



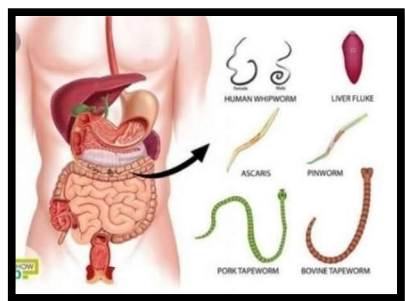
“A REVIEW: ANTHELMINTIC ACTIVITY OF AQUEOUS EXTRACT OF MANGIFERA INDICA LEAF AND STONE”

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Introduction:

Helminthes infections are among the most widespread infections in humans, distressing a huge population of the world. The disease is caused by round worm, hookworm, threadworm, tapeworm and filarial, guinea worm are found in intestine [1]. Although the majority of infections due to helminthes are generally restricted to tropical regions and cause enormous hazard to health and contribute to the prevalence of undernourishment, anaemia, eosinophilia and pneumonia. Parasitic diseases cause a ruthless morbidity affecting principally population in endemic areas. The worm is responsible for many types of disease; they harm the host by depriving of food, causing blood loss in stool, injury to organs, intestinal or lymphatic obstruction and by secreting toxins [2]. Helminthiasis is really fatal, but it is a major cause of ill health [3].



Treatment with an anthelmintic drug kills worms whose genotype renders them susceptible to the drug. Worms that are resistant survive and pass on their "resistance" genes. Resistant worms accumulate and finally treatment failure occurs. Intestinal worm infections in general are more easily treated than those in other locations in the body [9]. Development of resistance to most of the commercially available anthelmintics became a severe problem worldwide. Because the worms need not be killed by the drug and the drug need not be absorbed when given by mouth, there is usually a wider margin of safety than with drugs for worm infections in other sites. Indiscriminate use of synthetic anthelmintics can lead to resistance of parasites. [10] Herbal drugs have been in use since ancient times for the treatment of parasitic diseases in human and could be of value in preventing the development of resistance. [11] Moreover, synthetic drugs are unaffordable, inaccessible or inadequately available to the resource-poor farmers of the developing countries [12]. These factors give the way for the herbal formulation as alternative anthelmintics. In the current study, we have attempted to investigate the anthelmintic activity of aqueous extract of *Mangifera indica* leaf and stone on Indian earthworms (*Pheretima posthuma*).

Literature Survey Introduction:-

Mango (*Mangifera indica* L.) is a juicy stone fruit belongs to the family of Anacardiaceae in the order of Sapindales and is grown in many parts of the world, particularly in tropical countries. It is the national fruit of India and Philippines and the national tree of Bangladesh. Over 1000 mango varieties are available worldwide. Of the available varieties, only a few are grown on commercial scales and traded. Mango is now commercially grown in more than 87 countries. Currently, mango is cultivated on an area of approximately 3.7 million ha or worldwide. Mango fruit conquers the 2nd position as a tropical crop, behind only bananas in terms of production and acreage used. It has been well documented that mango fruits are an important source of micronutrients, vitamins and other phytochemicals. Moreover, mango fruits provide energy, dietary fiber, carbohydrates, proteins, fats and phenolic compounds, which are vital to normal human growth, development and health.

Commonnames

The common names of *Mangifera indica* include:

- Arab: Mabaz
- Bengali: Am (Um)
- Chinese: Miwang
- Danish: Mango, Mangofrugt, Mangotræ
- Dutch: Manga, Mangga, Manja, Mangoestamboom
- English: Mang
- Finnish: Mango, Mangopuu
- French: Mangue, Manguier
- German: Indischer Mangobaum, Mango
- Greek: Magko, Mangko
- Hindi: Am, Ambi, Amia
- Japanese: Ancho, Mangoo, Mangou
- Persian: Amb
- Sanskrit: Aamra, Ambrā
- Sinhalese: Amba
- Tamil: Mangas, Mau, Mampalam

Taxonomical Classification

- Kingdom: Plantae
- Subkingdom: Tracheobionta Superdivision: Spermatophyta Division: Magnoliophyta
- Class: Magnoliopsida Subclass: Rosidae Order: Sapindales
- Family: Anacardiaceae Genus: *Mangifera*
- Species: *M. indica*

Plant description:

- Size of tree: Medium to large Height: 10-40m
- Rounded canopy range from low and dense to upright and open.
- Bark: Dark grey brown to black, superficially cracked peeling of fine irregular Root: Long unbranched taproot up to 6-8m
- Leaves: Alternately arranged, 15-45cm length, petiole length 1-2 cm, upper surface shining and colour dark green
- Flowers: Hermaphrodite and male flowers produced same panicle, size- 6-8mm in diameter.
- Pollen grains- variable shape and size- 20-35 micron.
- Fruit: Compressed, fleshy drupe, varies in size, shape, presence of fiber, flavour and taste.



Ethnomedicinal uses:

Various parts of mango are used for more than thousand of years as wide variety of ethnomedicinal use

Roots and Bark: Used as astringent, acid, refrigerant, styptic, anti-syphilitic, vulnerary, anti-emetic, anti-inflammatory and constipating. They are useful in vitiated conditions of pitta, metrorrhagia, calorrhagia, pneumorrhagia, leucorrhoea, syphilis, uteritis, wounds, ulcers and vomiting. The juice of fresh bark has a marked action on mucous membranes, in menorrhoea, leucorrhoea, bleeding piles and diarrhoea.

Leaves: Used as astringent, refrigerant, styptic, vulnerary and constipating. They are also useful in vitiated conditions of cough, hiccup, hyperdipsia, burning sensation, hemorrhages, haemoptysis, haemorrhoids, wounds, ulcers, diarrhoea, dysentery, pharyngopathy, scorpion sting and stomachopathy.

The ash of burnt leaves are useful in burns and scalds. The smoke from burning leaves is inhaled for relief of throat diseases.

Flowers: Used as astringent, refrigerant, styptic, vulnerary, constipating and haematinic. The dried flowers are useful in vitiated conditions of pitta, haemorrhages, haemoptysis, wounds, ulcers, anorexia, dyspepsia, uroedema, gleet, catarrh of bladder, diarrhoea, chronic dysentery and anaemia.

Fruits: The unripe fruits are acidic, acrid, antiscorbutic, refrigerant, digestive and carminative. They are useful in dysentery, ophthalmia, eruptions, urethrorrhoea and

vaginopathy. The ripe fruits are refrigerant, sweet, emollient, laxative, cardiogenic, haemostatic, aphrodisiac, and tonic. They are also used in vitiated conditions vata and pitta, anorexia, dyspepsia, cardiopathy, haemoptysis, haemorrhages from uterus, lungs and intestine, emaciation, and anaemia.

Stone: The seed kernel is rich source of protein (8.5%) and gallic acid. It is sweet, acrid, astringent, refrigerant, anthelmintic, constipating, haemostatic, vulnerary and uterine tonic. It is useful in vitiated conditions of pitta and cough, helminthiasis, chronic diarrhoea, dysentery, haemorrhages, haemoptysis, haemorrhoids, ulcers, bruises, leucorrhoea, menorrhagia, diabetes, heat burn and vomiting.

Nutrient and Phytochemicals:

The energy value per 100g (3.5oz) is 250 kJ (60 kcal) and that of the apple mango is slightly higher (79 kcal per 100g).

Mango contains a variety of phytochemicals and nutrients

Mango peel and pulp contain other compounds, such as pigment carotenoids and polyphenols, and omega-3 and -6 polyunsaturated fatty acids.

Mango peel pigments have biological effects, including carotenoids, such as the provitamin A compound, beta-carotene, lutein and alpha-carotene, polyphenols, such as quercetin, kaempferol, gallic acid, caffeic acid, catechins, tannins and the unique mangoxanthone, mangiferin which are under preliminary research for their potential to counteract various disease processes.

Phytochemical and nutrient content appear to vary across mango cultivars.

Up to 25 different carotenoids have been isolated from mango pulp, the densest of which was beta-carotene, which accounts for the yellow-orange pigmentation of most mango cultivars.

Pharmacological uses:

- Anticancer activity:
- Antidiabetic activity:
- Anti-inflammatory activity:
- Hepatoprotective activity: Anti-hemorrhagic activity: Anti-tetanus activity:
- Analgesic and Antipyretic activity: Kidney damage activity:
- Anti-ulcer activity: Lipid profile activity:
- Antibone resorption activity: Anti-diarrheal activity:
- Antibacterial activity:

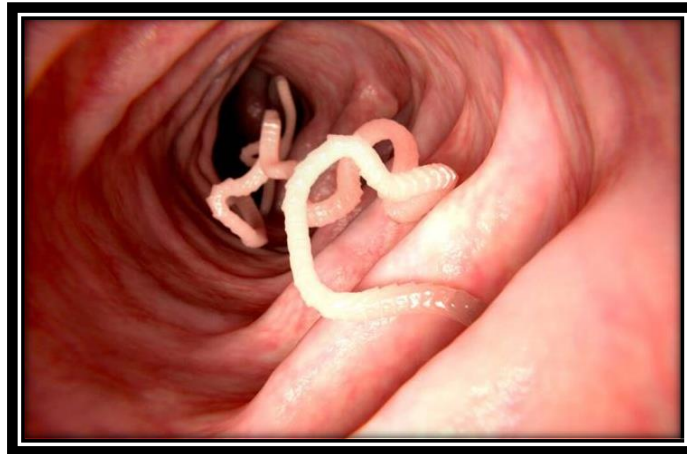
Pharmacological uses:

- Antifungal activity:
- Antiviral activity:
- Anti-amoebic activity:

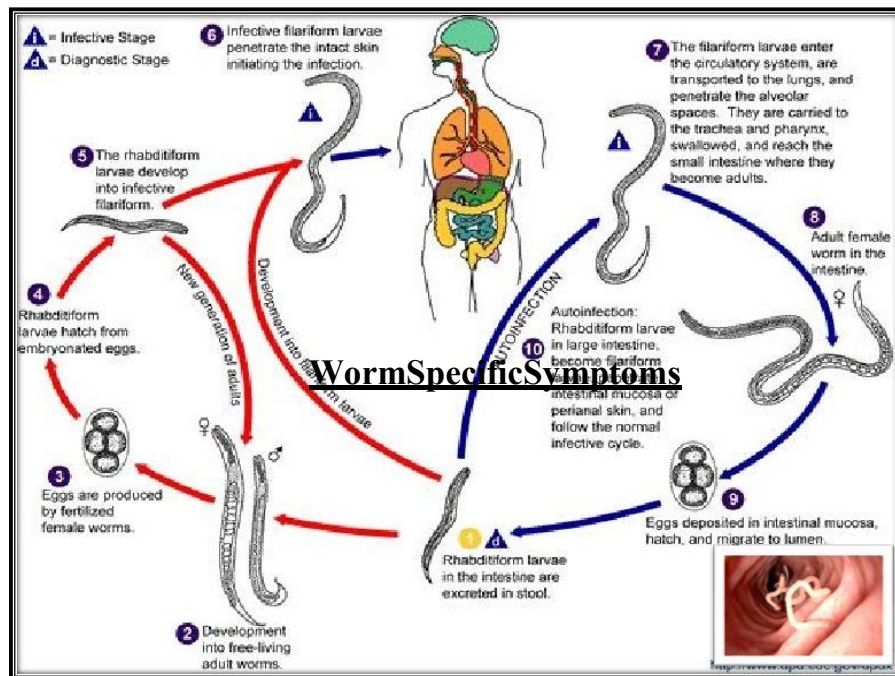
- Anthelmintic activity:
- Antimalarial activity:
- Radioprotective activity:
- Immunoregulation activity:
- Cardioprotective activity:
- Osteoporosis prevention:
- Recognition of memory:
- Bronchodilatory activity:
- Laxative activity:

Worm Infestation:

- Worm Infestation are long term disease that produce few symptoms in their early stages and sometimes serious effects at well developed stages or maybe quite fatal at times.
- Causative agent:
- Round worm: Pin worm, Hook worm Flatworms: Tape worm
- Flukes: Liver fluke



Life Cycle of Worms



CONCLUSION:

Using the *Pheretima Posthuma* as the animal models, we have shown that (aqueous extract) crude leaves and stone powder of *Mangifera indica* has potential to act against helminthiasis. Moreover, the extent of anthelmintic effect of the leaves and stone powder is comparable to that of standard drug, Albendazole being used against helminthiasis, in general. This observation unambiguously suggests that the leaves and stone powder of *Mangifera indica* must contain lead compounds that may provide profound implications on designing de novo anthelmintic drugs.

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