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# **Researching Solutions for Homosexual, Social Prejudices and Solutions in A Society of Existing Prejudices**

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## ABSTRACT

It's not always easy to accept or allow yourself to be someone else because there are many reasons. Homosexuality, or homosexuality, is a matter of concern not only in our country but also on a global scale. Homosexuality is knownas "the third world", this means a term that refers to being attracted to the love or sex of people of the same gender in society, also called by LGBT. This problem has become a social phenomenon of interest in both the West and the East. This is a phenomenon that has rooted from the past and still remains. This article will discuss how prejudice's people in this world and their lives under bad reaction of everyone. The article is done by students through the form of online testing forms, direct interviews, the latest books and newspapers. This result shows that people need to understandmore clearlyabout homosexuality and have a more positive view.

Keywords: homosexuality, LGBT, prejudice, social

# 1. Introduction

Many scientists believe that sexual orientation is determined solely by a combination of genotype, hormones, and environmental influences. Some sexual scientists have also raised arguments to refute the notion that sexual orientation is determined by lifestyle. They believe that people cannot choose their own sex, they cannot choose and change their sexual orientation. Humans cannot change gender. Sexual orientation is innate and cannot be changed. However, with the development of science and technology and the great changes in the social environment today, such concepts are being reconsidered in many different aspects [1].

Homosexuality, along with bisexuality and heterosexuality, is one of the three main forms of sexual orientation on the sexual orientation scale while asexuality is sometimes considered the fourth form of sexual orientation. According to medical scientific research, sexual orientation is the result of a complex influence of congenital and environmental factors. Thus, sexual orientation is not a choice, although sexual behavior is clearly a personal decision [2]. GLBT is the abbreviation for the Community of Lesbians, Gays, Bisexuals and Transgenders). Nowadays, people's thoughts on this issue are much more open than in the past, but somewhere there are still quite negative thoughts about two people of the same sex falling in love, they consider it contrary to the law. custom, is a contagious disease, some people even cause physical harm to others just because they think it is "something disgusting" and "deserving of death". That's why gay people like to be quiet, live quietly and sometimes one of them is very shy to communicate with the world around them, they don't dare to live true to themselves, feel guilty about their fate, some people are depressed, suffer from serious mental illnesses and worst of all, they take their own lives because they see it as a relief.

#### 2. Status of GLBT in Vietnam and in the world

The latest statistics show that Vietnam currently has about 1.65 million gay and bisexual people aged 15-59 years old. Most of them are subject to prejudice, discrimination, even violence. They also suffer from disadvantages in terms of opportunities to study, work, marry and get health care [4]. Although our country today has a broader view of homosexuality, most of which are young people, as demonstrated through many propaganda campaigns and widely released movies, it is difficult for the mentality to accept injustices. often still not easy to change, while many Western countries now have a more open view: homosexuals like many heterosexuals, they have the right to love and get married. Gay people also have dreams, desires and the ability to build a happy family. Therefore, they need to be recognized by society so that gay people have the right to pursue happiness like other heterosexuals [5].

Currently, in the world, there are 16 countries and 20 territories that have recognized same-sex marriage (Mexico 2 states, USA 18 states). In addition, 17 countries and 12 states (Australia 5 states, the US 4 states, Mexico 2 states and Venezuela 1 state) accept two people of the same sex to register to live together legally in the following forms: civil union, registered relationship, family relationship. In addition, 4 countries (Australia, Croatia, Israel, San Marino) recognize unregistered cohabitation. In these countries and territories, gay people have the right to live true to their gender and feelings, and to pursue happiness like other citizens in society. And recently, on May 17, 2019, Taiwan became the first place in Asia to legalize same-sex marriage. This is a huge step forward for the LGBT community in Asia as well as around the world [5].

According to Ha (2018), Japan is a conservative country when traditional ideas are always pushed to the forefront. The issue of homosexuality in Japan

is still an extremely sensitive topic, same-sex sexual orientation is still an absolute taboo here. Under the pressure of criticism from society, many young gay Japanese still have to try to hide their true tendencies. Fukuoka, a city located in southwestern Japan, has recognized the LGBT community, breaking away the long-standing prejudice about this community. Fukuoka became the 7th autonomous city in Japan to enact the right to recognize the LGBT community after Tokyo's Shibuya district did the same in 2015 [2].

According to Bui Men (2017), in Indonesia, homosexuals still regularly face stigma and discrimination, but this situation is especially bad in Aceh province, which is an autonomous region and strictly applies Sharia law of Islam. In 2013, a survey by the Pew Research Center (USA) showed that 93% of people in Indonesia do not accept homosexuality. In May 2017, two men were punished with 85 lashes publicly in front of the Syuhada mosque in Banda Aceh capital in Aceh province, for having homosexual relations. They wore white costumes and stood on the podium while a group of men took turns slapping their backs with sticks, their eyes closed in pain, while the surrounding crowd cheered enthusiastically. In March 2016, the couple was found to be performing "unhealthy sex" in bed. The police rushed in and recorded everything as evidence. The above sensitive images were then broadcast on the media. The incident has sparked a wave of protests by the LGBT community across Indonesia and the world [3].

The examples above show that the majority of the world understands and accepts homosexuals, but there are still prejudices on this issue. It is very difficult to change the mind of the majority, especially in places where there is too much conservatism, but there are LGBT communities who have claimed their rights, like in Taiwan recently, lit up. hope for gay people in a place of opposition that one day there will be justice for them too.

#### 3. Regardingprejudices

Traditional family norms make homosexuals discriminated against. Those standards require men to be strong, decisive, to do heavy and big jobs; Women must be small, appear weak, cute, do light jobs. Later, when growing up, according to the laws of nature, boys must love and marry girls and vice versa. Those stereotypes have been passed down from generation to generation. Therefore, people who have "deviation of standard" expressions will be considered deviant, different from others, "sick" and can scare and alienate people.

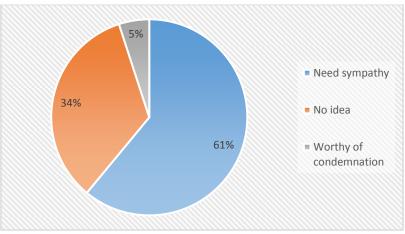
Opponents of same-sex love believe that it only satisfies the needs of insiders, but it is contrary to nature, incompatible with social ethics, fine traditions and unsustainable because it has no the function of maintaining the lineage according to Eastern culture. According to this view, one of the most important purposes of love and marriage is to maintain the race, continue the lineage, and build a family consisting of parents and children, but same-sex love is not. help achieve this goal. That affects the traditional family institution, and causes sadness and hurt to the common life. Homosexuals can disrupt lives, damage social structures, and make it difficult to manage society [7].

Sexual orientation is natural, cannot be learned or changed, so a heterosexual person cannot learn to be gay and vice versa. Homosexuals are physiologically similar to heterosexuals, the only difference is that instead of loving someone of the opposite sex, they love someone of the same sex, it's just a sexual orientation, not related to functions. in the body. Due to not understanding the problem, many people believe that homosexuals cannot have children, but in addition to loving the opposite sex, they are completely capable of having normal children like other heterosexuals. And there are many other misconceptions about homosexuality such as: homosexuality is curable, homosexuality is a social trend, disappointment if your child is gay, and preventing your child from playing with gay people for fear of "being bullied" contagious".

# 4. Research methods and results

The article used the research method that is the interview method and the direct survey method on the survey.com link with about 300 people, most of which are currently FPT geography students. The survey was made in the form of a multiple-choice and a question-and-answer interview method, certain survey results were given.

In order to understand students' thoughts on homosexuality, a number of questions were asked and the graphs below show different responses from people (Figure 1).



#### Figure 1. Perspectives on homosexuality

Most found that homosexuality is not worth condemning, although half did not have an opinion, but it can be seen that people do not have negative thoughts about homosexuality. The reason may be that most young people now have many conditions to learn about life's issues, and so they have a better understanding of life and gay people, through which have sympathy for them.

But there is a line between love and marriage, there are some people who will feel that it is normal for two gay people to love each other, but they do not accept the marriage of two people of the same sex, leading to opposition. with the legalization of same-sex marriage that the State has introduced (Figure 2).

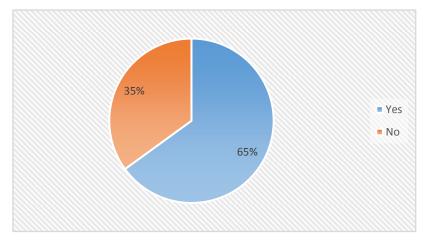


Figure 2. Opinions on Legalizing Same-sex Marriage

This study shows that 27% still disagree with legalizing same-sex marriage. There are those who think that the concept of marriage is to maintain the race, which two people of the same sex will not be able to do, leading to disapproval. But we still find that the majority of votes support this issue, because more and more people know about homosexuality, the phenomenon of two people living together as husband and wife and especially a large number of people have known someone who is gay (relative, friend, co-worker, neighbour, etc.). In particular, the proportion of people who know about this phenomenon in recent years has increased significantly thanks to the media, social discussion as well as the publicity of gay people [5]. Those who find it difficult to accept this group of gay people are mostly older people. They have a conservative mindset from time immemorial, so they see it as an anomaly that needs to be eliminated, while young people have a more open view. When these two generations live together, there will be

quite a lot of dissent (Figure 3).

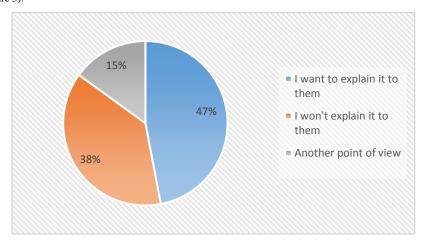


Figure3. Perspectives on homophobia by relatives

According to the research table, 57% of people want to explain to their loved ones that homosexuality is not a disease, gay people all live and work like normal heterosexuals, everyone has the right to live and be respected. important, don't take our personal standards to impose on others, we may not like them, but don't hurt them, offend or disparage them, we are not them so we won't understand what they say experience, as long as they are good people and useful to this society without harming or adversely affecting society, they also have the same rights as us. Another 29% think that each person has their own opinion, as long as they support themselves, it's fine, so they won't explain. The remaining 14% choose to state their own point of view, they think it depends on the case whether to give advice or not, if their loved ones just tacitly disapprove but still appear normal on the surface, they will remain silent, but if that stigma harms others, we will speak up for protection [4].

## 5. Regarding solutions

Homophobia is a social problem that can only be solved with information, self-awareness and acceptance. Today, there are many books, comics, and movies that promote homosexuality, show people the dark sides of gay people and thereby empathize with them more.

Encourage people who are stigmatized to learn and interact more with gay people to see that homosexuality is not a disease, homosexual people are also normal people, so there is no so-called "cure". Many people mistakenly claim that it is possible to cure homosexuals into heterosexuality. In fact,

they do not need to be treated, but society should increase awareness and acceptance of the LGBT community [6].

There are gay people who are very talented and have made great contributions to society in the LGBT community such as: singer, transgender Miss Huong Giang Idol; writer Nguyen Ngoc Thach; musician Thai Thinh; actor, singer, MC Gil Le; designer Ly Giam Tien; choreographer To Lam; England's diving prodigy, Tom Daley; Oscar-winning director Dustin Lance Black and many more. They are famous, talented people who dare to openly disclose their sexual orientation, they feel proud and happy because they are true to themselves, and especially they also give more energy to them. gay people are hiding in a shell, lonely, guilty in society so that they can step out of the shell they are hiding in now. These examples should be given to prejudiced people to understand that being gay is not as harmful as they think, thereby gradually changing their negative thinking about this LGBT community [3].

In Vietnam, the LGBT community's activities to promote equality and freedom of expression have received much support from many agencies and organizations. Therefore, in the draft Law on Marriage and Family submitted to the National Assembly in the recent 6th session, it did not prohibit but did not recognize same-sex marriage. This is considered a big step forward in the community's recognition of the LGBT community. In fact, the activities of the LGBT community have significantly contributed to changing the perception of the LGBT community, reducing stigma and discrimination, and at the same time creating a safer and friendlier environment. for LGBT people to be true to themselves. Therefore, on May 15, Vietnamese NGOs such as CCIHP, LIGHT, CGFED, ISSE, ICS organized to introduce Vietnamese events in eliminating stigma and discrimination against people. LGBT, notably the art performance of the Youth Theater with the theme "Freedom of expression" [7].

# 6. Conclusion

It can be seen that society's prejudices about homosexuality are still an unsolved problem of human rights defenders. For gay people, the biggest hurt is the rejection of family and unstable work, it makes them depressed, pessimistic and become depressed. Many people because of the alienation and stigma of those around them have had negative thoughts and behaviors. Although there are mixed opinions, it's time for people to face reality, people in the "3rd world" need a chance.

#### Limitations

This article is not perfect yet because it has not been explored much, there are not many references, but I will try to improve this topic more and more. Hopefully in the future there will be a more complete article for everyone.

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