yet to be imbibed. It is the maintenance culture that is faulty. If adequate sports facilities are provided and maintained, definitely the standard of performance and participation in intramural and extramural schools sportsprogramme would be appreciated and enjoyed by participants including the sports personnel and managers

Sport personnel

Includes; coaches, sports managers, stadium managersand organizing secretaries. These are some of thepersonnel required for the management of sportsdevelopment programmes. Coaches are responsible for the improvement of the level of skills of the athletes. There is no way the quality of participation of any

nation in competitive sports can improve withouthaving well trained and experienced coaches in varioussports. Oduwaye (2000) clearly stated that when considering the structure and operation of an organization, one must take cognizance of the personnel who provides the training and sees to the smooth

conduct of the day-to-day affairs of the organization. He claimed further that personnel and leadership are elements around which cooperation; loyalty, sociability and many other societal traits can be developed. The working machinery of any sporting organization depends on the various individuals and groups. The machinery promotes understanding and acceptance of each other working closely together to achieve the goals of the organization (Oduwaye, 2000, Venkateswarlu, 2000). In tertiary institutions setting for instance, efficient organization of sports programmme will rely essentially on cooperative, dedicated and qualified personnel. It could be asserted therefore that the success or otherwise of any unit, department or organization in institutions depends on the quality of the staff to handle its operation. Bucher and Krotee (2002) highlighted the key personnel in the tertiary institutions sports committee which include the university sports unit and college sport office, the director of sports or head coach and other technical staff. Therefore, they should be well qualified, certified and licensed and hold membership in their respective officiating association. To ensure that only the best officials are employed, procedure should be established to register and rate officials and determine which are the best qualified.

Funding

The importance of providing adequate funds for sportsprogrammes cannot be over emphasized; this is because as(Bucher as cited by sani, 2018) stated, the services that are involvedsuch as recruitment and training of personnel, purchaseof equipment, construction of standard facilities,transportation and care of athletes all require large sumof money. It could however be seen that sports organization has become household business and capital intensive all over the world. Hence, adequate funding of sports in institutions would facilitate their success and the realization of the goals and objectives of sports organization. In this respect, sports funding generally should not be left in the hands of government alone

Conclusion

The level of sports professional development in Nigerian falls below standard and this low standard can be attributed to lack of professional training of the teachers, rigid sport policies, unavailability funding, substandard sports facilities and lack of trained sport personnel. There is no doubt that visiting these variable associated with sports development will result to a dynamic change in sport development.

Recommendation

The following are some of the measures to be taken as regards to sport development and professionalism in Nigeria.

- Nigerian government through the minister of sports should put up Measures to broad base and popularizes sports, especially through the establishment of clubs, the organization of local tournaments, and the creation of infrastructure, by regulating, reviewing and reconstruction sport policies
- 2. Nigerian government should allot more time to professional development seminars and programs for the teachers
- 3. Nigerian government should endeavor to Organization of tournaments at all levels
- 4. Schools should endeavor to employ a qualified sport personnel's
- 5. Schools should endeavor to provide and maintain sports facilities in the schools
- 6. Schools should allot more time to sports, competition and training in the school

References

Armour, K.M., & Yelling, M. (2007). Effective professional development for physical education teachers: The role of informal, collaborative learning. Journal of Teaching in Physical Education, 26, 177 v 200.

Birman, B. F., Desimone, L., Porter, A. C. and Garet, M. S. (2000) 'Designing Professional Development that Works', *Educational Leadership* 57(8): 28–33.

Bucher ,C.A (2002). Administration of physical education and sports(12THed) saint Louis the c.v. mosby company.

Desimone, L., Porter, A., Garet, M., Yoon, K., &Birman, B. (2002). Effects of professional development on teachers' instruction: Results from a threeyear longitudinal study. Education Evaluation and Policy Analysis, 24(2), 81_112.

European Union (2010). Retrieved from ec.europa.eu/reseources/Eurydice/eurybuse/pdf/ 0_integral/NL_EN.pdf

Educational Sector Analysis Unit (2005). Federal Ministry of Education, Nigeria

Oduwaye, E. O. (2000). Fostering the acquisition and development of Sports technology for effective implementation of Vision 2010 programmes. O'Sullivan, M., &Deglau, D. (2006).

Chapter 7: Principles of professional development. Journal of Teaching in Physical Education, 25, 441-449.

Sani, M. U., Danlami, A. I., &Bichi, S. M. (2018). Impact of Funding in The Organization of Sports for The Disabled Persons in Special Schools in Nigeria. European Journal of Physical Education and Sport Science, 5(2), 19–24. https://doi.org/10.5281/zenodo.1746757

Uyaiemmanuelakpanobong(2011). Continuing professional development for teachers: a catalyst for effective instructional delivery inNigeria. *Thenigerian journal of research and production volume 19 no 2*.

Venkateswarlu, K. (2000). *Theory of Athletic Training*. Mimeograph Textbook, Department of Physical and Health Education, Ahmadu Bello University, Zaria, Nigeria

Yuchun Jean Chen, Oleg A. Sinelnikov& Peter Hastie(2013). Professional development in physicalEducation: Introducing the Sport education model to teachers in Taiwan.Asia-

Pacific Journal of Health, Sportand Physical Education4:1, 1-17. Retrived from http://dx.doi.org/10.1080/18377122.2013.760424