



A Study on Perspective of Teachers about students Addicted to smoking

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ABSTRACT

This study examined the "A STUDY ON PERSPECTIVE OF TEACHERS ABOUT STUDENTS ADDICTED TO SMOKING". An exploratory research design was adopted in this study. The sample for this study consisted of randomly selected 30 social work teachers from selected colleges of selected States. Data collected were analysed using Google forms. Smoking tobacco is still considered as a bad habit or an act to look cool by the student because people fail to understand what addiction is and how much is it a psychological thing than just an act. Therefore, this study was conceptualized with the major objective of assessing the perspective of teachers as they are the ones who mold and shape a student to survive their future. Young people are likely to spend more waking hours in the college environment around teachers than at home with their parents, making the college's social environment a key factor influencing the development of young people. Results from the study revealed that addiction is the reason for depression, 60% respondents said that it is an alternative for relaxation. Students addicted to smoking are likely good in studies and can be successful in future. Teachers come across to the students addicted to smoking and instead of having meaningful talk they raised their voice on students.

Keywords: Social work, Teacher, Student, Addiction, Smoking

INTRODUCTION

Nicotine is a highly addictive chemical found in the tobacco plant. The addiction is physical, meaning habitual users come to crave the chemical, and also mental, meaning users consciously desire nicotine's effects. Nicotine addiction is also behavioral. People become dependent on actions involved with using tobacco. They also become accustomed to using tobacco in certain situations, such as after meals or when under stress

What is Addiction?

Addiction is an inability to stop using a substance or engaging in a behavior even though it is causing psychological and physical harm. The term addiction does not only refer to dependence on substances such as heroin or cocaine. Some addictions also involve an inability to stop partaking in activities such as gambling, eating, or working. Many people, but not all, start using a drug or first engage in an activity voluntarily. However, addiction can take over and reduce self-control.

Addiction exacts an "astoundingly high financial and human toll" on individuals and society as a whole. In the United States, the total economic cost to society is greater than that of all types of diabetes and all cancers combined. These costs arise from the direct adverse effects of drugs and associated healthcare costs (e.g., emergency medical services and outpatient and inpatient care), long-term complications (e.g., lung cancer from smoking tobacco products, liver cirrhosis and dementia from chronic alcohol consumption, and meth mouth from methamphetamine use), the loss of productivity and associated welfare costs, fatal and non-fatal accidents (e.g., traffic collisions), suicides, homicides, and incarceration, among others

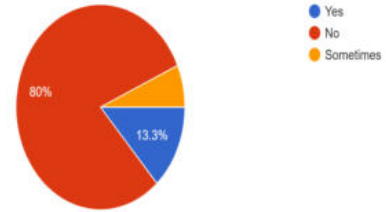
Teachers play a very important role in a student's life. As a teacher, one must bring out the best in students and inspire them to strive for greatness. Students are considered as the future of the nation and humankind, and a teacher is believed to be a credible guide for their advancement. Not only do they guide students in academics or extracurricular activities, but teachers are also responsible for shaping a child's future, making him/her a better human being. A teacher imparts knowledge, good values, tradition, modern-day challenges and ways to resolve them within students.

RESEARCH METHODOLOGY

The universe considered for this study is the social work faculties from selected colleges of selected state. Exploratory research design was used in this research for making a briefs about the perception of social work teachers on students addicted to smoking. Simple random sampling method is used to get the data. Response has been taken from 30 sample size from different social work colleges. A primary and secondary tool of data collection has been used to collect the data. Questions were circulated over the targeted sample and response was taken for data analysis.

Sr.No	Particulars	Percentage	Frequency
1	Yes	13.3	4
2	No	80	24
3	Sometimes	6.7	2

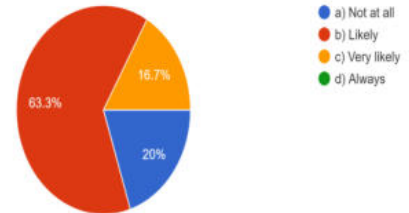
6 DO you smoke Tobacco currently?
30 responses



(Table and chart showing current tobacco smoking of respondent)

Sr.No	Particulars	Percentage	Frequency
1	Not at all	20	6
2	Likely	63.3	19
3	Very likely	16.7	5
4	Always	0	0

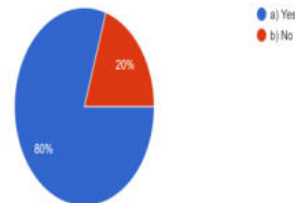
12 Can Students addicted to smoking be successful in life?
30 responses



(Table and chart showing can addicted students be successful)

Sr.No	Particulars	Percentage	Frequency
1	Yes	80	24
2	No	20	6

14 As a teacher have you ever encountered with students Addicted to smoking tobacco?
30 responses



(Table and chart showing did Respondent encounter with students Addicted to smoking tobacco)

Sr.No	Particulars	Percentage	Frequency
1	Complained to parents/ higher authority	26.7	8
2	Were biased against him/her while Teaching	20	6
3	Gave a lecture without listening to the student	23.3	7
4	Had a meaningful talk with the student to understand his reason	30	9

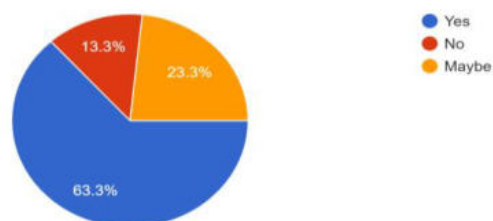
16 What did you do when you encountered an Addicted student?
30 responses



(Table and chart showing when they encountered a smoker in their teaching profession)

Sr.No	Particulars	Percentage	Frequency
1	Yes	63.3	19
2	No	13.3	4
3	Maybe	23.3	7

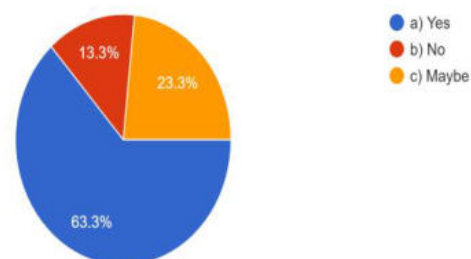
17 Would you pay more attention on a student you know who frequently smokes?
30 responses



(Table and chart showing will the respondent pays more attention)

Sr.No	Particulars	Percentage	Frequency
1	Yes	63.3	19
2	No	13.3	4
3	Maybe	23.3	7

20 Do you feel a teacher can stop a student's addiction?
30 responses



(Table and chart showing can a teacher stop a student's addiction)

FINDINGS

- Majority of the respondents were between the age group of 30-39 years.
- Majority of the respondents were male respondents.
- Majority of the respondents were married respondents.
- According to majority of the respondents addiction is the reason for depression,60% respondents said that it is an alternative for relaxation.
- Majority of the respondents are not smoking tobacco currently.
- Majority of the respondents said that they never tried smoking tobacco in their life.
- Majority of the respondents said that tobacco makes a person feel relaxed.
- Majority of the respondents agreed that tobacco is addictive.
- Majority of the respondents said that tobacco is slightly addictive
- Majority of the respondents said that maybe students addicted to smoking are good in studies and curriculum
- Majority of the respondents said that students addicted to smoking are likely be successful in future.
- Majority of the respondents said that maybe smoking is a sign of poor future of the students.
- Majority of the respondents said that they as a teacher encountered with students Addicted to smoking tobacco.
- Majority of the respondents said that they did something when they encountered with the students addicted to smoking.
- Majority of the respondents said that they had a Had a meaningful talk with the student to understand his reason.
- Majority of the respondents said that they pay more attention on a students they know who frequently smokes.
- Majority of the respondents said that they raised their voice on a student who was caught smoking in front of the entire class.
- Majority of the respondents of the respondents said that it was not a best option to handle the situation.
- Majority of the respondents of the respondents agreed that a teacher can stop a student's addiction.

CONCLUSION

- Teachers are the ones who motivate the students to do better in every domain and help them achieve life goals. Through their guidance, the students know to differentiate between right and wrong.
- Teachers are the ultimate role models in a student's life. If a teacher can make a student, a teacher can also break a student entirely so even teachers have to be educated about addiction thoroughly. So that when they face such a student they don't make any mistakes and misunderstand the student.
- Training teachers for such situation will be a really big break-through in ending this problem of Addiction in India.

SUGESTIONS

- Teacher should have a meaningful talk with the student to understand his reason of smoking and Tobacco consumption.
- As a teacher can have a long lasting impact on a student's life.
- The teachers should first listen to student who caught for smoking habit
- Stop treating Addiction as a habit. It is an issue. And an addicted is a patient.
- As a teachers counseling sessions can be provided to students to help them keep off the people that encourage them to do smoking along with the area which give a lead to do smoking for instance the shops selling cigarettes.
- As a teachers Explaining the cost factor: Smoking is expensive. Help your students to calculate the weekly, monthly or yearly cost of smoking every day. You might compare the cost of smoking with that of smart phones, clothes or other student's essentials.
- As a teachers creating awareness of effects of smoking on body: Remind your students that smoking gives you bad breath. It makes your clothes and hair smell, and it turns your fingers and teeth yellow. Smoking can also leave you with a chronic cough.
- As a teacher considering the future: students tend to assume that bad things happen only to other people. Use loved ones, friends, neighbors or celebrities who've had tobacco related illnesses as real-life examples of the harm tobacco use can cause.

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