



## **Psychological Women Suppression , Enslavement Reflected in Susan Glaspell `S *Trifles***

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### **ABSTRACT:**

Susan Glaspell was an American writer who lived from 1876 until 1948. Her writing has a distinctive style, and the diction she employed provokes thought in the reader mind. She has written on how women are being treated in society and how they overcome that. She focusses about the societal realities. At the close of the 19th and the start of the 20th century, she attained visibility; *Trifles*, is Glaspell's first dramatic play, which is based on a murder case that she was investigating as a journalist. This is an explanation and a set of queries as to why a lady may kill her husband. This centralizes how women think, feel, and are viewed psychologically. Women experience emotional stress that isn't related to their employment

Keywords: Psychological perception, violence , misogynist , suppression , marital trauma

One of the America's female playwrights, Susan Glaspell (1876–1940), was graduated from Drake University in 1899. In the selected work, Mrs. Minnie Wright and Mr. John Wright are the protagonists. John Wright was killed by Mrs. Minnie Wright. The plot demonstrates of how men and women differ in society. The novel depicts how men rule society and how women are treated at home and in her surroundings. The work claims that Glaspell herself played a significant part as Mrs. Hale, Mrs. Minnie Wright's neighbour. Minnie Wright, a character invented by Glaspell, is severely mistreated by her husband. Minnie kills her husband by strangling him to death in order to free herself. The book discusses the problems facing women at the time and how they were handled their pressure.

It was not an option because it was about a single woman who was unprotected. Here, the psychological perspective of women is revealed, who experience issues when they are childless and one who always serves her husband. "Trifles" refers to something of lesser value, and in this plotline, women are compared to being of lesser relevance because they tend to place more emphasis on unimportant matters. The plot attempts to portray about the misogynists treatment of women and how they face it. The plot also claims that society does not understand women's mind but instead accuses them responsible for the events that take place. Wrights' farmhouse is deserted when the drama begins. Silently, Minnie Wright is seated in the rocking chair. Glaspell has achieved to bring the pinnacle and how it transformed Minnie protagonist in the novel to Wright.

Women experience significant mental stress not just from household responsibilities but also from hormonal fluctuations and how they are treated. Since Minnie doesn't have children, she treats her pet bird like a child. Mr. John constantly irritates Minnie by making her feel responsible for her work, which has a negative impact on their relationship and led John to kill the bird. This caused Minnie to become enraged at John because he killed the bird by strangling it. This illustrates the emotional connection between a child and the mother.

Her own father killed her. The psychological damage caused by her child's death is visible, as well as the emotional agony it causes. Minnie killed her husband in the reflects that the bird was killed as a result of the pain that drives her to revenge on him. However, the plot makes it quite evident how much Minnie loves her family. The plot evokes empathy for Minnie's emotions and way of how she leads her life. She was forced to indulge in a marital life despite her dislike towards marital ideologies. Instead, she made her lifestyle one of both happiness and suffering by making herself happy while concealing her sufferings.

She was characterised as a reclusive, silent woman who avoided interacting with her neighbours. The psychological damage manifests itself after her marriage. She desired happiness, but her marriage did not last. When Mrs. Hale learns of Minnie's husband's passing, she visits Minnie at her home to comfort her and assist with the evidence of the killing. The author played an extraordinary role in this novel. As Mr. Hale and Mrs. Peters, who can relate to a woman's emotional anguish and serve as Minnie's main moral pillars throughout the course of the novel, Mr. Hale and Mrs. Peters were portrayed by author Glaspell.

When a man looks for evidence and a woman looks for justification for a murder, the psychological perspective is contrasted, illustrating how men perceive women as trivial objects. Because women were going to the kitchen and all the other rooms for reasons of murder and to figure out how they might spare Minnie Wright from punishment while the men were looking for evidence and proof of her guilt. The young two girls, who can

relate to Minnie's reality and hardship, are demonstrating their understanding and empathy for her.

*Trifles* (1916), written by Glaspell, is one of the earliest attempts by an American woman dramatist to address the psychological, social, and financial issues facing women. Mrs. Hale's feelings towards Mrs. Minnie Wright „Mrs. Peter We all go through the same things-it's all just a different kind of the same thing.

They didn't get furious with her or frightened since they knew how happy she was before her marriage and how she is now after it, so they handled the murder as if it were an ordinary. They recognized Minnie's psychological state and emotional trauma as well as the stress that married women experience on a daily basis, which allowed them to assist Minnie in avoiding punishment. The author made a comparison of how men and women perceive the same thing. And because women balance their job differently than men do, the stress and psychological and hormonal changes that occur in women differ from those in males. This may be the cause of the murders. Mrs. Hale and Mrs. Peters assisted her because they were aware of the truth.

It is revealed to understand that violence against women has been recognized as an important social and human rights issues that affects all cultures and societies. Every women faces the domestic violence and women suppression after the marriage . She was facing mental stress,and spend entire day for the family not for her, this make a person psychologically affect. This may impact on revenge, suicide or killing. According to Minnie due to deep depression she has turned into an another person who killed John Wright and being very silent as she hasn't done anything this can be compared with Bipolar Disorder ,because these type of people may be extremely sad and extremely happy due to the unconsciousness of mind.

Minnie's psychological depression had made her life into a tragedy which she has no support, love , after her husband's death. She was all alone without him Minnie is crying in this picture out of sorrow and retaliation. The descriptions of Minnie by Glaspell both before and after the murder do not imply that Minnie was a figure who sought revenge. Leaving an impact to take revenge, commit suicide or killing.

The book ends with a revelation of the murderer. Men won't see the proof, but Mrs. Minnie Wright will be under suspicion right up until the very end. The result was that Minnie wasn't punished.

The play's title expresses the traditional patriarchal stereotype of women as being trivial and uninterested in important matters. Glaspell strives to see the world of her play from a woman's intuitive point of view or perspective. The men in the novel Mr. Peters, the sheriff, and Mr. Henderson, the lawyer ignore the little details in favour of looking for logically significant clues to the crime.

The table was only partially cleaned, there was a quilt that was poorly sewn, and most importantly, there was a dead canary in a sewing box. Glaspell would argue that truth can be understood in a variety of ways, not always logically. The second line connecting the women's mental condition while cooking in Mrs. Hale's kitchen Who is the murderer is how this book clues . I'd hate to have men coming into my kitchen, snooping around and criticizing.

This truly demonstrates how happy and loving it is for women to prepare meals for their families, but how annoyed and wounded they become when males enter the kitchen and criticise the cuisine. Therefore, The statement it can be inferred from the lines that women's minds are stifled by constantly preparing for and serving males, as opposed to taking some time to themselves. This stress outburst leads them to believe they will always be alone, which leads them to consider killing themselves or someone else. According to the psychological point of view, women experience stress because they are not treated unfairly by their families or blamed for no apparent reason.

This is a great illustration of how women in society deal with psychological issues and constant criticism in their daily lives. They are in a horrible situation in life due to their mental tension and marital trauma, which causes them to put their families before taking care of themselves. Glaspell focused on the reality of the late centuries, where women faced only the mental stress they balanced because they were not facilities for entertainment. However, the generation has changed, women are changing, but still face mental stress and criticism.

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