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## Utility Of Lm Potency In Day Today Practice In Homoeopathy

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### Abstract :

Homeopathic consultation as an ideal model of general practice, the modern history of general practice is marked by extensive professional rhetoric that emphasizes the centrality of the interpersonal relationship between doctor and patient. In this context, the incorporation of homeopathy into common practice can be viewed in many ways. The drugs prescribed in the drug system are prepared by defined pharmaceutical procedures according to monographs contained in standard homeopathic pharmacopoeias and are used to treat a wide range of disorders. Homeopathic pharmacy as a field of research is very important to ensure the quality of homeopathic medicines, which doctors use for successful practice. Therefore, it is important to ensure accuracy in the preparation of medicines, especially in terms of their quality.

The study provides information on the effectiveness of homeopathy in all diseases treated in day today practice.

**Keywords:** LM Potency, Remedy, Homeopathy, Homoeopathic Pharmacy

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### Introduction:

Homeopathy is based on "natural laws" and is as fundamental and eternal as the sun and the moon. It is a branch of medical therapy based on certain fundamental principles.

Homeopathy emphasizes the study of the effect of medicines on healthy human beings, because homeopathy recognizes that it is thanks to the knowledge of their effect on humans that we can find the correct perception of their applicability in case of illness.

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Homeopathic pharmacy as a field of research is very important in ensuring the quality aspect of homeopathic medicines that doctors rely on for successful practice. Therefore, it is important to ensure accuracy in the preparation of medicines, especially in terms of their quality.

One of the misconceptions we hear from our patients is that "homeopathy takes a long time to work". For chronic conditions it is fine but for acute conditions people preferred to go to an allopath and get treated. After treatment by an allopath, a patient with an acute episode is brought back to a homeopath for a complete cure by boosting immunity, and so homeopathic treatment continues to survive with the common belief that homeopathy is safe and good for boosting immunity and a complete cure.

Hahnemann wanted to speed up the treatment as much as possible in this time frame. All his life he experimented with the aim of improving the homeopathic system of medicine for the benefit of the patient. He felt that his great discovery was LM potency.

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### Review of Literature:

The 50 millesimal scale or LM potency was introduced by Dr. by Hahnemann in the 6th edition of the Organon of Medicine in aphorism 2701. Potencies prepared by this method are named Dr. by Pierre Schmidt as "50 millesimal potency", as a material component of the drug. is said to decrease 50,000 times for each degree of dynamization.

In India and Bangladesh, the potency prepared by this scale is indicated as 0/1, 0/2, 0/3 and m/1, m/2, m/3, etc. In the West, it is indicated as 1/0, 2 /0, 3/0 etc. Numerator "0" symbolically represents the poppy-sized globule used in each dynamization.

To achieve LM1 potency, dissolve 60 mg of the 3c trituration of the substance to be potentiated in 20 mL of 15% ethanol. Transfer 1 drop of the solution to a small vial, add 2.5 ml ethanol 86% and shake thoroughly 100 times. Moisten 100 g of granules of size 1 evenly with the solution, after impregnation in a closed container, the granules are air-dried, they represent a potency of LM.

Dr. R. P. Patel: I have tried Hahnemann's method of administration and my own ways and I am always successful. The easiest way according to my observations that I found is:

A. Prepare one dose in 2 grains of sugar of milk with 2 pills (No. 10) of the selected potency of the chronic disease remedy.

b. Dissolve 2 pills or even 1 pill (No. 10) of the selected potency of the selected remedy in one ounce of water and ask the patient to take a teaspoonful or 10 drops or one dram in ½ ounce of water every ½ or ¼ to 1 hour after mixing . according to the severity of the disease. In chronic cases, once a day.  
 C. Dissolve one dose (2 pills) of the selected potency of the indicated drug in one ounce of water and, after mixing, ask the patient to take ½ ounce in the morning and half an ounce in the evening, in moderate cases where there is no immediate danger.

Dr. Hahnemann: For the same reason, the dose of homeopathic medicines is increased the amount of liquid in which it dissolves when administered to the patient, although the actual amount of the drug remains the same. For in this case, when the drug is taken, there is a much larger surface area of sensitive nerves responding to the medicinal effect. Although theoreticians may imagine that the effect of the drug should be weakened by diluting it with a large amount of liquid, experience says just the opposite. In all cases where medicines are used homeopathically.

Dr. Hahnemann: But chronic diseases, on the other hand, a single dose a properly chosen homeopathic remedy sometimes completes even with a slowly progressive improvement and provides help with such a remedy in such a case can naturally be achieved within 40, 50, 60, 100 days. However, this is rarely the case; besides, it must be of great importance to both doctor and patient that if possible this time should be reduced to a half, a quarter, or even less, so that a more rapid cure may be obtained. And this may very happily be effected, as I have lately and oft-repeated observations thought, under the following conditions; firstly, the medicine selected is at most perfectly homeopathic, secondly, if it is highly potentized, it is dissolved in water and administered in small doses as experience as the most convenient and definite intervals to effect the cure as quickly as possible, but with care that the degree of each dose should be somewhat they deviate from the previous and the following5.

"what did I say in the 5th edition of the Organon, by a long trace not in this paragraph, to prevent the unwanted reaction of the vital energy of all the experience I justified then? But within the last four or five years all difficulties have been completely solved by my new modified but improved method5.

Dr. Hahnemann: since I last addressed the public (beginning of 1834) so far as our healing art is concerned, I have had other things to obtain the best possible method of administering doses of the medicine to the patient, and I hereby communicate what I have found best in this respect 6 .

Dr. Hahnemann: "experience has shown me how undoubtedly most of them my followers that it is most useful in diseases of any magnitude. To give the patient a strong homeopathic pellet or pellets in solution, and this solution in divided doses, in this way we give the medicine dissolved in seven to twenty table spoonful's without addition, in acute and very acute disease every six, four, or two hours; where the danger is urgent, at that time a tablespoonful every hour, every half hour, for debilitated persons and children only a smart part of a tablespoonful can be given as a dose (one or two tablespoonfuls..). In chronic cases, it is best to administer a dose (e.g. a teaspoon) of a suitable medicine at least every two days, more often every day.

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## FIFTY MILESIMAL SCALE

This scale was introduced by Hahnemann in Aphorism 270 6th edition of the Organon of Medicine, published in 1921. Hahnemann called it - "Revived dynamization".

Dr. Pierre Schmidt and Dr. Charles Pahud popularized this method. Since the publication of the French translation of the 6th edition of the Organon by Pierre Schmidt of Geneva and his articles in the British Homeopathic Journal, July - October 1954: "The Hidden Treasures Of The Last Organon", the attention of homeopaths has been drawn to these changes. . Pierre Schmidt called these potencies the "fifty millesimal potencies".

Potencies prepared according to this method are designated by the prefix "0," symbolically representing "medicamens au globule," or by the letters "LM," representing "fifty millesimals."

• 0/1, 0/2, 0/3, ... 0/30 [in India and Bangladesh]

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## PREPARATION OF DOSE FOR LM POTENCY

In the 6th edition of the Organon of Medicine, Hahnemann mentions the preparation of an aqueous solution of LM potency. The basic reason for using a medicinal solution is to make it easier to adjust the dose of the drug to the sensitivity of the constitution.

The preparation of the medicinal solution for administration is as follows

1. Take 1 globule of the desired potency and place it in a clean bottle. Take 4 oz. distilled water. Add a small amount of pure alcohol as a preservative and stabilizer. This medicinal solution is now ready for use.
2. Just before swallowing, aspirate the bottle 8, 10 or 12 times, depending on the sensitivity of the patient. This slightly increases the effectiveness and activates the medicine.
3. Take 1 or 2 teaspoons of the healing solution and place it in a 4 oz. water and mix. In most cases, start with 1 teaspoon and increase the amount only if necessary. This is the first dose. Discard the rest.
4. Each dose of the medicinal solution of each potency is applied in the same way. In case of any deterioration of this dose, further administration is discontinued and the deterioration is allowed to settle. If the same drug is indicated, then it is now given by diluting the drug in a 2nd, 3rd or 4th glass of distilled water to make the dose as safe and harmless as possible.
5. Prepare the 3C potency solution by adding 100 mg of the third potency to 50 ml of a mixture of purified water and alcohol dosage prepared by taking 4 parts of purified water and 1 part alcohol dosage. This is called the "parent solution".
6. Mix one drop or part of this mother solution with 100 drops or part of dosing alcohol to make 100 strong injections. This makes the first power of Fifty Millesimal, expressed as "0/1".
7. Soak globules of almost uniform size, of which 100 globules weigh 65 mg, in a drop of the previous potency, dry them. Take one globule and dissolve it in a drop of purified water in a new bottle. Add 100 drops of rubbing alcohol and give 100 strong suction.

For a slight increase in potency, the drug is always discontinued just before ingestion. The number of inhalations is directly related to the dynamic effect of the product at the time of ingestion. In aphorism 248, Hahnemann mentions 8 (hypersensitive), 10 or 12 (hyposensitive) as the number of instillations of the solution before ingestion.

The dosage of the medicinal solution can be carefully adjusted to suit the sensitivity of the individual's body constitution.

The average dose size is 1 teaspoon of medicinal solution mixed with water in a dosing glass. From this glass, the patient takes 1, rarely 2 teaspoons of the mixture. Usually start with 1 teaspoon and increase the amount only if needed.

This double process of aspiration and dilution causes a considerable change in the dynamization of the drug. As succussing increases potency, diluting decreases the amount, allowing the drug to work quickly, gently, and permanently.

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### Development of LM potency

After 36 years of increasing the effectiveness of centesimal drugs, Hahnemann decided to increase the dilution ratio instead. Hahnemann left the 1/100 centesimals dilution behind and began searching for a potency to fill this gap in homeopathic therapeutics.

After countless experiments, the founder decided on a dilution ratio of 1/50,000 coupled with a potency of 50 Millesimal. I have reviewed 100s of Hahnemann's cases from the LM period (1840-1843) over the past 2 years.

One of the first things one notices is that Hahnemann used both the centesimal and LM potencies in the medicinal solution with the addition of a diluting glass during these 3 years.

The LM potency is first obtained from the trituration of 3c (1:100x100x100). Another 1 grain of this trituration is placed in 500 drops to make a LM/0 solution (ratio 1 to 501).

Then 1 drop is taken from the LM/0 solution and added to 100 drops of diluted and aspirated 100x.

This becomes the LM 0/1 potency, the first tier of the LM apothecary (100x100x100x500x100x500 = LM 0/1). The C's of the 5th Organon (1833) were made with 10 indentations by hand, although many modern potencies are made with 10 to 40 or more indentations by machine.

As for the amount of original medicinal power in LM 0/1, it is a similar amount found in the 6c potency, although its healing abilities are greatly expanded due to the larger dilution medium. A mere comparison of the amount of original substances found in C and LM potencies does not show differences in their intrinsic healing properties. The LM pharmaceutical solution is then used to moisten 500 small poppy-sized pellets. One LM 0/1 pellet is further diluted to a minimum of 3 and 1/2 oz to create a medicinal solution. After absorption, 1, 2 or 3 teaspoons are taken from the medicinal solution and further diluted in a glass for diluting water.

From this dilution glass, 1, 2, 3 teaspoons are given to the patient as a dose. The final liquid batch was diluted two more steps than the dry batch. The final amount of parent substance administered to the patient is more diluted than dry pill because it was dissolved in a medicinal solution and stirred into the diluting glass.

This final amount of the original substance in the teaspoon of solution given to the patient still needs to be calculated into the equation.

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### Preparation

Take a new clean 5ml dropper bottle (eye milk bottle) and put one or two pellets of the desired LM calculus potency into it. Then add a few drops, say three to five drops of rubbing alcohol for preservation and stabilization purposes, then fill the bottle with clean boiled and cooled water. The dosing solution is now ready for use. This healing solution can be used according to the intensity and necessity of the condition.

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### Management

For acute and chronic conditions, apply 2 drops directly to the tongue. In very urgent cases, apply the drops sublingually.

For even greater effectiveness, add two drops of the solution to a teaspoon of clean water and serve. This can cause the medicine to touch more nerves in the tongue instead of taking two drops directly. However, the effectiveness of this method is still being monitored. It is recommended to aspirate the medicinal solution 8, 10 or 12 times according to the sensitivity of the patient (8 times for a very sensitive patient, 10 times for a less sensitive patient and 12 times for the least excited and sensitive patient).

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### Repetition

- Very urgent cases - take the medicine every hour or more often.
- Acute illness – the drug is repeated every two to six hours.
- Chronic disease – the drug is repeated daily or on alternate days.

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### Measures

To achieve the effectiveness of LM potency in full swing, take care of the following:

- Start the treatment from the lowest possible degree of potency and gradually increase the potency higher.
- Never mix or alternate more than one medication at a time, instead use only one medication.
- Use a new bottle for each new dose and potency.
- Protect the product from strong smelling substances, extreme heat and cold.
- Never store the medicine in the refrigerator.
- Keep at least an hour gap between the medicine and the food you have to take.

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## Advantages

- The total amount of drug is reduced compared to conventional LM delivery type.
- The end result is the minimum amount of drug and the maximum effect of the drug.
- Very convenient and simple method of dosing and consumption.
- As effective as conventional LM dosage type.
- It is safely used in all types of diseases, whether acute or chronic forms.
- Equally effective in all age groups and in both sexes.
- Pleasant smell and taste, everyone likes to consume.
- The medicinal effect begins as soon as the medicine touches the tongue.

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## Disadvantages

1. Medicines must be administered in liquid form to avoid the decomposition of water and rectified alcohol.
2. Standard quality bottle and cork are necessary for long-term preservation of medicinal solution.
3. Repeated administration of a partially indicated drug may bring relief from the main complaints of the patients, but the overall condition of the patient will not improve, because the dose of the drug will not cover the underlying cause and the sum of the symptoms.
4. In a simple and uncomplicated chronic disease of dynamic pathology, it is easier to observe the effect of the drug by administering a single dose of centesimal potency. But that's not possible with medicine of the 50 millesimal potency scale.
5. The complexity of the way to take the drug and the regulation of the so-called deterioration, even if very mild, lead to a lack of enthusiasm in many of us.

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