



Silicea V/S Lycopodium: A Comparative Study

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ABSTRACT –

Every element in this universe is made up of smaller particles called the atoms which are held together either by stronger or by weaker attractive forces thereby giving them their characteristic physical properties, for instance, the states of matter, texture, colour etc by virtue of which they have their own identity.

Similarly, the homoeopathic medicines prepared from various kingdoms have their own identity & thus the manifestation of any remedy under any circumstance depends on the source from which it has been prepared.

Keywords - Kingdoms, Comparison, Doctrine of signature

INTRODUCTION –

Through ages materials prepared from Plant & Mineral kingdoms have contributed a lot to our society whether in the form of food or medicines or in some other forms.

We as humans must be thankful to nature for providing us such benefits.

Nowadays we see variety of mineral substances used in various industries such as silicon dioxide used in the preparation of glass. It is also present in earth's crust.

A biochemic medicine Silicea is also prepared from it.

Also the plants contribute in the preparation of homoeopathic medicines. One such medicine is Lyco prepared from the spores of the plant clubmoss.

Here, the mentioned two remedies have been chosen for comparison because of few similarities but they are quite different if we study them on a deeper plane.

COMPARING SILICEA & LYCOPODIUM –

- ***SIMILARITIES –***

1. ANTICIPATORY ANXIETY-

This is the anxiety that you get before beginning any new task. It's a kind of a fear or a self doubt that whether you will be able to complete the task properly, on time or whether you will be able to perform well in your task. Self doubt is common in today's scenario where the level of competition has increased & thus the pressure to present yourself well in your field has also increased to an extent that you always want to excel or be perfect in your job or work. Thus anticipatory anxiety is seen in both Sil & Lyco. Best example are the students who face this anxiety.

2. LACK OF CONFIDENCE –

Confidence can be defined as your ability of your presentation, that is, how well you are able to present yourself in favourable as well as in unfavourable situations without shaking your mental sphere & also by maintaining a good body language. It also includes your way of behaviour, your communication skills & how well you deal with new problems in a confident manner.

But sometimes lack of knowledge, no appropriate dressing sense, low communication skills can often lead to lack of confidence. We can see this struggle for confidence in both Sil & Lyco.

3. FEAR OF APPEARANCE IN PUBLIC -

This is again seen in both the remedies as the main core of these remedies is similar to that of a reserved person so it takes a little time to open up with people & thus there is this fear, again cause of lack of self confidence too they hesitate sometimes to express themselves among new people.

4. MILD -

Both these remedies are mild in their nature. Like glass is delicate but still firm, similarly a Sil is mild by nature but firm in their morals & values.

5. OBSTINATE –

A Silicea is stubborn by nature & also Lyco too. These people are headstrong & also fixed in their opinions.

6. SUPPORT & MOTIVATION-

People who lack confidence often demand support & motivation from their surroundings to perform well in their job or work. This becomes necessary as a slight negativity of not becoming good in their work along with anticipation brings on the need for support from outside source because from inside they lack the grit. Thus motivating boosts up their confidence level & maintains their inner integrity. Again a feature of both the remedies.

7. INTELLECTUALLY KEEN -

Both the remedies have this trait & thus are good in studies when it comes to their academic performances.

8. PHYSICALLY WEAK -

Although mentally intelligent these people on the other hand are physically weak, almost living a sedentary lifestyle & indulged only in brain work.

9. MENTAL EXHAUSTION -

This usually happens when you strain your brain for mental work for a longer period of time which then causes an exhaustion.

Students are common examples for this especially during exam time.

It's a kind of a mental fatigue that you get when you are mentally more active & uses this mental energy for longer hours. This can be seen in both the remedies.

10. PHYSICAL APPEARANCE -

Both these remedies have a face which is quite old looking, as if they are more matured than their real age along with pre mature greying of hair or sometimes even baldness can also be seen. The Silicea constitution looks weak due to its emaciation with dry skin & dry hair as if malnourished due to imperfect assimilation of food.

11. IMAGE CONSCIOUSNESS-

This is again a striking feature of both these remedies. It is basically the fear of their self presentation in the form of their image in their surroundings. Whatever the norms laid down by the society they always want to appear to be decent in following their own conduct & behaving in a good moral way to keep a good reputation in the society. Thus they are often image conscious to what people says or thinks about them as they may not like to be judged or looked in a way as if they are worthless or less confident & so they try to keep up their image upto the mark in the eyes of other people.

12. FEAR OF FAILURE -

In today's world, failure is something which everyone is scared of. Of course everyone wants to be successful in their field & and thus this fear of failure is truly valid in today's context. Both these remedies experience this cause they feel that if they become successful only then they will be

appreciated or accepted and thus they fear of not reaching their desired destination or the goal.

13. STINGY -

Both of these remedies are stingy. Of course one needs to keep a proper account of the money which they have spent. So instead of spending these people believe much in the theory of savings.

14. RIGHT SIDED -

Both of them are right sided remedies. In Lycopodium the pain goes from right side to the left side.

DISSIMILARITIES –

1. NATURAL INCLINATION -

Being Tubercular in nature a Silicea child is more inclined towards art whereas a Lycopodium is more interested in politics.

2. LEADERSHIP QUALITY -

A Lycopodium possess good leadership quality than Silicea. This trait usually comes out by the support and the motivation that he gets from the people around him & thus he is a mild leader.

3. DECISION MAKING -

A Lycopodium has good decision making power whereas the Silicea type is more precocious. Being wiser compared to their age a Silicea person has plans made even for the next five years and hence this signifies their precocity.

4. DOMINATING -

A lycopodium is usually dominating who tries to control everyone around him according to his rules ,a kind of a boss who tries to dictate others.A Silicea on the other hand lacks this quality and is generally mild in nature.

5. COWARD -

Often we call a lycopodium as a coward because he tries to show us that he is strong from outside whereas he thinks as if he is just nothing from inside often due to lack of self confidence.Thus having a gentleman kind of aura he never gets involved in abusive arguments like that of a straightforward Nux.Silicea on the other hand is timid.Such a kind of timidity is seen in students for fear of examinations.

6. YIELDING -

A Silicea is yielding whereas a lycopodium is sweet to the superior and bitter to the inferior.The yielding character of Silicea is similar to that of the sand which cannot be kept in your hands for a long time & slips away from your fingers portraying the lack of grittiness in it & it's ability to take the shape of any container whenever the sand is kept in it signifying its capability of adjusting in any circumstances.

A lycopodium has aversion to company yet he wants someone to be sitting next to his room so that he doesn't feel alone whereas Silicea is reserved by nature so they have only limited number of friends.

7. PROFESSION -

Lycopodiums can be good Teachers whereas Silicea can be good students.

The desire to learn new things & career inclination comes naturally to a Silicea child who loves to enjoy being a bookworm.

8. PHYSICAL APPEARANCE -

In lycopodiums the upper part of the body is emaciated & lower part is semi dropsical whereas in case of Silicea the emaciation is due to imperfect assimilation of food.

Presence of deep furrows on forehead is characteristic of lycopodium whereas in Silicea the head is usually big.

9. SOURCE -

The source of lycopodium is plant Kingdom where as that of silicea is mineral Kingdom.

10. ADJUSTIBILITY -

Belonging to plant Kingdom a lycopodium has adjustability , the way plant has to adjust under various unfavourable weather conditions , similarly in humans it's the circumstances.So depending upon the situation a lycopodium tries to adjust whereas Silicea is headstrong.

11. CRAVINGS -

A lycopodium craves hot food & hot drinks like tea , coffee & also sweets.A Silicea desires cold food & ice creams.

12. WORK ETHICS -

A Silicea is hardworking whereas a lycopodium believes in doing smart work.

In a group project a lycopodium will not work hard by doing all the stuff alone , instead he will divide the work among his fellow members & will dictate them to do thereby conserving his mental energy.

13. PEOPLE PLEASER -

A Lycopodium is generally a people pleaser who will be seen as managing all the things by himself for everyone.This is in turn his behaviour of making good social relations with people that can help him in future whenever time comes.Thus the agenda of selfishness is often present in them.As these people are also ambitious like Nux , they too crave for a high position in their field where they would be able to dictate others by being bossy. Thus they are manipulative too in their conduct.

On the other hand Silicea is shy , having bashfulness similar to that of baryta & does not crave any high position & thus lack greediness.

Although lycopodiums are good speakers , they often try to be disciplined too at the same time.These people are strict, hard from outside & soft from inside.

Silicea on the other hand due to lack of confidence struggles hard while speaking , they have pin mania too.They fear pins & tries to search them.

Mornings of a lycopodium are generally sad , but their mood gets better as the day progresses.Their handshakes are usually firm as confidence sparkles in their intelligent eyes but in Silicea handshake is loose due to lack of confidence.

14. TENDENCIES -

A lycopodium has tendency to obesity whereas a Silicea has tendency to suppuration.

15. CHANGE -

Lycopodium doesn't like change just like Sulphur & Psorinum whereas Silicea likes change just like Pulsatilla & Tuberculinum.

16. SLEEP -

A Silicea experience Somnambulism , that is walking in sleep where as in lycopodium the child is sleepy all day but he cries all night.

17. THERMALS -

Silicea is chilly.Lycopodium is hot patient.

18. MIASM -

In Silicea predominantly it is the Tubercular miasm whereas in lycopodiums predominantly it is sycotic miasm.

19. TYPE OF REMEDY -

Lycopodium is a plant remedy.Silicea is a Mineral remedy.

Lycopodium is homoeopathic remedy whereas Silicea comes under Schussler's

12 tissue remedy mainly the biochemic remedy.

20. MODALITIES -

Silicea aggravation is in new moon & full moon whereas lycopodium aggravation is from 4-8 pm.

21. RELATIONSHIP -

Lycopodium has trio as follows -

Lyco , Calcarea , Sulphur.

These 3 remedies may come in any phase depending upon the circumstances of that person.

Clubmoss seeds when broken have a yellow powder in them which is similar to that of Sulphur , thus with the above trio traits of other remedies like Sulphur , Calcarea also comes into picture under variable circumstances.

Silicea is the chronic of Pulsatilla.

It also forms the trio as follows -

Silicea , Pulsatilla , Acid fluor.

Silicea which is sandy in nature often posses the quality similar to that of Acid fluor.Thus with the change in life's circumstances the phase of the remedies change too.

Bach flower counterpart - Larch

Larch is indicated in persons who suffer from lack of self confidence & thus this remedy comes closer to Silicea & lycopodium who suffers from same confidence issues.