



## The Effect of Red Grape Seed Extract (RGSE) on the Body Weights of D-Galactose used in Male Albino Rats (Wistar stain) with connection to Alzheimer's Disease

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### ABSTRACT

**Objective:** To study the effect of RGSE on Body weights of D-Galactose used in albino male rats (Wistar stain) with connection to Alzheimer's Disease.

**Methodology:** The discussion of body weights eventually results in a conclusive diagnosis of Alzheimer's disease (AD) in affected individuals. The main goal of this study was to determine whether Red Grape Seed Extract (RGSE) had any ameliorative effects on the brains of male albino rats after D-galactose administration caused gradual weight loss. Male rats were divided into three groups (control, AD-I, and PG (AD-I+ RGSE treated)) and given ethanolic and aqueous extracts of the Red Grape Seed Extract of *Vitis vinifera* orally for 30 days. Rats were given normal saline as controls, D-gal was administered intraperitoneally to treat AD in rats, and RGSE (100 mg/kg) was administered orally to treat rats for 30 days.

**Results:** My practical experience of this test showed that administration of Red Grape Seed Extract to Albino male rats improves body weights when compare to AD treated rats.

**Conclusion:** Based on the results D-Gal using albino male rats, we found that RGSE had a remarkable enhancing effect of body weights.

**Keywords:** RGSE, Memory, D-Galactose, Protective group and Albino Rats.

### Introduction:

In the presence of galactose-1-phosphate uridylyltransferase and galactokinase, D-galactose (D-gal), a natural sugar in mammals, is converted into glucose. However, when levels are high, galactose oxidase produces reactive oxygen species. According to recent research, cognitive function gradually deteriorates in rodents given D-gal injections for 6–10 weeks. Additionally, the brains of these animals show deficiencies in brain mitochondrial function, calcium homeostasis, and antioxidant capacity. Astrocytes in the hippocampus become dysfunctional and neurogenesis is also impaired by chronic D-gal injection. The results discussed above suggest that rodents given D-gal injections may be a useful model for oxidative stress-related brain ageing. D-galactose toxicity can disrupt brain chemistry, which can result in depression, agitation, and weakened immunity. A definitive diagnosis of Alzheimer's disease (AD) is made in patients as learning and memory function steadily deteriorate, and body weights decrease as a result of using D-Gal. The main goal of this study was to determine how well Red Grape Seed Extract (RGSE) treated the brain of male albino rats exposed to D-galactose toxicity. The waste products of the wine and grape juice industries are grape seeds. A potent antioxidant, grape seed extract is known to shield the body from decay, disease, and early ageing. Proanthocyanidin is one of the main phenols found in grape seed (oligomeric proanthocyanidin). The ability of grape seed polyphenols to scavenge free radicals is what gives them their positive effects, but grape seed polyphenols also have superior antioxidant activity to other well-known antioxidants like vitamin C, vitamin E, and beta-carotene. Monomeric phenolic compounds like catechin, epicatechin, and dimeric and tetrameric proanthocyanidin are abundant in grape seeds. In the current study, age-matched rats were divided into three groups of six rats each and treated as follows: Control (CN) rats were given 0.9 percent saline (1ml/kg body weight) in Group I. Group-II. D-Gal (120 mg/kg body weight) was administered intraperitoneally (IP) to rats until the experiment ended. Group-III rats were injected intraperitoneally with D-Galactose (120 mg/kg body weight) for six weeks, followed by 30 days of simultaneous oral administration of Red Grape Seed ethanol extract (100mg/kg body weight).

### Materials & Methods

#### Preparation of Extraction

Red Grapes (*Vitis vinifera* Linn) were bought from a local super market. Seeds were removed from the grapes, air dried in shade for one week, milled to fine powder to a particle size of < 0.4 mm and powder was macerated in 75% ethanol for 72 h at room temperature. The ethanol extract was evaporated to remove ethanol and Red Grape Seed Extract was obtained as a lyophilized powder (Alirezaet al., 2007).

**Grouping of Animals:**

|                                     |   |
|-------------------------------------|---|
| <b>Group-I<br/>(Control)</b>        | Control Rats received normal saline   |
| <b>Group-II<br/>(AD-I)</b>          | Rat, intraperitoneally (IP) administered with D-Gal (120 mg/kg body weight) up to end of the experiment (1 <sup>st</sup> day to 60 <sup>th</sup> day). (Zhang <i>et al.</i> , 2006; Hua <i>et al.</i> , 2007) |
| <b>Group-III<br/>PG (AD-I+RGSE)</b> | AD-Induced Rat, administered with Red Grape Seed ethanol Extract (100 mg/kg body weight) (Alireza Sarkakiet. <i>al.</i> , 2007) for 30 days.  |

**Animals:**

Albino male rats weighing 160±20 gm of either sex were used for the study. The animals were procured and housed in the animal house in college of life science / Sri Venkateswara University, maintained under standard hygienic conditions, at 20 ± 2o C, humidity (60 ± 10%) with 12 hour day and night cycle, with food and water *ad libitum*.

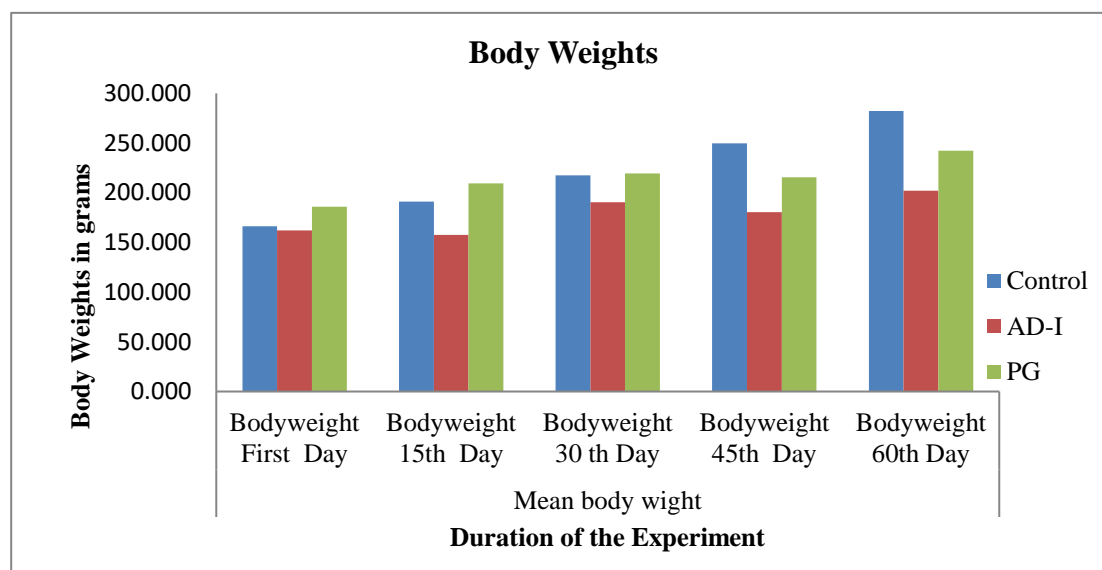
**RESULTS**

Fig:1- Graph Showing differences in Total **Body Weights** of Control and Experimental groups of rats on selected Days of Experimentation.

In the present study, in general there was a continuous increase in the body weights of the control as well as in AD-induced and the protective group where the AD-I rats, were simultaneously treated with RGSE from the First day-1 of treatment up to 60<sup>th</sup> Day. In detail, it was described as follows: In control rats the body weight on Day 1 was 166.38 **grams**, on Day 15<sup>th</sup> 191.10 **grams**, on Day 45<sup>th</sup> 249.58 **grams** and on Day 60<sup>th</sup> 282.26 **grams**. That is there was 41.05% of increase in body weight in control rats within duration of 60 days. However, AD-induction caused a drastic drop in the body weights on all days i.e. from 162.250 **grams** to 202.083 **grams** thus incurring about -28.40% reduction from Day 1 to Day 60<sup>th</sup>, indicating that the overall growth and development process was severely hampered by the administration of D-Gal. Interestingly, chronic oral administration of RGSE to AD-Induced rats for 60 days resulted in gradual gain in body weights. For example, the % of gain was: on 15<sup>th</sup> Day: 9.62%; 30<sup>th</sup> Day: 5.56%; 45<sup>th</sup> Day 13.62%: and on the day of termination of treatment i.e. 60<sup>th</sup> Day: 14.20%. In total there was 14.20% of recovery in the body weight of AD-induced rats with RGSE treatment.

**Conclusion:**

From the above results, it was obvious that in control rats, there was a continuous gain in body weights from initial day of commencement of experiment up 60<sup>th</sup> day which is a natural phenomina in the process of growth. Contrary to this, AD-I induced rats recorded significantly less body weights over the control rats. However, AD-I induced rats treated with RGSE (AD-I +RGSE) showed significant elevation in body weight on 30<sup>th</sup> day and 60<sup>th</sup> day against the AD-I indicating that RGSE can reverse AD- induced changes.

## DISCUSSION:

Morphometrics (**Olalekan Agbolade et al., 2020**) is the study of form variation and its co-variation with other physical characteristic features. The application of multivariate statistical analysis to sets of quantitative variables such as length, width, and height was traditionally known as morphometrics. However significant improvement was noticed in the protective group of rats. Quantitative data on one or more measurable features were included in morphological studies, which were summarized as mean values and compared between groups. Because geometric morphometrics is used to address an increasingly diverse range of problems about the evolution and development of organisms (**Klingenberg, 2010**), the visualization of shape changes remains as an important tool for understanding morphological diversity. Ontogenetic changes connected with growth and development, where there is a clear directionality from younger to older organisms or historical changes from earlier to later time are examples of shape changes, according to **O'Higgins et al., 2011**.

In geometric morphometrics, the most common strategy is to represent each specimen using the relative positions of morphological landmarks that can be precisely located and build a one-to-one connection between all specimens in the analysis. The geometric information about a configuration of landmarks, save for its size, position and orientation, is therefore characterised as shape.

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